

Mentor ward report for Department of History July 2021-June 2022

| Name of the teacher | Issues Raised | Issues resolved |
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| Dr Nilima Chitgopekar | <ol style="list-style-type: none"> 1. Students were oriented towards issues concerning their everyday lives pertaining to moral, social and other such concerns that one comes across in our private and public domain. Discussions around them were held on a regular basis. 2. Students were encouraged to apply in reputed National and International universities and LORs were given to the ones who are preparing for the same. 3. Topics that came up in between the covering of my syllabus were also taken up as themes which needed to be researched and worked upon. Recent works were discussed in connection with the same. Constant motivation is the key for our young minds to | <ol style="list-style-type: none"> 1. Students were encouraged to read and analyse newspaper pieces, articles, blogs pertaining to the everyday happening in our country and the world. The idea is to be self aware and conscious of socio-political and cultural changes taking place. 2. LORs were issued regularly to the deserving students showing constant engagement with their work and other co-curricular and extracurricular activities both inside and outside of college premises. 3. Students were encouraged to attend workshops, lectures and webinars on themes which are new in the field of historical research and scholarship. |
| Dr Saumya Varghese | <ol style="list-style-type: none"> 1. Problems with regard to academic writings, competitive exams, entrance exams etc were raised. 2. Enquiries about courses, universities, preparations, scholarships etc were tabled. 3. Issues pertaining to | <ol style="list-style-type: none"> 1. Students were encouraged and mentored to write research papers and engage in group projects. 2. Health as a priority was reinforced and efforts were made to encourage students to address sleeping patterns and right |

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| | <p>anxiety and mental health during both the Covid times and subsequent regular mode post January 2022 were taken up. Students experienced anxieties over transitions to regular mode of college life, especially fluctuating attendances, health shortcomings, fatigue and general stress of examinations.</p> <p>4. Concerns were raised about the University schedules which didn't allow them mid semester breaks and fatigue issues discussed.</p> | <p>nutrition.</p> <p>3. Resources were shared both online and offline.</p> <p>4. Meetings with senior students who had ventured out and diversified in different fields were held to help the students understand the curriculum, advantages and changes in certain post graduate courses.</p> <p>5. Discussions on how to tackle university examinations were held.</p> |
| Dr Amita Paliwal | <p>1. During pandemic and post pandemic counselling regarding students' mental health was given priority by me. Issues/cases of mental trauma were taken up within and outside classroom sessions from my end.</p> <p>2. LORs were issued to students applying in both national and foreign universities to support them in their further studies.</p> <p>3. Some students had financial problems as well which came up during my mentor ward discussions with them.</p> <p>4. Issues regarding writing of their class assignments were raised as to how to</p> | <p>1. a) To address such issues, I personally talked through voice or video calls to students on an everyday basis for an hour or more who were suffering from various mental health issues and related concerns.</p> <p>b) I gave a patient listening to their problems and supported them through constant motivation and encouragement so that they feel heard and seen.</p> <p>c) For one of my students, I personally arranged a professional counsellor to address her mental</p> |

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| | <p>write, comprehend and cite while writing their class assignments.</p> <p>5. Issues regarding allocation of PGs and behaviour of their owners were brought to my notice. The issue of finding a safe place to stay post reopening of the college which happened on a very short notice left students at the beck and call of the PGs/flat owners.</p> | <p>health concerns.</p> <p>2. LORs were given to deserving students who showed constant work through their class engagements i.e, assignments, tests and participation in everyday class discussions.</p> <p>3. For one student, I personally arranged a job assignment for an online research project for a period of 15 days by talking to some corporates that I knew in the academic arena. She was paid Rs 30,000 for a period of 15 days' for an online project.</p> <p>4. a) The writing aspect of assignments were taken up by me. I provided them with the required reading list and other learning resources at my end to make them understand the process of shaping their ideas on a question that they need to write under a particular theme of their syllabus.</p> <p>b) I gave them constant guidance for the same to help them with this issue of writing and comprehending the reading material at their end.</p> <p>5. I talked to them and</p> |
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| | | <p>their parents whenever they had issues with the PG owners or inmates with whom they were allotted rooms. I also personally offered my own house for them to stay for the time that they were looking for a space to live. I constantly heard their issues and tried to provide timely solutions for the same.</p> |
| <p>Dr Richa Raj</p> | <ol style="list-style-type: none"> 1. The problems of online learning and related impact on physical and mental health were raised by students. 2. Students preparing for competitive exams such as the UPSC sought advice regarding books and preparation for the same. 3. Students preparing for further studies discussed questions about popular courses, universities, how to apply for the same, content for statement of purpose, and so on. 4. Students shared concerns about reaching out to their parents and convincing them regarding their choice of future career. | <ol style="list-style-type: none"> 1. Students were advised to take proper rest, exercise and have a good diet. They were also advised to create a common platform with their friends where they could share their resources. 2. Students were given the titles of books that are used for the study of History of Modern India, and suggestions on where they could procure study material for the same. 3. Information on the same was shared with the students. 4. Help was offered to such students in terms of how best to convey their concerns to their parents, so that a mutual |

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| | | understanding about a shared common goal is reached. |
| Dr Maya John | <p>1) The transition to college level academics was challenging;</p> <p>2) Channelising co-curricular and extra-curricular interests into which kind of college platforms/societies;</p> <p>3) How to write college-level assignments;</p> <p>4) The problems of online learning--the fatigue;</p> <p>5) The concerns about their first college-level examination;</p> <p>6) The response to their seniors' call for a boycott of online classes and later the reopening of University with just a notice of one week being given;</p> <p>7) Concerns about why they were not getting a break in the summer - homesickness.</p> | <p>1) Students were encouraged to speak about their common experiences of preparing for and then joining college. The shared experiences tended to help in addressing anxieties related to the transition.</p> <p>2) They were encouraged to explore the college societies.</p> <p>3) Regular discussions on how everyone was coping with continuous online classes.</p> <p>4) Discussion on useful do's and don'ts when it comes to university examinations.</p> <p>5) Discussions on how the larger university functions and how the fatigue was being felt by first year students across colleges.</p> |
| Dr Tanu Parashar | <p>Future Job/masters applications to various other disciplines including history; significance of history at master's level; taking history as an optional paper in UPSC and other state service examinations; discussions around emerging research arenas and connecting it to one's current learning process. We had a lot of discussions around how to improve writing skills in UG exams; frequent sharing and circulation of information about various paper presentations in and around history and other academic opportunities via online and offline mode.</p> | <p>1. Students were guided about their future prospects and career paths. The students who have constantly performed well were given LORs for their applications to prestigious institutions.</p> <p>2. How to navigate a huge syllabus in history and to focus on writing and making notes applicable for UG exams was deliberated upon at length.</p> <p>3. Students shared their written content with each other in an offline classroom or through Google classrooms to help each other in understanding a</p> |

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| | | <p>concept or chapter.</p> <p>4. Through common learning platforms like WhatsApp and telegram, students shared academic opportunities and internships with each other on a regular basis.</p> <p>5. I have always been keen in sharing informative IG handles with them so that an alternative form of content can be accessed by them than just mundane newspapers or weekly dailies.</p> <p>6. I have also always put my set of students to meet and talk to their senior batch students if they are keen on applying in a course that the seniors have already enrolled for. They got guidance on entrance exams preparations and other details pertaining to a scholarship or an institution per say through them. This helps build a mutual trust and camaraderie which is fruitful for future prospects too.</p> |
| Dr Sanghamitra Rai Verman | <p>I. Queries were raised on future prospects of the students after studying History hons.</p> <p>II. Students raised questions on how to write research papers.</p> | <p>I. Detailed information was delivered regarding various career options / job prospects which the students can undertake after pursuing History Hons.</p> <p>II. Guidance was given on how to write a research paper, referencing style, citation styles, bibliography writing, etc. Students were given ideas on new fields of research in the field of social science research.</p> <p>III. Detailed information</p> |

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| | <p>III. Queries raised on alternative career prospects apart from academics.</p> <p>IV. Students raised the concern about the various emotional stress that they went through during Covid, especially by outstation students who try to manage themselves with a new environment.</p> | <p>given on alternative career options, like conducting heritage walks, tour guides, research assistants, blog writers, content creators, etc.</p> <p>IV. Emotional and psychological assistance were given to cope up with stress, both mental and psychological related to studies.</p> |
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Department of History

Mentor ward list July 2021-June 2022

Dr Nilima Chitgopekar

(BA History (Hons) Second year)

Abigail Singh

Aditi Kapur

Aleena Elizabeth

Aleesha Joshy

Amyca Marwein

Ananya Rai

Anindita Ray

Ankita Harshal

Anukriti Singh

Anvita

Avantika Yadav

Bhavana Jayakumar

Honey Babu
Isabelle Wilson
Jeseentha Joji
Jitya Saji
Jyoti Kumari
Kashika Saroha
Lea Menezes
Lumaren Walling
Manjari Singh

Dr Amita Paliwal

(BA History (Hons) IIIrd Year)

Achzah Ann Abraham
Akansha Roy
Aksa Anna
Aleena Anna
Aleena Siju
Alisha Manoj
Amy Ann Jacob
Anjani Agarwal
Ardra Goodwin
Ashima Verma
Avnika Sinha
Brinda Mathur
Caron Singh
Christy R
Daisy Mehta
Diya Das
Gracy Raj
Ishika Ahluwalia
Ishita Raman
Jessica Shrotri
Jigmet Skitzom

Kavyamshi Biswas

Dr Richa Raj

(BA History Hons (IIIrd year))

Leelu Tims Pothan

Mahreen Alam

Maria Liz Xavier

Merin Mani

Neha Rose Justin

Noyanika Chatterji

Prarthana Nathaniel

Purnima Sharma

Ruby Thomas

Sarah Grace Yadav

Sarika Maithani

Shaivie Sharma

Shreya Mathur

Shubhangi Agrawal

Somiwon YL

Soumya Jha

Stanzin Youdon

Susanna Julia

Sweety Choudhary

Tanisha Kaushik

Tanya Ann Thomas

Utsavi Kataria

Zaheena Naqvi

Dr. Saumya Varghese

(B.A. History (Hons) II Year)

Meenu Shijo

Megha Das

Mercy Joseph

Mhonroni Tungae

Michelle Kimneilhing

Mriganka Singh

Nandani Lakhotra

Neha Kujur

Noella Vanlalruati

Priyanshi Sophia Ekka

Raima Roy Chowdhury

Reena

Rose Mary N. Joseph

Sara Choudhary

Saumia Shalini Bilung

Sehar Sabharwal

Saju

Shania Teresa

Silvi Misquith

Simran Tapparwal

Shrusti Sharma

Vaishnavi Achayya

Yvonne M Celestine

Dr. Maya John

BA History (Hons) Ist year

Khillat Khursheed Mir

Khushi Gupta

Khyati Kankana Gogoi

Kimbiakmawi

Kumari Savita

Kundanika Nanda

Madiha Khan

MahimaXess

Mansha Sharma

Manvi Pandey

Maria Elsa Saji

Megha Bhansali

Mishika Dhingra

Mouli Rai

Mourvi Agarwal

Muskan Joshi

Nancy Ekka

Neeti Agrawal

Nikita Barthwal

Palak Jaiswal

Preksha Kaushik

Ramish Mushfiq

Rupkatha Paul

Safa Manzoor

Sahana Shiv Kumar

Sajal

Salvika Shahi

Sejal Choudhary

Shobha Gaire

Shreya

Smriti Gupta

Srishty Sahay

Urja Kaushik

Yashika

Dr Sanghmitra Rai Verman

BA History (Hons) Ist Year

Aakarshi Srivastava

Aaniya Charak

Aastha Gupta

Aditi Tirkey

Aditi Tyagi

Akriti Khanna

Alankrita Ray

Aleena Anthony

Ananya Devgun

Ananya Sharma

Ananya Atrishya

Ananya Singh

Ananya Yadav

Angel Mary

Anna Thomas

Anoushka Patni

Anusha Bhadauria

Aparna Nair

B Sonakshi Rao

Bhavya Awasthi

Bhavya Srivastava

Bugi A. Sangma

Disha Sharma

Diya Bansal

Gauri Katyayani Bakhshi

Gunjan Madan

Harshika

Harshita Saxena

Ishika Joshi

Jahnvi Bhadouria

Jasnoor Kaur Dhillon

Jennifer Lawrence

Katyaini Kumari

Khillat Khurshid Mir

Dr M Christu Doss (Submitted Resignation in August 2022)

(BA Pass IIIrd Year HS-PS)

Anee Soloman

Angela Sebi

Anoushka Bose

Anugraha
Stephans

Bhumika
Chaudhari

C. Denli Konyak

Devashi shah

Diksha Dua

Dipty Kerketta

Jassika

Khushi Sharma

Madhu

Manvi Singh

Manisha

Nishiya Gopi

Pinki Rana

Preeti

Preeti

Premshila Kreketta

Priyanka

Ratna Rawat

Ruth J Lalrempuii

Sarika

Susan Mary Jose

Valentina George

Vani Mittal

Nidhi John

Dr Tanu Parashar

(BA Pass IInd Year (HS-PS))

Aazima Basharat- 201335

Aishwarya - 200139

Ann Maria- 200955

Asis Kaur Handa- 200325

Bisma Shakeel- 201334

Divya Shokeen- 201146

Eliza Jo Varghese- 200942

Kashish Bhardwaj- 200568

Khushi Kaushal - 200157

Neha Mary John - 201264

Nikita Singh - 201081

Pranjal Sachdeva 200248

Ritu Gahlawat -201267

S.Sazini- 201172