

Jesus and Mary College
Department of B. Voc. Healthcare Management

Event Report – Career Odyssey 2.0: Navigating Paths, Shaping Futures : Day 1

DATE: 19 January 2026

TIME: 10:00 a.m. onwards

VENUE: Seminar Hall & AV Room, L-Building

Introduction

The Department of **B. Voc. Healthcare Management**, Jesus and Mary College, University of Delhi, organized **Career Odyssey 2.0: Navigating Paths, Shaping Futures**, a two-day career-oriented programme aimed at providing students with expert guidance, career clarity, and industry exposure beyond classroom learning.

The event began with a formal welcome by the hosts, **Manasvini and Anusha**, who introduced the objectives of the programme and provided a brief overview of the **B. Voc. Healthcare Management course**, highlighting its scope, relevance, and career opportunities. The hosts also introduced the invited speakers and panellists for the sessions.

The event featured three speakers:

- **Ms. Neerja Timothy** – JMC Alumna, IIM Jammu, Aakash Healthcare
- **CA Sumit Chincholikar** – Corporate Finance and Strategic Advisory Professional
- **Mr. Tanmay Arora** – Industry Professional, Career Mentor, Partner & Vice President, KRESERA

(Major General Rajan Kochhar, though mentioned earlier, were not present for the event.)

Session Details

Session 1: Career Orientation and Life Lessons – CA Sumit Chincholikar

CA Sumit Chincholikar initiated the session by asking fundamental questions such as “*What do you want to become in life?*” and encouraged student interaction through volunteer participation. He further discussed career expectations, including income goals, by interacting with the President and Vice President of the department.

He emphasized that true success lies in **dedicating one’s achievements to parents** and maintaining moral values. He advised students against selfishness and stressed that being ethically right in life is more important than material success. His session focused on imparting essential **life lessons** related to discipline, responsibility, and purpose.

Session 2: Industry Exposure and Interview Skills – Mr. Tanmay Arora

Mr. Tanmay Arora's session focused on **entrepreneurship, startups, and industry expectations**, particularly in healthcare, biotechnology, and business innovation. He shared insights about his entrepreneurial journey and his venture **Unwired India**, inspiring students to experiment with diverse career paths.

He highlighted the importance of **self-contentment and happiness**, stating that one must first be satisfied personally before contributing positively to family and society. He also shared his achievement of earning his first million at a young age, motivating students to take initiative and calculated risks.

A significant part of his session was dedicated to **interview preparation**. He advised students to view interviews as a **two-way interaction**, encouraging them to ask panellists questions and engage meaningfully. He introduced the **Question–Story–Restatement** technique for answering interview questions effectively and stressed the importance of **body language and mirroring** to build rapport with interviewers.

Session 3: Alumni Insights and Career Guidance – Ms. Neerja Timothy

Ms. Neerja Timothy, an alumna of Jesus and Mary College, began her session by sharing her academic journey and reconnecting with her alma mater. She emphasized that **the right time to plan one's career is the present**.

She spoke about how her **MBA from IIM Jammu** helped her develop clarity, decision-making abilities, and adaptability. She advised students to explore internships in varied sectors, take up jobs when unsure to gain clarity, and understand organizational functioning. She also stressed the importance of **teamwork**, especially in healthcare settings where collaborative work is essential.

Resume Building and Skill Enhancement Session – Mr. Tanmay Arora

Mr. Tanmay Arora conducted an interactive **resume-building session**, where student resumes were reviewed alongside a presentation. He introduced important resume frameworks such as the **XYZ method** and the **STAR technique**, and explained the relevance of the **Harvard resume format**.

He emphasized:

- Leading resumes with achievements
- Maintaining proper **white spacing** for readability
- Including **quantitative outcomes** instead of vague information

He explained that resumes are generally scanned **vertically** and in an **'F' pattern**, making structure and clarity crucial. Several student resumes were randomly selected for discussion, providing practical learning and feedback.

Group Discussion and Feedback

Following the resume session, a **Group Discussion** was conducted in the seminar hall with students divided into groups of five. All three panellists observed the discussions and provided **individual feedback** on communication skills, confidence, content, and overall performance. A resume review session followed, offering constructive suggestions to each participant.

Conclusion

The event concluded with a **Vote of Thanks** delivered by **Riya Issac (President)** and **Mannsi Agarwal (Vice President)** of the Department of B. Voc. Healthcare Management. **Career Odyssey 2.0** was a highly informative and impactful programme that equipped students with practical knowledge, career direction, and essential life skills. The event successfully bridged the gap between academic learning and professional expectations, leaving participants motivated and better prepared for their future careers.

Report prepared by: Vaishnavi Mediratta (First Year)

Approved by: Faculty: Ms. Deepa Krishna

President: Ms.Riya Issac

Vice President: Ms.Mannsi Agrawal



