## Supporting Evidence for the Departmental Self-assessment Proforma Department of Psychology

2015 - 2020

#### Efforts to Inculcate Soft Skills, Life Skills and Employability/ Financial Independence:

Year	Details of the Events Organized
2015 - 2016	<ul> <li>A workshop for students of B.A. Programme was organized on the Topic: Mental Wellness, on 7 September 2015. Speaker: Dr. ShifaHaq, Ambedkar University.</li> <li>Dr. AmeetaParsuram invited Dr. Sumant Khanna (Psychiatrist) to give a lecture on Obsessive Compulsive Disorder.</li> <li>Talk organized on - Orientation to Psychoanalysis. Speaker: Dr NiloferKaul, Department of English, University of Delhi.</li> <li>Talk organized on -Orientation to Feminist Psychoanalysis. Speaker: Dr Rachna Johri, Associate Professor, Ambedkar University.</li> <li>NGO Aadi was invited to give a lecture on Inclusion of Disabled Individuals in the Mainstream Society.</li> </ul>
2016 - 2017	<ul> <li>Lecture by Prof. Vinay Srivastava, Professor at Department of Anthropology, University of Delhi on the topic: Introduction to Grounded Theory.</li> <li>Talk organized by Dr. AmeetaParsuramon - Orientation to NIMHANS and its Functioning on 16/09/2016. Speaker: Ms. Nikita Oberoi, Research Scholar at NIMHANS.</li> <li>Talk organized byDr. AmeetaParsuram for orienting the students with the field of Developmental Psychology on 08.03.2017. Speaker: Dr. Supriya Malik.</li> <li>Talk organized by Dr. AmeetaParsuram for orienting the students with the field of Clinical Psychology on 22/03/2017. Speaker: Ms. Diana Cherian.</li> <li>Talk organized by Dr. AmeetaParsuram on - Organizational Behavior and Human Resource on 05.04.2017. Speaker: Ms. Jenny Sarang.</li> <li>Workshop on Conflict Management by Dr. AmeetaParsuram.</li> </ul>

	■ Dr. AmeetaParsuram organized a workshop on Conducting Mental Status Examinations in collaboration with Dr. Amiya Bannerjee (Psychiatrist).	
2017 -2018	<ul> <li>'Jijivisha' - a suicide prevention awareness campaign was organized as part of a competition (by NIMHANS, Bangalore) on 8th September 2017. To this end, a talk on Suicide Prevention and Awareness was organized. Speakers: Ms. Meena Gupta, wellness counselor, therapist and trainer, and Mr. Ashis Roy, psychoanalytic psychotherapist and a faculty member at Ambedkar University.</li> <li>Interactive session with Dr. SudhirKakkar - a Q &amp; A session on Psychoanalysis</li> </ul>	
<ul> <li>Talk on Sports Psychology by Ms. Sanskriti Chhabra, a sports psych University of Portsmouth (13.09.2018).</li> <li>Talk by Dr. Harsheeta, Scientist C, Defence Institute of Psych Research (DIPR) on Defence Psychology was held on 06-02-2019.</li> <li>Lecture by Dr. MohsinAlam Bhat on Rental Housing Discrimexperienced by Muslims in January, 2019.</li> </ul>		
2019 - 20	<ul> <li>Organized a talk for third year students for the paper Psychology of Disability on the topic – 'United Nations Convention on the Rights of Persons with Disabilities' by Ms. ReshmaValliappan, an artist-activist for issues related to mental health, disability, sexuality and human rights on 9th August, 2019.</li> <li>Organized a talk on 'Draw A Person Test' by Ms. Bhavya Joshi (ex-student of the department) to familiarize the students of third year about the use of this test and the field experiences related to the same on 14<sup>th</sup> August, 2019.</li> <li>Organized a talk on 'Arts Therapy', delivered by Ms. Suhasini Subramanian, an independent Art Therapy Practitioner on 17<sup>th</sup> September, 2019.</li> <li>Organized a talk for third year students for the paper Psychology of Disability on the epistemological features of the various paradigms of disability studies. Speaker – Dr. Anita Ghai, Professor, School of Human Studies, Ambedkar University, Delhi on 17<sup>th</sup> October, 2019.</li> <li>Organized a training session by Dr. Sanjay Chugh (Senior Consultant Neuro-Psychiatrist) on the use of 'Cognitive Behavioural Therapy' as a treatment modality for various psychological disorders on 23<sup>rd</sup> October, 2019.</li> </ul>	

- Invited Dr. Supriya Malik, a Developmental Psychologist to speak on the field of 'Developmental Psychology' and the various career opportunities in the field on 30/10/2019.
- Organized a talk on Organizational Development and HR on 12<sup>th</sup> February,
   2020 by Ms. Jenny Sarang. The talk helped students become aware of the current trends and challenges faced in HRM.
- Organized a UGC Sponsored National Seminar on 'The Unconscious Communication in Psychoanalysis' on 22nd January, 2020.
- Organized a Webinar on the topic "In a Relationship... with the screen".
   Speaker Prof.AseemShrivastava (Faculty Member, Ashoka University) on 19th June, 2020.

## The Department organized a UGC Sponsored National Seminar on 'The Unconscious Communication in Psychoanalysis' on $22^{nd}$ January, 2020.









## DEPARTMENT OF PSYCHOLOGY JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



#### **PRESENTS**

UGC Sponsored National Seminar on

The Unconscious Communication in Psychoanalysis

22nd January 2020 Venue: Multipurpose Hall, Jesus and Mary College Timing: 9AM-5PM

Dr. Shefali Mishra Assistant Professor Organising Secretary Dr. Vinita Kshetrapal Associate Professor Convenor Dr. Joan Antony Associate Professor Convenor

Principal Sr. Dr. Rosity TL

#### **Photographs of the National Seminar**













#### Awareness and Outreach Activities organized by the Department of Psychology

### Awareness Campaign Organized by Dr. AmeetaParsuramon 'Depression, Let's Talk' in Collaboration with Children First in the year 2017 – 2018.

The program included a survey-based research, role-plays, and a session with experts regarding mental health and interactive discussions with students.

#### A Cyber Safety Intervention Program was organized by Dr. AmeetaParsuram

It involved a multi-session workshop, conducted by Ms. Nuriya Ansari to educate the students about good practices to be adopted while using the internet.

#### Positive Psychology Campaigns (As part of competitions organised by NIMHANS)

- 1. 2015: Raising awareness for mental illness & fighting stigma
- 2. 2017 : Suicide prevention awareness campaign
  - Week long program organised in college and on social media, participation from students across all 3 years
  - Activities included: Message boards for students to share their thoughts, circulation of posters with information regarding mental health, suicide helpline numbers, etc.

1st prize (Shared) won by the department both times

## Childhood Disorders Awareness Campaign (as part of acompetition organised by IMHAI and Gargi College, University of Delhi)

2015: College wide campaign for raising awareness for Autism – involved Social media activation, role plays, talk on Childhood Disorders by Ms. Jonaki Arora, Children First.

#### **Spreading Awareness for Issue related to Mental Health**

Regular activities to this end are organized in each academic year. Many practicums and projects undertaken by the students also have an outreach component.

Students presenting on the topic 'Representation of Mental Illness in Cinema' during a Department Assembly.





Students with the banner placed near the common room to raise awareness about mental health issues.



## The Department wore Yellow colour to observe Suicide Prevention Month in September, 2019.



#### Connected to Alumni:List of Lectures by Alumni over the past 5 years

Name of the Alumni	Details of the Lectures	
Dr. Itisha Nagar, Assistant Professor, Kamala Nehru College, University of Delhi	Topic: Autism Spectrum Disorder Year: 2015	
Ms. Nuriya Ansari	Topic: Cyber Safety Workshop Year: 2016	
Ms. Nikita Oberoi, Research Scholar at NIMHANS	Topic: Orientation to NIMHANS and its Functioning Date: 16/09/2016	
Dr. Supriya Malik	Topic: Orientation to Developmental Psychology  Date: 08/03/2017 and 30/10/2019	
Ms. Diana Cherian	Topic: Orientation to Clinical Psychology Date: 22/03/2017	
Ms. Sanskriti Chhabra, Sports Psychologist, University of Portsmouth	Topic: Orientation to Sports Psychology Date: 13/09/2018	
Dr. Harsheeta, Scientist C, Defence Institute of Psychological Research (DIPR)	Topic: Defence Psychology Date: 06/02/2019	
Ms. Maria Sitara, Teach for India	Topic: How to Find Elegance in Chaos? Date: 23/01/2019	
Ms. Bhavya Joshi	Topic: Draw-A-Person Test Date: 14/08/2019	
Ms. Sharin D'Souza	Topic: Research in Psychology	

#### **Organizes Student Activities:**

#### **Annual Departmental Activities**

Freshers' Welcome	Teachers' Day	<b>Departmental Assemblies</b>
Catharsis - Annual Departmental Fest	Sports Day	Farewell

#### Annual Festival of Department of Psychology - Catharsis'16

The Department of Psychology organized their Annual Psychology Festival – Catharsis on 26<sup>th</sup> October 2016. The event included many engaging activities (a panel discussion, quiz competition, poster-making competition, etc.) and received active participation from students of various institutions.



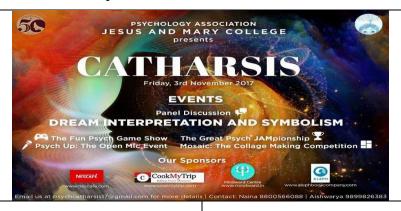






#### Annual Festival of Department of Psychology – Catharsis' 17

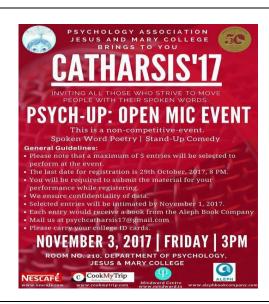
The Department of Psychology celebrated Catharsis' 17 on 3<sup>rd</sup> November 2017. The event included a panel discussion on 'Dream Interpretation and Symbolism' as well as a range of competitive activities for the students.











#### **Annual Festival of Department of Psychology – Catharsis' 18**

The Annual Festival of Department of Psychology – Catharsis' 18 was held on  $3^{\rm rd}$  August, 2018.









#### **Efforts towards Teacher Enrichment:**

#### **Dr. Vinita Kshetrapal:**

- 1. Participant in Faculty Development Program on "Reimagining Academic Leadership
  - Redefining the Role of Teacher and Academic Excellence in the Era of Disruption",
     organized by Jesus and Mary College, University of Delhi on 16th, December, 2019.
- 2. Participant in Faculty Development Program on Online Teaching Tools, organized by Jesus and Mary College, University of Delhi on 24th-25th July, 2020.

#### Dr. Joan Antony:

- 1. Participant in Faculty Development Program on Online Teaching Tools, organized by Jesus and Mary College, University of Delhi on 24th-25th July, 2020.
- 2. Participant in ICT Academy Certificate Course on Digital Teaching Techniques, organized by ICT Academy between 29th June 4th July, 2020.

#### Dr. Shefali Mishra:

- 1. Participant in Faculty Development Program on Online Teaching Tools, organized by Jesus and Mary College, University of Delhi on 24th-25th July, 2020.
- 2. Participant in Faculty Development Program on Transforming Teaching Learning Process using ICT Tools, organized by PGDAV College between 23rd 25th June, 2020.
- 3. Workshop on "Methodology for Doing Indian Psychological Research" by Prof. Dharma P.S.Bhawuk,(Culture and Community Psychology) in University of Delhi on June 3rd & 4th,2019.
- 4. Summer School by UGC -HRDC, JamiaMiliaIslamia in May-June, 2016.
- 5. Orientation programme by UGC-HRDC, JamiaMiliaIslamia in November, 2015.

#### Dr.Priya Bhatnagar:

- 1. Participated in Faculty Development Program on 'Climate Across the Curriculum: Educational Resources for Teachers' at Jesus & Mary College, (2019).
- 2. Participated in Faculty Development Program on 'Emerging Research Methodologies' at Jesus & Mary College, (2018).
- 3. Participated in Faculty Development Programme online teaching tools, 24th -25th July 2020, Jesus & Mary College.

#### Dr. Sneh Kapoor:

1. FDP on use of SPSS and AMOS organised by NIDM, June 2019.

#### Ms. Bhumika Kapoor:

- Completed Ministry of Human Resource Development (PMMMNMTT) Sponsored
  One Week Online Faculty Development Programme on "ICT Enhanced Teaching
  Learning and Creating MOOCs" from August 18 August 25, 2020 (obtained Grade
  A+), organized by Ramanujan College and Shivaji College, University of Delhi.
- 2. Participant in Faculty Development Program on Online Teaching Tools, organized by Jesus and Mary College, University of Delhi on 24th-25th July, 2020.
- Completed Three days hands-on Online Workshop on SPSS Applications in Data Analysis on 18th, 19th & 24th June 2020,organized by the Education Committee of PhD Chamber of Commerce and Industry, New Delhi.
- 4. Faculty Development Program on "Reimagining Academic Leadership Redefining the Role of Teacher and Academic Excellence in the Era of Disruption" on 16th December, 2019 at Jesus and Mary College, University of Delhi.
- 5. IT Workshop on 'Creative Use of Technology in Education', organized by Jesus and Mary College, University of Delhi on 9<sup>th</sup> May, 2017.
- 6. Participated in the Pre-Conference Workshop Grounded Theory Method in Psychology, organized by the National Academy of Psychology (NAOP) India at IIT, Kharagpur (21st December, 2017).

#### Ms. Sumangali R:

- FDP on Emerging Research Methodologies, organized at Jesus and Mary College, New Delhi on May 3-4, 2018.
- 2. Workshop on "Climate across the Curriculum: Educational Resources for Teachers," organized at Jesus and Mary College, New Delhi on 28 January 2019.
- 3. Workshop on TROP ICSU Lesson Plan Development Workshop at IISER Pune on 18th and 19th March, 2019.
- 4. FDP on Online Teaching Tools, organized by Jesus and Mary College, New Delhi on July 24-25, 2020.

#### Ms. Annie Baxi

- 1. Participated in workshop titled Craft Your Own Research Methodology organised by Department of Psychology, University of Delhi, 2019.
- 2. Participated in workshop titled Concerns and Challenges in Doing Qualitative Research organised by Department of Psychology, University of Delhi, 2017.
- 3. Participated in workshop titled Grounded Theory as a method organised by National Academy of Psychology, 2016.
- 4. Attended Advanced Certificate Course in Gender Studies organised by Women Studies and Development Centre, University of Delhi, 2016.
- 5. Participated in week long workshop on Feminist Theories and Debates organised by Women Studies and Development Centre, University of Delhi, 2016.

#### Ms. Reshma Jose

- Participant in Online workshop -Three days hands-on Online Workshop on SPSS
   Applications in Data Analysis organized by the Education Committee of PhD
   Chamber of Commerce and Industry, New Delhi. 18th, 19th & 24th June 2020.
- 2. Participant in Faculty Development Program on Online Teaching Tools -Online FDP, organized by Jesus and Mary College, University of Delhi 24th-25th July.
- Participant in Faculty Development Program on "Reimagining Academic Leadership

   Redefining the Role of Teacher and Academic Excellence in the Era of Disruption"
   Participant Jesus and Mary College, University of Delhi 16th December, 2019.

#### Ms. Sudha Shashwati:

- Ministry of Human Resource Development (PMMMNMTT) Sponsored Two Week Faculty Development Program on 'Managing Online Classes and Co-creating MOOCs 3.0' from 25th July-10th August, 2020- Online FDP by Ramanujan College, University of Delhi
- 2. Participant in Faculty Development Program on Online Teaching Tools, organized by Jesus and Mary College, University of Delhi on 24th-25th July, 2020.
- 3. One Week Faculty Development Program on Psychological Perspectives of Wellbeing from 22nd-27th June, 2020- Online FDP Organised by Amity University
- 4. Participant in International Narrative Practices Conference organised by Ummeed Child Development Centre, Mumbai on 1st-2nd February, 2020.

- 5. Participant in Two Days' Workshop on Letters, Songs, Murals and Bodies: Documents Challenging Structural Inequalities organised by Ummeed Child Development Centre, Mumbai on 3rd-4th February, 2020.
- 6. Participant in Faculty Development Program on "Reimagining Academic Leadership Redefining the Role of Teacher and Academic Excellence in the Era of Disruption", organized by Jesus and Mary College, University of Delhi on 16th, December, 2019.
- 7. NVivo Training Workshop on 1st October, 2019 organised by IIT, Delhi.
- 8. Faculty Development Program on Self-Positive in 2018 by Daulat Ram College, University of Delhi.
- 9. TARSHI's e-learning course on Sexuality, Sexual and Reproductive Health and Rights in 2018 offered by TARSHI (Talking about Reproductive and Sexual Health Issues)

#### Ms. Isha Mishra:

- 1. Participant in Faculty Development Program on Online Teaching Tools, organized by Jesus and Mary College, University of Delhi on 24th-25th July, 2020.
- Completed Three days hands-on Online Workshop on SPSS Applications in Data Analysis on 18th, 19th & 24th June 2020,organized by the Education Committee of PhD Chamber of Commerce and Industry, New Delhi.
- 3. Faculty Development Program on "Reimagining Academic Leadership Redefining the Role of Teacher and Academic Excellence in the Era of Disruption" on 16th December, 2019 at Jesus and Mary College, University of Delhi.
- 4. Participant in Faculty Development Program on 'Climate Across the Curriculum: Educational Resources for Teachers' at Jesus & Mary College, (2019).

#### Ms. Aishwarya Bajaj:

- Participated in the Faculty Development Program on Transforming Teaching Learning Process using ICT Tools, organized by PGDAV College between 23rd – 25th June, 2020.
- 2. Participated in Certificate in Digital Teaching Techniques by ICT Academy between 29th June to 4th July.

#### **Research Undertaken by Faculty**

#### Paper Presentations by the Faculty in the Last Five Years

#### **Dr. Vinita Kshetrapal:**

- Presented the paper "The Messiah and the mis-attuned mother" at the Fifth International Psychoanalytic Conference, organized by SHS, Ambedkar University, Delhi (January, 2018).
- 2. Paper presented "A Glimpse into 'Becoming O', at the Fourth International Psychoanalytic Conference on 6 8 January, 2017, organized by SHS, Ambedkar University, Delhi.
- 3. Chaired a session for the Third International Psychoanalytic Conference (Indo-Iranian) in February, 2016.

#### Dr. Joan Antony:

- Antony, J. (2016). Components of Academic Achievement: A Correlational Study between Learning Strategies and Affective Variables. Paper presented by Antony, J. at the 2016 International Symposium on Education and Psychology, Chulalongkorn University, Bangkok, Thailand (April 6-8, 2016).
- Ramachandran, N. & Antony, J. (2015). Children of prostitutes vs. Children of women engaged in other occupations: A comparative study on Adjustment. Paper presented by Ramachandran, N. at the International Conference on Work, Stress and Health: Recent Perceptions Future Trends, St. Bede's College, Shimla, India (October 26-27, 2015).

#### Dr. Shefali Mishra:

- "Making of an Environmentalist: A Psychological Perspective" in National Academy of Psychology International Seminar on Indian Mind & Societal Concerns: An Interdisciplinary Dialogue held in April, 2016 at Conference Centre, University of Delhi
- "Making of an Environmentalist: A Psychological Perspective" in UGC National Seminar organised by Department of Sociology, Jesus & Mary College, University of Delhi in April, 2016.

#### Dr. Priya Bhatnagar:

1. Bhatnagar. P. (2018). Cognition: An overview of its process and application. International Journal of Social, 6 (6,) 1186-1190.

#### Dr. Sneh Kapoor:

- 1. 123rd Annual Convention of the American Psychological Association (APA) (August 2015) – Poster Presentation: Self Help Manual Approach in the treatment of Obsessive Compulsive Disorder
- International Conference on Cognitive Behavioural Interventions, New Delhi (March 2015) – Invited Lecture: Technology based CBT- Manual based Treatment for Obsessive Compulsive Disorder
- 3. Delivered a symposium on Child Sexual Abuse: Risk and Impact, at National Trauma Conclave, at All India Institute of Medical Sciences, New Delhi (March 2018)

#### Ms. Bhumika Kapoor:

- 1. Delivered a presentation as an Invited Young Scientist Speaker on the topic, 'Predicting Intention to Perform Pro-environmental Behavior amidst Covid-19 Using the Theory of Planned Behavior', at the International Conference on People, Environment, Science & Pandemic: "वसुधैवकुदुम्बकम", jointly organized by Research Cell, Community Engagement & Outreach Cell and Department of Environmental Sciences, BhaginiNivedita College, University of Delhi from June 5 7, 2020.
- 2. Presented a paper titled, 'Exploring the Interplay between Globalization and Identity', at the International Conference on 'Perspectives on Peace and Sustainable Development in a World of Conflict' organized by Vivekananda College, University of Delhi on 14th February, 2020.
- 3. Presented a paper titled, 'Understanding People's Experiences of Globalization: A Qualitative Study' in the UGC Sponsored Two Days National Seminar on "Globalization, Diversity and Equality: Challenges for Indian Society", organized by Ramanujan College, University of Delhi on 21st September, 2019.
- 4. Presented a paper titled, 'Understanding Globalization and its Implications for Identity' in the 27th National Academy of Psychology (NAOP), India conference

jointly organized by Indian Institute of Technology, Kharagpur held during December 22-24, 2017.

#### Ms. Annie Baxi:

- Presented paper titled Revisiting Prevalent Notions of Empowerment in a symposium on Emerging Vulnerabilities in National Academy of Psychology Conference in 2017.
- 2. Presented paper titled Shared Spaces in National Academy of Psychology Conference in 2017.
- 3. Presented paper titled A Critical Review of The Mental Health care Bill (2016) in National Seminar organized by University of Delhi, 2017.
- 4. Presented paper titled Questioning Pain and Understanding Resistance in National Academy of Psychology Conference in 2016.
- 5. Presented paper titled Encountering the Desirous Woman in conference on Living and Being in Relational World at Indian Institute of Technology, New Delhi, 2016.
- 6. Presented paper titled Being Beautiful: Exploring the Beauty Construct Amongst Indian Women in the International Congress of Qualitative Inquiry, University of Illinous, USA, 2015.

#### Ms. Sudha Shashwati:

- 'Gender related prejudice in youth: Exploring connections with career beliefs and choices' in 53rd National and 22nd International Conference of Indian Academy of Applied Psychology (IAAP) held in Pondicherry University on 16-18 February, 2018.
- 'Womanhood & Work: Could sexism influence career aspirations?' in 1st Indian Congress of Industrial & Organisational Psychology held in Jaipur University on 29-31 January, 2018.
- 3. 'I am how I think you see me: Body image concerns among young adults' in National Conference on Psychological Applications & Interventions held in Daulat Ram College, Delhi University on 18-19 January, 2018.
- 4. 'Conversations on being a woman: Straddling convention and aspirations of equality' in XXVIth Annual Convention of National Academy of Psychology held in IIT Kharagpur in December 2017.

- 5. 'The unbearable gendering of being: Performance of womanhood as a source of stress' in International Conference of Stress Management organised by International Stress Management Association held in Goa in November 2017.
- 6. 'Emotion Regulation in Children and their relationship with Parental Expressiveness' in XXVth Annual Convention of National Academy of Psychology held in Allahabad University in February 2016.

#### **Publications by the Faculty in the Last Five Years**

#### Dr. Joan Antony:

- Ramachandran, N. & Antony, J. (2015). Children of prostitutes vs. Children of women engaged in other occupations: A comparative study on Adjustment. Journal of Research: The Bede Athenaeum, October Vol. 6, No.1 (19-25).
- Antony, J. (2016). Components of Academic Achievement: A Correlational S tudy between Learning Strategies and Affective Variables. Abstract published CD-ROM Conference proceedings of 2016 International Symposium on Education and Psychology, Bangkok, Thailand

#### Dr. Shefali Mishra:

- 1. Mishra, S., & Pathak, V. (2018). Understanding youth in the Indian context. Indian Journal of Health and Well Being, 9(2), 321-323.
- 2. Pathak, V., & Mishra, S. (2017). Psychological effect of lullabies in child development. Indian Journal of Positive Psychology, 8(4), 677-680.
- 3. Mishra, S. (2016). Towards Positive Environmentalism: Lessons from Hinduism. Journal of Social Sciences and Linguistics, 6 (2).
- 4. Content Writer for e-PG Pathshala Project in 'Criminal Psychology' for PG Courses under MHRD initiative at National Law University, Delhi
- 5. Prajnath, Y., & Mishra, S. Parenting a child with Autism: The Lived Experiences. International Journal of Positive Psychology, 6 (4)

#### Dr.Priya Bhatnagar:

1. Content writing in domain of Cognitive Psychology, e-pathshala program for post-graduation in Psychology, under Ministry of Human Resource and Development.

#### Dr. Sneh Kapoor:

#### **Research papers:**

1. Kapoor, S., Mehta, M., & Kapoor, B. (2017). Gender differences in subtypes of obsessive compulsive disorder. Indian Journal of Health & Wellbeing, 8(6).

#### **Chapters:**

- 1. Mehta M., Kapoor S. (2016) Psychosocial Management of Health Problems. Springer Publications, In Press.
- 2. Kapoor S., Mehta M. &Sagar R. (2015) Management of Obsessive Compulsive Disorder in Adolescents. A Practical Approach to Cognitive Behaviour Therapy for Adolescents. Springer Publications.
- 3. Mehta M., Kapoor S. (2015) Academic and School Related Difficulties In SLD. Specific Learning Disability: Indian Scenario. Jaypee Publications.
- 4. Mehta M., Kapoor S. (2015) Assessment of Mental Wellbeing in Children. Postgraduate Textbook of Pediatrics. Jaypee Publications.

#### Others:

- 1. Letter to the Editor: Srivastava, Paakhi& Kapoor, Sneh. (2017). Imitation Injury among Children-An Overlooked Phenomenon. The British Journal of Psychiatry. 210.
- 2. Popular Article: Psychologists as Positive Social Change Agents in India: Ideas for Action. KhabronKa Safar (2017).

#### Ms. Bhumika Kapoor:

#### **Research Papers:**

- Höltge, J., Theron, L., Cowden, R. G., Govender, K., Maximo, S. I., Carranza, J. S., ...
   & Hu, H. (2020). A Cross-Country Network Analysis of Adolescent Resilience. *Journal of Adolescent Health*. (asco-author).
- 2. Kapoor, B., (2017). Prevalence of health risk behaviors among adolescents in Delhi-NCR, India. IAHRW International Journal of Social Sciences Review, 5 (2), 245-248.
- 3. Kapoor, B., & Tomar, A. (2017). Psychosocial implications of globalization: An opportunity-based perspective. Indian Journal of Positive Psychology, 8 (2), 196-199.
- 4. Kapoor, S., Mehta, M., & Kapoor, B. (2017). Gender differences in subtypes of obsessive compulsive disorder. Indian Journal of Health and Wellbeing, 8 (6), 515-517.
- 5. Kapoor, B., & Tomar, A. (2016). Exploring connections between students' psychological sense of school membership and their resilience, self-efficacy, and leadership skills. Indian Journal of Positive Psychology, 7 (1), 55-59.

- 6. Tomar, A., & Kapoor, B. (2016). Women in Indian television soap operas: A continued captivity in stereotypes. IAHRW International Journal of Social Sciences Review, 4 (2), 225-228.
- 7. Paper under review (as co-author) The Peculiar Patriarchy and the Ramifications of Womanhood: Understanding Experiences of Agency in Indian Women in The Qualitative Report.

#### **Other Writing:**

- Winner of a national level article writing competition in the International Seminar on 'Value Based Life', organized by the Department of Culture, Government of Madhya Pradesh (17-19 April, 2015).
- 2. Popular Article: Kapoor, B. (2015, March). The View from the Other Side. EducationMatters@ETMA e-Magazine, 3 (1), pp. 5.

#### Ms. Sumangali R:

#### **Research Papers:**

- 1. Radhakrishnan, S. (2017). More than just money: A literature review of non-financial rewards. International Journal of Education and Management Studies, 7(2), 171-176.
- 2. Radhakrishnan, S., Malik, A., Bhardwaj, J., & Prasad, S. (2017). Conflicting perspectives on homosexuality among Indian students: A qualitative inquiry. IAHRW International Journal of Social Sciences Review, 5(2), 264 268.
- 3. Radhakrishnan, S., &Lochan, A. (2017). Cultural intelligence: Concepts and organisational implications. International Journal of Education and Management Studies, 7(2), 191-196.
- 4. Lochan, A., & Radhakrishnan, S. (2017). What is that song about?: A psychological study of contemporary Hindi music. Indian Journal of Positive Psychology, 8(2), 214-220.

#### **Books:**

- Radhakrishnan, S. (2017). The Spirit of Volunteerism: A Study of Psychological Dynamics underlying Volunteerism in India. Pragun Publications (ISBN: 9789380397726)
- 2. e-Learning Modules -Learning module on Stress and Coping developed for TROP-ICSU website, a project funded by project funded by the International Council for

Science (ICSU), led by the International Union of Biological Sciences (IUBS), and co-led by the International Union for Quaternary Research (INQUA) for developing teaching Resources to Integrate Climate Topics Across The Curricula, Across the Globe.

#### Ms. Annie Baxi:

#### **Research Paper:**

 Baxi, A. &Upadhyay, I. (2019). Assertions and Aberrations of Beauty: Perspective of Women as Fashion Models and Cosmetic Surgery Users. International Review of Social Sciences and Humanities, 8 (9), 239-253.

#### **Book Chapter:**

1. Baxi, A. (2017). Shared Spaces. In Dispossessed Stories from India's Margins. Speaking Tiger, New Delhi,

#### Ms. Reshma Jose

#### **Research Paper:**

 Jose, R. (2017). Exploring The Feasibility of An Art Based Intervention on the Anxiety Level of Children with Abuse History Through A Series of Case Studies. Journal Of Humanities And Social Science

#### Ms. Sudha Shashwati:

#### **Book Chapter:**

1. Shashwati, S. &Kapur, P. (2018). I Am How I Think You See Me: Body Image Concerns among Young Adults. In Kapur, P. &Anand, P. (Ed.), Applications of Psychology: Reaching out and making a difference (pp. 255-262). New Delhi: Excel

#### **Research Papers:**

- 1. Paper under review as co-author- Shashwati, S. &Konantambigi, R. (2020). Beyond the Self in Self-Regulation of Emotions in Children: Role of Parental Expressiveness-in the journal Psychological Studies
- 2. Uttam, N. & Shashwati, S. (2019). Ability, Aesthetics and the Journey: Excavating Stories of Body Image Concerns among Sports Persons. International Journal of Innovative Studies in Sociology and Humanities. 4 (4): 76-85.

- 3. Shashwati, S. &Tandon, C. (2019). Co-constructing Outstanding Classrooms in Higher Education: Lessons from Positive Psychology. Indian Journal of School Health and Wellbeing, 5 (1): 97-108.
- 4. Sethi, D. & Shashwati, S. (2019). Say No to Setbacks: Grit and Growth Mindset Have Got Your Back. International Journal of Innovative Studies in Sociology and Humanities. 4 (3): 18-26.
- 5. Shashwati, S. (2019). The Unbearable Gendering of Being: Performance of 'Womanhood' as a Source of Stress. International Journal of Applied Social Sciences, 6 (1): 217-223.
- 6. Shashwati, S. &Kansal, P. (2019). Is There A Right Way to Love? Mindset in Romantic Relationships. International Journal of Innovative Studies in Sociology and Humanities. 4 (2): 65-73.

#### PhD Submission by the Faculty in the Last Five Years

**Ms. Sudha Shashwati**–'Exploring Gendered Realities in Everyday Living: A Qualitative Study' submitted to Department of Psychology, University of Delhi in February 2020.

**Ms. Bhumika Kapoor**— 'Exploring the Interplay between Globalization and Identity' submitted to Department of Psychology, University of Delhi in November, 2019.

**Ms. Annie Baxi**–'Exploring Discourses around Normalcy and Madness in Women's Lives: A Study of Contemporary Indian Society' submitted to Department of Psychology, University of Delhi in October, 2019.

**Dr. Sneh Kapoor** – PhD submitted in July 2015, Awarded May 2016, AIIMS New Delhi – Self-help management for OCD

#### PhD Supervision by the Faculty in the Last Five Years

#### Dr. Vinita Kshetrapal:

Supervised PhD:

1. 2015: ShaliniMasih, Co-supervised with Prof. Ashok Nagpal, Beauty in ugliness in spirit possession and exorcism - a psychosocial engagement.

2. 2018: Shyamolima Ghosh Choudhury, Co-supervised with Dr. Rachna Johri, New discourses on womanhood and the negotiation of feminine identity.

#### Dr. Shefali Mishra:

- 1. 2019: Priyanka Sharma Revisiting the Hero Archetype
- 2. 2019: AnuradhaBhagat Cultural Influences on Emotional Intelligence

#### Research by Students outside the Curriculum

#### **Paper Presentations**

- Batra, A &Kohli, S. presented and won the best paper award for paper titled Body Image of Buddhist Nuns at Indian Association of Positive Psychology, at Manav Rachna University, Faridabad (2016).
- 2. Udawat, A., Makkar, M., &Bharadwaj, S. presented the paper titled Fit, Muscular and Handsome: Exploring the perceptions of body image and their impact on identity in Indian Males in National conference on Psychological applications and interventions: reaching out and making a difference in 2018.
- 3. Mohan, S. presented the paper titled Self Awareness enhancement techniques in IALSE International Conference, Life skills and well-being of children and youth in the digital world(2018).
- 4. Pant, S. paper titled Human psyche is in the grip of technology: Myth or reality? at 12th International conference on Business, Education, Humanities and Social Sciences (2018).
- Bhasin, H. presented a paper titled Gender-based Differences in Attitudes towards LGBT Issues, at National paper Press Competition organized by Lady Shri Ram College, University of Delhi in 2018.
- Suri, A. presented a paper titled ExainingZindagi Na MilegiDobara, at the National Paper Presentation Competition on Positive Psychology: From What's Wrong to What's Strong, organized by Daulat Ram College, University of Delhi on 1<sup>st</sup> November 2018.

7. Kharbanda, A., Gupta, N, & Sharma, K. presented a paper titled "Mindfulness and Job satisfaction among government school teachers" at the National paper presentation competition held in Daulat Ram College on 1st November, 2018.

#### **Publications**

- 1. Batra, A., &Kohli, S. (2016). Body Image of Buddhist Nuns. *Delhi University Journal of Undergraduate Research and Innovation*. *1* (2), 84-95.
- Ray, S. (2017). A Street Child's Perspective: A Grounded Theory Study of How Street Children Experience and Cope with Grief. *The Qualitative Report*, 22(1), 291-308. Retrieved from http://nsuworks.nova.edu/tqr/vol22/iss1/17
- 3. Tewatia, M. (2017). Relationship between Body Image and Self Esteem: A Study on the Male Undergraduate Students of Delhi University. *International Journal of Indian Psychology*, *5*(1), 41-47
- 4. Udawat, A., Makkar, M., &Bharadwaj, S. (2018). Fit, Muscular and Handsome: Exploring the perceptions of body image and their impact on identity in Indian Males. In *Applications of Psychology: Reaching out and Making a difference*. 272-283.

#### **Students' Certificates for Paper Presentations**

Lady Shri Ram College for Women
Ertificate  Certificate
This is to certify that Himika Bhasin  of Jesus and Mary College has been awarded the Certificate of Participation  for the National Paper Presentation Competition
in the year 2018  S. Shown  Principal  Principal



#### Daulat Ram College University of Delhi



#### NATIONAL PAPER PRESENTATION COMPETITION

on "Positive Psychology: From What's Wrong to What's Strong" Organized by Positive Psychology Center (under Psychology Resource Centre, under IQAC)

This is to certify that Khushi Sharma has presented a paper titled Students' in the category in the National Paper Presentation Competition held on 1st November 2018.

Sponsored by

Convenor

Dr. Preeti Kapur Co-Convenor

Dr. Savita Roy Principal



#### Daulat Ram College University of Delhi



#### NATIONAL PAPER PRESENTATION COMPETITION

on "Positive Psychology: From What's Wrong to What's Strong"
Organized by

Positive Psychology Center (under Psychology Resource Centre, under IQAC)

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#### First Pages of the Students' Publications



Journal of Undergraduate Research and Innovation

#### Body Image of Buddhist Nuns

A. Batra and S. Kohli batrakohli@yahoo.in Jesus and Mary College, University of Delhi, Chanakyapuri, New Delhi-110021, India

#### ABSTRACT

The concept of Body Image has been significant in the lives of human beings since times immemorial. It forms an integral part of our self identity and is difficult to elude. Therefore it produced a quest among the researchers to discover the ideas Buddhist mms have about their body image, who prima facie are different from other females. The researchers therefore wanted to explore, whether the immense exposure in this modern world with various sources to enhance one's beauty affect this cult of Buddhist muns. The aim of the present research study was to explore the internal representations Buddhist mins have about their body image. A Purposive sample of four Buddhist nuns (25 - 40 years) was taken. The case study method was used under which free association, Twenty Statements Test (Kuhn and Partland, 1954) and semi structured interviews were used. The thematic analysis of the data revealed various themes like satisfaction, dissatisfaction, surrender of the body self and defense mechanisms or transcendence . This reflected that the subjects had an overall satisfactory body image mainly due to the overpowering effect their religious practices have on them. Though in some instances they do depict dissatisfaction with their bodies but whether they handle that resentment on the basis of defense mechanism or their religious transcendent values still remains unanswered.

Keywords: body image, Buddhist mins, case study, free association, Twenty statement test, semi structured interviews.

#### INTRODUCTION

#### Body Image

The term body image refers to how we perceive our body; in our minds or looking into the mirror, encompassing our sense of how others see us in terms of our physical appearance and the level of connection to our bodies. Paul Schilder (1886-1940), an Austrian psychoanalyst, was the first to coin the phrase Body image in his Book — The Image and Appearance of Human Body, published in the year 1935. Each one of us has a body image and is considered to be an integral part of our self identity and affects the quality of life. We cannot elude having a body image; it is a part of Human nature.

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A Street Child's Perspective: A Grounded Theory Study of How Street Children Experience and Cope with Grief

#### Abstract

The research project entitled – "A Street Child's Perspective: A Grounded Theory Study of How Street Child Experience and Cope with Grief," seeks to understand and explain how street children experience and cope with grief. Grief is multi-faceted and highly subjective. However, most street children, sharing the same contexts and backgrounds show some commonality in their experiences and coping styles. The paper attempts to understand grief as it is subjectively experienced by street children. The research employed qualitative techniques – In-Depth Interviewing, Focus Group Discussions (FGDs) and field notes. The researcher contacted an NGO and through them, gained access to street shelters. The sample comprised of 18 street children - 9 boys; 9 girls, selected through purposive and snowball sampling. After the data was collected using the aforementioned methods, Constructivist Grounded Theory was subsequently used to analyze the data. The results emphasize how similar backgrounds – familial, educational, religious – and shared experiences have influenced expressions of grief and coping styles. Most street children come from broken families and are migrants; they lack enhanced level of literacy; and religion defines their existence – all these factors coalesce to shape their perspective on grief. Street children experience grief collectively, rather than as separate individuals. Their coping styles reflect underlying common patterns that help them connect with one another and experience grief together.

#### Keywords

Grief, Loss, Street Children, Social Environment, Grounded Theory Methods, Semi-Structured Interviews, Focus-Group Discussions, Purposive Sampling, Snowball Sampling

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#### Acknowledgements

I couldn't have started and continued with this project, had it not been for the extensive support and encouragement from my faculty members Ms. Bhumika Kapoor, Dr. Meenakshi Mehta and Ms. Vrushali Pathak. I am deeply indebted to Dr. Rajesh Kumar of Society for Promotion of Youth and Masses (SPYM) for allowing me to visit their night shelters and interviewing the kids. In addition, I cannot forget the support that I received from Ms. Ambreen and Mr. Nitesh. In the field, it was Ms. Sanjana, Mr. Fazle Haq, Gaffar bhai and

Running Head: Body Image and Identity in Males

1

'Fit, Muscular and Handsome': Exploring the Perceptions of Body Image and its Impact on Identity in Indian Males

Ayushi Udawat, Mehar Makkar, Sanskriti Bhardwaj

Jesus and Mary College

University of Delhi

#### Author Note

We would like to express our sincere gratitude to Ms. Bhumika Kapoor for her encouragement, patience and guidance throughout the research process.

We would also like to thank our participants for their invaluable contributions to the present study.

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#### **In-house Collaboration**

#### Dr. AmeetaParsuram

 Conducted a talk on the topic - Search for Peace in collaboration with Peace Society, JMC on 28th September, 2018.

#### Dr. Joan Antony:

- 1. Conducted a talk on 'Mind Your Mind Mapping' for AICUF, held on 29th August, 2018.
- 2. Conducted a talk on the topic 'Be the Salt' for AICUF, held on 24th October, 2018.
- 3. Conducted a talk on "What's your crowning glory, O Woman?" organized by AICUF, on 13th March, 2019.

#### Dr. Shefali Mishra:

 Conducted a lecture on 'Childhood disability', in Department of B.El.Ed, Jesus and Mary College February 2, 2018.

#### Dr. Priya Bhatnagar:

- 1. Conducted a talk on 'Psychology at Workplace', organized by Department of B.A Programme, 27th March, 2019.
- 2. Invited as a Resource Person, 'Minding our Minds', organized by Peace Society, Jesus & Mary College.

#### **Collaboration with External Bodies**

#### Dr. AmeetaParsuram

- Delivered a lecture on the topic Significance of Psychiatry at Daulat Ram College, University of Delhi in 2019.
- 2. Delivered a lecture on Dissociative Disorders at Kamala Nehru College, University of Delhi in 2018.
- 3. Delivered a lecture on Abnormal Psychology at Kamala Nehru College, University of Delhi in 2018.
- 4. Organized an interactive session with Ms. RatnaVira on her book It's Not About You on 17<sup>th</sup> August, 2016.

- 5. Collaborated with Dr. Shalini Dave on an Instrumental Enrichment Workshop on Reuven Feuerstein in 2015.
- 6. Organized training sessions for final year students of B.A. Hons. Psychology in the year 2015-2016, on the topic Dealing with Depression and Anxiety in Children, in collaboration with Children First. The program included ten sessions, following which the students were given a certificate from the organization.

#### Dr. Vinita Kshetrapal:

1. Workshop on *Dream Interpretation* at Amity Institute of Psychology and Allied Sciences, Noida – March 2018.

#### Dr. Shefali Mishra:

- 1. Member, M.Phil. Clinical Psychology Committee, Institute of Human Behaviour and Allied Sciences (IHBAS), Delhi from April 2018 till date.
- 2. Member of committee for LOCF UG Courses (Programme) in Psychology, University of Delhi in July 2019.
- 3. 'Know thyself: An Indian perspective', in Aryabhatta College, March 1, 2017.
- 4. Chaired a Session entitled "Perspectives of successful Aging" in the National Conference held at Mata Sundari College for Women, University of Delhi in September 2016.

#### Dr. Priya Bhatnagar

- 1. Invited as a Panellist 'Dealing with Breast Cancer- Body Image Concerns', organized by Indraprastha Apollo Hospital, 14th Sep, 2019.
- 2. Invited as a Resource Person, 'Obesity Management: True Evolvement of Self and Body, 20th April, 2019.
- 3. Invited as a Resource Person, 'Exchanging Reflection: Then & Now', 19th October 2019.
- 4. Invited as a Resource Person, 'Breast Cancer Survivors: Sel and Body', 6th August, 2019.
- 5. Invited as Resource Person, 'Obesity Management: Eating & Body Image Concerns', Apollo Spectra Hospital, 26<sup>th</sup> December, 2019.
- 6. Invited as a Panelist, webinar on 'Impact of Obesity on Immunity and Psychological State', 11<sup>th</sup> March, 2020.

- 7. Invited as a Resource person, Webinar on 'Psychological intervention in Obesity', Apollo Hospital, !8<sup>th</sup> April, 2020
- 8. Invited as a speaker, 'Mental health during COVID-19', Project Clap.
- 9. Conducted Faculty Development Programme, at SaraswatiShishuMandir, 30<sup>th</sup> March, 2018.
- 10. Invited as a speaker to deliver a lecture on 'Eating Disorders: A Cognitive Psychosocial Perspective', 16th April, 2019, Bharti College, University of Delhi.
- 11. Conducted a workshop on 'Dealing with Autism' at SahibsinghFateh School for Special Children, (2019).
- 12. Conducted a workshop on 'Holistic Wellbeing of a Child' for parents and teachers, GD Goenka Public School, New Delhi (2018).
- 13. Invited as a resource person 'Discovery of Self', 28th Feb 2020 Guru TegBhadhur Institute of Technology Indraprastha University.
- 14. Invited as a resource person 'Parenting: styles and impact', 11th March 2020 Guru TegBahadhur Institute of Technology Indraprastha University.

#### Dr. Sneh Kapoor:

- 1. Member of Advisory board for MATE project jointly run by AIIMS and AAI.
- 2. Invited as Panelist for Impact of COVID on women by MahilaShilp Kala Bhawan College, Bhim Rao Ambedkar Bihar University.
- 3. Invited as Panelist for gender and covid by IP University.
- 4. Delivered a training on Counseling for Substance Abuse at Defence Institute of Psychological Research (September 2016).
- 5. Conducted a workshop on Draw a person test and its utility at AIIMS, New Delhi in association with COPE foundation.
- 6. Conducted a workshop on OCD management for COPE foundation.
- 7. Conducted a training on Positive Parenting for Queen Valley School Dwarka.
- 8. Delivered a symposium on Child Sexual Abuse: Risk and Impact, at National Trauma Conclave, at All India Institute of Medical Sciences, New Delhi (March 2018).

#### Ms. Bhumika Kapoor:

 Lecture on Perspectives from Psychology in Understanding Crime, at Faculty of Law, University of Law, University of Delhi on 10<sup>th</sup> November, 2018. **2.** Conducted a workshop on Positive Classroom Environment with teachers from Ryan International School, Noida Extension on 27th June, 2017.

#### Ms. Annie Baxi:

- Delivered a Webinar on Ethical Challenges and Dilemmas in Qualitative Research, organized by Gujarat Forensic Sciences University in May, 2020.
- 2. Conducted Workshop on Trauma Counselling by Indian Institute of Counselling for Bank of Rwanda in 2019.

#### Ms. Sudha Shashwati:

- 1. Invited as an expert by Project Humrahi under the aegis of One Future Collective for conducting two online workshops in September 2020.
- Program Coordinator and Lead, Content Creation for the campaign 'Nurturing the Youth: Life Skills for Psychosocial Competence' by a not for profit organisation based in Delhi NCR KHUSHII (Kinship for Humanitarian Social and Holistic Intervention in India) in July-August 2020.
- 3. Co-author of a manual titled 'Nurturing the Youth: Life Skills for Psychosocial Competence', published by KHUSHII, designed to serve as a toolkit for teachers and counsellors who are engaged in imparting life skills training to students in schools.
- 4. Consultant Psychologist and Lead, Community Mental Health Program at KHUSHII from June 2016 to August 2020. A few key responsibilities were: developing training programs for Psychology interns, conducting workshops for over 30 teachers and 2500 students, developing the 'Guidance Unit' a non-professional helpers' training program for teachers, developing a 'Classroom Management Program' for teachers, and co-authoring the organisation's first manual for imparting life skills training.
- 5. Student visits (4 in number) arranged to 2 organisations working in the field of disability advocacy and community-based disability support in July-December, 2019 as part of Disability Psychology practicum

#### **List of Dissertations/Projects**

S.No.	Title of the Project	Name of the Student	Name of the Teacher
	Year 2017- 18	ı	
1.	Discovering the Nature of Domestic Violence as a Journey	Brinda Singh Raikwar	Ms. Annie Baxi
2.	'Nazar Lag Jayegi': Exploring Happiness and Fear of Happiness	Chelsea Dean	Dr. Sneh Kapoor
3.	Understanding the Experiences of Having a Female Body	Farhat Khan	Ms. Vrushali Pathak
4.	Understanding Distress Of Transgenders	KirtiSinghal	Dr. Joan Antony
5.	Understanding the Idea of Romance in Today's World	MaanyaTewatia	Ms. Annie Baxi
6.	The Gender Differences in Coping Strategies of Juveniles' Parents	Mansi Dougall	Dr. Joan Antony
7.	Performance of Masculinity in Male Friendships	MeharMakkar	Ms. Vrushali Pathak
8.	Attitudes in Mental Health Care: Allies and Practitioners	Ria Bhargava	Dr. Sneh Kapoor
9.	"I'm a Taekwondo Princess": Sporting Experiences and Understanding of Self among Young Females	Sanskriti Bhardwaj	Dr. Sneh Kapoor
10.	The Peculiar Patriarchy and the Ramifications of Womanhood: Understanding Experiences of Agency in Indian Women	SharinD'souza	Ms. Bhumika Kapoor
11.	Autism And The Parents : The Lived Experience	YashviPanjrath	Dr. Shefali Mishra
	Year 2018-19		
1.	A Stone Left unturned: Coping Mechanisms and Emotional Support Structures during the Partition of 1947	DakshinaRaghavendra	Dr. AmeetaParsuram
2.	The 'Parent' in the parenting style: A	Rajisha Sharma	Dr. Priya

	correlational study exploring the impact of parenting on the self concept of the adolescent.		Bhatnagar
3.	A Game Not for Women: Exploring Gendered Experiences of Politicians in the Indian Context	Shraddha Vijay Kumar	Ms. Reshma Jose
4.	If She Wants it, She'll Ask for it: Exploring Perspectives on Popular Rape Myths	Divina Sethi	Ms. Reshma Jose
5.	(Im)moralising Sexual Desire: A Qualitative Inquiry with Married Woman	Anieta Dixon	Ms. Annie Baxi
6.	'Soulcysters': Understanding Lived Experiences of Women with Polycystic Ovarian Syndrome	Aishwarya Mehta	Ms. Vrushali Pathak
7.	Attitudes and Barriers Towards Mental Healthcare	RidhimaKalia	Dr. Sneh Kapoor
8.	"Exploring the Lived Experiences of Marriage in Times of Deployment: Army Wives' Perspective"	Disha Agarwal	Ms. Radhika Raturi
	Year 2019- 20	ı	ı
1.	Fathering and Fatherhood in the Indian Context: The Lived Experiences	YuktaGoel	Dr. Shefali Mishra
2.	Parenting Style and 'Self' of Adolescent: A Correlational study exploring the relationship between parenting style and self-perception, self- monitoring of the Adolescent	Jessica Amos	Dr. Priya Bhatnagar
3.	Portraits of Life After Loss: Understanding People's Experiences of Parental Loss	Tanya Antony	Ms. Bhumika Kapoor
4.	Young Feminists in Love: Deconstructing Romantic Relationships through the Lens of Gender	Garima Agarwal	Ms. Sudha Shashwati
5.	Exploring the Meaning of Help from the Perspective of Persons with Locomotor Disability: A Twisted Tale of Necessity	PriyanjaliJha	Ms. Isha Mishra