

Departmental Report

Report for the Department of Psychology, Year 2017 – 2018.

Name of the Teacher Incharge: Dr Vinita Kshetrapal

→ College Societies for which teachers in the department are responsible:

Dr Joan Antony: AICUF, Convenor

Dr Shefali Mishra: Film Appreciation Society, Convenor

Dr Sneh Kapoor: Indian Cultural Society, Member

Ms Bhumika Kapoor: Indian Cultural Society, Member

Ms Vrushali Pathak: Indian Cultural Society, Member

Ms Sumangali R: Indian Cultural Society, Member

→ Co-curricular programs arranged by the department/ Talks and Seminars organized by the department:

Programme	Teachers involved	Award, if any	Venue	Date
Panel Discussion: “How Therapy Works”, by Ms Nilofer Kaul, Ms Madhvi Bhalla and Ms Neeru Kanwar	Dr Sneh Kapoor, Ms Bhumika Kapoor	N.A	Hall, JMC	October 23, 2017
Hypnotherapy Workshop, by Dr Anita Sehgal	Dr Sneh Kapoor, Ms Bhumika Kapoor	N.A	Hall, JMC	October 23, 2017
Talk on “Self and Identity in the Indian context” by Swami Padmaprakash Jnana Thapaswi	Dr Joan Antony	N.A.	210	October 16, 2017
Panel Discussion: Dream Interpretation, by Dr Anup Dhar, Dr Eric Soreng, Ms Neetu Sarin	Ms Vrushali Pathak, Dr Sneh Kapoor	N.A	MPH, JMC	November 3, 2017

Talk on 'Rental Housing Discrimination experienced by Muslims, and resultant Ghettoization' by Dr Mohsin Alam, Assistant Professor, Jindal Law School	Ms Annie Baxi	N.A		January 9, 2018
Interactive Session with Dr Sudhir Kakar	Ms Sumangali R	N.A	Hall, JMC	January 16, 2018
Talk on her book titled 'Love and Rage: The Inner Worlds of Children' by Dr Nupur Paivia	Ms Sumangali R	N.A	Room 210, JMC	March 14, 2018
Talk on Autism Spectrum Disorders by Ms Parul Gupta, Potentials Therapy Centre	Dr Sneh Kapoor	N.A	Room 210, JMC	April 4, 2018

→ Students in the department who participated in extra-mural, co-curricular activities within and outside college

Name of Student	Programme	Teachers involved	Award, if any	Venue	Date
1. Kirti Singhal 2. Brinda Singh Raikwar 3. Ria Bhargava 4. Chelsea Dean 5. Shreya Khaitan 6. Radhika Dhawan 7. Mehar Makkar 8. Sruthi Nair 9. Rhea Kalra 10. Mitali Dhawan 11. Chippy Elizabeth Johny 12. Jogya Chakravorty 13. Monikankana Kalita	Suicide Prevention Awareness Campaign : Jivivisha	Dr. Sneh Kapoor, Ms Vrushali Pathak	1st prize (shared)	Across college	September 1 – 8, 2017

14. Swastika Mohan 15. Namrata Bhatt 16. Savarni Pant 17. Disha Agarwal 18. Bhavya Joshi					
1. Garima Agarwal 2. Kuhu Srivastava 3. Tanya Nagpal 4. Apoorva Verma	Video making competition on the theme 'Social Influences'		1st prize	Lady Shri Ram College, University of Delhi	March 23, 2018
1. Ayushi Udawat 2. Mehar Makkar 3. Sanskriti Bharadwaj	Presented the paper titled - Fit, Muscular and Handsome: Exploring the perceptions of body image and their impact on identity in Indian Males			Daulat Ram College, University of Delhi	2018
1. Swastika Mohan	Presented the paper titled - Self Awareness enhancement techniques			IALSE International Conference	2018

→ Number of students who participated in community development programs

Year	NSS	JMCEP	WSC	NCC	Peace	Green	Any other
1st year	25	11	2	1	2	-	-
2nd year	31	16	6	-	-	-	2
3rd year	30	1	-	-	-	-	1

➔ University assignments undertaken by the teachers

N.A.

➔ Publications during the year

Books

Radhakrishnan, S. (2017). *The Spirit of Volunteerism: A Study of Psychological Dynamics underlying Volunteerism in India*. Pragnu Publications (ISBN: 9789380397726)

Chapters

Kapoor S., Mehta M. *Psychosocial Management of Health Problems*. Springer Publications, In Press.

Research Articles

Mishra, S., & Pathak, V. (2018). Understanding youth in the Indian context. *Indian Journal of Health and Well Being*, 9(2), 321-323

Kapoor, S., Mehta, M., & Kapoor, B. (2017). Gender differences in subtypes of obsessive compulsive disorder. *Indian Journal of Health & Wellbeing*, 8(6).

Kapoor, B., (2017). Prevalence of health risk behaviors among adolescents in Delhi-NCR, India. *IAHRW International Journal of Social Sciences Review*, 5 (2), 245-248.

Kapoor, B., & Tomar, A. (2017). Psychosocial implications of globalization: An opportunity-based perspective. *Indian Journal of Positive Psychology*, 8 (2), 196-199.

Pathak, V., & Mishra, S. (2017). Psychological effect of lullabies in child development. *Indian Journal of Positive Psychology*, 8(4), 677-680

Pathak, V. (2017). 'Recovered' by the state, rejected by community: Women in partition, 1947. *IAHRW International Journal of Social Sciences Review*, 5(3), 551-554.

Pathak, V. (2017). Effects of intense musical experience on way of life *Indian Journal of Positive Psychology*, 8(2), 252-257.

Radhakrishnan, S. (2017). More than just money: A literature review of non-financial rewards. *International Journal of Education and Management Studies*, 7(2), 171-176.

Radhakrishnan, S., Malik, A., Bhardwaj, J., & Prasad, S. (2017). Conflicting perspectives on homosexuality among Indian students: A qualitative inquiry. *IAHRW International Journal of Social Sciences Review*, 5(2), 264 - 268.

Radhakrishnan, S., & Lochan, A. (2017). Cultural intelligence: Concepts and organisational implications. *International Journal of Education and Management Studies*, 7(2), 191-196.

Lochan, A., & Radhakrishnan, S. (2017). What is that song about?: A psychological study of contemporary Hindi music. *Indian Journal of Positive Psychology*, 8(2), 214-220.

Malhotra, R. (2017). Locus of Control & Well-Being among College Students. *Indian Journal of Positive Psychology*. 8(2), 231-236.

Rawat, S. & Malhotra, R. (2017). Understanding Mental Health amongst Adolescents in the Indian Context. *Indian Journal of Health & Well-Being*. 8(5), 507-513.

Malhotra, R. (2017). The impact of Media Culture & Bullying. *Indian Journal of Health & Well Being*. 8(6), 562-567.

**→ Participation of faculty in Conferences/ Refresher Programs/ Orientation
(as resource person)**

Dr Vinita Kshetrapal

"A glimpse in to 'becoming O'. Paper presented at fourth international psychoanalytic conference. Jan 2017. 6-8Jan 2017. Theme..dyads across the life cycle..an Indo Japanese conversation.

"The Messiah and the mis-attuned mother." Paper presented at the fifth international Indo-Italian psychoanalytic conference "Psychoanalytic explorations of Darkness in Culture and Clinic", held at Ambedkar University, Delhi on January 12 – 14, 2018

Workshop on Dream Interpretation, delivered at Amity Institute of Psychological Sciences, Noida on March 10, 2018

Dr Sneh Kapoor

Delivered a symposium on Child Sexual Abuse: Risk and Impact, at National Trauma Conclave, at All India Institute of Medical Sciences, New Delhi (March 2018)

Ms. Bhumika Kapoor

Presented a paper titled, 'Understanding Globalization and its Implications for Identity' in the 27th National Academy of Psychology (NAOP) Conference, India jointly organized by Indian Institute of Technology, Kharagpur held during December 22-24, 2017.

Ms. Richa Malhotra

Participated in the annual conference (November 2017) of 'Solution Focused Brief Therapy Association' (SFBTA) held at Santa Fe, New Mexico (USA)

Ms Annie Baxi

“ A Critical Review of The Mental Healthcare Bill (2016) in context of Women in Psychiatric Wards.” in National Seminar at Department of Psychology, University of Delhi, 2017

"Revisiting Prevalent notions of Empowerment: A Gender Perspective." at National Academy of Psychology Conference at Indian Insitiute of Technology, Kharagpur, 2017.

"The Shared Space." at National Academy of Psychology Conference at Indian Insitiute of Technology, Kharagpur, 2017

➔ Honours received by faculty members at the international level

Ms. Richa Malhotra, received the ‘*Research Award*’ (November 2017) by Solution Focused Brief Therapy Association (SFBTA) at annual conference held in Santa Fe, USA

➔ Number of departmental meetings held: documentation with proper agenda and minutes

13 meetings held, minutes attached.

Agenda as follows:

- Decision about DSE and GE papers
- Tentative proposal for UGC seminar
- Division and assigning of practical group for 1st year
- Decision meeting for proposals submitted by student council
- NIMHANS campaign activities review
- Golden jubilee events, Talk by Dr Sudhir Kakar
- Convocation, and prize list
- Dates for practical viva examination
- Project meeting for final year students
- Invigilation duties
- Workload meeting
- Time table meeting
- Meeting to share information from HoD meeting – Montage
- Discussing certificates for farewell
- Practical examination dates

➔ SWOC Analysis

Strengths

- Students
 - Active participation in college, intercollegiate and outreach activities
 - Part of various cultural and co-curricular societies in college

- Varied areas of internship experience after every semester
- Resources
 - Fairly well equipped laboratory
- Teaching
 - Use of innovative teaching methods
 - Teacher Diversity - varied interest areas and backgrounds, diverse and richer perspectives in the classroom
 - Effective support staff
 - Opportunities for application - innovative practicum designs, real world applications of theoretical concepts
- Co – curricular
 - Large number of Student research studies, as well as publication
 - Practicum work focussed on outreach activities

Weaknesses

- Students
 - Absence of a stronger alumni network for ensuring better placement opportunities for current students
 - Difficulties in curriculum - heavy workload, particularly practicum work, shorter duration of semesters adds to perceived stress among students
- Resources
 - Lack of high-speed internet connection for allowing the use of internet in classrooms for classroom activities
 - Outdated apparatus/instruments for testing and experiments
- Teaching
 - Fewer number of permanent faculty
 - Higher teacher workload

Opportunities

- Skill based trainings and workshops, Career-development series
- More outreach activities
- Use of more updated technology to facilitate teaching.
- Organisation of conferences and seminars

- Opportunities for students to showcase work - magazine/ psychology journal

Challenges

- Limited resources - lab and tutorial space, infrastructure, access to journals, latest research
- Limited funds for organising conferences, procuring resources and lab development
- Mental health concerns among students
- Large group sizes in practicum/ tutorial - may impact time and guidance given to students

→ Future Plans

- Stronger alumni network
- Better pool of resources for psychometric assessment
- More focus on research, Innovation projects
- Engaging in outreach work, community skill building programs
- Field work/ field trips to allow for real life exposure to different settings in psychology
- Lab development