

2 Mental health support/ session provided to students since remote learning began

The Department of Elementary Education organised 2 such sessions in the last academic year. The details of the sessions are given below:

1) A webinar titled 'Emotional Well-being in the time of COVID' was organised on July 16, 2020. The speaker of the session was Professor Ranganathan, Former Head and Dean of Department of Education, University of Delhi. In her address, Prof. Namita Ranganathan deconstructed COVID-19 and our response to it. She gave a direction to see the situation rationally and placed it in a historic context. She placed importance to understand one's purpose in life especially in the pandemic time. She suggested few strategies that can help address the anxieties that everyone is facing. Some of the strategies included the need to contest fears by analysing them rationally, the need to set a routine and assign a place for doing work.

2) A webinar titled 'Stepping into the New Normal: Concerns of Emotional Well-being' was organised on August 14, 2020. The speaker of the session was Ms Esha Mehta. She is a Psychologist working in the mental health care industry and is skilled in individual, relationships and family therapy. Ms. Esha Mehta spoke about the need for self-love, developing positive outlook towards life and what new normal will mean for everyone. It was an interactive session with the students. The students shared their emotional state, fears and anxieties. She answered students' queries by contesting their irrational fears and helped them identify the key cause of their anxiety. She suggested few strategies that students can use to alleviate their anxiety.

3 Online Resources created

Fourth year students developed online teaching-learning resources as part of the online internship programme. Details of some of these resources are given below:

- 1) The resource was used to discuss about the various pandemics that the world had witnessed before the ongoing pandemic. It was used to discuss and understand the connections between pandemics that occurred in the past and the current situation.
- 2) The resource was used to understand how children make sense of and react to the emotions and actions of their friends.

- 3) The resource was used to give space to children where they could talk about themselves; their fears, wishes, hobbies, etc. It was used in an ice breaking activity where student teachers tried to get to know the children.

4 Any other activity that you think deserves a mention.

- 1) A webinar series titled ‘ Pedagogy in the times of Pandemic’ was organised by the Department for fourth year students. This series was significant as it presented us a need to rethink our pedagogy and practices. The pandemic had compelled schools and universities to adopt an online mode of teaching and learning. Due to the current scenario, it had become evident that the final year internship will take place in the online mode. It is in this context that this series was organised to discuss the perspectives, possibilities and pedagogy vis-a-vis online mode of teaching and learning. A total of 4 such sessions were organised in this series. Details are given below :

Date	Speaker
August 19, 2020	Prof. Sadhna Saxena, Former Head and Dean, Department of Education, University of Delhi
August 21, 2020	Dr Sonika Kaushik, Mr Prakash Sahoo
September 8, 2020	Prof. Anita Rampal, Former Head and Dean, Department of Education, University of Delhi
September 14, 2020	Prof. Padma M. Sarangapani, Chairperson, Centre for Education, Innovation and Action Research, Tata Institute of Social Sciences, Mumbai.

2)

- 2) Department also organised its **Annual Gijubhai Memorial Lecture** on January 21, 2021. The Key Note Speaker was Professor Avijit Pathak, Centre for the Study of Social Systems, JNU. The topic of the talk was-The Meaning of being a teacher: A reflection at the Time of Pandemic. Prof. Avijit Pathak spoke about the break-down of modern order of

control. He argued that teaching is a relational activity and not merely transaction of content. The teacher student relationship is at the core of teaching and learning. The online teaching has changed this relationship and has made teachers techno-managers. The teachers will have to make an effort to break away from the techno-managerial role and become reflective practitioners.

3) Department organised an online discussion series with the educators and practitioners of alternate schools (Mirambika and Nature School) for the third year students. In wake of the current pandemic situation, since third year students would be able to physically visit alternate school (s) for observations, such interaction based sessions were organised. Focus of the discussion was:

- Reaching out to the children and their families during pandemic
- Pedagogic Practices
- Teaching-Learning Resources
- Assessment and Examinations

Details of the sessions are summarised below:

Date	Speaker
10/03/21	Dr Ramesh Bijlani
11/03/21	Dr Jayanthi Ramachandran and Mr Baren Roul
12/03/21	Dr Kamala Menon
16/03/21; 18/03/21; 19/03/21	Mr.Prakash Sahoo

S.No	Department Activity 2020-2021	Date and Duration	Resource Person	Details	Faculty member (s) involved
1.	Webinar Emotional Well-being in the Time of COVID	July 16, 2020 1 hour	Prof. Namita Ranganathan Former Head and Dean of Department of Education, University of Delhi and currently a Professor in the Department.	In her address Prof. Namita Ranganathan deconstructed COVID-19 and our response to it. She gave a direction to see the situation rationally and placed it in a historic context. She placed importance to understand one's purpose in life especially in the pandemic time. She suggested few strategies that can help address the anxieties that everyone is facing. Some of the strategies included the need to contest fears by analysing them rationally, the need to set a routine and assign a place for doing work. It was an interactive session with the students and faculty.	Ms Rashi, Dr Susmita and Ms Vishakha
2.	Webinar Stepping into the New Normal: Concerns of Emotional Well-being	August 14, 2020. Duration- Not Specified	Ms. Esha Mehta Psychologist working in the mental health care industry and is skilled in individual, relationships and family therapy. She is an alumnus of Jesus and Mary College.	Ms. Esha Mehta spoke about the need for self-love, developing positive outlook towards life and what new normal will mean for everyone. It was an	Ms Rashi, Dr Susmita and Ms Vishakha

				<p>interactive session with the students. The students shared their emotional state, fears and anxieties. She answered students' queries by contesting their irrational fears and helped them identify the key cause of their anxiety. She suggested few strategies that students can use to alleviate their anxiety.</p>	
3.	<p>Webinar Series- Session1: Pedagogy in the times of Pandemic with focus on pedagogy of Science vis-a-vis online teaching and learning</p>	<p>August 19, 2020 1 hour 30 minutes</p>	<p>Prof. Sadhna Saxena, Former Head and Dean, Department of Education, University of Delhi</p>	<p>Given the present situation, this year is like no other and therefore, it presents us a need to rethink our pedagogy and practices. The pandemic has compelled schools and universities to adopt an online mode of teaching and learning. Due to the current scenario, it has become evident that the final year internship will take place in the online mode. It is in this context that this series has been organised to discuss the perspectives, possibilities and pedagogy vis-a-vis online mode of teaching and</p>	<p>Ms. Shirley Joseph (organiser) , Dr Prabhjyot Kaur (convener)</p>

				learning.	
4.	<p>Webinar Series: Pedagogy in the times of Pandemic</p> <p>Session 2: Imagining the "Right to Education" in the context of the Pandemic</p>	<p>August 21, 2020</p> <p>1 hour</p>	<p>Prof. Padma M. Sarangapani, Chairperson, Centre for Education, Innovation and Action Research, Tata Institute of Social Sciences, Mumbai.</p>	<p>Given the present situation, this year is like no other and therefore, it presents us a need to rethink our pedagogy and practices. The pandemic has compelled schools and universities to adopt an online mode of teaching and learning. Due to the current scenario, it has become evident that the final year internship will take place in the online mode. It is in this context that this series has been organised to discuss the perspectives, possibilities and pedagogy vis-a-vis online mode of teaching and learning.</p>	<p>Ms. Shirley Joseph (organiser) , Dr Prabhjyot Kaur (convener)</p>
5.	<p>Interaction based Session</p> <p>Idea sharing session regarding online internship with Faculty members</p>	<p>August 21, 2020</p> <p>1 hour</p>	<p>Dr Sonika Kaushik and Mr. Prakash Sahoo</p>	<p>Given the present situation, this year is like no other and therefore, it presents us a need to rethink our pedagogy and practices. The pandemic has compelled schools and universities to adopt an online mode of teaching and learning. Due to the current scenario, it has</p>	<p>Dr Prabhjyot Kaur</p>

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6.	<p>Webinar Series: Pedagogy in the times of Pandemic</p> <p>Session 3: Challenges of Schooling during Covid.</p>	<p>September 8, 2020</p> <p>1 hour 30 minutes</p>	Prof. Anita Rampal, Former Head and Dean, Department of Education, University of Delhi	Given the present situation, this year is like no other and therefore, it presents us a need to rethink our pedagogy and practices. The pandemic has compelled schools and universities to adopt an online mode of teaching and learning. Due to the current scenario, it has become evident that the final year internship will take place in the online mode. It is in this context that this series has been organised to discuss the perspectives, possibilities and pedagogy vis-a-vis online mode of teaching and learning.	Ms. Shirley Joseph (Organiser), Dr Prabhjyot Kaur (Organiser)
7.	Theatre based Interactive session	17 September, 2020 3 hours	Ms. Sukriti Khurana	Our students are to conduct online classes for the first time, therefore, the session aimed	Ms. Vishakha Kumar and Dr. Prabhjyot Kaur

				<p>at providing them with ideas and activities in order to know about their learners in an online mode. During the session fourth year students were engaged in theatre activities that they could use with their learners for their introductory online classes.</p>	
8.	Session on Online Interaction with school students	18 September, 2020 1 hour and 30 minutes		<p>Fourth year students were introduced to some of the predominant online platforms and tools in order to engage with school students during internship. The issues of privacy and security with reference to using online media were also discussed during the session.</p>	Dr. Prabhjyot Kaur
9.	Webinar on 'Whose Story is this?: A webinar on Children's Books and World Making	October 13, 2020 Duration- Not specified	Ms Samina Mishra	<p>Second year students attended the webinar titled 'Whose Story is this?: on Children's Books and World Making by Samina Mishra. Children's books do more than tell stories. In the characters and worlds that they create, they create an imagination of the world. What</p>	Dr.Sawan Kumari

				finds place in that, what gets left out, who gets to choose, who gets to imagine?	
10.	Orientation Day for the first years	November 18, 2020 1 hour	Nil	The orientation Day was organised for the first years. First year students the resource persons and the faculty from the department participated in the orientation day program. The student council also actively took part in the event by presenting the overview of the B.El.Ed course structure and other details of the program.	Ms Asha Sundaram and Ms Vishakha Kumar
11.	Seminar: The comprehensi on hypothesis-45 years later	23 November 2020	Prof. Stephen Krashen, Linguist	In contact with RELO, India; our students joined for this seminar over Zoom. Prof. Stephen Krashen's theory is taught as part of the B.El.Ed. curriculum and the seminar was about the same theory.	Ms. Najia Zeb
12	Online interactive Session with First year	December 4, 2020 Duration- Not Specified	Nil	The purpose for organising this session was to give the first years a chance to meet their fellow students of the department of elementary education in an informal set-up. The session started out with a fun activity in	Ms Vishakha Kumar

				<p>which they had to share how they have been feeling using GIFs and it was followed by discussion. The first year students were introduced to the council members and they were informed them about the elections that will take place for the post of class representative and the sub editor. The students from IInd , IIIrd and IVth years were present for the session. The students were told about various societies in the college which they can join. They were given a virtual tour of the college with the help of a video. There were several other games that were conducted. The whole class of first year was divided into five groups, i.e., 10 students in each group with five seniors, which provided a space to know each other better and also clarify any doubts they had. The session ended with clicking</p>	
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				<p>pictures and sharing of experiences that they had so far. The session helped to create a bond among students and helped them know each other better.</p>	
13	<p>Discussion on the scope of the B.El.Ed program</p>	<p>December 10, 2020</p> <p>1 hour</p>	Nil	<p>A discussion session on the scope of the B.El.Ed program was organised for the first years. Students' doubts, questions regarding the career and academic options after the completion of the B.El.Ed program were discussed in detail during the session. Susmita, Prabhjyot, Najia, Charu, Khushboo, Sawan, Mansi, Asha were among the faculties to attend.</p>	Ms. Asha Sundaram
14	Freshers	<p>December 11, 2020</p> <p>2 hours</p>	Nil	<p>Fresher's Day 2020 was organised on the behalf of the B.El.Ed Department. This was organised in an online mode to welcome the first year students. Students from all the batches and the faculty from the department actively participated in</p>	Ms Asha Sundaram And Ms Vishakha Kumar

				the program. The session included music, dance and some fun games.	
15	Annual Gijubhai Memorial Lecture	21 st January, 10 AM to 12 noon.	Prof. Avijit Pathak	The topic of the talk was-The Meaning of being a teacher: A reflection at the Time of Pandemic. Prof. Avijit Pathak spoke about the break-down of modern order of control. He argued that teaching is a relational activity and not merely transaction of content. The teacher student relationship is at the core of teaching and learning. The online teaching has changed this relationship and has made teachers techno-managers. The teachers will have to make an effort to break away from the techno-managerial role and become reflective practitioners.	Ms. Shirley Joseph – Organiser Ms. Vishakha Kumar – Convener Dr. Prabhjyot Kaur – Co-convener
16.	English language teaching	January-April 2021	Dr. Gina Perti and RELO team, English language experts	In collaboration with RELO, two online courses around English language teaching were organized for our students. Certification was provided on completion of the course.	Ms. Najia Zeb

17.	Interaction based Session Integral Education	March 10, 2021 1 hour	<p>Dr Ramesh Bijlani Dr. Ramesh Bijlani is a medical doctor, writer, teacher, scientist, and above all a person committed to using his unique blend of talents for touching the hearts and lives of his fellow beings. Educated at AIIMS, New Delhi, and MIT, USA, Dr Bijlani spent nearly 30 years on the faculty of AIIMS. In 1992 he started going into the depths of yoga, specially the integral yoga of Sri Aurobindo and the Mother. His personal and professional life converged in the year 2000 when he initiated at AIIMS a patient care facility for providing lifestyle modification courses based on yoga. In the year 2005, he took voluntary retirement from AIIMS to find more time for dissemination of yoga. Soon after that, he moved to Sri Aurobindo Ashram – Delhi Branch, where he continues to stay and work. Prof. Bijlani is an educationist by temperament, training and experience. Although he taught in a medical college, he feels his inner calling was to teach in a school. His stay in the Ashram has given him an opportunity to see school education from close quarters. He has interacted extensively with the teachers, students and parents of MIS and Mirambika. Dr. Bijlani is a prolific writer. He has more than twenty-five published books to his credit, including one on 'Integral Education'. He has published eight books for children, which can be used as teaching material by school teachers. He feels lucky to be able to spend most of his</p>	<p>In wake of the current pandemic situation, it was highly unlikely that third year students would be able to physically visit alternate school (s) for observations. A series of discussion sessions were organised for the the students to interact with the practitioners and educators associated with the alternate school (Mirambika). Focus of discussion was:</p> <ul style="list-style-type: none"> - Reaching out to the children and their families during pandemic - Pedagogic Practices - Teaching-Learning Resources <p>Assessment and Examinations</p>	Dr Alka Sehgal, Ms Mansi Aneja and Ms Najja Zeb
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			time doing what he is made for: giving inspirational talks, conducting spiritual retreats, running yoga courses, and last but not least, writing.		
18.	Theatrical Performance: Andhi Mei Chiragh, Life and Speeches of Maulana Abul Kalam Azad	08th March 2021		A theatrical performance Andhi Mein Chirag was organised on the life and speeches of Maulana Abul Kalam Azad, the first education minister of India, with eminent artists Begum Zakia Zaheer, Dr. Syeda Hameed, Ms. Rene Singh, Ms. Pakhi Jain and Mr. Lokesh Jain.	Mr. Lokesh Jain
19.	Core Natural Science Inter-College Faculty meet	March 10, 2021		The meeting was attended by most of the CNS faculty members of the B.El.Ed college of the University of Delhi. The main focus of the discussion was the concerns of the teaching and learning of the Core Natural Sciences as the subjects involves majorly the hands on experience based tasks.	Dr. Susmita Ram and Ms. Khushbu Tyagi
20.	Interaction based Session Teaching at Mirambika during pandemic	March 11, 2021 2 hours	Dr Jayanthi Ramachandran (Principal, Mirambika School) Mr Baren Roul (Teacher, Mirambika School)	In wake of the current pandemic situation, it was highly unlikely that third year students would be able to physically visit alternate school (s) for	Dr Alka Sehgal, Ms Mansi Aneja and Ms Najia Zeb

				<p>observations. A series of discussion sessions were organised for the the students to interact with the practitioners and educators associated with the alternate school (Mirambika). Focus of discussion was:</p> <ul style="list-style-type: none"> - Reaching out to the children and their families during pandemic - Pedagogic Practices - Teaching-Learning Resources <p>Assessment and Examinations</p>	
21.	<p>Interaction based Session</p> <p>Teaching at Mirambika during pandemic</p>	<p>March 12, 2021</p> <p>1 hour</p>	<p>Dr Kamala Menon</p> <p>(Educator, Mirambika School)</p>	<p>In wake of the current pandemic situation, it was highly unlikely that third year students would be able to physically visit alternate school (s) for observations. A series of discussion sessions were organised for the the students to interact with the practitioners and educators associated with the alternate school (Mirambika). Focus of discussion was:</p> <ul style="list-style-type: none"> - Reaching out to the children and their families 	<p>Dr Alka Sehgal, Ms Mansi Aneja and Ms Najia Zeb</p>

				<p>during pandemic</p> <ul style="list-style-type: none"> - Pedagogic Practices - Teaching-Learning Resources <p>Assessment and Examinations</p>	
22.	Webinar on ' Work and Energy ' with the first year students	<p>March 15, 2021</p> <p>3 hours</p>	Ms. Anshumala and her team from 'Joy of Learning '	The focus of the workshop was to provide hands-on-experience to the students to gain the conceptual clarity of the concept.	Ms Khushbu Tyagi and Dr Susmita
23.	Understanding alternative education at Nature School	<p>16 March 2021; 18 March 2021; 19 March 2021</p>	Mr. Prakash Sahoo	Nature School is an alternative school in Orissa. We organized interactions online with the school where classes were observed, and interactions with teachers. The seminars were organized over a span of three days.	Dr. Alka Sehgal and Ms. Najia Zeb
24.	Aagaaz, a annual students event	<p>March 22, 2021</p> <p>2 hours</p>		<p>Various students' activities were organized through an online mode by the Students' Council of the department of elementary education. These included – open mic, painting and photography exhibit. Students from other colleges were also invited to participate.</p>	Ms. Vishakha Kumar

25.	Alumni Session	March 22, 2021 2 hours	Deepali Sah, Annu Ralli, Isha Verma and Sheetal Paul. Ms. Najia Zeb was the moderator of the session.	Four alumni of the department of elementary education, Jesus and Mary college were invited to speak about their journey after B.El.Ed and share their learning with students.	Ms. Vishakha Kumar
26.	Theatre: Sanhaar mein Srijan, Construction through Destruction	March 24, 2021		This event was organised to mark the conclusion of the First Year Theatre journey. The students presented creative writings on the prevailing COVID-19 Pandemic before the Department. Along with a video, a book containing all the inspired pieces has been created by the students.	Mr. Rajeev Srivastava , Mr. Lokesh Jain and First Year students.
27.	Orientation session for OBE 2021	May 30, 2021 1 hour`		The session was organized to guide students regarding the technical aspects and processes of OBE. Our alumnae, Garima Batra and Jagriti Batra, from the batch of 2020 were also invited to interact with the current batch and share insights regarding OBE based on their last year's experience of	Dr. Prabhjyot Kaur

				writing online exams.	