



JESUS AND MARY COLLEGE

The most important thing in a game is not to win, but to take part.

55th Annual Sports Meet 2023-2024



SHIVPAL SINGH
GUEST OF HONOUR



KASHISH LAKRA
CHIEF GUEST



RAHUL MAKIN
GUEST OF HONOUR

MEMBERS OF SPORTS COUNCIL

PROF. SANDRA JOSEPH
PRINCIPAL

DR. ANJU LUTHRA
ASSOCIATE PROFESSOR

DR. GARIMA BAJAJ
TEACHING FACULTY

MS. NANCY GUPTA
TEACHING FACULTY

PROF. VIBHA MATHUR
SPORTS COMMITTEE

DR. RICHA RAJ
SPORTS COMMITTEE

DR. SABIHA MAZID
SPORTS COMMITTEE

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PRESIDENT

KARISHMA
SPECIAL COORDINATOR

MEGHA BISHT
VICE -PRESIDENT

AVEESHI DABAS
GENERAL SECRETARY

MR. SHIV MANGAL
GYM CARETAKER

MR. PAWAN TIGGA
SPORTS ATTENDANT

WELCOME
PRINCIPAL'S PRAYER & ADDRESS
FLAG HOISTING
INTER-DEPARTMENTAL MARCH PAST
DECLARING THE MEET OPEN
CHIEF GUEST ADDRESS
100M RACE
BALLOON POP
ANNUAL REPORT
YOGA PERFORMANCE
PRIZE DISTRIBUTION
200M RACE
LEMON AND SPOON RACE
BLIND RUN
KAHKASHA PERFORMANCE
PRIZE DISTRIBUTION
4X100M RELAY RACE
BRICK RACE
NRITYANJALI PERFORMANCE
WHEEL BARROW RACE
OBSTACLE RACE
MUDRA PERFORMANCE
PRIZE DISTRIBUTION
TRAIN RELAY
PRIZE DISTRIBUTION
DECLARING THE MEET CLOSED
VOTE OF THANKS

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CAPTAINS 2023-2024

Cynthia Francis

ATHLETICS

Adya Parashar

BADMINTON

Kanika Sharma

BOXING

Shaily Upadhyay

BASKETBALL

Ayushi Soni

CRICKET

Paridhi Jain

GYMNASTICS

Gorvi Rawat

FOOTBALL

Shruti Kandwal

HANDBALL

Palak Arora

KHO-KHO

Muskan Tokas

JUDO

Khushi Kumari

NETBALL

Yashwani Suhag

SWIMMING

Rinkle

SOFTBALL

Mahika Dixit

TABLE TENNIS

Kashish Bhatia

TENNIS

Nikki

VOLLEYBALL