


Curriculum Vitae

Title	Dr.	First Name	Blessy	Last Name	Davd	
Designation	Assistant Professor					
Department	Psychology					
Institutional Email Address	bdavid@jmc.du.ac.in					
EDUCATION						
Degree	Institution	Year	Details			
PhD	Dr. Harisingh Gour Vishwavidyalaya, Sagar (M.P.)	2022	Effects of Nutrition and Psychosocial Stimulation on the Development of Children: An intervention-based study on the Malnourished Children of Madhya Pradesh			
MPhil	NA	NA	NA			
Master of Arts	Dr. Harisingh Gour Vishwavidyalaya, Sagar (M.P.)	2015	Psychology			
Bachelor of Arts	Devi Ahilya Vishwavidyalaya, Indore (M.P.)	2013	Psychology, English Literature and Drawing			
CAREER PROFILE						
Organisation / Institution	Designation	Duration	Role			
Thapar School of Liberal Arts and Social Sciences, Thapar University, Patiala, Punjab	Assistant Professor (C-II)	Sept 2023- Jan 2024	Teaching the students of graduation and postgraduation in Psychology, Guiding dissertations of Masters' final year students. Curriculum development for the papers: Psychology at workplace and Sports psychology for B.A. 3rd Year.			

The Maharaja Sayajirao University of Baroda, Vadodara	Assistant Professor (CES)	October 2021- August 2023	Teaching the students of graduation and postgraduation in Psychology, Guiding dissertations of Masters' final year students. Coordinating the internship placements for the MA first- and second-year students.
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AREA OF INTEREST : Developmental Psychology, Applied psychology

TEACHING EXPERIENCE (Subjects/Courses taught)

I. The following courses were taught by me in my tenure at the Maharaja Sayajirao University of Baroda, Vadodara, Gujarat

- Psychological Measurement and Research- M.A. 1st Sem (Core)
- Introduction to school Psychology- M.A. 1st Sem (Specialization)
- Learning and Cognition in content areas- M.A. 2nd Sem (Specialization)
- Academic and Behavioral interventions in school- M.A. 2nd Sem (Specialization)
- Theories and Systems of Psychology- M.A. 3rd Sem (Core)
- Social Psychology- M.A. 4th Sem (Core)
- Basic Psychological Processes I- B.A. 1st Sem
- Basic Psychological Processes II- B.A. 2nd Sem
- Applications of statistics in Psychology- B.A. 3rd Sem
- Processes of Counselling and Guidance- B.A. 4th Sem
- Psychology of Personality- B.A. 5th Sem
- Experimental Design and data analysis- B.A. 6th Sem

II. The following courses were taught by me in my tenure at the Thapar School of Liberal Arts and Social Sciences, Patiala, Punjab

- Personality- M.A. 1st Sem
- Psychology at Workplace- B.A. 5th Sem
- Applied Social Psychology- B.A. 5th Sem
- Sports Psychology- B.A. 6th Sem
- Data Analysis and Report writing- B.A. 6th Sem

PhD (Supervised): None

MPhil (Supervised): None

HONORS & AWARDS

- I. Best paper award in an International Webinar on 'Role of Positive Psychology in building bridges among and within nations: Global youth's perspective' on 25th June, 2020, organized by the Department of Psychology, Arya Mahila, P.G. College, Chetganj, Varanasi, U.P.
- II. Awarded with Maulana Azad National Fellowship (MANF) by UGC in April 2017.
- III. Qualified UGC-NET (LS) in April 2016.
- IV. Batch topper in Master of Arts in Psychology, 2015.
- V. University 2nd position in Merit for Bachelor of Arts, 2013.
- VI. Received S.D. Naik gold medal for being the top scorer in English Literature in B.A., 2013.
- VII. Captained the College Badminton Team in University games in 2011.

PUBLICATION DETAILS

Books: None

Newspaper Articles: None

Journal Articles:

S. NO.	DETAILS OF PUBLICATION	IMPACT FACTOR	ISSN NO.
1.	Blessy Elizabeth David and Sanjay Kumar, Child Development beyond the nutrition-specific models: bridging the pathways via psychosocial stimulation, <i>Frontiers in Psychology</i> , 14 (2023), 1664-1078 DOI: 10.3389/fpsyg.2023.1273591	3.83	1664-1078 Frontiers
2.	Blessy Elizabeth David and Sanjay Kumar, Psychological health problems during the lockdown: A survey of Indian population in COVID-19 pandemic, <i>Data in Brief</i> , 33 (2020) 106566. DOI: https://doi.org/10.1016/j.dib.2020.106566	1.139	2352-3409 Elsevier
3.	Blessy Elizabeth David, Sanjay Kumar, and P.K. Rai, The Roots of Malnutrition and Its Possible Alleviation within the Family, <i>International Journal of Social Science And Human Research</i> 04(09) (2021), 2308-2316	5.586 (SJIF)	2644-0695 EuroPub

DOI: 10.47191/ijsshr/v4-i9-06

4.	Blessy Elizabeth David, Sanjay Kumar, and P.K. Rai, Personality and the level of aspiration: a study on Indian adolescents' academic performance, <i>Journal of Oriental Research Madras</i> 248 (2021), 112-125	--	0022-3301
5.	Waqar Maqbool Parray, Sanjay Kumar, and Blessy Elizabeth David, Investigating the impact of assertiveness training on assertiveness and self-esteem of high school students, <i>Polish Psychological Bulletin</i> 51(3), (2020) 171-176, DOI: 10.24425/ppb.2020.134724	0.046	0079-2993 PAN
6.	Waqar Maqbool Parray, Sanjay Kumar, Blessy Elizabeth David, Shraddha Khare, and Ved Prakash Maurya, Exploring assertiveness in Indian adolescents: a qualitative inquiry, <i>Journal of Indian Association of Child and Adolescent Mental Health</i> 73, (2020) 106-122, DOI: 57669232	0.333	0973-1342 IACAM
7.	Waqar Maqbool Parray, Sanjay Kumar, Blessy Elizabeth David, and Shraddha Khare, Assertiveness predicts self-esteem, academic achievement, and stress: a study of Kashmiri adolescents, <i>Humanities and Social Science Reviews</i> , 8(1), (2020) 707-715 DOI: 10.18510/hssr.2020.8185	2.73	2395-6518 MGES

Papers presented in Seminars/conferences:

1. Oral Paper Presentation titled- "Mediation of fathers' parenting styles on emotional and cognitive development of their children" from 3-5 March, 2023, in the 32nd Annual Convention of the National Academy of Psychology (NAOP) held at Ahmedabad University, Gujarat.
2. Best paper award in an International Webinar on 'Role of Positive Psychology in building bridges among and within nations: Global youth's perspective' on 25th June, 2020, organized by the Department of Psychology, Arya Mahila, P.G. College, Chetganj, Varanasi, U.P.
3. Oral Paper Presentation titled- "Impact of nutritional status on psycho-physiological and social development of preschool children: Exploring the mediational effects of psychosocial stimulation", at Fortis third Annual Psychology Conference 2019, organized by the Fortis Memorial Research Institute, Gurgaon, Haryana, India, 13-15, September, 2019.
4. Oral Paper Presentation titled- "Exploring the mother-child interaction with respect to marital satisfaction and type of family" at the 24th Congress of the International Association of Cross-Cultural Psychology (IACCP), organized by the University of Guelph, Canada, July 1-5, 2018.
5. Presented a research paper titled- "Personality and the level of aspiration: A study on adolescents" in 53rd National & 22nd International Conference of Indian Academy of Applied Psychology (IAAP-2018) organized by the Department of Applied psychology, Pondicherry University, India, February 16-18, 2018.

National Workshops and Seminars Organized: None
Talks/Lectures: <ol style="list-style-type: none"> 1. Visiting Faculty at the Gati Shakti Vishwavidyalaya, Vadodara. October 2022-Feb 2023. Course Name: Communication and Story Telling (B.E. 1st Semester) 2. In-House internship training for M.A.1st Semester students on the topic Transactional Analysis for Personal and Professional Excellence on 06-01-2022 The Maharaja Sayajirao University of Baroda, Vadodara, Gujarat 3. Lecture delivered in the FDP on 'Single use plastic pollution: Sustainable Solutions' on 15th December, 2022 at the National Rail and Transportation Institute (NRTI), Vadodara, Gujarat
Participation as Resource Person: <ol style="list-style-type: none"> 1. HRDC short-term course on 'Anger Management in Private and Public Spheres' 24-31 Dec, 2021 at Dr. Harisingh Gour Vishwavidyalaya (A central University) 2. National Webinar on Personality Development and Character Building, Govt. P.G. College Bareilly Dist. Raisen (M.P.) on 29-05-2024
OTHER DETAILS
Preparation of Teaching Material: None
Research Projects: None
Membership in Professional Bodies: Member of NAOP
Orientation and Refresher Courses: <ol style="list-style-type: none"> 1. Four-week Faculty Induction/Orientation Program from Feb 21, 2024 to Mar 19, 2024 by the Teaching Learning Centre, Ramanujam College, University of Delhi under the aegis of Ministry of Education, Malaviya Mission Teacher Training Programme. 2. Five-day National FDP on "Enhancing Academic and Research Competence for Professional Excellence" from 10-14, June 2024 organized by St. Pious Degree and PG College for Women. 3. Training Program/ FDP on "Art of Writing Research Paper- Methods and Solution" organized by Sage University- Indore, Research Foundation of India and RFI-CARE from 24 Sept to 30 Sept 2022.
Field Work: None