

**Proforma for the Compulsory and Cultural Societies/Sports Department/Student Council Report  
Year 2020-21**

**(Information should be compiled for the period starting from 1<sup>st</sup> July 2020 to 30<sup>th</sup> June 2021)**

**\*Submit the report by 15<sup>th</sup> August 2021 on [igac.coordinator@jmc.ac.in](mailto:igac.coordinator@jmc.ac.in)**

1. Name of the Society: **Women's Studies Centre (WSC)**
  
2. Name of the Teacher Convenor and other members:
  - Dr. Maya John (Assistant Professor, Department of History) - **Convenor**
  - Dr. Sharon Pillai (Assistant Professor, Department of English)
  - Dr. Jessy Philip (Assistant Professor – Adhoc, Department of Sociology)
  - Dr. Priya Bhatnagar (Assistant Professor – Adhoc, Department of Psychology)
  - Dr. Anupama Srivastava (Assistant Professor – Adhoc, Department of Hindi)
  - Ms. Kashish Dua (Assistant Professor – Adhoc, Department of English)
  - Ms. Aneesha Puri (Assistant Professor – Adhoc, Department of English)
  
3. No. of students enrolled in the Society: **270 members** (Including two WSC Office Bearers)
  
4. Names of Student President/Vice-President and other Office Bearers (2020-21):
  - President: Dhvani Jaisingh (III Year, English Hons)
  - Vice President: Riya Arora (II Year, Sociology Hons)
  
5. Events /Talks by eminent personnel/ organized/ attended in the academic year (in the chronological order with date, time, reports, number of participants with signatures)

Name of the Event/Talk/Seminar	Date of the Event (DD-MM-YYYY)	Number of students participated	Number of Faculty Members participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc. <i>*Short reports available for all WSC events (Saved on to the WSC's google drive)</i>
Inaugural Panel Discussion: 'Women and Lockdown: Differential Experiences and Realities'	29-08-2020	95	5 (including the college Principal)	<p>1. Professor Ritu Dewan (Founder- Member of the first Centre of Gender Economics, University of Mumbai)</p> <p>2. Priyanka Kotamraju (Co- founder of Chitrakoot Collective, formerly with Khabar Lahariya)</p> <p>3. Meera Jatav (Co-founder of Chitrakoot Collective, Senior Journalist, formerly with Khabar Lahariya)</p>
Lecture on Dalit Women's Lives Matter	07-10-2020	100	2	Ms. Bhasha Singh (Senior Journalist and Writer, currently associated with Newslick as a Consulting Editor)

Narratives of Gender and Sexuality: Screening of the Short Film 'Boxed'	14-10-2020	91	-	Ms. Kashish Dua (Assistant Professor, Jesus and Mary College)
Certificate Course Module on Gender and Law Session I: The New Labour Codes and Women Workforce	16-10-2020	80	1	Dr. Maya John (Assistant Professor, Department of History, Jesus and Mary College and WSC Convenor)
Certificate Course Module on Gender and Law Session II: Reimagining Labour Law framework for Domestic Workers in India	24-10-2020	76	1	Dr.Sophy Joseph (Assistant Professor, National Law University, Delhi and Post - Doctoral Research Associate at King's College)
Certificate Course Module on Gender and Law III: Civil and Criminal Law with respect to Crimes against Women	28-10-2020	80	1	Ms. Audrey D'Mello (Programme Director at Majlis Manch)
Certificate Course Module on Gender Analysis of the Lockdown Session I: Conditions and Experiences of Women: Lock-down and Beyond	06-11-2020	69	1	Dr. Maya John (Assistant Professor, Department of History, Jesus and Mary College and WSC Convenor)
Narratives of Gender and Sexuality: Understanding Queerness: Creating Safe Spaces and Building Allyship	09-11-2020	62	1	Ruhaan and Vihaan from Nazariya: A Queer Feminist Resource Group, an organisation formed in 2014 by Delhi- based queer feminist activists.

Certificate Course Module on Gender Analysis of the Lockdown Session II: Gender Dimensions of COVID	11-11-2020	60	2	Professor Lakshmi Lingam (Dean and Professor, School of Media and Cultural Studies, Tata Institute of Social Sciences, Mumbai)
Narratives of Gender and Sexuality: Coming Out	13-11-2020	57	1	Sonal Giani (an LGBTQ+ Activist and filmmaker)
Certificate Course Module on Gender Analysis of the Lockdown Session III: India's Lockdown and it's Ramifications on Rural Women	18-11-2020	72	1	Professor Jayanti Kajale (Professor at Gokhale Institute of Politics and Economics, Pune, Specialist in Agricultural Economics)
Gender and Caste: Rethinking Feminism	20-11-2020	100	2	Ms. Cynthia Stephen (Dalit Activist, Writer, Social Policy Researcher and an Independent Journalist)
Certificate Course Module on Public Health and Global Care Chains Session I	16-01-2021	73	1	Dr. Maya John (Assistant Professor, Department of History, Jesus and Mary College and WSC Convenor)
Certificate Course Module on Public Health and Global Care Chains Session II: The Labour of Care: The Persistence of Gender and Caste in the Service Economy	22-01-2021	75	1	Dr. Panchali Ray (Independent Researcher and Author)

Certificate Course Module on Public Health and Global Care Chains Session III: Women's Migration, State policy and Social Disruption at the source: Experiences of South Indian Women	23-01-2021	73	1	Professor Praveena Kodoth (Associate Fellow, Centre for Development Studies, Thiruvananthapuram)
Certificate Course Module on LGBTQIA+ Writings from India Session I	04-02-2021	87	1	Ms. Kashish Dua (Assistant Professor, Department of English, Jesus and Mary College)
Certificate Course Module on LGBTQIA+ Writings from India Session II: Memory of Light: Writing Lesbian Historical Fiction	06-02-2021	98	2	Professor Ruth Vanita (Professor of English, University of Montana and author of several books)
Certificate Course Module on LGBTQIA+ Writings from India Session III: Straight to Normal: The Need for Queer Life Narratives from India	08-02-2021	100	1	Sharif D Rangnekar (Communications and Workplace Consultant, Author, Festival Director - Rainbow Lit Fest, Singer/Songwriter)
Certificate Course Module on Public Health and Global Care Chains Session IV: Care, Healthcare Crisis and Gendered Migration: Inequalities and Connections	10-02-2021	63	1	Dr. Christa Wichterich (Visiting Lecturer, Basel University and Freelance Author, Scholar Activist)
Interactive Workshop series titled Dialogues with Feminists Abroad: Critical Questions and Some Reflections Session I	12-02-2021	88	2	Alessandra Spano (Scholar - Activist, Marxist - Feminist based in Italy, associated with Migrants Coordination and Precarious Disconnection)

<p>Interactive Workshop series titled Dialogues with Feminists Abroad: Critical Questions and Some Reflections Session II</p>	<p>13-02-2021</p>	<p>80</p>	<p>2</p>	<p>1. Andrea Zamparini (Activist with Argentinian Advocacy Group: Campaña Nacional por el Derecho al Aborto Legal, Seguro y Gratuito / National Campaign for the Rights to Safe and Free - Legal Abortion)</p> <p>2. Marta Carramiñana (Women's Rights Activist from Spain who works with autonomous Trade Union CNT and has helped organise national level Feminist Strikes: Huelgas Feministas and La Revuelta Feminista)</p>
<p>Interactive workshop on Disability, Gender and Accessibility</p>	<p>17-02-2021</p>	<p>96</p>	<p>1</p>	<p>Ms. Srinidhi Raghavan (Co- Lead Programs of Rising Flame: A non - profit working for human rights of People with Disabilities; Sexuality and Women's Disability Rights Activist, Independent Researcher)</p>

Lecture on Caste and Indian Feminism	22-02-2021	93	1	Dr. Jessy Philip (Assistant Professor, Department of Sociology, University of Delhi)
Caste and Gender: Rethinking Feminist Interventions in Law from an Anti-Caste Perspective	26-02-2021	101	2	Ms. Nikita Sonavane (Legal Researcher, Advocate and Co- Founder of the Bhopal Based Criminal Justice and Police Accountability Project)
Annual festival of WSC, Jagriti: Inaugural Lecture	05-03-2021	Approx. 120 (including those who joined FB Live)	7 (including college Principal )	MS. Kirti Singh (Leading Women's Rights Lawyer and Activist)
Annual festival of WSC, Jagriti: National Student Seminar	05-03-2021	Approx. 130 (divided into different chat rooms)	5	1. Dr. Rinju Rasaily (Associate Professor, Dept. of Sociology, AUD)  2. Dr. Abhijit Kundu (Associate Professor, Sri Venkateswara College)  3. Dr. Jessy Philip (Asst. Professor, Dept. of Sociology, JMC)

Public Lecture on “A History of Our Own: Mapping Women's Movements and Feminisms in India,” in collaboration with the Department of History, Jesus and Mary College	10-03-2021	Approx. 120 (including students of the History Dept. and those who joined FB Live)	10	Ms. Urvashi Butalia (Indian Feminist Writer, Publisher and Activist. She is known for her work in the women’s movement and has authored several books)
Series of workshops on “The 2021 Budget from a Gender Perspective,” in collaboration with Women's Development Cell, Miranda House	19-03-2021	94	1	<p>1. Professor Ritu Dewan (Founder-Member of the first Centre of Gender Economics in Asia and Vice - President of the Indian Society of Labour Economics)</p> <p>2. Ms. Shruti Ambast (Senior Policy Analyst, Centre for Budget and Governance Accountability)</p>



Workshop on the theme 'Gender and Media': Module I & II	20-03-2021	60	2	<p>1. Soumya Mathew (Community Editor at Feminism in India, Journalist, Independent Reporter)</p> <p>2. Vandana Sebastian (A noted TV Journalist, who has worked with major national channels like NewsX, CNN- News 18 and India Ahead News)</p>
Workshop on the theme 'Gender and Media': Module III	22-03-2021	65	1	Priyanka Dubey (Bilingual Multimedia investigative journalist currently with BBC and author of the No Nation for Women Reportage on Rape from India, the World's Largest Democracy)
Gender, Community & Personal/Family Law, in collaboration with Sarojini Naidu Centre for Women's Studies, Jamia Millia Islamia, Session I	22-04-2021	101	1	Professor Ved Kumari (Vice Chancellor, National Law University, Bhopal)

Gender, Community & Personal/Family Law, in collaboration with Sarojini Naidu Centre for Women's Studies, Jamia Millia Islamia, Session II	24-04-2021	80	1	1. Dr. Firdous Azmat Siddiqui, Sarojini Naidu, Centre for Women's Studies, Jamia Millia Islamia  2. Dr. Monmayee Basu (Associate Professor, Hansraj College, University of Delhi)
Certificate Course Module on Public Healthcare, Modern Medical Science and Capitalism: Contextualising India's Health Crisis Session I	16-06-2021	76	1	Dr. Maya John (Assistant Professor, Department of History, Jesus and Mary College and WSC Convenor)
Certificate Course Module on Public Healthcare, Modern Medical Science and Capitalism: Contextualising India's Health Crisis Session II	18-06-2021	71	1	Nurse Santosh Mahindrakar (Research Coordinator, Innovative Alliance for Public Health - IAPH)
Certificate Course Module on Public Healthcare, Modern Medical Science and Capitalism: Contextualising India's Health Crisis Session III	22-06-2021	54	1	Professor Imrana Qadeer (Distinguished Faculty at Council for Social Development, noted Public Health Activist and former Professor at Jawaharlal Nehru University, Delhi)

**\* Attendance Register with student's signature to be maintained.**

6. Attach Minutes of the meetings held during the year

- August 14<sup>th</sup> 2020 – Meeting with Dr. Maya John (Convenor) and WSC volunteers to coordinate on the Independence Day Presentation by WSC on 'Women and the Indian National Movement'.

- September 19<sup>th</sup> 2020 – Introductory Core Team Meeting to get acquainted with the selected Core Team members and suggest ideas for WSC events/online social media campaigns.
- September 27<sup>th</sup> 2020 – Meeting with Dr. Maya John, the WSC Office Bearers and Research Team Head, to chart out WSC Research Projects and Calendar of events for upcoming months
- October 5<sup>th</sup> 2020 – Core Team Meeting for the discussion of upcoming collaborations with JMC societies such as Sunny Mugs, the Poetry Society and JMC Education Programme, along with other external organizations such as Advaita and One Future Collective.
- October 21<sup>st</sup> 2020 – Meeting of Dr. Anupama Srivastava (Project Mentor) and WSC students of the Hindi Department to discuss outline/scope of the research project of “Entrepreneurship of Muslim Women of Delhi-6”. A group of 6 students was formed, and aim of the project was discussed as well as some point on research methodology. Some work/tasks were designated like content writing, photography and field work etc.
- November 5<sup>th</sup> 2020 – Meeting of Dr. Anupama Srivastava with members of project group “Entrepreneurship of Muslim Women of Delhi-6” on how to achieve and establish different arguments through research.
- November 7<sup>th</sup> 2020 – Core Team Meeting for a feedback by the team on their work, responsibilities and duties.
- November 9<sup>th</sup> 2020 – Meeting with Dr. Maya John to discuss the backlog of distribution of WSC Certificates from the year 2019-20 that was paused due to the unexpected pandemic. It was decided that the President would get the hard copy certificates filled out, stamped with the then college Principal’s signature, and then scanned and sent to the 2019-20 WSC members. At a safer time, the actual hard copies would be made available through distribution of these in college. It was also decided that in the interim period, the Convenor, Dr. Maya John will provide email confirmations of WSC membership to those students who need it for internships/post-graduate admissions.
- January 4<sup>th</sup> 2021 – Meeting of Dr. Anupama Srivastava and WSC Research Assistant (RA), Ms. Shreya. The RA was apprised of and made familiar with the idea of work in preparation with respect to the research project on Entrepreneurship of Muslim Women of Delhi-6.
- January 9<sup>th</sup> 2021 – Core Team Meeting for an introduction to newly initiated first year students, and to discuss upcoming WSC Certificate Course Modules and Training Workshops.
- January 10<sup>th</sup> 2021 – Formal interactive session with of WSC RA, Ms. Shreya, with the members of the research project on Entrepreneurship of Muslim Women of Delhi-6.
- January 10<sup>th</sup> 2021 – Meeting of Dr. Maya John with the research team on the WSC project on “Gender Analysis of the Lockdown.” Readings to use for a general literature review were discussed along with specialized readings on the different segments / sectors to be analyzed in the project.
- January 10<sup>th</sup> 2021 – Meeting of WSC RA, Ms. Shreya, and the members of the research project on Entrepreneurship of Muslim Women of Delhi-6. The students were provided reading material and explained how to analyze the key points in the readings. A Webinar by ISST on 11<sup>th</sup> January 2021 was notified and these students were encouraged to attend it.
- January 16<sup>th</sup> 2021 – Meeting of the office bearers with Dr. Maya John to plan and finalize events in the second semester, based on inputs from the Core Team.

- January 25<sup>th</sup> 2021 – Meeting of WSC RA, Ms. Shreya, and members of the research project on Entrepreneurship of Muslim Women of Delhi-6 to discuss outline of the literature review and formulating of a precise draft for the project report. In the meeting the resource persons/karigars/workers/entrepreneurs were finalized from whom interviews were to be collected.
- January 29<sup>th</sup> 2021 – Meeting of Dr. Maya John with the members of the research project on Gender Analysis of the Lockdown to discuss their sample size for field work.
- January 30<sup>th</sup> 2021 – Meeting of Dr. Anupama Srivastava, WSC RA, Ms. Shreya, and members of the research project on Entrepreneurship of Muslim Women of Delhi-6. A quick review and inputs on draft literature review was given.
- January 31<sup>st</sup> 2021 – Meeting with Dr. Maya John, the Office Bearers and Editorial Team Head to invite entries for the WSC Magazine, Jigyasa 2021.
- February 3<sup>rd</sup> 2021 – Core Team Meeting to allot duties for the upcoming Certificate Course series, event with international scholars and other stand-alone workshops.
- February 6<sup>th</sup> 2021 – Meeting of Dr. Maya John with the members of the research project on Gender Analysis of the Lockdown to finalize resource persons to interview for the project and to finetune the reading list / reading material being pursued for each segment/sector being analyzed. The deadline for the submission of the first draft of sector-wise literature review was fixed for February 17<sup>th</sup> 2021.
- March 2<sup>nd</sup> 2021 – Meeting with Dr. Maya John and the Office Bearers to discuss preparations for the WSC’s online fest, Jagriti and Annual Student Seminar conducted on March 5<sup>th</sup> 2021 to commemorate International Women’s Day
- March 6<sup>th</sup> 2021 to March 30<sup>th</sup> 2021 – Several virtual meetings were held between individual members of the research project on Gender Analysis of the Lockdown in order to prepare them for their online interviews with resource persons. Meetings in this month also included online sessions with resource persons who were interviewed as part of the project’s field work.
- March 22<sup>nd</sup> 2021 – Meeting of Dr. Anupama Srivastava and members of the research project on Entrepreneurship of Muslim Women of Delhi-6. Preparations for field work were streamlined, photo-shoot plans were discussed as well as how to make a documentary film, draw out map work/ directions/ vehicles, etc.
- March 26<sup>th</sup> 2021 – Meeting of Dr. Anupama Srivastava with the members of the research project on Entrepreneurship of Muslim Women of Delhi-6. Instructions were given for the launch of the project’s major findings in form of short video.
- March 30<sup>th</sup> 2021 - A meeting of Ms. Aneesha Puri (project mentor) and members of the research project on “Cyberbullying, Cyber-stalking and Sexism: A Case Study of Women Students of Delhi University” was held to discuss the responses received on the survey questionnaire that was circulated among the women students of DU. Broader trends and the concerns which were repeated in the responses were deliberated upon.
- April 5<sup>th</sup> 2021 – Meeting with Dr. Sharon Pillai (Editorial Advisor of WSC’s annual magazine, *Jigyasa*) and the Editorial & Design teams to go over the contents of the WSC Magazine, ideation and preparation of the draft of Jigyasa.
- April 8<sup>th</sup> 2021 – Meeting of Ms. Aneesha Puri and members of the research project on Cyber-bullying, Cyber-stalking and Sexism to discuss the structure of the project report. The conceptual framework was discussed in detail and debated, and the students put forth

their suggestions about how they want to execute the analysis. Additionally, they were familiarized with the significance of citing sources and references and how to embed them in the analysis.

- April 14<sup>th</sup> 2021 and April 18<sup>th</sup> 2021– Meetings of Dr. Maya John with the members of the research project on Gender Analysis of the Lockdown. The chapterization in the final report was discussed and a one-on-one session with individual project team members was held to discuss how each of them were to draft their respective chapter.
- April 17<sup>th</sup> 2021 – Meeting of Ms. Aneesha Puri and the members of the research project on Cyber-bullying, Cyber-stalking and Sexism to discuss the problems that they faced while analyzing the responses which they received to the circulated questionnaire, and locating these problems in the larger framework of gender theories. They were suggested sources for supplementing their understanding with available theoretical frameworks.
- April 20<sup>th</sup> 2021 – Meeting of Ms. Aneesha Puri and the members of the research project on Cyber-bullying, Cyber-stalking and Sexism to discuss the first draft of their compiled project report. The students were briefed on areas of improvement and points that they need to reconsider and reassess.
- April 30<sup>th</sup> 2021 – General Body Meeting for the results of 2021-22 WSC Elections and an informal discussion of the second wave of COVID-19 along with a farewell for final year students.
- June 25<sup>th</sup> 2021 – Meeting of Dr. Maya John, Ms. Aneesha Puri and Dr. Anupama Srivastava with members of the various WSC research projects on Gender Analysis of the Lockdown; Cyber-bullying, Cyber-stalking and Sexism; and Entrepreneurship of Muslim Women of Delhi-6 to discuss their powerpoint presentations showcasing their projects at the WSC GBM.
- June 26<sup>th</sup> 2021 – General Body Meeting for the release of WSC Research Projects (Entrepreneurship of Muslim Women of Delhi-6, Tracing Distress and Enhanced Precarity: Gender Analysis of the Lockdown in India and Cyber-bullying, Cyber-stalking and Sexism: A Case Study of Women Students of Delhi University). Farewell address by WSC 2020-21 Office Bearers and introduction to newly elected WSC Office Bearers
- July 17<sup>th</sup> 2021 – General Body Meeting for the release of the Annual WSC Magazine: *Jigyasa*, discussion of the contents and theme of the magazine, formal addresses by Dr. Maya John, the Student Editor and the teams.

7. Record of attendance of participation by students during the year:

Percentage	Number of students
0% - 25%	118
25% - 50%	135
50% - 75%	14
75% - 90%	1
Above 90%	2

8.

**Extension and outreach Programmes conducted by the society, (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs (if applicable))**

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
Short Film Screening of 'Devi'	In collaboration with Panorama, the Film Making Society of Jesus and Mary College		16-09-2020	90
Workshop on Ecofeminism	In collaboration with Advaita, an initiative which is a call to action for a more sustainable and conscious world		09-10-2020	106
Lecture on 'Gender as a Social Construct' to celebrate International Girl Child Day	In collaboration with JMC Education Programme		12-10-2020	100
Sexual Harassment in the Workplace (with special emphasis on Internships)	In collaboration with the Internal Complaints Committee (ICC) of Jesus and Mary College		21-10-2020	99
Session on Consent and Healthy Boundaries	In collaboration with Pratisandhi Foundation		19-01-2021	69
A Collaborative Training Workshop on 'Gender and Development: With a Special Focus on Labour Policies for Women Workers'	Co-organised with V.V. Giri National Labour Institute (Noida), Ministry of Labour & Employment (GOI)		27-01-2021 to 29-01-2021	66, 58, 51 (break-up of participation over 3 days)
Short Film Screening and Discussion of Sisak	<i>Nil</i>		18-02-2021	99
A Creative Writing, Photography and Art Competition on the theme 'Deconstructing Gender'	In collaboration with Cauldron, The English Magazine Society of Jesus and Mary College		23-01-2021 to 18-02-2021	60
Speak Up, a Discussion Circle on "Sexism and Gender Inequality"	<i>Nil</i>		02-03-2021	99
Poetry Reading on the theme Reading and Reflecting on Revolutionary Women's Poetry	<i>Nil</i>		03-03-2021	88

Collaborative Turncoat Debate Competition: This House Believes that Feminism is incompatible with Capitalism	In collaboration with Women's Development Cell, Lady Shri Ram College for Women, DU		13-04-2021	65
Short Film Screening of 'Counterfeit Kunkoo'	<i>Nil</i>		20-06-2021	48
Film Screening and Discussion of 'The Great Indian Kitchen'	<i>Nil</i>		04-07-2021	47
WSC Research Projects by Students:  1) Tracing Distress and Enhanced Precarity: Gender Analysis of the Lockdown  2) Cyber-bullying, Cyber-stalking and Sexism: A Case Study of Women Students of Delhi University  3) Entrepreneurship of Muslim Women of Delhi-6	<i>Nil</i>		1) January 2021 to June 2021  2) January 2021 to June 2021  3) October 2020 to June 2021	21 (Total number of WSC Research Cell members)
Publication of the WSC annual magazine, <i>Jigyasa</i> (students' publication on gender concerns)	<i>Nil</i>		January 2021 to July 2021	Editorial and Design Teams – Approximately 18 students

9.

Awards and recognitions received for extension activities from government /government recognised bodies (if applicable)			
<b>Name of the activity</b>	<b>Name of the Award/ recognition for Institution</b>	<b>Name of the Awarding government/ government recognised bodies</b>	<b>Year of award</b>

10.

Capacity building and skills enhancement initiatives taken by the society including the following: 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills			
<b>Name of the capacity development and skills enhancement program</b>	<b>Date of implementation (DD-MM-YYYY)</b>	<b>Number of students enrolled</b>	<b>Name of the agencies/consultants involved with contact details (if any)</b>
Lecture and Open Mic: Destigmatising Mental Health	10-10-2020	100	In collaboration with Sunny Mugs, JMC
Workshop on Inculcating Body Positive Behaviour	02-11-2020	58	<i>Nil</i> (Internally arranged with WSC Staff Advisor from the Psychology Dept, JMC)
Session on Sustainable Menstruation, to commemorate Menstrual Health and Awareness Day	05-02-2021	98	In collaboration with Girl Up Sakhi

11.

<b>Year</b>	<b>Name of the Activity conducted by the society to offer guidance for competitive examinations</b>		
	<b>Name of the Activity</b>	<b>Number of students attended / participated</b>	<b>Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.</b>



12.

<b>Awards/medals for outstanding performance in sports/cultural activities at university/state/national / international level (award for a team event should be counted as one)</b>						
<b>Year</b>	<b>Name of the award/ medal</b>	<b>Team / Individual</b>	<b>University/State/National/ International</b>	<b>Sports/ Cultural</b>	<b>Name of the Student</b>	<b>Certificate/Geo- Tagged Photographs</b>

13.

**Sports and cultural activities/events in which students of the society participated / organised by the institution/other institutions**

<b>Date of event/activity (DD-MM-YYYY)</b>	<b>Name of the event/activity</b>	<b>Name of the student participated</b>	<b>Certificate/Geo-Tagged Photographs</b>
14-08-2020	Online Independence Day Celebration organized by Jesus and Mary College - WSC presented a power point presentation titled "The Indian National Movement, Women's Issues and Participation"	1. Manjiri Nene, 2. Palak Bhatia, 3. Snigdhaa Ghai, 4. Soumya Jha, 5. Riya Arora, 6. Dhvani Jaisingh	<i>The PPT that was showcased</i>
03-10-2020	Online Presentation on 'Women in Sports' by the WSC Editorial Team	1. Snigdhaa Ghai, 2. Dhvani Jaisingh, 3. Muskaan Balhara, 4. Jessica Shroti, 5. Ishika Ahluwalia, 6. Easha Chandhok, 7. Archie Gupta, 8. Aanshu Babbar	<i>The PPT that was showcased</i>

## WSC

- Counsellor's Report: *Please see the attachments*

## **Counseling Report: December'20-March'21**

In this academic year a total of 77 students enquired about the counseling services. Individual sessions were set-up with 29 of those who enquired. An average of 5- sessions were held for each case.

In this term a total of 116 hours were dedicated to the counseling work. The approach in this tenure had to be reoriented in response to the students need. Most of the queries and distress needed to be attended to immediately and briefly and so no long term work was pursued. The approach was to initiate reflective thinking in the individuals and other circles of social support around them. However, the transition to online (mostly audio calls due to lack of private spaces) sessions proved to be a challenge in sustained interaction students.

### **Broad issues faced by students and benefits availed in counseling-**

1) Through this year, students were struggling to adapt to the sudden changes both in their academic as well as personal lives. Due to the lockdowns, most of them went through phases of isolation, dislocation, and separations. Battling with the anxiety of uncertainty on all fronts. Some students with dysfunctional family structures experienced an increase in anxiety. Not being able to interact with their peer groups, they felt trapped and disconnected. Many final year students battled their anxieties around their future plans both academically and career wise. Different coping strategies were discussed, which could help students navigate their problems and accessed their options.

2) Many students had gone through loss of loved ones-family and friends. A few sessions were dedicated in dealing with the grief some students were grappling with. In the sessions an attempt was made to initiate them into processing the emotional numbing, exhaustion and deep fears that these deaths were evoking.

3) The rise in Covid cases also created a generalized anxiety around the health and safety of the individuals and their families. With some students this needed to be acknowledged and validated as a fear due to the pandemic and an environment of fear and worry all around us. However, with some students, it was further investigated and a pattern of deeper individual fears were explored. The hope was to make these fears thinkable and not paralyzing, unthinkable experiences for students.

4)The transition from school to college is a challenging one for most students, as they have to reorient themselves to a new academic environment. Their personalities undergo a significant change as they are also moving towards adulthood and are developing their own sense of identity. It becomes difficult to find compatible peer groups. Some of them also struggle with experiences of social exclusion and might feel inferior to their peers. This was further complicated with the online learning models. In counseling we tried to work through the issues around their self-worth and confidence that helps them adjust better in challenging social situations.

5) One particularly recurring theme in the challenges faced by students is how to deal with the diverse social backgrounds of their peers. The differences in their class, caste, religion, sexual orientations become confusing sometimes and comes in the way of forming meaningful relationships. Through counseling we encourage an empathetic, sensitive and self-reflective engagement with the peers and the staff around the students.

6) Some students bring up issues of neglect and physical/sexual abuse in trusted spaces like families, schools, friends etc. It is often reported how a lot of cases of abuse happen within the family which greatly traumatizes the students and its impact can be seen in their troubled interpersonal relationships as well as in their academic progress. In such cases, we help students feel safe enough to be able to talk about the traumatic experience they carry and reach a state of catharsis. We help them verbalize their fears and other difficult emotions like shame, guilt, anger etc. In addition, we encourage them to model their other relationships on similar grounds of trust and safety.

7) Many students fall into self-destructive patterns and frequently engage in self-harm or suicidal ideation. Most of them come from dysfunctional families, where they have grown up witnessing domestic abuse, alcoholism, and various forms of exploitation. Such experiences shape their personalities in ways which become dysfunctional and manifest in their social and academic life. These students also suffer from behavioral issues and often get into conflict with significant people in their lives as well as institutional authorities. In our work with such cases we help them trace these patterns of responses and actions to their origins in the family set up, and how they continue to repeat these patterns unknowingly in their current lives as well. Such interventions help them distinguish and disentangle their own feelings and actions from the larger dysfunctional familial matrix. Such cases often take deeper work for a sustained period of time due to their severity.

8) There are also cases where the students have experienced loss or separation either in their early life and have been unable to process it or have recently experienced it and are in the process of grieving. In such cases, counseling becomes a space where mourning can take place. It also helps them reconnect with their present lives and envision a hopeful future for themselves.

9) Since this is a college for women a lot of students bring up their questions and conflicts around their identity as a woman. Their concerns around their bodies, sexuality, social norms and morality become central in their experience. As young women they often bring their struggles and their attempts at resistance against oppressive experiences. Counseling becomes a space where they try to find their voice and a sense of active agency over their lives.



**Submitted By-**  
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