

Name of the Society – AICUF

Name of the Teacher Convenor and other members:

Convenor- Sr. Dr. Molly Abraham

AICUF Faculty Advisors :

Dr. Christhu Doss

Ms. Megha Jacob

Ms. Reshma Jose

Ms. Alisha George

Dr. Anthony Joseph

Dr. Naveen Joseph Thomas

No. of students enrolled in the Society - 294

Names of Student President/Vice-President and other Office Bearers –

President: Rincy Baptish

Vice President: Joanna Mary Santhosh

Treasurer: Rini Varghese

Events /Talks by eminent personnel/ organized/ attended in the academic year (in the chronological order with date, time, reports, number of participants with signatures)

Name of the Event/Talk/Seminar	Date of the Event (DD-MM-YYYY)	Number of students participated	Number of Faculty Members participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
On What Matters(webinar)	22 June,2020	125	7	<p>On 22nd June 2020, Aicuf hosted an interactive webinar on ‘On What Matters’. The webinar was initiated by Sr. (Dr.) Molly Abraham, AICUF Convenor, with a brief welcome to all the guests and students, further Dr. (Sr.) Rosily T.L., Officiating Principal, JMC, commenced her address by invoking God’s blessings. The speaker Fr. Jitu D’ Monte SJ, Counsellor and Director, Jeevan Darshan Pastoral Centre with the moderator Dr. Anthony Joseph started the session with a pictorial depiction. The speaker presented his views on how our</p>

				<p>perception towards life has changed during this pandemic season, driving us to examine ourselves from within. The webinar further proceeded by students (Ambassadors of hope) to share and voice what matters to them. 18 students shared their part of the story, which made each and every member feel connected at some level.</p>
<p>“Covid-19 Pandemic Unmasks Truth About Ourselves” (Webinar)</p>	<p>8th July, 2020</p>	<p>197</p>	<p>6</p>	<p>On the 8th of July 2020, the AICUF organised a webinar on “Covid-19 Pandemic, Unmasks Truth About Ourselves”. After welcoming the speaker and others guest, the speaker Dr. Anthony J. D’Souza started sharing his insights on the topic. The speaker focused on three important aspects of human life during the course of the webinar. The first was “Discovering One's True Identity</p>

				<p>and Purpose”; “Certainty of Death “ and “Relationships”. He also elaborated upon the issues such as anxiety, loneliness, fear and boredom which over the lockdown period have been amplified. The session ended with a vote of thanks by Ms. Reshma Jose, Asst. Professor of the department of Psychology at JMC. The webinar left everyone contemplating on how we perceive and maintain our identity and how complex personalities are.</p>
Poster making competition	03 October, 2020	6	-	<p>AICUF conducted a poster making competition on the topic “A Day In My Life During Pandemic”. The event was open to all the students in the college. Along with the posters the participants had to briefly summarize their routine during quarantine. All the posters beautifully covered the 5 months of quarantine,</p>

				<p>it also described all of our different lifestyle choices during the pandemic and how these helped to pass on this stressful time period. The teachers along with the AICUF Convenor, Sister Molly decided to award Ms. Aleena Thomas with the first prize and Ms. Tanya Massey as the First Runner up.</p>
Meditation Session	14 October, 2020	77	-	<p>On 14th October 2020, AICUF organised a short meditation session, during the Activity Period on a Wednesday afternoon. Keeping in mind the increased mental stress of students, apart from a feeling of anxiety about the uncertain future, increased screen times and other such problems, the session was organised to help students feel relaxed and refreshed. Over 80 members joined via Google Meet for our first session,</p>

				<p>and the team was indeed glad with the response they received. The session was initiated by the AICUF president (Rincy Baptish) by welcoming the new core team and office berries, further the meditation session was led by Vice-President,(Joanna Mary Santhosh) concluding with a vote of thanks proposed by, Ms. Rini Varghese (Treasurer, Aicuf) the session was brought to a close.</p>
Instant Drawings Session	28 October, 2020	66	-	<p>On the 28th of October 2020, AICUF conducted an activity called “Instant Drawing”. The activity was conducted in three rounds whereby in the first round the students were given a colour (yellow) and were asked to draw something they associated with that colour, similarly for the second round an emotion(calmness) and in the third</p>

				<p>round a phrase was given (“this is what I need”) accordingly the students were asked to draw , each round lasted 5-7 minutes and at the end they had to have a drawing that could easily be related to all three. more than 81 students participated Owing to technical difficulties the numbers kept changing. Soon after the event students shared their drawings and their feedback. The meeting was conducted by Shennelle Maria Quintal(Core team Member) and Rincy Baptish (President) along with a lot of help from each of the core teams.</p>
<p>Orientation Programme for First Year Christian Students</p>	<p>12 December, 2020</p>	<p>170</p>	<p>6</p>	<p>On 12 December 2020, the faculty and students of Jesus and Mary College, New Delhi welcomed all the first-year students by organising an</p>

				<p>orientation programme. The programme was graced by our respected principal Dr. Sandra Joseph, our acting principal Rev. Sr. (Dr.) Rosily T.L and AICUF convenor Dr. Sr. Molly Abraham, with coordinators, faculty members, Christian students and parents participating in the programme. The orientation began at 10:00 a.m. with a prayer song followed by a warm welcome. Thereafter students were taken on a virtual tour of college, while also being enlightened with the vision and the mission of JMC and how Christian life is celebrated at JMC. The students were specially addressed by Dr. Bernard D'Sami, the Dean of the School of Human Excellence, Loyola College (Autonomous), Chennai with his bountiful knowledge and his words</p>
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				<p>of wisdom. The senior students shared their thoughts and experiences with the newly admitted freshers. Dr. Christhu Doss, Asst. Prof., Dept. of History, JMC extended the vote of thanks to all the participants for participating in the programme.</p>
Christmas celebration	23 December, 2020	164	6	<p>On December 23rd 2020, the AICUF, JMC presented a christmas programme on the theme of HOPE (ASHA) which resonated the importance of the virtue of hope during the pandemic and how important it is to hold on to the goodness in order to overcome darkness in the world. It was solely undertaken by the first year batch with the help of the teachers in charge which included various segments like the shadow dance depiction of the nativity story of</p>

				<p>Jesus's birth along with carols and the christmas symbols meaning narrations then followed up by a keynote by Dr. Sandra Joseph, principal JMC, and also combined with the staff messages on the theme of our christmas programme. The event took place online via Google meet and was also streamed online. The event gave a chance of sharing joy and greeting among all the member, further the event ended with a vote of thanks by the AICUF president.</p>
<p>“ Is being Christian fun”? (Talk show)</p>	15 January, 2020	119	6	<p>On 15th of January 2021, the AICUF, JMC organized a session on the topic- “Is being Christian fun?”. The event started with seeking God’s blessings through a prayer song- “Showers of Blessings" by Shenelle</p>

				<p>Quintel (Member), followed by the introduction of the speaker. The talk show was hosted by Helena(Member) and Joanna(Vice-president), with Mr. George Devassy, who was the speaker for the event. Later a Q&A was also addressed by the speaker, wherein doubts and questions were raised by the students, followed by thanking the speaker and the team. This event was a chance to explore ourselves and understand our relationship with God.</p>
<p>MOTHER TERESA'S FIRST LOVE (Film screening)</p>	<p>10 February, 2021</p>	<p>102</p>	<p>4</p>	<p>On 10th February, 2021 AICUF organized a movie screening program for all the Aicuf students. The documentary instilled the idea of hope in the students, and how a positive outlook can bring about a change in this world. The screening was done over google meet on two different links, one for the 1st years</p>

				and 2nd for all other members. A future discussion is also being planned for the students on the same topic.
"Some Considerations on our Education & our purpose" (Webinar)	26 February, 2021	72	6	AICUF , Jesus & Mary College organized a webinar on 26th February, 2021 on the topic- Some Considerations on our Education and our Purpose. A beautiful quote " <i>The unexamined life is not worth living</i> " was put forward by the speaker Mr Jobin Thomas, Assistant professor at Jesus and Mary College, Department of English. The speaker emphasized on our 'Considerations' to reflect on our purpose by questioning our set routined lives, and our responsibility as students towards the education we've received. The webinar ended with few reflections, questions from the students and thereafter with a vote of thanks.

LENT: A JOURNEY TOWARDS EASTER (Webinar)	12 March, 2021	85	6	<p>On Monday, 12th March,2021, A webinar hosted by the AICUF Society,JMC on “LENT: A JOURNEY TOWARDS EASTER”.</p> <p>The webinar started with a brief welcome to the esteemed speaker, Dr. Fr. Babu Paul, Principal of Christ Academy Institute for Advanced Studies Bangalore. The speaker reflected upon what purpose lent holds in our lives, he emphasised how subjective the meaning of lent is. Furthermore, questions and doubts were raised during the session by the students which gave a lot of insight about the mission we have as christians. The program ended by a vote of thanks from the AICUF president and a small informal</p>

				interaction between the speaker and the students.
‘Challenges of the Youth of Today During Covid-19: Self Motivation and an Optimistic Outlook’. (Webinar)	16 April, 2021	73	6	On 16th April ,2021 AICUF in collaboration with Ethnic Eight - North East Society JMC, organised a talk on ‘Challenges of the Youth of Today During Covid-19: Self-Motivation and an Optimistic Outlook’. The speaker for this talk was Prof. John Varghese, Principal of St. Stephen’s College, University of Delhi. More than 70 students attended and participated in the talk, which was conducted online via google meet. The event began with an introduction by Ms. Rincy Baptish(president) and Ms. Vanessa Gomes(member). The talk went on to address issues of understanding who we are, identifying & acknowledging our privilege, choosing who we want to compare ourselves with and

				<p>getting to know ourselves better. It also helped students explore their needs, wants and desires from life, and talked about how they're essential to help us keep moving forward through every phase of life. The speaker also took questions from the participants and addressed through real life examples. The event came to an end with a vote of thanks, Christie Teresa Jose(Member).</p>
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*** Attendance Register with student's signature to be maintained.**

Record of attendance of participation by students during the year:



Percentage	Number of students
0% - 25%	74
25% - 50%	127
50% - 75%	57
75% - 90%	35
Above 90%	0



Capacity building and skills enhancement initiatives taken by the society including the following:



1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
On What Matters(webinar)	22 June,2020	125	Fr. Jitu D' Monte SJ, Counsellor and Director, Jeevan Darshan Pastoral Centre
"Some Considerations on our Education & our purpose" (Webinar)	26 February, 2021	72	Mr. Jobin Thomas, Asst. Prof, JMC
‘Challenges of the Youth of Today During Covid-19: Self Motivation and an Optimistic Outlook’. (Webinar)	16 April, 2021	73	Prof. John Varghese, Principal of St. Stephen’s College, Delhi

Awards/medals for outstanding performance in sports/cultural activities at university/state/national / international level (award for a team event should be counted as one)

Year	Name of the award/ medal	Team / Individual	University/State/National/ International	Sports/ Cultural	Name of the Student	Certificate/Geo-Tagged Photographs
2020	Drawing and Painting competition, Speaking Competition	Individual	InterParish Level	Cultural	Vanessa Lobo	 <p>(secured 1st position in Drawing and Painting competition.)</p>  <p>(secured 2nd position in speaking competition.)</p>

2021	International Intercollegiate Gospel Fest.	Individual	University	Cultural	Dona Theres Raju	 <p>secured 1st position in Solo Dance.</p>  <p>secured 2nd position in Sermon.</p>
2021	JAM 2.0	Individual	University	Cultural	Garima Anand	Took part in a singing competition organised by Echo, JMC and secured 2nd position. Certificate yet to be received

2020	<i>Carnopri</i> :Cultural event of BA prog. dept., JMC	Individual	University	Cultural	Ashmi V Tom	 <p>Secured 1st position in FEELTHOSEFEELINGSY AAR! (Singing competition.)</p>
2021	International Intercollegiate gospel fest.	Individual	University	Cultural	Rincy Baptish	 <p>Secured 2nd position in Photography.</p>

Sports and cultural activities/events in which students of the society participated organised by the institution/other institutions			
Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the student participated	Certificate/Geo-Tagged Photographs
5th April,2021	JMC: Camaraderie, The Meracurian Times, JMC		
30th April,2021	1.CYNOSURE'21 - The visual arts society of SSCBS.	Winnesa Beatrice Rozario	
4th May 2021	2.Effulgence- Photography Society of SGNDK		yet to be received
7th Feb 2021	3.Venkateswara College 4.Principia - Physics Society of Sri Venkateswara (Honourable Mention)		

02nd March 2021	5- Polaroid - Photography Society and Film making of Deen Dayal Upadhyaya College (Photo Manipulation Competition)		
18th February,2021	6- Taarangana'21 (Tasveer Photography Competition)		