


## Curriculum Vitae

Title	<b>Ms.</b>	First Name	<b>Betina</b>	Last Name	<b>Abraham</b>	
Designation	<b>Assistant Professor</b>					
Department	<b>Psychology</b>					
Institutional Email Address	<b>b.abraham@jmc.du.ac.in</b>					
<b>EDUCATION</b>						
Degree	Institution	Year	Details			
PhD	<b>University of Delhi</b>	<b>Pursuing</b>	<b>Enrolled in Jan 2022 (Session 2021).</b>			
MPhil	-	-	-			
MA	<b>Daulat Ram College, University of Delhi</b>	<b>2017-2019</b>	<b>Honors Thesis: Theory of Mind and Sibling Relationship Quality in Early Adolescents</b>			
BA	<b>Jesus &amp; Mary College, University of Delhi</b>	<b>2014-2017</b>				
<b>CAREER PROFILE</b>						
Organisation / Institution	Designation	Duration	Role			
<b>All India Institute of Medical Sciences</b>	<b>Research Scholar</b>	<b>Jan, 2020 – Feb, 2022</b>	Holistic Wellness Program for students of grades 6th to 8 <sup>th</sup> generating material for workshops, practicing active facilitation for workshops, and collection, analysis, and dissemination of pre and post- assessment data.			
<b>Mi-Hope</b>	<b>Consultant</b>	<b>Apr, 2021 – Dec, 2021</b>	Virtual counselling services throughout the first and the second wave of the Covid pandemic.			

<b>Indraprastha College For Women, University of Delhi</b>	<b>Guest Lecturer</b>	<b>Apr, 2021 – Feb, 2022</b>	
<b>Department of Psychology, University of Delhi</b>	<b>Guest Lecturer</b>	<b>Dec,2021- July 2022</b>	Taught Postgraduate students of Psychology papers pertaining to Cognitive and Developmental Psychology, Clinical Psychology and Core papers of Advanced Statistics & Research Methodology.
<b>Jesus &amp; Mary College, University of Delhi</b>	<b>Ad-hoc</b>	<b>July, 2022- Present</b>	
<b>AREA OF INTEREST : Developmental Psychology, Cognitive Psychology, Statistics</b>			
TEACHING EXPERIENCE (Subjects/Courses taught)			
<ul style="list-style-type: none"> <li>I. Biopsychology</li> <li>II. Inferential Statistics in Psychology</li> <li>III. Social and Emotional Learning</li> <li>IV. Psychology of Living</li> </ul>			

**PhD (Supervised) - NA**

**MPhil (Supervised) - NA**

### **HONORS & AWARDS**

- I. Exceptional Volunteering Award at India's BIGGEST Mental health Festival 2022
- II. Dr. Meenakshi Mehta Award for being an outstanding student in Psychology (2017)
- III. Sunit Saral Award for being the Best Student of Psychology Department, Year 1 (2015)

### **PUBLICATION DETAILS**

#### **Books:**

#### **Journal Articles:**

**Abraham, B.**, Mandalaparth, M. (2021). Fake News during Covid-19 Outbreak: Differentiating Audience's Age regarding Prior Exposure, Emotion, Susceptibility, Practice, and Forwarding Behaviour. *Media Watch*, 12 (2), 251-264.

Mandalaparth, M., **Abraham, B.** (2021). Exploring Existential Anxiety among Indian Youth: Prevalence and Gender Differences. *Indian Journal of Youth and Adolescent Health*, 8(1).

Tushya, Chhabra, D., & **Abraham, B.** (2023). Social Networking or Social Isolation? A Systematic Review on Socio-Relational Outcomes for Members of Online Gaming Communities. *Games and Culture*, 15554120231201760.

Gupta, A., Choudhary, A., Chhabra D., & **Abraham, B.** (2023). Impact of Celebrity Worshiping on Body Image and Maladaptive Daydreaming in Young Adults. *Indian Journal of Psychological Science*, 16(2), 84-96.

#### **Newspaper Articles:**

**Papers presented in Seminars/conferences:**

Abraham, B. (2022) Effectiveness of Psychological Debriefing with Road Accident Victims: The Future Roadmap for India at the 11<sup>th</sup> International Conference of Victim Assistance on 19<sup>th</sup>-21<sup>st</sup> October, 2022.

**National Workshops and Seminars Organised:**

**Talks/Lectures:**

Talk on 'Mental Health Awareness' at HSKV, Pandara Road. October, 2022

**Participation as Resource Person:**

Workshop on 'Mental Health Promotion Among Underprivileged Children', Ramagya Foundation. Sept, 2022

**OTHER DETAILS**

**Preparation of Teaching Material:**

**Research Projects:**

**Membership in Professional Bodies:**

**Orientation and Refresher Courses:**

4 Week Faculty Induction / Orientation Programme: Teaching Learning Centre, Ramanujan College, University of Delhi, under the aegis of Ministry of Education, Malaviya Mission Teacher Training Programme

**Field Work:**