

Jesus and Mary College

University of Delhi
Chanakyapuri, New Delhi - 110021
Accredited by NAAC with "A" Grade

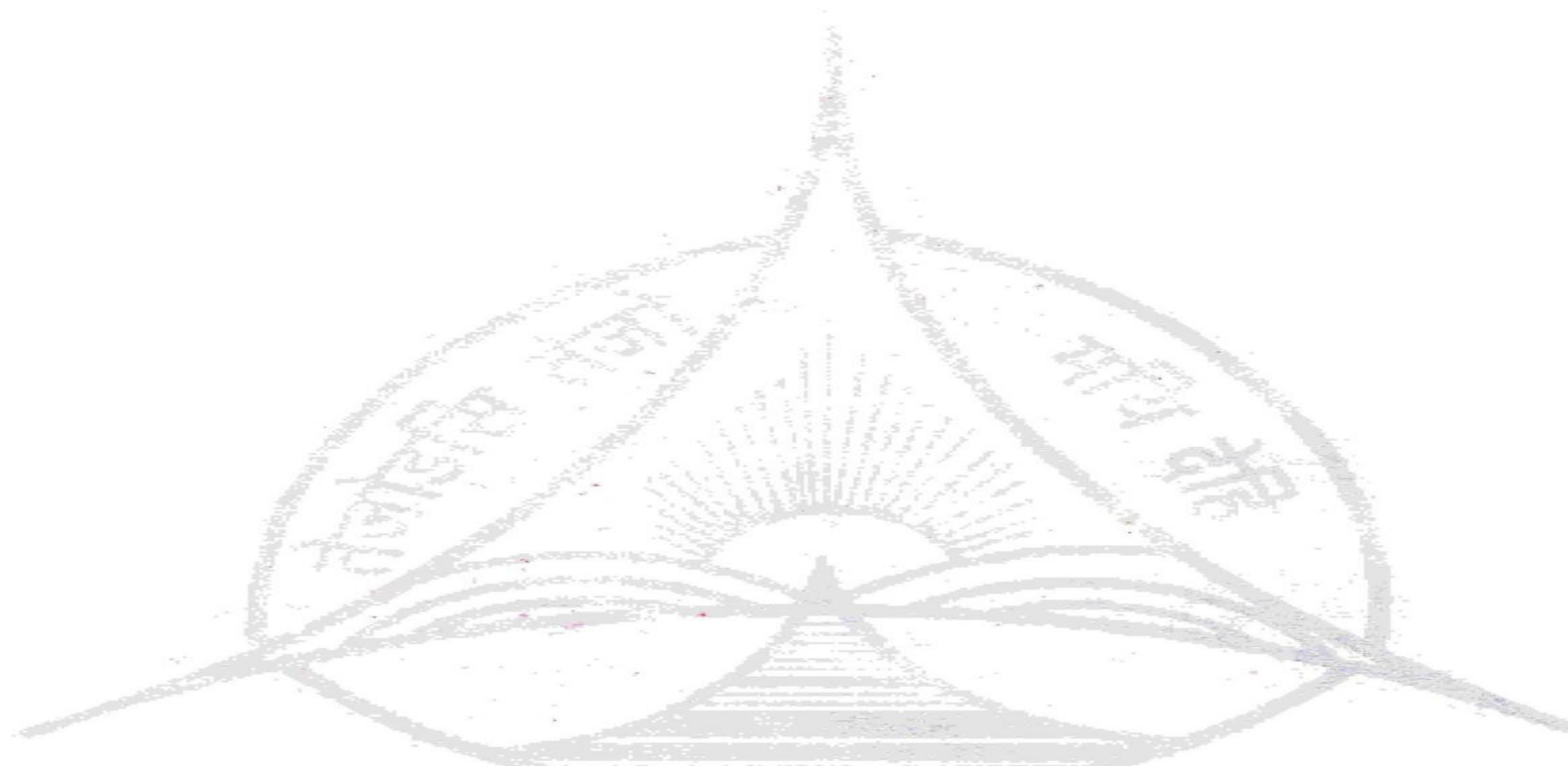


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ACTION TAKEN REPORT DEPARTMENT OF PSYCHOLOGY

In a meeting, the Department has comprehensively analyzed and discussed the data received from the IQAC regarding the feedback from various stakeholders. The 'self-assessment proforma' has been used to reflect on the various processes of the Department. We are cognizant of our strengths and shall work to address the challenges that lie ahead.

Ms. Joan Antony
(Teacher-in-charge)



Please use the following format to assess your own Department over the last 5 years (from 2015 onwards) along with a brief rationale for the same.

DEPARTMENT SELF ASSESSMENT FORMAT

	The department:	1	2	3	4	5	Remarks/Supportive statements (with examples and documents)
1	Indulges in curriculum enrichment	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	The department participates actively in the meetings conducted with the psychology departments of other colleges in the University to decide the material/readings for each course. Also, the faculty members teach portions beyond the prescribed suggested readings as per the emerging research in each field of study. Additionally, experts from within the field are invited to provide in depth understanding of the subject matter.
2	Takes feedback from students each semester	Almost always	Often	Sometimes	Seldom	Never	Feedback is sought regularly from the students by all faculty members and adjustments to the teaching style are made accordingly.
3	Caters to student diversity	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	The department comprises students from diverse backgrounds. The faculty is appreciative as well as mindful of student diversity and actively ensures that their teaching reflects the same. This involves use of inclusive language, culturally relevant examples, discussing topics relevant to the multicultural and social identities of the students as well as providing reading material which is context-specific. The practicums and research projects undertaken by the department also reflect our sensitive and inclusive approach to classroom teaching.

4	Takes interest in promoting opportunities for experiential learning for students	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	<p>The department members actively promote opportunities for experiential learning for students via:</p> <ol style="list-style-type: none"> 1. Practicums and assignments based on reflective, experiential components. 2. Theory papers that focus on overall growth and development of students also employ various experiential exercises (e.g., Emotional Intelligence, Personal Growth and Development, Positive Psychology, etc.) 3. Activities organized for student enrichment with visitors from outside the department.
5	Facilitates the students' cognitive, social and emotional growth through teacher student mentoring process	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	<p>It is a common practice in the department to offer counselling and mentorship to the students even outside the periods assigned for mentor wards. Students often reach out to even those teachers who are not officially assigned as a mentor to them. Furthermore, faculty members are accessible even after college timings to provide mentoring and guidance to students who wish to seek support.</p>
6	Identifies strengths of students and encourages them with appropriate level of challenges	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	

7	Makes efforts to engage students in review and continuous quality improvement of teaching learning process	Almost always	Often	Someti mes	Seldom	Never	
8	Encourages student participation in co-curricular activities	Almost always	Often	Someti mes	Seldom	Never	The department actively encourages student participation in co-curricular activities. The psychology association organizes many such activities and students play an active role in the same. Many students from the department are also part of and have taken up the positions of office-bearers for many cultural and compulsory societies of the college.
9	Puts specific efforts to inculcate soft skills, life skills and employability/ financial independence.	Almost always	Often	Someti mes	Seldom	Never	Each academic year, the department invites guests from diverse fields to share their expertise with the students with respect to these areas. A list of such activities is provided in the Supporting Document. Furthermore, the general teaching pedagogy adopted by the faculty also emphasises the development of soft skills and life skills. The faculty also shares information regarding internships and part-time job opportunities that the students can avail.
10	Systematically encourages reflective practices in the pedagogy and assignments	Almost always	Often	Someti mes	Seldom	Never	It is a general practice in the department to employ engaging means of teaching, both within and outside the classroom (with respect to how papers are taught and the type of assignments given to the students). This is true not just with respect to the contents of the class/assignments, but also in terms of the diversity of materials provided and the modalities in which the students

							are enabled to work. For instance, assignments can take the form of asking students to review diverse sources (books/cinema/art/research papers), reflect on and write about their own experiences, offer a critique of a popular theory, etc.
11	Changes the assignments given to students each semester	Almost always	Often	Someti mes	Seldom	Never	
12	Has extension activities and outreach	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	A list of such activities is attached in the Supporting Document.
13	Uses student centric methods for enhancing learning experiences	Almost always	Often	Someti mes	Seldom	Never	To make learning more accessible to the students, many constructivist, collaborative, integrative, reflective and inquiry-based learning approaches are applied in the classroom. For instance - use of research examples, discussions, debates, role-plays, audio-visual material, peer-collaboration,use of technology portals like Schoology, PEPWeb for learning material management, etc.
14	Analyses student results	Almost always	Often	Someti mes	Seldom	Never	

15	Uses analyses of results for future planning	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	
16	Keeps track of student progression	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	Many students from the department have proceeded to pursue further education and have been selected for reputed courses both in India and abroad.
17	Tracks alumni	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	The department maintains connectivity with its alumni, with many being invited for talks with the current batches [list attached].
18	Organizes student activities	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	See supporting document.
19	Creates opportunity for enriching teacher quality	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	All faculty members are committed to enhancing their teaching pedagogy and skills. To this end, they regularly participate in many workshops, refresher courses, FDPs, etc. A list on the same is given in the Supporting Document.
20	Follows fair evaluation process	To a very great	To a great	To a moderate	To some extent	Not at all	

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21	Has timely evaluation process	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	
22	Evaluation process is meaningful to the students	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	
23	Has library support for research	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	
24	Supports faculty for undertaking research	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	The faculty members are actively engaged in research endeavours. A list of their research presentations and publications is provided in the Supporting Document.
25	Provides opportunity to students for research outside curriculum	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	The department encourages and mentors students to undertake research outside the curriculum. Details attached.

26	Supports in-house collaboration (intra and inter department collaboration)	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	The faculty members are a cohesive unit and regularly collaborate with each other with regards to their teaching pedagogy and practicum-design. Members of the department also routinely conduct lectures for other departments and societies. List attached.
27	Supports collaboration with external bodies	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	The department regularly invites speakers from various organizations. We also organized a UGC Sponsored National Seminar on ‘The Unconscious Communication in Psychoanalysis’ at Jesus and Mary College, University of Delhi on 22nd January, 2020. Furthermore, the faculty members are also invited to conduct lectures and workshops in other organizations. List Attached.
28	Has physical facilities that supports your plan	Excellent	Above average	Average	Below average	Poor	There is scope for these facilities to be improved. For instance - Limited lab and tutorial space
29	Has provision for learning resources	Excellent	Above average	Average	Below average	Poor	
30	Has access to learning resources	To a very great extent	To a great extent	To a moderate extent	To some extent	Not at all	Outdated apparatus/instruments for testing and experiments. Lack of access to journals & latest research.

31	Has IT infrastructure	Excellent	Above average	Average	Below average	Poor	Lack of high-speed internet connection for allowing the use of the internet in classrooms for classroom activities. Limited number of laptops available to support students' needs.
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What are your Best practices?

1. Mental health support and counselling provided by the faculty members to students (both from within and outside the department). Faculty members are accessible even after college timings to provide mentoring and guidance to students who wish to seek support.
2. Cohesive and collaborative handling of departmental issues. Focus on creating a safe environment for students as well as faculty.
3. Practicals, projects and assignments are designed to facilitate experiential learning and enhance students' reflective as well as critical thinking. The department emphasises on holistic learning, with skills relevant for emotional intelligence, well-being, as well as personal growth and development.
4. Imparting education that is socially and culturally rooted, and that aims at transformation and empowerment of the students so that they can apply their knowledge and skills for solving real-world, social problems.
5. The department is committed to exposing students to newly-emerging and innovative research methods as part of practicals.
6. The department often invites former students to share their experiences and expertise with the current batches.
7. The department is focused on creating a culture of peer reflection and peer supervision through the conduct of practicals and other programs.
8. Supporting a culture of research and publication among students, right from first year. Many students of the department have presented papers in seminars and conferences and have published their work in respectable journals and forums.
9. The department has organized mental health campaigns to raise awareness of mental health issues and encourage seeking help.
10. The department organizes an annual festival - Catharsis which involves inter & intra-college student participation in a variety of academic and curricular activities.

Do you align yourself with best practices of college?

Yes, many steps undertaken to this end are given in the supporting document. Furthermore, the department also plans to focus on the following in the future:

1. The department is in the process of building an even stronger alumni network.
2. The department strongly encourages research and internships in a variety of settings.
3. The department is planning to provide greater opportunities for placements to its students.

Reflect on the department's strengths and weaknesses.**Strengths:**

1. Diversity amongst faculty in training and areas of expertise.
2. Dedicated and competent faculty
3. Use of innovative teaching methods.
4. Cohesiveness among members of the department.
5. Opportunities for application - innovative practicum designs, real world applications of theoretical concepts.
6. Alumni excelling in diverse fields.
7. Enthusiastic and inquisitive student body.
8. Closely connected to current as well as past students
9. Encouragement of student research, guided by faculty members.
10. Strongly implemented mentor ward system.
11. Extensive field work based practicals in order to enhance the practical applicability of the theoretical concepts.
12. Practical and classes designed on progressively moving in-depth into the discipline and interdisciplinary domains, along the three years of studies.

13. Activities in the department focusing on expressive modalities like music, art and writing. Exposing the students to various forms of therapy and research methodology.

Weaknesses:

1. Limited infrastructural and financial constraints for practical work and research.
2. Fewer number of permanent faculty.
3. Outdated apparatus or instruments for testing and experiments.
4. Lack of high-speed internet connection for allowing the use of internet in classrooms for classroom activities

What are your plans for next:

● **1 year**

1. To facilitate and undertake innovations in online teaching.
2. Assist students in dealing with pandemic-related stress.
3. To have a bi-annual exhibition, at the end of each semester, to display the research conducted by IIInd and IIIrd year students in various practicals.
4. To develop a book club of the Psychology Association in which both teachers and students come together to read and discuss books beyond the scope of the syllabus.
5. To purchase softwares for statistical and qualitative analysis to further support research and publication in the department.

● **3 years**

1. To have a Career Day with alumni working in various fields as the speakers to make students aware of different career opportunities.
2. To have an annual magazine/newsletter of the department showcasing students' achievements, research conducted in practicals, reflective assignments and other creative outputs.

3. The department has planned to organize a one-day event on 'Mental Health Awareness' for the college, keeping in mind the concerns commonly faced by the students. It would include workshops based on creative arts modalities, discussions and activities on managing distress in an effective manner.
4. To strengthen the alumni network.
5. To keep a more systematic track of student progression.
6. To establish a placement cell of the department.