

Jesus and Mary College

University of Delhi
Chanakyapuri, New Delhi - 110021

Accredited by NAAC with "A" Grade



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JESUS AND MARY COLLEGE

UNIVERSITY OF DELHI

SUPPORTING DOCUMENTS FOR 3.4.3 & 3.4.4

REPORTS OF THE EXTENSION ACTIVITIES OF THE FOLLOWING SOCIETIES AND DEPARTMENTS FOR THE PERIOD

2019-2020

SOCIETIES

NSS

WSC

JMCEP

ENACTUS

AICUF

GREEN SOCIETY

NCC

EOC

PEACE SOCIETY

NDMC SCHOOL PROJECT

DEPARTMENTS

ECONOMICS DEPARTMENT

COMMERCE DEPARTMENT

B.A. PROGRAMME DEPARTMENT

ENGLISH DEPARTMENT

MATHEMATICS DEPARTMENT

POLITICAL SCIENCE DEPARTMENT

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NATIONAL SERVICE SCHEME (NSS)



National Service Scheme (NSS) JESUS AND MARY COLLEGE REPORT: 2019-2020

Total No. of students: 60

The National Service Scheme, Jesus and Mary College, is a society that works towards promoting social equality and a shared sense of compassion. With immense ardour, NSS JMC organized multiple events throughout the year.

The NSS year commenced with an annual orientation on 6th August 2019. Dr. Sister Rosily r.j.m, Dr. Sister Molly, Dr. Amita Tiwari, Ms. Saloni, Ms. Anuragini, Dr. Ruhi graced the occasion.

NSS JMC observed 'Swachhta Pakwada', in which cleanliness drives and talks were organized. It also included activities like poster making competition rallies and oath taking and tree plantation

NSS JMC in collaboration with systematic voters education and electoral participation (SVEEP) organized voter ID camp in the college where is election awareness campaigns are held to encourage voting among youth.

One of the biggest events of the NSS JMC years annual Diwali Mela 'Sparsh' was organised with immense zeal in the month of October.

Self-defense training camp was organised under the guidance of Delhi Police for three days the volunteers were taught different techniques to defend themselves.

The Cyber Awareness programme was organized with the help of Delhi Police to make the volunteers aware of the different kinds of cyber-crimes prevalent in the society and the ways to prevent oneself from falling a victim to these.

NSS JMC organized the Cancer Awareness Talk on 13th November 2019 and Dr. Manas Kalra graced the occasion as the chief guest of the event. NSS JMC organised Legal Awareness Talk on 15th January 2020 and Sh. Kanwal Jeet Arora graced the occasion as the chief guest.

Apart from these events , NSS JMC also participated in number of events that were held in various colleges all over Delhi and Vishwavidyalaya.

NSS JMC is working towards developing a mechanism whereby women from the adopted slum can be engaged in a range of meaningful productive work which could fetch them income like how to make jeans bag, and some creative artworks. Through these endeavours ,NSS JMC strives to achieve the goal of social outreach ,building a meaningful connections between the institution and the wider society. Through NSS, we try to inculcate in our students the value of all round education which we believe is meaningless without a sense of responsibility to society and its **disadvantaged sections.**



List of activities organised during the year 2019-20

S.No	Name of Event	Date
1.	Yoga Day at North Campus	21 st June 2019
2.	Tree Plantation	23rd July 2019
3.	NSS Talk by Programme Officer	5th August 2019
4.	Swacchta Pakhwada	6th-13th August 2019
5.	NSS Talk	13th August 2019
6.	Cleanliness Drive	14 th August 2019
7.	Election Duty	19 th August 2019
8.	Fit India Movement Launch	29th August 2019
9.	Poster Making Competition on Anti-Smoking	4 th September 2019
10.	NSS Orientation and Self Defence Training Camp	6th September 2019
11.	Road Safety Talk, IIT Delhi	8th September 2019
12.	Talk on Ozone Day	16th September 2019
13.	Cleanliness Drive	18th September 2019
14.	Voter's Awareness Camp	20th September 2019
15.	Declamation Competition On Gandhian Ideology On NSS Day & Ambassadorial Lecture Series at North Campus	25th September 2019
16.	Door to Door Plastic Collection	3rd October 2019
17.	Cyber Awareness Programme	4th October 2019
18.	Cloth Collection Drive	14th October 2019
19.	Diwali Mela	16th October 2019
20.	Youth Interaction With PIO	22nd October 2019
21.	Donation to Slum Kids (JMCEP)	25th October 2019
22.	Declamation Competition on Sardar Vallabhbhai Patel's Thoughts and Ideas & Run For Unity	1st November 2019
23.	Film Screening on Gandhi	6th November 2019

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24.	Quiz Competition on Gandhi	8th November 2019
25.	Cancer Awareness Talk by CAN Kids	13th November 2019
26.	Legal Awareness talk	15th January 2020
27.	Swacchta Pledge Taking Ceremony & Tree Plantation	22nd January 2020
28.	Poster and Slogan Competition on Forest Conservation	24th January 2020
29.	Best out of waste	5th February 2020
30.	Let's Talk Future	20th February 2020
31.	Visit to National Gandhi Museum	22nd February 2020
32.	Speech Competition on Forest Conservation	4th March 2020
33.	National Seminar: "India Nearing 75: The Indian Women Today"	24th-25th March 2020
34.	State Level Slogan Writing Competition on Prevention of COVID-19	14th April 2020
35.	Talk on India's response to COVID-19, a biological disaster of 21st Century.	27th April 2020
36.	Online Training on COVID-19	4th May 2020
37.	Panel Discussion by Ian Samuael- "Youth of New India"	7th May 2020
38.	Speech Competition on COVID-19	16th May 2020
39.	Poster Making Competition	17th May 2020
40.	Debate Competition	19th May 2020
41.	Webinar on Environment	5th June 2020
42.	Workshop on Cyber Crime Awareness	7th June 2020
43.	Poetry, Essay, Poster-making Competition on International Yoga Day	19th June 2020
44.	Yoga Posture Competition On Yoga Day	21st June 2020

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International Yoga Day

An event was organised for International Yoga Day on 21st June 2019 in college. Around 200 volunteers of NSS and NCC participated and performed various *asanas*.



Yoga Day At North Campus

Tree Plantation

NSS Unit of JMC organised Tree Plantation drives on 23rd July 2019 and 22nd January 2020 in the presence of the Principal, NSS Programme Officer, and the teachers-in-charges. All NSS volunteers actively participated in procuring and planting the saplings.



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Swachh Bharat Abhiyan

NSS JMC observed the Swachhta Pakhwara' week from **6th August – 13th August, 2019** and carried out the proposed plan of action.



Cleanliness Drives

Under "Swachh Bharat Abhiyan" Cleanliness Drives were organised on 14th August and 18th September 2019 in the college campus. Our volunteers made dustbins out of cardboard and these were placed in every nook and corner of the college.



Fit India Movement Launch

On the occasion of National Sports Day on 29th August 2019, the honourable Prime Minister, launched 'The Fit India Movement' in Indira Gandhi Stadium. Seven volunteers of The NSS unit of Jesus And Mary College got the opportunity to attend this programme.





Poster-making Competition on Anti-Smoking

NSS-JMC organised a poster-making competition on 'Anti-Smoking' on 4th September 2019, to create awareness about the ill effects of smoking on our health.



NSS Orientation

The official NSS orientation for the newly recruited volunteers was held on 6th September 2019 by the programme officer Dr. Amita Tiwari. Along with this NSS also organised a self-defense training camp for our volunteers on the same day.



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Self Defense Training Camp

Self-Defense Training Camp was organized on **6 September 2019** with the help of Delhi Police, was aimed at teaching the volunteers some self defense techniques to equip them for taking care of themselves.



Voter's Awareness Camp

NSS JMC organised a Voter's Awareness Camp on 20th September 2019 to make the students conscious of their voting rights and its larger political importance.



Declamation competition on Gandhian Ideology

NSS JMC organised a Declamation Competition on "Gandhian Ideology" on 25th September 2019 on the occasion of 150th Birth Anniversary of Mahatma Gandhi.



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Door to Door Plastic Collection

The volunteers went to our adopted village, 'Vivekananda Camp', on 3rd October 2019 and collected waste plastic from the households and also made them aware of the importance of recycling plastic and its proper disposal.



Diwali Mela to Support NGOs

Our annual Diwali Mela, Sparsh, was organised on 16th October 2019 in the amphitheatre. A very large of stalls ranging from handicrafts, books, to food were set up. It also provided a platform to various NGOs to sell their products and raise money for several social causes.



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Declamation Competition on Sardar Patel

NSS Unit of JMC organised a declamation competition on Sardar Vallabhbhai Patel's thoughts and ideas on 1st November 2019.



Run For Unity

In honour of Sardar Vallabhbhai Patel, NSS JMC organised 'Run for Unity' which received good participation from students.



Cancer Awareness Talk

A talk was organized by NSS JMC in association with CAN Kids on 13th November 2019. The volunteers, some of whom are cancer survivors themselves, shared their recovery stories. Dr. Manas Kalra discussed issues around the prevalence of Cancer in Kids.



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Legal Awareness Talk

A legal awareness talk was organised by NSS JMC on 15th January 2020 on the topic 'Women safety and the importance of legal knowledge in today's world'



Swacchta Pledge Taking Ceremony

During the 'Swacchta Pakhwada' week, on 22nd January 2020, the volunteers of NSS took a cleanliness oath to keep their surroundings neat and clean.



Poster-Making Competition on Forest Conservation

NSS-JMC organised a poster-making competition on 24th January 2020 to create awareness about the ills of deforestation and the need to conserve forests.



Best Out of Waste

The volunteers organised a 'Best Out of Waste' competition on 5th February 2020 in an effort to recycle waste in creative ways. The volunteers made many things like pen stands, lanterns, bangle holders, etc. out of waste material.



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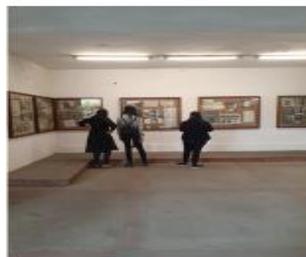
Let's Talk Future

NSS JMC volunteers attended a counselling session organised by Pearl Academy on 20th February 2020. The panel had many eminent members from various backgrounds who shared their life experiences and encouraged students to follow their dreams.



Visit To National Gandhi Museum

The NSS-JMC organised a trip to the National Gandhi Museum on 22nd January 2020. The volunteers got a chance to see the life Gandhiji lived and the sacrifices he made in his lifetime.



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Speech Competition

NSS-JMC organised a Speech Competition on 'Forest Conservation' on 4th March 2020



Competition on COVID-19

A digital speech, poster-making, and a debate competition were organised on 'The effects of COVID-19' on 16th, 17th and 19th May 2020 respectively to let our volunteers express their mind on this pandemic.

LIFE IN LOCKDOWN DAYS

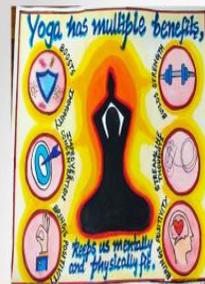
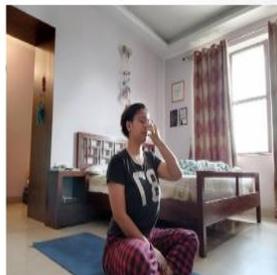
Dear Sirs,
It has been 3 months since I have been in quarantine. I had come home thinking I'll get back in a week's time but Corona had other plans for me. Initially when I heard about the lockdown on 23rd March I was very happy as I won't have to go to college and have my time to complete the assignments but slowly as the days passed I realized that neither were the assignments getting complete nor was I doing anything productive. I wasn't even watching any shows owing to my lack of interest and had null. This carried on till almost a week. After this I realized that I really needed to do something with my life and that thought was reinforced by the declaration of the entire country going in lockdown on 23rd May. Now these assignments are getting completed. I'm catching up on the last shows, the pages of my books are getting completed. I'm painting. I want to do all things which are not possible in a different form of distraction and happiness attached to it. I like how I don't have to rush to do anything, the air is cleaner, the birds are chirping, the stars are more bright and the most important thing is that now my parents have more time to help me and breathe down my neck! It was very frustrating in the beginning as it was not used to it but eventually that more everything feels like home. Now I want to thank to Delhi for my graduation. This world is facing a pandemic but at the same time it is teaching people a very important lesson of being not just a bringing harmony and peace change, it's simply no doubt but it's a good kind of spirit!

A very good morning to everyone present here. Today I will be talking 'for' the motion, "Impact of social media on students even during quarantine". We have been in lockdown since March 23rd, when the number of Corona cases started rising exponentially. It has almost been 2 months of quarantine and social media like Instagram, Facebook, WhatsApp, Twitter has helped us tremendously to stay in touch with our friends and have access to the latest information. The students are among the ones who have been the worst hit from this lockdown owing to the shutting down of educational institutions. These ones have literally almost stopped down and the only thing saving them to the present world is social media as though these they receive the notifications about their exams and if the guidelines are not feasible they can protest against it. The most recent example of this can be the #KhalistanisNotWelcome trending on Twitter. Apart from this, when we see our friends being productive while staying at home in school, we also get motivated by it and decide to do the same. The availability of a wide array of videos on YouTube has enabled youngsters to become more active, painters, singers, chefs, musicians and what not. Yes, social media has its fair share of pros and cons but in the case it helps people to stay and share their COVID experiences with the world so that the others know that we are in this together and that no one has to fight alone! Thank you.



Competition on Yoga Day

On the eve of 'International yoga Day', NSS JMC organised various competitions (essay, poetry, poster-making) on 'The importance of yoga in our daily lives' on 19th June 2020 and a yoga poster competition on 21st June 2020.



Yoga as a way of life has been practiced in India since pre-vedic civilization especially during the Indus Valley Civilization. The "Yoga Sutra," a 2,000-year-old treatise on yogic philosophy by the Indian sage Patanjali, is a guidebook on how to master the mind, control the emotions, and grow spiritually. We are known to the outside world for our yoga asanas and mudras. Yoga is usually confused with asana and surya namaskar but in reality it is something more than that. Yoga talks about the connection between atma and paramatma, hence the literal meaning of yoga is addition, i.e. the eternal relationship between *aatma* and its final merger with *paramaatma*. In the present day modern world and the development of the consumerist culture it is seen that we have lost our path to chaos and mayhem and are living our life like abandoned child in our own backyard.

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WOMEN'S STUDY CENTRE (WSC)



Women's Study Centre (WSC)

Jesus and Mary College

REPORT: 2019-2020

The annual session of Women's Study Centre started on 7th August, 2019 with the annual orientation, inducting new members in the society. Following this, a general body meeting was held on 9th August where all the society members met each other, the office bearers and our convenor Dr. Maya John along with other WSC advisors

Our first event was a Health and Nutrition Workshop conducted by TheaCare, an initiative headed by Swarnima Bhattacharya on 21st August. The session was about woman's hormonal health nutrition and diseases such as PCOS. Next up, on 28th August, we screened the movie 'When Women Unite', which was followed by a discussion and debate on the issue of individual liberation and collective upliftment.

By 6th September we started with our certificate course module-1, which was taken by Dr Maya John on 'Workplace Dynamics, Laws and Genders Rights'. In this session it was discussed how the current labour market undervalues women's labour, and how the denial of labour rights facilitates violation of gender rights are different as well. A parallel module was conducted by Dr. Jessy Philip on 'Employment and poverty: A gender perspective'. Post the successful completion of the course; we hosted a workshop on Writing the Self by Dr. Nitoo Das on women's writing and agency. Other events for the month of September include workshop on Creating Feminist Songs: Voicing Dissent and Demanding Equality by Raag group and WSC fundraiser on 27th September, both of which were huge success.

The month of October began with an open mic session. In November, we celebrated a week for transgender awareness through online campaign from 13th-20th November.

The next semester began with a CSW poster exhibition on 23rd January. Our next certificate course module was conducted on 28th January by Nitika Vishwanath on 'Death Penalty for Rape?', which is one of the crucial topics of discussion in current times. Following up was a workshop on Gender and Citizenship conducted by Dr. Navneetha Mokkil and Dr Ghazala Jamil, which aimed to familiarise students about the broader debates on citizenship and mainstreaming of particular sexual identities in the unfolding process of documentation terror. The last event of February was the WSC fundraiser on 28th February in the common room.

The month of March our annual festival cum commemoration of International Women's Day was organised on 5th March. We conducted a plethora of competitions, including a debate, quiz and paper presentations which was on the theme 'Women and Democracy'. The highlight was our Jansunvai, where people could come up with their talent and share experiences. We also had Ms. Miral from Hiccup put a stall about menstruation cups and lastly there was a stall of customised clothing by our own entrepreneur, Ms. Madhu from Hindi Honors.

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Throughout the year the WSC blog and Instagram handle was active with members sending up their articles, thoughts and poems on topics that pique their interest and have it available of the public to read. As is the aim of WSC, the whole year was spent engaging students with concepts of gender equality and women empowerment.

1. Total number of students enrolled: 280
2. Total number in first year: 101
3. Total number in second year: 88
4. Total number in third year: 91
5. Total number of students in the Core Team: 51
 - Editorial team: 10
 - Advertising team: 10
 - Cultural team: 10
 - Organizing team: 11
 - Creativity team: 10

Staff Advisors, 2019-20

1. Dr. Maya John (Convener)
2. Dr. Sharon Pillai
3. Dr. Anupama Srivastava
4. Dr. Jessy Philip
5. Ms. Kashish Dua
6. Ms. Aneesha Puri
7. Ms. Priya Bhatnagar

WSC Events from July 2019 – October 2019



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1. Opening General Body Meeting : 9 August 2019.
2. Workshop on women's menstrual health by TheaCare on 21 August 2019.
3. Film screening of Shabnam Virmani's documentary "When Women Unite", followed by the Inaugural Debate Competition on the motion "This House Believes that Collective Movements are the Key to Liberation and Not Individual Upliftment": 28 August 2019 on
4. WSC certificate course classes began from 6 September 2019 onwards: Some of the themes covered were "Employment and Poverty: A Gender Perspective", "Workplace Dynamics, Laws and Gender Rights", etc.



5. Workshop on "Agency and Women's Writings", conducted by Dr. Nitoo Das, Poet and Associate Professor, Indraprastha College for Women, University of Delhi.
6. WSC Fund Raiser on 27 September 2019 : The WSC sold inspiring badges, bookmarks and posters with images and slogans from the women's movement.
7. Workshop on "Voicing Dissent and Demanding Equality: Feminist Songs" conducted by RAAG on 27 September 2019.



8. Commemoration of Girl Child Day in October 2019: Open Mic session (experience sharing on instances wherein one has personally faced or witnessed discrimination along gender lines in childhood).
9. **JAGRITI** – Commemoration of International Women's Day 5th March, 2020

The day started off with an inaugural ceremony at 9.30 am in the Thevenet Hall, Jesus and Mary College. The inaugural began with a welcome note by the Convener of WSC, Dr. Maya John. The WSC proceeded to showcase a video documenting all the major events of the WSC for the academic year 2019-20. The inaugural ended on a high note with a play performed by the women's organization, Center for Struggling Women, and a performance by the students of the Hindi Department. The inaugural ceremony ended with the WSC President, Simran Tom, formally announcing the opening of the various events of Jagriti 2020.

After the inaugural ceremony, we commemorated International Women's Day through three parallel events: a debate competition, student paper presentations and a quiz. The Jagriti quiz was on the key highlights of the women's movement across the world, and achievements of women in various fields. The Jagriti debate competition was in the format of a Turncoat debate, which was based on various topics that dealt with women's role in the political scenario of the nation, laws and policies with a gender component, and other women-centric issues. The main academic component of Jagriti 2020 was the student seminar in which ten teams from various Delhi University colleges presented papers related to the theme "Women and Democracy". An online photography competition was also held on the theme "Women in an Ungendered World".

Winners of the various events were:

Paper Presentations: Aditi Singh, Bidhu Khanna, Swastika Ojha, Yastika Sharma (first prize), Mudita Kushwaha (first prize), Shubhangi Derhgawen (special mention), Devangana Rathore (special mention).

Online Photography Competition: Lekha Negi (first prize), Mohita Jain (second prize), Vijay Kushwaha (third prize)

Jagriti Turncoat Debate Competition: Rishika (first prize), Reema Sharma (second prize).

Jagriti Quiz Competition: Sharon Rebecca Thomas and Ann Maria Renny

The closing program of Jagriti 2020 was the *Jansunvai* (experience-sharing session), which included short street plays, speeches, songs and poetry by various students, teachers and women's organizations. At the venue of the *Jansunvai*, WSC put up its own stall in which stationery prepared by the creativity team was on sale. We also had Ms. Meeral

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from Hiccup put up an information booth on menstrual cups. Last but not the least, in an endeavor to support our own WSC members with entrepreneurial skills, WSC showcased clothes designed and stitched by a Hindi Honors student, Ms. Madhu.

The day celebrated women's day in many creative ways and was indeed a day of reflection and celebration.

INAUGURAL CEREMONY



Paper Presentations



Quiz Competitions



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Turncoat Debate



Jansunvai



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JESUS AND MARY COLLEGE EDUCATIONAL PROGRAMME (JMCEP)



Report of Extension Activities

Jesus And Mary College Educational Programme (JMCEP)

Jesus and Mary College Education Programme is a student initiative aimed at empowering school children from poor sections in Chanakyapuri through education and values that go beyond the concise boundaries of textbooks. The society hence strives to narrow the gap between poverty and equitable quality education.

Convenor: Ms. Monica Soin Chhabra

Teachers In-charges: Ms. Kashnie Singh, Ms. Gurpreet Kaur and Ms. Vrinda Moda

Activities organized during the year 2019-20

JMCEP classes are conducted regularly from 3:00 pm-4:00 pm, five days a week (Monday to Friday). Number of children registered 75. Areas covered- Bapu Dham Colony, SP Marg, Dhobi Ghat, Sanjay camp, IB colony and Vivekananda

Total Student Volunteers are 24 core team members + 384 members = **408 students**

Annual Orientation (21st August, 2019): Making prospective student volunteers aware of the working of the society and its purpose. We sensitized them of their responsibility as a member and shared a few tips on how we can teach and tutor effectively.



Core Team 2019-20



Jesus and Mary College

University of Delhi
Chanakyapuri, New Delhi - 110021

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Friday session on English Rhymes, 6th September 2019

JMCEP conducted its first Friday session in collaboration with ECHO- western music society of the college. The team performed a fascinating piece and taught the kids new English rhymes and poems. Some students were felicitated with gifts for outstanding participation during the session.



Friday Session on Plastic Pollution, 13th September 2019

JMCEP, in support of the on-going anti plastic campaign in the college, conducted session on 'Say No to Plastic' to sensitize them about plastic pollution, its causes and effects.



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Ice Breaking session for Core Team, 18th September'19

A productive Ice-Breaking session for core team members to ensure efficient working.



Awareness Session, 20th September'19

An awareness session on 'Good Touch and Bad Touch' for students through a presentation by core team including visuals.



Awareness Session, 27th September'19 An awareness session on the Child Protection Policy was organized for volunteers by core team members to help them realize right from wrong when dealing with our students.



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Onam Celebration

JMCEP celebrated Onam with kids and sang regional Malayalam songs. At the end, Payasam was distributed among the kids.



Diwali Fundraiser, 16th October'19

A game stall with was put up at the Jesus and Mary College Diwali Mela with an aim to raise funds for the JMCEP Diwali Party for students. Along with the same, badges designed by core team members were also sold among university students. Funds raised were used to purchase gifts and refreshments for the students on the occasion of Diwali.



**COME PLAY AND
GET LUCKY!**

**AT THE JMCEP
STALL!**

Date: October 16, 2019
Time: 9AM onwards
Venue: In front of MPH



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Diwali Party, 23rd October'19

To celebrate the auspicious occasion, we organized a fun filled Diwali party for students, with performances by volunteers and the kids themselves and concluding with surprising gifts and refreshments.



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Friday Dance session, 8th November 2019

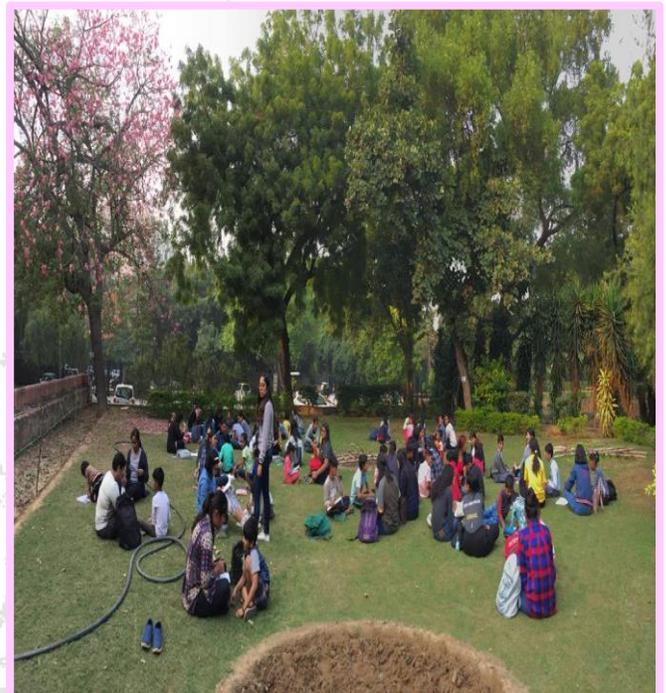
A fun filled outdoor dance session with Nrityanjali, the Indian Dance society of the college.



Outdoor Classes

October 21st, 2019

November 11th, 2019



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Visit to Vivekananda Camp



Donation Drive and distribution



A donation drive for stationery and gift boxes for JMCEP students was organized so as to distribute the same as gifts on Diwali.



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ECHO Session - 1st November'19

Children performed energetic songs like 'Do Re Mo'. Volunteers also sang along with them to increase their interests in singing.



Children's Day Celebration

JMCEP threw a surprise Children's Day party for the kids. Children sang and danced on various songs. ECHO and Nriyanjali volunteers entrained kids with their performances.



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Fundraiser Stall - 17th Jan'20



Book Donation Drive 29th – 31st January, 2020

In Collaboration with Golden Jubilee Team of JMC, JMCEP organized a three day donation drive for a school library.



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Collaboration with CRY - 13th February 2020

JMCEP in collaboration with CRY, conducted a session on hygiene and importance of hygiene. CRY volunteers also talked about gender roles through a series of fun games.



Teacher Training Workshop – 20th February 2020

In Collaboration with Teach For India, an interactive session was conducted for JMCEP volunteers. It taught several unique methods on how to build rapport with kids.



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Donation of Menstrual Kits, 4th March 2020

In collaboration with Girl Up Sakhi, JMCEP distributed over 100 menstrual kits among the women in Vivekananda Camp.



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ENACTUS

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ENACTUS

Jesus and Mary College

Annual Report: 2019-2020

Convenor: Dr. Mani A. Nandhi



The year began with the recruitment of 80 students who began their journey of social enterprise management and were striving to make a change in the society. Our society in collaboration with, the English Quiz Society organised on 19th September, 2019 an inter-college, Enactus quiz 'G.A.E.A- Green Affirmative Economic Action, which saw participation by 160 students. Mr. Aseem Kumar, Head APRC, UN Global Compact was the Chief Guest and Mr. Anurag Krishna, CSR Lead, Tata Consultancy Services hosted the quiz. This quiz focused on creating awareness about the United Nations SDGs.

The drive to make a change continued as Enactus JMC in collaboration with Mercatus JMC launched an ongoing model of Anti-Plastic cum Recycling Campaign on 3rd October, 2019. Mr. Gautam Gambhir, Member of Parliament and former Indian cricketer inaugurated the campaign. During the first cycle, 1500kg of plastics were collected for recycling as tiles by our recycling partner.



Our Enactus team also partnered with Guzaarish-Books for All, an NGO and the Indian Oil Corporation, to help raise money of over Rs 1,56,000 for the NGO under Daan Utsav which was held during 2nd-8th October, 2019. We also hosted a Social Entrepreneurship and Innovation workshop with Terry Torok, Global Chief Innovation Officer, Enactus Global on 15th November, 2019. This one day workshop was attended by 200 members from several Enactus teams from Delhi and neighbouring states.



Many members of our team won 6 inter college business plan and case study competitions. Some of our achievements included standing first at the Case Study Competition held by Enactus, Delhi Technological University and being placed at second position at the

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Business Plan competition held by Enactus, Shiv Nadar University. We secured the second position in the prestigious Adidas innovation competition sponsored by Adidas.



On the project front, we made steady and visible progress. Under Project IFFAT, which works on improving sanitation and waste management, we expanded our products into making an organic floor cleaner (besides the existing range of soaps in 3 fragrances) which will be launched soon. Importantly, this project has now formed a collaborative partnership with Project Corganic run by Enactus Tilburg University, Netherlands which makes 100% organic coffee scrubs from used coffee grounds.

We also collaborated with the NGO 'OurVoix' as their outreach partner and with a marketing and event management company for the festival called 'BeGoodFestival- For Earth' aimed at promoting sustainable ways of living.



Project DHARA which has been producing organic manure using vermicompost method expanded its production base to its fourth location at the DTEA school premises in Pusa Road. We collaborated with WePlant India, a national movement which fights malnutrition and hunger. Our manure sales have increased and we have successfully delivered bulk orders of 100+ kgs.

This year we have launched our third project called Project Sugam which focuses on reducing twin problems of - plastic pollution and poor sanitation - by constructing toilets using Eco Bricks. EcoBrick is a method of building blocks made entirely from unrecyclable plastic wastes. This project is a work in progress and its pilot is going to begin when the University reopens after the current lockdown.

Also, for the second consecutive year our society Enactus JMC was amongst the top 10 teams to receive the KPMG grant for running our projects.

President : Sabhyata Bhateja

Vice President: Manya Khanna

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ALL INDIA CATHOLIC UNIVERSITY FEDERATION (AICUF)



JESUS AND MARY COLLEGE All India Catholic University Federation (AICUF) AICUF REPORT: 2019-2020

No. of student members: 350

Activities / Events conducted in 2019 – 2020

1. Talk : Who is a Genius - Dr. Christu Doss



2. Talk: Transformative education leadership and nation building. Basic research methodology - Dr. Sr. Molly, Dr. Christu Doss, Mr. Naveen Thomas, Megha Jacob & Dr. Anthony



3. Debate Competition: Education is closely linked with the question of modernity; followed by a workshop on Public Speaking by Mr. Naveen Thomas, Dr. Christu Doss, Ms. Megha Jacob & Dr. Anthony



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4. Movie screening: Nero's guests-The age of inequality.



5. Creative Ideas for Resounding Success: mentoring students for university and competitive exams for all the streams- 6th November,2019 by Dr. Sr. Molly, Dr. Christhu Doss, Ms. Megha Jacob and Dr. Anthony



6. An Interactive webinar organized by AICUF, JMC on "On What Matters" on 22 June 2020

Topic: On What Matters

Speaker : Fr. Jitu D' Monte S.J. Counsellor and Director, Jeevan Darshan Pastoral Centre

About the speaker: Father Jitu D' Monte S.J. , Director of Jeevan Darshan Pastoral Centre. He has vast experience in conducting several counselling sessions, seminars and training programs all over India. He is a graduate of psychology from Manila, Philippines and a graduate of spirituality from Spain.

Date: 22nd June, 2020

Time: 3-5.00 pm

Webinar platforms used: Google Meet, YouTube (live streaming)

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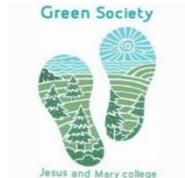


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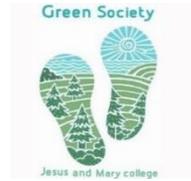


GREEN SOCIETY



JESUS AND MARY COLLEGE

GREEN SOCIETY REPORT: 2019-2020



- **Faculty members:** Ms. Ishita Singh, Dr. Divya Agarwal and Dr. Surendra Kumar Yadav, Ms. Trisha Chowdhry
- **President:** Ria Popli
- **Vice President:** Ananya Kaushal
- **No. of students enrolled:** 330

The Green society focuses on utilizing the power of social media platforms for spreading awareness regarding environment conservation and protection. It has an active Facebook and Instagram page on which all the events of the society and environment related posts are uploaded time to time. Members are asked to share such posts for spreading awareness and upload them as their whatsapp status. On an average status of each member is viewed by 100 contacts and for 330 members in the society, each message reaches approximately 33000 people thereby creating awareness amongst a larger community.

With the aim of promoting a better and greener future, The Green Society of Jesus and Mary college works to instill among the people the value of Environment. We would also like to appreciate the efforts of Sr. Dr. Rosily, our Principal, who has encouraged our initiatives at every step. Following is the series of events conducted by the Green Society in 2019-2020:

- 1) **22nd July, 2019**-In collaboration with NSS and The Fine Arts Society of Jesus and Mary college, The Green Society organized an awareness programme (a rally on water conservation, a talk given by Ms Trisha Chowdhry, a tree plantation programme and poster making competition) as initiated by District Disaster Management Authority, New Delhi, under the JAL SHAKTI ABHIYAN which is an initiative of Department of Drinking Water and Sanitation, Ministry of Jal Shakti, Government of India.



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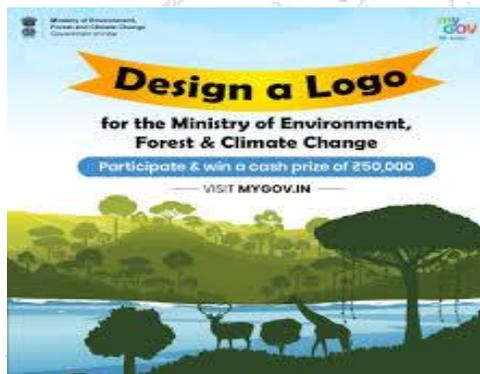
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- 2) **17th Aug, 2019**- A religious follower of everything *nature-friendly*, the society held its **council elections on online basis**, wherein the society students were able to vote for their preferred candidates through Google forms to avoid wastage of paper.
- 3) **6th Sep, 2019**- The members of Green Society voluntarily participated in the **Logo Design Contest** for the **Ministry of Environment, Forest and Climate Change, Government of India**.



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4) 9th Sep, 2019-

In association with the Delhi University Garden Committee, Principal Sr. Dr. Rosily was accompanied by the teacher members and students of the Green Society in planting a variety of saplings across college campus as part of a tree plantation drive, **Varsha Vriksharopan.**



- 5) 18th Sep, 2019- A workshop on **Reducing Plastic Footprint** was organized in association with The Happy Turtle organization. A stall was also set up by The Happy Turtle, **selling environment friendly plastic alternatives.** The Happy Turtle are the pioneers in End -to-end plastic reduction consulting. And with this collaboration we marked a new chapter in ways of promoting environmental awareness.



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- 6) **24th Sep, 19-** We also voluntarily participated in **United Nations' #ActNow Climate Campaign**, wherein people from across the globe are being urged to take daily actions to reduce their carbon footprints. Members of The Green Society had put up posts on their respective social media accounts talking about their daily efforts in order to help the environment.



- 7) **24th Sep, 2019-** As part of **Delhi Pollution Control Board's** efforts to provide significant instructions this festive season of Ganesh Chaturthi/ Durga Pooja, The Green Society of Jesus and Mary College organized a **Nukkad Natak in association with Asmita Theatre Group.**

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- 8) **25th Sep, 2019-** Some of The Green Society members had accompanied the society convener to conclave on 'Circular Economy of Plastic Waste and Livelihood Opportunities and Excellence Awards for Academia and Community'. This event occurred as part of the Prime Minister's Make India Plastic Free Mission and was organized under the guidance of Ministry of Environment, Forest and Climate Change, Government of India.



- 9) **3rd Oct, 2019-** We showed our support towards the Anti-Plastic cum Recycling campaign organized by Enactus and Mercatus Society under which plastic was collected by the

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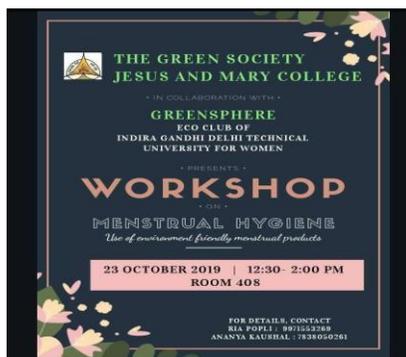
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students with the aim of recycling the same. Members of The Green Society were asked to get their personal plastic waste for the massive collection. Prior to this, they also shared a picture of their share of waste collected on their social media accounts to spread awareness, on 25th September '19



- 10) **23rd Oct, 2019**-The Green Society collaborated with Greensphere, Eco Club of Indira Gandhi Delhi Technical University for Women, and organized a workshop on menstrual hygiene in which members were informed about **environment friendly menstrual products** and samples were brought as part of a show and tell, for better understanding.



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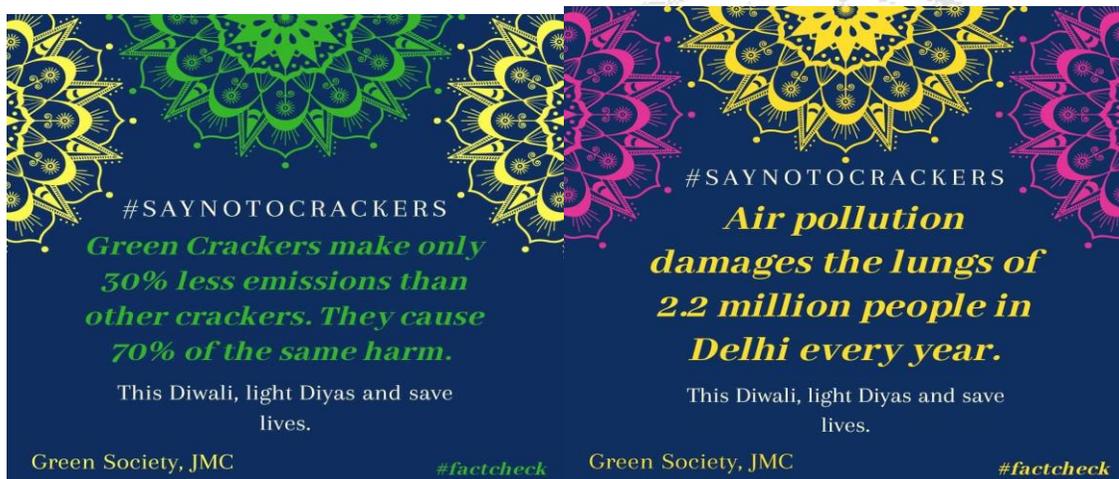
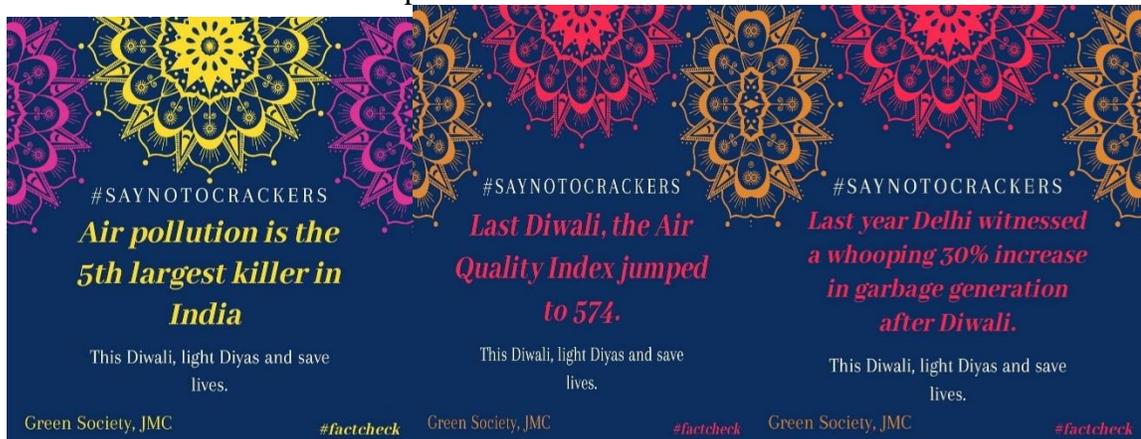
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- 11) **23rd Oct-27th Oct, 2019- #SayNoToCrackers Campaign-** A 5 day social media campaign with a fact-check series of posters was initiated to spread awareness to avoid crackers in order to reduce Air pollution.



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12). **Seed bank** developed by Dr. Divya Agarwal and Ms. Trisha Chowdhry. Trees: Parijaat, neem, kari patta, mehndi, ficus Benjamin, amla, lemon, fig, Peontia, imli, moracae, lemon, anjeer, saptaparni, 2 species of bauhinia (purpurea, fuc...), molshree, jangali akhrot; Medicinal plants: Ashwagandha, rama tulsi, shyama tulsi, van tulsi. Morpankhi and Purple bel.

CORE TEAM 2019-2020

Green Society, JMC

Teacher Members

Ms. Trisha Chowdhry Ms. Ishita Singh Dr. Divya Agarwal Dr. Surendra Kr. Yadav

Convener

Ria Popli
President

Ananya Kaushal
Vice-President

Green Society, JMC

Marketing Team

Nikita Jain
Marketing head

Shreya Khosla
Marketing Head

Alphy Disha Mittal Iglat Joseph

Green Society, JMC

Creativity Team

Sherry Joy

Manishika Pawaia
Creativity Head

Simran Sawhney

Vrinda Goyal Annu Prabhat Silvya Charles

Green Society, JMC

Technical Team Members

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Komal Riti Himanshi Riiana Ishika

Vasudha Aditi Ananya Saumya

Green Society, JMC

Research Team

Ishika Guleria
Head

Vibhriti Shrishti Bahl Sonnu Sunny Arsheya

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NATIONAL CADET CORPS (NCC)



National Cadet Corps (NCC) Jesus and Mary College Academic year: 2019-20

The National Cadet Corps (NCC) conducts activities towards nation building and personality development every year that include squad drill practice, training classes, annual training camps, social awareness drives, prestigious rallies, and adventure activities in which cadets participate enthusiastically. In the academic year 2019-20, cadets of Jesus and Mary College took part in a wide variety of activities, and achieved many laurels to their credit.

The prestigious camps in which the cadets participated throughout the year were:

- 1) **OTA GWALIOR SSB SCREENING COURSE**, (May 6 – 15, 2019):
SGT Basant Kaur
- 2) **ADVANCED MOUNTAINEERING EXPEDITION**, (June 29, 2019 – July 26, 2019):
LCPL Rekha Rawat
- 3) **HIMACHAL TREK**, (June 8 – 16, 2019):
CPL Pinky and CDT Megha Jakhar
- 4) **ADVANCED LEADERSHIP CAMP** (July 6 – 16, 2019):
LCPL Mansi Sharma and CDT Priyanka
- 5) **EK BHARAT SHRESTHA BHARAT CAMP** (Aug 6 – 17, 2019):
SGT Poonam Kandari, CDT Aaradhana, and CDT Shivani Sharma
- 6) **ARMY ATTACHMENT CAMP** (Sep 1 – 15, 2019):
JUO Kaushiki Goel
- 7) **OFFICERS TRAINING ACADEMY, CHENNAI** (Sep 16 – 22, 2019):
SUO Ishita Ohlan
- 8) **INTER-GROUP CAMP** (Aug 20 – 30, 2019):
SUO Punarnava Sharma and CPL Soumya Negi
- 9) **THAL SENA CAMP** (Sept 16 – 27, 2019):
SGT Veronica
- 10) **EK BHARAT SHRESTHA BHARAT CAMP** (Dec 8 – 18, 2019):
CPL Christeen
- 11) **ANNUAL CHIEF MINISTER'S RALLY** (Dec 13, 2019 – Jan 25, 2020):
JUO Manvi Negi, SGT Pranjali and CPL Shruti Jha
- 12) **ANNUAL PRIME MINISTER'S RALLY** (Dec 16, 2019 – Jan 28, 2020):
CPL Amisha Jaglan, JUO Jenifer Stanley, and JUO Soumya John

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- 13) **PARA SAILING – PM RALLY** (Dec 17, 2019 – Jan 28, 2020):
CPL Sudhiksha Gehlot
- 14) **ROCK CLIMBING TRAINING CAMP** (Dec 29, 2019 – Jan 4, 2020):
LCPL Devyanshi Aggarwal, LCPL Vidisha, and CDT J. Anitha
- 15) **PARA SLITHERING – PM RALLY** (Jan 16 – 28, 2020):
SGT Veronica
- 16) **REPUBLIC DAY CAMP** (Jan 1 – 30, 2020):
SUO Punarnava Sharma

Other highlights include:

- a. JMC-NCC attained first prize in group dance, second prize in group song, second prize in solo song, and third prize in shooting (given to CDT Divya) at the CATC (June 2019).
- b. In the CATC (July 2019), the cadets of JMC attained first position in group singing, second position in group dance, and second position in squad drill.
- c. In the EBSB Camp (August 2019), the cadets attained first prize in solo dance (SGT Poonam Kandari), second prize in group song, and won in the Basketball game.
- d. The cadets participated in the flagging-in at New Delhi of the pan-India Bicycle Rally conducted by NCC all across the country as part of Mega Swachhta Pakhwada, by performing group song and group dance, on 27 September 2019, in the presence of Raksha Rajya Mantri, Shripad Yesso Naik and other dignitaries. They also performed a nukkad natak at India Gate to help spread awareness about the importance of having a clean and healthy environment.
- e. SUO Ishita Ohlan and JUO Kaushiki Goel participated in the Amar Jawan Jyoti Camp on 18th to 25th Nov 2019.



- f. JMC cadets participated in the mock interviews conducted at Defence Institute of Psychological Research, Delhi, on 21 October 2019 and 12 March 2020.

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- g. SGT Veronica was chosen among the top 15 cadets for para slithering from a helicopter at the Prime Minister's Rally on 28 January 2020. She was also nominated for interaction with Lt Governor, Delhi on 04 Feb 2020, at Raj Bhawan.



- h. The cadets volunteered as scribes for children with special needs during their examinations at Sanskriti School, New Delhi in February and March 2020.
- i. In February 2020, the cultural team of JMC won first position in the NCC festival of Deshbandhu College, University of Delhi, in classical dance. They also won first prize in the NCC festivals held at Kirori Mal College and Motilal Nehru College, for the same and second prize in the NCC festival held at Daulat Ram College.



- j. The JMC cadets have been part of the discipline committee in many important events held in college, including the college festival, Montage 2020.

Student office bearers:

President (2019 – 20): SUO Ishita Ohlan

Vice-President (2019 – 20): JUO Jenifer Stanley

Teachers-in-charge:

Convenor: Lt. (Dr) Richa Raj (Associate Nodal Officer)

Co-Convenor: Ms Priyanka Marwah

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EQUAL OPPORTUNITY CELL (EOC)



Equal Opportunity Cell

EOC Report: 2019-20

EOC organized 'PRAYAS 2020', the annual cultural event for students with disability as a part of our college annual cultural fest, Montage 2020 on February 15, 2020. The inter-college cultural competition was held to appreciate and acknowledge the talents of students with disability and to promote inclusivity and diversity. The event provided the students a unique opportunity to showcase their talents in different categories.



There were two competitions held: vocal and instrumental competition. The judge for the event was Ms. Vrushali Pathak, former faculty at Jesus and Mary College and an accomplished singer. Several students from various undergraduate colleges from Delhi participated in the two events. The event concluded by felicitating the winners with cash prizes and certificates.

President: Ms. Lucky Beniwal; Shreya Khosla

Vice President: Ms. Kristy A. Mathew

Convenor: Ms. Rashi Mukhopadhyay



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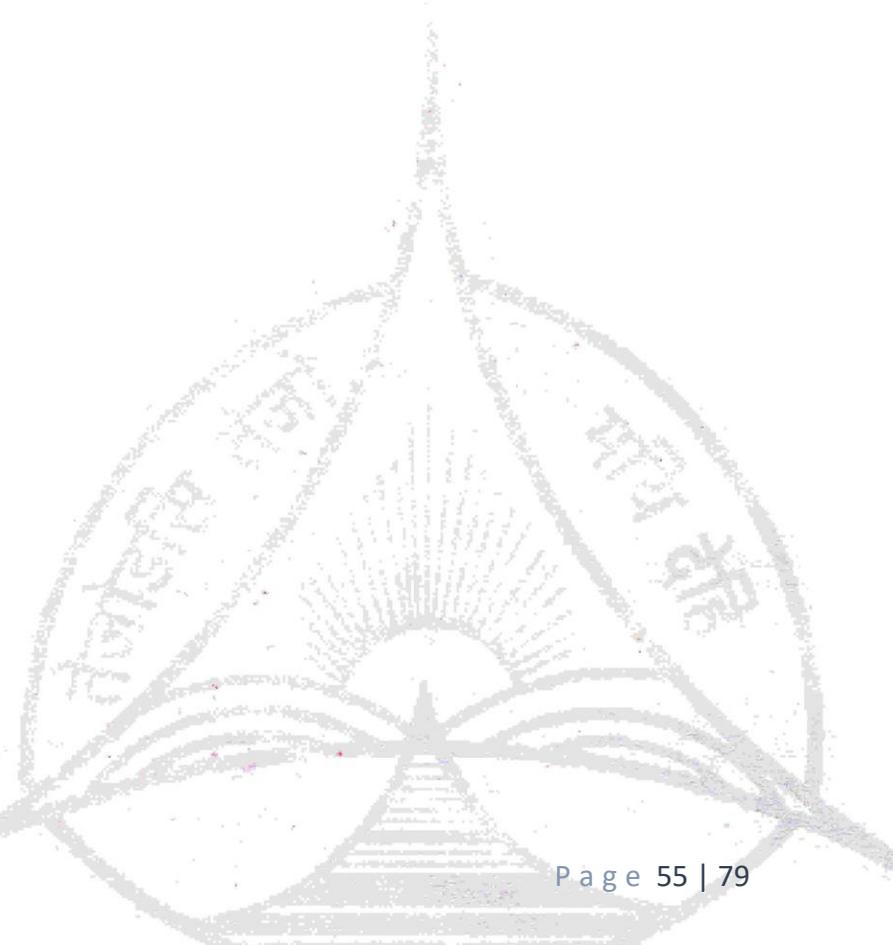
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PEACE SOCIETY





PEACE SOCIETY

Report: 2019-20

The peace society, solely works on creating a mental and physical balance, ensuring mindfulness as well as physical well-being. This year, the peace society became a compulsory society, constituting around 600 members, making it more effective and impactful.

Peace Society of Jesus and Mary College has been committed to promoting peace since its conception and this year had been much more as it was made a compulsory society for the first time from a voluntary society.

Convener : Dr. Savita Rastogi, Department of commerce

Teacher member: Jasmin, Department of Economics

President: Ms. Navya Mittal, B.Com Hons. IIIrd year

Vice President: Ms. Shweta Chowdhary, Hindi (H) II

Event Coordinator: Ms Srishti. Eco (H) III

General Secretary: Ms Archisha, B Com II

Total Enrolment: 600

Numerous creative and enthralling events were conducted that intrigued both, the participants and the audience:

NAME OF THE EVENT	RESOURCE PERSON	DATE	VENUE
Orientation	Dr. Savita Rastogi	13.8.2019	Room No. 308
Talk on "Ashtanga Yoga"	Anita Kaushik (from PYP)	21.8.2019	MPH
Debate Competition	Organising Team (Topic: Whether external environment impacts the internal peace of women)	11.9.2019	Room No. 308
Peace Through Music	Dr. Anupama Shrivastava and the Indian music society, Tarannum	25.9.2019	Hall
Plastic Collection Drives	Event Head: Ms Archisha	3.10.2019 6.11.2019	College parking lot

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Annual fest- Sukoon I. Celebrated 150 years of Mahatma Gandhi II. Peace Through Ghazals III. Students Activities	Chief Guest: Dr. Shri Ramesh Bhardwaj (Director, Gandhi Bhavan, DU) Dr. Anupma Shrivastava and her Team Entire student team	18.10.2019	MPH Amphitheatre
Talk on "Peace through fitness"	Dr. Savita Rastogi	29.01.2020	308
Events Held at Montage: (Brand Tambola; Treasure Hunt), sponsoring One stall (Aroma Magic)	Entire Peace Team	14.2.2020 15.2.2020	College ground
Poster competition (Prelude to Inter Faith Dialogue)	Entire Peace Team	5.2.2020	Common Room
Inter Faith Dialogue: (Theme - Religion and Liberation: Forgiveness, healing and reconciliation) This event was organized with AICUF, JMCEP and Snapshots.	Chief Guest Dr. Madan Mohan Verma Chairperson: Dr. Nalini Abraham Other Speakers: Dr. Aruna Broota, Prof. Y.S. Alone, Dr. S.R. Molly K.A., Dr. Nilima Chitgopekar, Prof. Akhlaq Ahmed, Dr. Kamla Jain, Dr. Inderjeet Singh Bakshi,	19.2.2020	MPH
Fundraising events: bake sales and signature campaigns	Entire Organising Team	Throughout the Year	College Campus

Talk on Ashtanga Yoga

The Peace Society organized a talk on "Ashtanga Yoga" by Smt. Anita Kaushik on the 21st August 2019. The event was initiated by the blessings of the almighty by a couple of prayers, followed by the felicitation of our guest with a few plants. This was followed by a beautiful kathak dance. Finally, Smt. Anita Kaushik began her program, explaining various postures that benefit the body as well as the mind.

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Soon, Smt. Sushma Aggarwal joined the event and gave an enlightening speech about life and yoga. This was followed by beautiful words by the convener of the society, Ms. Savita Rastogi and vote of thanks by Ms. Jasmin Singh.

In pursuit of disputes

On 11th September 2019, the society organized a debate competition to provide a creative room to the society's freshers. The preliminary rounds were cleared by eight participants, who expressed their view in affirmation or negation of the resolution, "Does external peace affect the internal peace of women?" The criteria of judgement included the relevancy of the speech to the motion, and the adherence of the time limit. The proponents had a common school of thought regarding the patriarchal setup of the society. Opponents, on the other hand, demarked artificial peace from the real one and stressed on concepts of acceptance of the reality.

Overall, the event proved to be successful, leaving the audience with a need to reflect on, What is Peace?



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PEACE THROUGH MUSIC, 25th September, 2019



PLASTIC COLLECTION DRIVE ON 27th AND 30th OF SEPTEMBER and Handing over Plastic waste 3rd OCTOBER 2019



SUKOON 2019



The annual event of the peace society: Sukoon was organized on the 18th of October, 2019. The motive behind the event was the celebration of the 150th birth anniversary of Mahatma Gandhi. The event was graced by the Chief Guest- Dr. Shri Ramesh Bhardwaj- a professor with a 34 year teaching history. The event followed with the lighting of the lamp, felicitation of the chief guest and a musical performance by the Indian music society. The chief guest spoke about Mahatma Gandhi and his eighteen constructive programs. As principal Rosily was facilitated, her words, "Peace without justice is not lasting peace and we, the students, are agents of peace and harmony and one should return evil with goodness" stuck with us. This was succeeded

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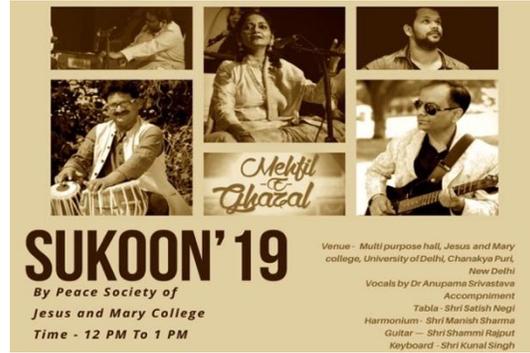
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by a beautiful dance performance, a band performance, a standup act and a few videos by our sponsors- One plus and Fresca.



PLASTIC COLLECTION DRIVE SECOND PHASE 6.11.2019



TALK- PEACE THROUGH FITNESS 29.1.2020



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POSTER MAKING 5.2.2020



Inter Faith Dialogue 2020 on 19th February 2020

Venue : Thevenet Hall, JMC at 12.30 pm

Theme : Religion and Liberation : Forgiveness, Healing and Reconciliation

The Inter Faith Dialogue held on 19th February, 2020 was graced by the Chief Guest, Dr. Madan Mohan Verma. Dr. Verma paid a lot of heed to the main theme: Religion and Liberation: Forgiveness, healing and reconciliation. Dr. Aruna Broota followed, presenting the psychological significance of forgiveness. Various religions were addressed by various speakers. Prof. Y.S. Alone-Buddhism, Dr. S.R. Molly K.A.- Christianity, Dr. Nilima Chitgopekar- Hinduism, Prof. Akhlaw Ahmed- Islamism, Dr. Kamla Jain- Jainism and Dr. Inderjeet Bakshi-Sikhism. Observing a fundamentally informative dialogue by various speakers, the chairperson: Dr. Nalini Abraham, concluded the dialogue in the epitomization of love, forgiveness, harmony and peace by each religion.



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The event began with the traditional lighting of the lamp to bless the ceremony. The Principal, Sr. Rosily along with the Chief Guest and panellists, graced the occasion. The event was followed by a powerful and thought provoking performance by girls from Nrityanjali, the Indian Dance Society of JMC. The end to the cultural performance was then followed by the felicitation of the Chief Guest and the panellists by the Presidents and Vice Presidents of the various societies of JMC.

The much awaited event began with the address by the Chief Guest, Dr. Madan Mohan Verma. He shared with the audience, the understandings of different religions. To him,

dialogue and the art of it is a civilised debate. It is not conducted to defeat the other person or disprove their point of view or argument. It is rather a way of reaching to a point of understanding. Dialogue to him brings people closer together.

Dr. Verma's address was followed by Dr. Aruna Broota who presented the **PSYCHOLOGICAL SIGNIFICANCE OF FORGIVENESS**.

Dr. Broota began with expressing her delight and amazement at the huge crowd of young students that had gathered for the Inter Faith dialogue and she appreciated the college for providing the students with such an exposure. She also expressed her pleasure on the topic that was chosen i.e. Psychological Significance of forgiveness. Further she defined forgiveness as the healing of a wounded mind.



After Dr. Broota's address the dialogue was opened by Dr. Nalini Abraham. Different religions were talked about by different speakers. The first religion to be discussed, was **Buddhism**. Prof. Y.S. Alone, Professor in Visual Studies, School of Arts and Aesthetics, Jawaharlal Nehru University, talked about the Buddhist perspective and issues. Prof. in his brief argument talked about 'Ashtanga Marg' and 'Panchsheel Marg' as a key to Buddhism or cardinal principles in Buddhism.

The second speaker for the event was Dr. Sr. Molly K.A, Assistant Professor at the Department of History, Jesus and Mary College. She talked about the **Christian** perspective on forgiveness, reconciliation and healing. She clearly pointed out that forgiveness, reconciliation and healing is possible in our day to day lives because the Lord practiced what he preached by forgiving his persecutors, healing the sick and resurrecting the dead. Thus even we should be able to inculcate this in our personal lives.

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Dr. Nilima Chitgopekar, gave a **Hindu** perspective on forgiveness, healing and reconciliation. Dr. Nilima Chitgopekar is an Associate Professor in Jesus and Mary College. She has written books on hinduism, delivered lectures, talks in various colleges/universities across the globe and, was invited to the prestigious South Asian Religion Colloquium and delivered lecture in Harvard University as well. She began by giving a small brief about Hinduism by saying that it is a mixture of various beliefs, attitudes of people from various

villages and urban landscape through the process of cosmoses.

She shared with the audience that the chief duty of forgiveness is freeing the minds in trouble. One can attain salvation only when one is whole and complete. She concluded the talk by reciting one of the verses from the Vedic texts which says: You are whole and He is whole. If something is taken away from you by grief, sorrow, you are still complete because you are united in Him. As, He is complete, so are you.

Prof. Akhlaq Ahmad who is a scholar of Indo-Persian Studies and bilingual poet of Persian and Urdu, shared his perspective on forgiveness and mercy through the lens of **Islam**. He is currently a Professor at the Centre of Persian and Central Asian studies in Jawaharlal Nehru University, New Delhi. He has published more than 20 books. The President of India awarded Maharishi Badrayan Vyas Samman 2018 for his contribution to Persian language and literature. He mentioned that religion has been a part of knowledge. Confusion has been created because people don't read texts. One should read texts, such as Vedas, Quran, Bible to study the teachings of various religions on the virtues of compassion and mercy. He concluded by saying that humans have been created to share happiness and sorrow. The chief purpose is to love another, for, the angels can be created in heaven as well.

While continuing the discussion of religion & forgiveness, Dr. Kamla Jain brought in the **JAIN** perspective of things. She began with explaining the concept of KSHAMA. She explained how kshama, an ethico-spiritual concept, is put to practice in Jainism. It is, in her opinion, only by saying, meaning & accepting apologies, we can become true aspirants of the absolute goal, i.e., Maitreyi. Ahinsa, she says, along with SAMTA & KSHAMA are the pillars of Jainism.

The last speaker for the day was Dr. Inderjeet Singh Bakshi, who began his speech by giving us the meaning of KHALSA. He talked about the basic principles of Sikhism being moral values, and believing in the powers of prayers & noble deeds. True practice of **Sikhism** gives constructive guidance on managing betrayal, it condemns slander & teaches healing by renouncing ego. Sikhism wants us to forgive, he says, and he explains how true believers have faith in God to have a bigger plan for them than they have for themselves, thus by moving forward, and forgiving the ones that hurt us, we are giving ourselves the peace that we deserve. One should take the name of

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the almighty with a true pure heart. Along with this he said that that Sikhism believes in oneness of God, Ek Omkar.

Observing a fundamentally informative dialogue from eminent speakers on various religions, the Chairperson, Dr. Nalini Abraham, concluded the dialogue in the epitomization of love, forgiveness, harmony and peace by each religion. She observed how each speaker unfurled the elements of peace and forgiveness in the respective religions, though descriptive, textual, traditional, comparative and contextual instances. She also expounded the importance of sharing and spreading this message through such informative conferences.

The event came to an end with prize distribution by the Principal, Sr. Dr. Rosily, for the Poster Making Competition held on 5th Feb, 2020, on the same theme. The Inter Faith Dialogue finally culminated in the Vote of Thanks addressed by Ms. Savita Rastogi, Convener, Peace Society. She observed the significance of 'Sraavan, Manan, and Nidhidhyasan' in attaining self-forgiveness. She also stressed the importance of more such conferences, and thanked every individual who contributed to make this event successful.



NDMC School Project

BAPU DHAM PROJECT REPORT 2019-20

INTRODUCTION

"Never stop believing in hope, because miracles happen every day."

With this thought in mind, Jesus and Mary College initiated a very innovative and interesting project, 'Bapu Dham school project'. This project was commenced on the occasion of 50th anniversary of our college, when we adopted the Bapu Dham Government Sr. Sec. School for five years, to help them study mathematics in such a way that they are not afraid of it and enjoy studying it. Learning Mathematics provides school going children with opportunities of developing the imperative foundational skills such as problem solving, deductive, inductive and logical reasoning, creative thinking and communication. This also helps them in developing their mental rigor.

As a part of this project, 5 groups comprising of 16 students, all from 2nd year, visited the school for sessions of about 1 to 2 hours in a week. Each group looked after different classes and focused on different topics for different classes. We were excited at the prospect of having a chance to allay the fear of mathematics, which is ever present amongst the students. Thus, to imprint memories of them on us and vice versa, we volunteered for cutting through their Math-phobia.

PURPOSE

The Bapu Dham Action Plan, like any initiative, aims to better the associated people and the society by extension and serve a manifold purpose. As mentioned before, the initiative is the Golden Jubilee project of the college with NDMC which was launched by the Honourable President of India, wherein the Bapu Dham school was adopted in order to enrich the students with all round holistic education with special focus on elementary Mathematics.

The initiative is a social welfare effort and, the first and foremost intended recipients of the success of the project would be the students of the Bapu Dham School. Developing an interest for Maths amongst them, is one of the primary objectives of the project. Maths is infamously (and unfairly) reputed to be a dry and difficult subject. Math anxiety is a real problem, affecting not only the exam results of many a student, but also creating a psychological fear for a highly useful subject. If a concerted effort is made to awaken interest in and appreciation for the subject at an early stage, we can nip the fear in the bud.

Through the thorough surveying planned under the initiative, along with one-on-one interactions with the students, an attempt to understand the thinking process of children will be made. The survey will systematically analyse the before and after outcomes of the teaching process, thus creating a database that can support decision making and innovation in the field of teaching.

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Apart from the students of the Bapu Dham School, the volunteers also stand to gain a lot from the project. Teaching the basics of a subject they are studying at college level, will only serve to strengthen their own fundamental concepts. Moreover, the initiative will give them an opportunity to widen their horizons. Exposure to the conditions of students from entirely different backgrounds from their own, will give them some much needed insight.



BASELINE SURVEY

This survey as the name suggests will be conducted during the monitoring and evaluation process so as to define the impact of our project.

The survey would be based on evaluation via questionnaires and worksheets while also monitoring class performance, response and individual student remarks, it would be conducted from classes 1-8.

Each class has an approximate strength of 50 students divided into 2 section consisting of 25 students each. We have a set of 30+ volunteers with each section assigned to 2-3 volunteers. The volunteers have been trained to give presentations and interactive sessions with students while also developing their intellectual capability in mathematics and driving out the fear of mathematics.

We plan to make about 1-2 visits a week.

The questionnaires would be helpful to gauge the performance of each student. This would involve 3 steps:

Step1: Handing out a basic questionnaire (the topics would be a level below their present syllabi) and assessing the performance so as to assess if their basic concepts are clear

Step2: Based on the previous assessment, the volunteers would be explaining certain concepts of the basic as well as the higher level.

Step3: A similar worksheet would be handed out again to evaluate the improvements and the areas which require further focus

METHODOLOGY

The aim of this project is the overall growth of students in the field of Mathematics as well as active participation.



Various techniques have been designed by the Mathematics Department for the students.

Techniques -

1. Props – The use of props makes the sessions more interactive as the students are able to get more involved and get a better understanding of the topic.

For example – Use of tree branches, colourful buttons and pencils to teach counting, addition, subtraction and multiplication. Use of real-life objects such as clock, notebooks, balls etc. to teach shapes.

2. Power point presentations – Visuals always help students grasp a particular topic better. The school has a projector room wherein each class would be taken once a month (as per convenience) and class specific presentations would be run. Videos available on Youtube may also be shown.

3. Quiz – Quiz such as row-wise quiz of counting (example – One row says number 1, the next row has to continue counting) can help students not only learn but also develop a competitive spirit and learn team work.

4. Interactive games – Interactive games such as Sit and Stand, help us to know them better and discern if they have concentration skills, to focus on what is being said (as they have to act according to what is being said).



5. Teaching *Speed Maths* techniques to students of higher classes, which can help them reduce calculation time.

6. *Rewards* – As students, we always wish to get some reward for our class participation. It makes us more active in the class. With this idea in mind we look forward to appreciating these young kids by praising them for their active performance or applauding the most disciplined students in class by awarding them with the title of student of the day etc.

7. *Interactive sessions* – We can develop a good teacher – student relationship through interaction like asking them what they want to do in future or what is their favourite movie. This serves two purposes – helps the students take their mind off the calculation-heavy subject, and lead to a relaxed environment in the class.



Even as undergraduate students, we always love to interact with our teachers. They are school students, so we can imagine how happy they must be.

8. Questionnaire –

A questionnaire gives the teachers a better understanding of how each student of the class performs and also to get an idea if they can actually write the answers or not.

Two types of questionnaires would be made –

1. *Basic* – This includes basic questions of mathematics which everyone should know. This will also help us understand how much the student has learnt from the preceding class. For example – If a seventh-grade student knows basic maths of sixth grade Maths or not. It can be done for all the classes.

2. *Class specific* – This includes questions related to their present class. We can make questions from the part that has been done in their class till that point of time.

Anemia Detection Camp





Report of extension activities of departments (2019-2020)

Jesus and Mary College

Extension activities organized by Department of Economics

Community Outreach Project in Sanjay Camp by the Department of Economics

The **Economics Department** established a **Research and Skill Development Cell** in **2018** with the objective of training students to conduct independent research and in the process reach out to the disadvantaged sections of society. As a part of **Community Outreach**, the cell has initiated a project in the Sanjay Camp Slum (Iraq Colony) with the main objective of training students in survey methods, data collection, research in development economics and social outreach. The students of the Research Cell conducted personal interviews with the households residing in nearby slum Sanjay Camp to collect data on various indicators with emphasis on women centric variables such as menstrual hygiene, awareness about contraceptives, schooling, time devoted to household activities etc. As a token of gratitude for their time, the students distributed sanitary napkins to women. Student participation:30.

- **Formation of Research Groups :** Seven Research groups out of the Research Cell students were formed at the start of the semester. Based on the research topic of the group and research areas of the mentors, each group was matched to a mentor to guide the students in the preparation of the Research Papers. The groups were expected to submit their respective papers by the next semester.
- **TARSHI Workshop:** On August 10, 2019, Research Cell students attended a day-long workshop on Sexual & Reproductive Health conducted by Ms Dipika Srivastava, Ms Medha Kalsi and two other speakers from TARSHI (Talk About Reproductive & Sexual Health Issues), an NGO based in New Delhi, founded in 1996. The workshop aimed at educating the students about sexual and reproductive health, and the ethics of conducting a session on sexuality related issues in communities that they engage with, in the course of their research. The session was interspersed with informative presentations, interactive exercises and engaging discussions. TARSHI also introduced the concepts of Safe, Inclusive, Sexuality/Self Affirming (SISA) spaces and Sexual and Reproductive Health and Rights (SRHR).

The students were then enlightened about training ethics which will allow them to discharge their responsibilities in the capacity of trainers. Anonymity, beneficence, competence, confidentiality, informed consent, non-exploitation, non-maleficence and protections of rights were some of the ethical principle discussed during the session. The



students were then up skilled by informing them about some tips that could come handy for them while conducting informative and awareness sessions in the community.

- **Feedback Session:** On August 22, 2019, a feedback session with students about the key learnings from the workshop was held. This was followed by multiple meetings with the students to discuss logistics of the outreach Program to be conducted in Sanjay camp. Kahkasha– The Hindi Dramatics Society, was contacted to help prepare a skit for the outreach programme. In the week prior to the day chosen for outreach session, multiple run-throughs of the programme were done and students were also trained to handle audience(including children) during the programme.
- **Outreach Programme:** The Outreach Program for women living in the slum was conducted on 27th September, 2019 in collaboration with Kahkasha – The Hindi Dramatics Society. The programme began with a thought-provoking play by Kahkasha addressing the stigma associated with menstruation to facilitate open conversation with young girls on what is a natural biological process. The students spoke about the various types of contraceptive methods to avoid pregnancy, their advantages and disadvantages and illustrated the same using charts and posters. A short dialogue between a husband and wife discussing contraception was also enacted to further ingrain the importance of the subject and to encourage open conversations about these topics. The students cleared misconceptions about sexual harassment, addressed the stigma attached to it and focused on making them understand the precautionary measures to be taken in such circumstances. In addition, pamphlets were distributed containing helpline numbers and outlining women's legal rights. After the vote of thanks by the students, a token of appreciation was given to the Anganwaadi workers. The programme ended with the uplifting song "Bekhauf" performed by the students and refreshments being distributed to the participating residents.
- **Session on Drafting Research Proposals:** On August 28, 2019, an hour long session was conducted by Ms Jasmin, Faculty in Economics Department, JMC on drafting research proposals. Key points to be focussed on while drafting a research proposal were explained to the students in detail with the help of real life examples. The students also opened up with their queries on how to start with research problems and found convincing answers to some of the frequently asked questions. This session proved quite fruitful while the students were working on their individual research projects.



Extension activities organized by Department of Commerce

- Paper Collection Drive: Nawaazish Foundation organised a collection drive in collaboration with the Department of Commerce, JMC.

Dates: 2nd and 3rd September, 2019

Time: 8:30am - 2:00pm

Venue: Room 201

The following items were be collected:

- One side used paper/ notebooks
- Unused/ partially unused notebooks/ registers/ diaries
- Single side printed sheets

The contributions received were sent to **Raunak- Helping Hands**.

- During the month of October, the Department hosted a Slogan writing competition in association with LIC on the topic- Vigilance awareness. It promoted out of the box thinking and creativity among students.

Extension Activities Organized By Department of B.A. Programme

The department proudly started 'E-Waste collection Awareness Campaign'. On 25.9.19 to motivate more and more people to participate in this. It was done in collaboration with an NGO 'Karo Sambhav'. This was followed by an 'E-Waste Collection Drive' from 26th September 2019 to 3rd October 2019. The collection drive was open to all departments. A total of 81 Kgs waste and 261 items were collected. The prize winners (E-Waste Warriors) from B.A. Programme Department are:

I Year: Swarnima J. Singh (EE FR), Angela (FR PH), Tena Thapa (CA MT), Nitya Alsa (CA ADV)

II Year: Sephy (CA MT), Sherry Joy (CA ADV), Dhriti (PSY PH), Ashni (ECO MT)

III Year: Sugandha (EE FR), Manisha (PSY PH), Liya (EE HS), Basant (CA ADV), Vanshika (ECO MT)



Extension activities organized by English and Mathematics Department



The Golden Jubilee project of the college with NDMC wherein the Bapu Dham school was adopted in order to enrich the students with all round holistic education. A team of students and teachers from **English and Mathematics department** visits the Bapu Dham School once in a week to help the students to develop the better understanding of the subjects.

BAPU DHAM PROJECT CLASS 5th and 6th: REPORT

Introduction

The Bapu Dham Project was initiated by the Department of Mathematics, JMC in the academic session of 2018-19, with the objective of honing the mathematical skills of primary school students of the NDMC school in the neighbouring Bapu Dham locality. 5 groups comprising of 16 2nd year students, visited the school for sessions of about 1 to 2 hours, in the month of February and April. Each group took up one class from Classes 1 to 5, focusing on different topics for different classes.

Class 5

The group comprising of Ananya Mishra, Tanya Agrawal and Yukti volunteered for teaching Class 5 students. Both the sections of Class 5 were taught together in 8 sessions, their duration ranging from 1 to 1.5 hours. The main topic focussed upon was fractions. Later classes also introduced basic yet very important concepts regarding prime factorisation, GCD and LCM. Interspersed with academics, interactive sessions were also included, wherein interesting videos, storytelling, games, and informal chats were held.



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Fractions: This topic was unanimously selected by all of the volunteers because of several reasons. Firstly, the significance of the topic in building a base for higher Mathematics is evident. Also, fractions is a relatively independent topic which could be handled without having to delve deeper in other concepts first, which was not feasible due to the short durations of the



sessions.

NCERT Textbook for Mathematics, Class 5 was the main guidelines referred to while formulating lesson plans. Within fractions, the concept of different types of fractions namely, like, unlike fractions, proper fractions, improper fractions and equivalent fractions. Visual aids like parts of different shapes drawn on the blackboard, videos from YouTube etc were used. An effort was made to cover all examples given in the book, especially ones related to everyday activities like shopping list and timetables.

While the students did not face much problem in solving direct sums, the interpretation of language in word problem did create some difficulty for them. Hence, special emphasis was given to word problems. In fact, the first worksheet given to the students as homework, solely included word problems. These problems were also discussed in depth, in later sessions. The other worksheet was a fun activity, in which students had to represent different fractions and parts of a square by colouring.

Prime Factorisation



While teaching like unlike fractions and operations on fractions, it was observed that the students were only vaguely aware of the concept of HCF and LCM. They were perfectly capable of solving the questions requiring this concept in a mechanical way, but faced difficulty in solving questions where application of concept was necessary.

Hence, after completing the topic of fractions, the volunteers deemed it necessary to touch upon some topics relating to prime factorisation as well. The concept of prime and composite numbers was first



taken up, followed by teaching students to write numbers in the form of products of their factors. After that, HCF and LCM were taught in the class.

Extra- Curricular Activities

Themselves being students of Mathematics for more than a decade, the volunteers were well aware of the importance of interspersing some non-academic interactive sessions in between, in order to keep the students from getting bored in these sessions. Videos relating to environment, global warming and even stories were shown. The students particularly enjoyed Akbar Birbal stories. Several games were also played in the class, involving multiples and English vocabulary. One session also included informal chats where students talked about themselves, what they wanted to become in life. In the same session, some aspiring dancers and singers of the class even gave an enthralling performance.



Analysis

While preparing for this project, the mindset of all volunteers was one where expectations regarding student response were kept knowingly low. Therefore, it came as a pleasant surprise when the response was not only present but overwhelmingly positive. The unflinching politeness and impeccable manners of all the students also spurred all of the volunteers to try harder and put in more effort. Many students volunteered while solving questions on board and were most anxious to correct their mistakes and try again when they failed to solve some question correctly. Home assignments were not only completed without fail in the next sessions but also asked for readily after understanding one topic.

One of the most encouraging developments to have occurred during the project was the improvement shown by students who were quite reticent in the first session. The same students by the end of the last session were particularly outspoken in the class. Another achievement was the increased participation of girl students who more often than not volunteered to solve questions on board or answer orally.

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In terms of different topics, outcomes were invariably best in fractions, which most students seemed to have grasped conceptually. Prime factorisation, on the other hand being a more complicated topic which was also recently introduced to them lagged behind slightly. However, the volunteers are positive that given more time, this topic can also be perfected.

Personal Experience



It was surely a novel experience, to be the one teaching rather than being taught. For one, it definitely made us appreciate all the teachers that have taught us, are teaching us and will teach us later in life, a little more. The kind of effort that goes into planning lessons for topics that appear so elementary to us from our level, is breath-taking. But so is the payback. The satisfaction of getting your point across and seeing understanding dawn on the faces of young kids is incomparable.

That being said, it would be untruthful to claim that the entire project was smooth sailing. There were moments when frustration seeped in when a seemingly trivial concept could not be understood by the class after repeated attempts. But hands down, the most difficult part was to maintain discipline in the class. Many times, the uproar was so loud and persistent that the entire chain of thought regarding the topic being perused had to be abandoned. In our opinion, by the end of the project all of us developed a loud carrying voice along with a healthy amount of respect for our own teachers.

In conclusion, the Bapu Dham Project was a refreshing experience, which probably taught us more than what we taught during it. We cannot wait to continue this project again in the upcoming session, and meet with our students again.



Extension activities organized by Department of Political Science

• GIRL UP SAKHI

Girl Up Campaign was founded by the United Nations Foundation in 2010 as an initiative to work alongside United Nations agencies that focus on issues surrounding women. Today the campaign is a global movement with over 3500 clubs in over 120 countries. Girl Up India coordinates activities for the 100+ clubs that advocate gender equality in India. We are one among those who are working toward a better future for girls' world over.

1. MERI AAWAZ (3-MONTH LONG CAMPAIGN)



Girl Up Sakhi commenced the year with an online campaign called 'Meri Aawaz'. This was in sync with the global Girl Up Campaigns initiative 'Amplify Her' aimed at highlighting voices of young women. We specifically aimed at bringing to light the negative effect of forced gender roles in the lives of boys and girls alike.

2. INAUGURAL LECTURE (11TH SEPTEMBER 2019)



An inaugural lecture was organized where Ms. Meenakshi Gupta, co-founder of the NGO Goonj spoke on 'Menstruation: A Human Issue'. Her lecture highlighted the need for a discussion on Menstruation, encouraging dialogue to end the stigma surrounding it.

3. COLLABORATION WITH YOUTH FOR MENTAL HEALTH



Girl Up Sakhi collaborated with the organization 'Youth for Mental Health' and participated in their #GoYellowCampaign to spread awareness on mental health.

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4. HIGH COURT FUNDRAISER: 9TH & 10TH OCTOBER 2019



As a part of the Menses Not Offences Campaign, Girl Up Sakhi conducted a 2-day fundraiser on the 9th and 10th of October 2019, at the Delhi High Court for the purpose of raising funds to prepare menstrual kits for distribution among those who don't have access to the same.

5. FEMINIST POTLUCK PICNIC: 11 JANUARY 2020



Girl Up India hosted its first inter-club event for the semester, the 'Feminist Potluck Picnic' on 11th January 2020 in Lodhi Garden, New Delhi. Girl Up Sakhi attended the same.

6. COLLABORATION WITH GOONJ



Girl Up Sakhi organized its first donation drive from 20th to 30th January 2020, in collaboration with the NGO Goonj. A total of 1000 clothing items were collected in order to make a contribution towards two of their campaigns #OdhaDoZindagi and #MyPad. The campaigns were aimed at distributing woollen clothes to the homeless in Delhi and converting the non-woollen clothes into reusable cloth pads for distribution amongst women in rural India.



7. WOMEN'S HISTORY MONTH



We commenced March 2020, also celebrated as the Women's History Month by interviewing exceptional women leaders, coming from a range of backgrounds. Some of those who were interviewed include Academician and Feminist Publisher Urvashi Butalia, prominent social worker Dr. Vijaya Rukmini Rao, Advocate Ritu Bhalla among others.

8. PREPARATION AND DISTRIBUTION OF MENSTRUAL KITS



Girl Up Sakhi prepared a total of 350 kits sponsoring the menstrual health of 350 women for an entire year.

On 28th February 2020, Girl Up Sakhi conducted a small session with the afternoon batch of young girls studying in the Government Boys Senior Secondary School in Moti Bagh, New Delhi.

We met with 25 girls, distributed the menstrual kits and conducted a session on menstruation, explaining how to use the sanitary napkins, busting myths etc.



On 4th March 2020, Girl Up Sakhi conducted its second session as a part of 'Menses Not Offences: Menstrual Kits Distribution Campaign'. We collaborated with the Jesus and

Mary College Educational Programme (JMCEP) for this session. We visited the Vivekananda Camp, opposite British School and distributed 100 menstrual kits there.

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9. ADVOCACY CAMPAIGNS



Throughout the year, Girl Up Sakhi organized a number of advocacy campaigns to spread awareness about various issues ranging from clearing myths about PCOS and spreading awareness about breast cancer, to the role of women in STEM and the diversified impacts of COVID-19. We've conducted over 12 online campaigns surrounding pertinent feminist and humanitarian issues.