

**Proforma for the Compulsory and Cultural Societies/Sports Department/Student Council Report  
Year 2021-22**

(Information should be compiled for the period starting from 1 st July 2021 to 30 th June 2022)

**1.Name of the Society - National Service Scheme (NSS)**

**2.Name of the Teacher Convenor and other members -**

Convenor - DR. MAHIMA VARMA (Sociology)

Co-Convenor - -

Details of members:

Roll no	Name	Department/Programme(drop-down)	Semester
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**3.No. of students enrolled in the Society - 3**

**4.Names of Student President/Vice-President and other Office Bearers**

General Secretary - Simran Arora

Vice-President - Ananya Wadhwa

President - Monisha Shrimal

**5.Events /Talks by eminent personnel/ organized/ attended in the academic year (in the chronological order with date, time, reports, number of participants with signatures)**

Name of the Event/Talk/Seminar	Date of the Event (DD-MM-YYYY)	Number of students participated	Number of Faculty Members participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
Har Ghar Tiranga	08/08/2022 12:00 AM-09/08/2022 12:00 AM	15		
World Youth Skills Day	15/07/2022 12:00 AM-15/07/2022 12:00 AM	34		
World Paper Day	12/07/2022 12:00 AM-12/07/2022 12:00 AM	18		
World Population Day	11/07/2022 12:00 AM-11/07/2022 12:00 AM	22		
World Zoonosis Day	06/07/2022 12:00 AM-06/07/2022 12:00 AM	36		

<b>Name of the Event/Talk/Seminar</b>	<b>Date of the Event (DD-MM-YYYY)</b>	<b>Number of students participated</b>	<b>Number of Faculty Members participated</b>	<b>Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.</b>
World Day against Child Labour	12/06/2022 08:32 PM-12/06/2022 08:32 PM	40		
World Environment Day	05/06/2022 08:30 PM-05/06/2022 08:30 PM	63		<a href="#">View</a>
8th International Yoga Day	04/06/2022 12:00 AM-21/06/2022 12:00 AM	40		<a href="#">View</a>
National Anti-Terrorism Day	21/05/2022 08:24 PM-21/05/2022 08:24 PM	44		
Buddha Purnima	16/05/2022 12:00 AM-16/05/2022 12:00 AM	10		
World Red Cross Day	08/05/2022 12:00 AM-08/05/2022 12:00 AM	24		
DU Centenary Celebration Visit to Rugby Indoor Stadium, North Campus, DU	01/05/2022 12:00 AM-01/05/2022 12:00 AM	6		
Malaria Day	25/04/2022 12:00 AM-25/04/2022 12:00 AM	35		
World Heritage Day	22/04/2022 12:00 AM-22/04/2022 12:00 AM	33		
World Earth Day	22/04/2022 12:00 AM-22/04/2022 12:00 AM	34		<a href="#">View</a>
Ambedkar Jayanti	14/04/2022 08:05 PM-14/04/2022 08:05 PM	20		
Awareness on Blood Donation	13/04/2022 08:02 PM-13/04/2022 08:02 PM	46		

Name of the Event/Talk/Seminar	Date of the Event (DD-MM-YYYY)	Number of students participated	Number of Faculty Members participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
Visits to Adopted slum	09/03/2022 12:00 AM-13/04/2022 12:00 AM	20		
Poshan Pakhwada	29/03/2022 07:58 PM-29/03/2022 07:58 PM	41		
Donation Drive in Adopted Slum Ambedkar Basti	23/03/2022 07:56 PM-23/03/2022 07:56 PM	20		
National Vaccination Day:	16/03/2022 07:54 PM-16/03/2022 07:54 PM	33		
Consumer Rights Day	15/03/2022 07:51 PM-15/03/2022 07:51 PM	30		
International Women's Day	08/03/2022 07:48 PM-08/03/2022 07:48 PM	62		<a href="#">View</a>
Safer Internet Day	09/02/2022 07:46 PM-11/02/2022 07:46 PM	45		
REPUBLIC DAY	26/01/2022 07:43 PM-26/01/2022 07:43 PM	40		
Voter's Day	25/01/2022 07:41 PM-25/01/2022 07:41 PM	36		
National Girl Child Day	24/01/2022 07:39 PM-24/01/2022 07:39 PM	45		
NSS in collaboration with Green Society, JMC	22/01/2022 07:36 PM-24/01/2022 07:36 PM	25		
Lohri Donation Drive	13/01/2022 07:33 PM-13/01/2022 07:33 PM	55		<a href="#">View</a>

<b>Name of the Event/Talk/Seminar</b>	<b>Date of the Event (DD-MM-YYYY)</b>	<b>Number of students participated</b>	<b>Number of Faculty Members participated</b>	<b>Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.</b>
Dept. of Physical Education Webinar	14/01/2022 07:30 PM-14/01/2022 07:30 PM	41		<a href="#">View</a>
National Youth Festival	12/01/2022 07:18 PM-12/01/2022 07:18 PM	67		<a href="#">View</a>
Awareness on Omicron	10/01/2022 07:13 PM-12/01/2022 07:13 PM	30		
• Webinar on 'Social Emotional Learning'	19/01/2022 01:00 PM-19/01/2022 02:00 PM	41		<a href="#">View</a>
Self Defence session	09/03/2022 11:30 AM-09/03/2022 01:00 PM	39		
World Day of the Handicapped or International Day of Persons with Disabilities	03/12/2022 10:00 AM-03/12/2022 02:00 PM	28		
World AIDS Day	01/12/2022 10:00 AM-01/12/2022 01:00 PM	33		
Constitution Day	25/11/2021 11:00 AM-26/11/2021 02:00 PM	80		<a href="#">View</a>
World Day of Remembrance for Road Traffic Victims	21/11/2021 11:00 AM-21/11/2021 02:00 PM	23		
NSS Collaboration with AICUF for visit to CASA and PrabhaTara	24/11/2021 11:00 AM-24/11/2021 02:30 PM	20		
International Men's Day	19/11/2021 09:00 AM-19/11/2021 04:00 PM	42		
National Education Day	11/11/2021 09:00 AM-11/11/2021 02:00 PM	30		

Name of the Event/Talk/Seminar	Date of the Event (DD-MM-YYYY)	Number of students participated	Number of Faculty Members participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
Diwali	02/11/2021 09:00 AM-06/11/2021 09:00 PM	30		
Vigilance Awareness Week	26/10/2021 09:00 AM-01/11/2021 09:00 PM	38		
Rashtriya Ekta Diwas	31/10/2021 09:00 AM-02/11/2021 09:00 PM	85		
Webinar on cancer awareness by Sanjeevani	17/02/2021 12:50 PM-17/02/2021 02:00 PM	62		<a href="#">View</a>
Breast Cancer Awareness Month	20/10/2021 11:00 AM-20/10/2021 02:00 PM	100		<a href="#">View</a>
International Day of Girl Child	11/10/2021 12:00 AM-02/12/2021 05:00 PM	13		<a href="#">View</a>
World Mental Health Day	10/10/2021 11:00 AM-10/10/2021 01:00 PM	19		<a href="#">View</a>
NSS Day	24/09/2021 11:30 AM-24/09/2021 11:30 PM	22		<a href="#">View</a>
Azadi Ka Amrit Mahotsav	20/09/2021 11:31 AM-23/09/2021 11:59 PM	30		<a href="#">View</a>
International Literacy Day	01/12/2022 12:30 PM-01/12/2022 02:30 PM	26		<a href="#">View</a>
Teacher's Day	01/12/2022 11:00 AM-01/12/2022 11:00 AM	30		<a href="#">View</a>
National Nutrition Week	01/09/2021 12:00 AM-08/09/2021 12:00 AM	23		<a href="#">View</a>

Name of the Event/Talk/Seminar	Date of the Event (DD-MM-YYYY)	Number of students participated	Number of Faculty Members participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
Freedom Run 2.0	30/11/2022 01:09 PM-30/11/2022 01:09 PM	22		<a href="#">View</a>

\* Attendance Register with student's signature to be maintained.

6. Attach Minutes of the meetings held during the year

7. Record of attendance of participation by students during the year:- 1946

8.

Extension and outreach Programmes conducted by the society, (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs (if applicable))				
Name of the activity	Organising unit/ agency/collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
World Paper Day				18
Malaria Day				35
Visits to Adopted slum				20
Donation Drive in Adopted Slum Ambedkar Basti				20
NSS in collaboration with Green Society, JMC				25
Lohri Donation Drive				55
World Day of the Handicapped or International Day of Persons with Disabilities				28
Constitution Day				80
World Day of Remembrance for Road Traffic Victims				23
NSS Collaboration with AICUF for visit to CASA and PrabhaTara				20

**Extension and outreach programmes conducted by the society, (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs (if applicable))**

<b>Name of the activity</b>	<b>Organising unit/ agency/collaborating agency</b>	<b>Name of the scheme</b>	<b>Year of the activity</b>	<b>Number of students participated in such activities</b>
Diwali				30
Vigilance Awareness Week				38
Rashtriya Ekta Diwas				85
International Day of Girl Child				13
World Mental Health Day				19
NSS Day				22
National Nutrition Week				23
Freedom Run 2.0				22

9.

**Awards and recognitions received for extension activities from government /government recognised bodies (if applicable)**

<b>Name of the activity</b>	<b>Name of the Award/ recognition for Institution</b>	<b>Name of the Awarding government/ government recognised bodies</b>	<b>Year of award</b>

10.

**Capacity building and skills enhancement initiatives taken by the society including the following: 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills**

<b>Name of the capacity development and skills enhancement program</b>	<b>Date of implementation (DD-MM-YYYY)</b>	<b>Number of students enrolled</b>	<b>Name of the agencies/consultants involved with contact details (if any)</b>
World Earth Day	22/04/2022 12:00 AM-22/04/2022 12:00 AM	34	
International Women's Day	08/03/2022 07:48 PM-08/03/2022 07:48 PM	62	
Self Defence session	09/03/2022 11:30 AM-09/03/2022 01:00 PM	39	

11.

Year	Name of the Activity conducted by the society to offer guidance for competitive examinations		
	Name of the Activity	Number of students attended /participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
No records found.			

12.

Awards/medals for outstanding performance in sports/cultural activities at university/state/national / international level (award for a team event should be counted as one)						
Year	Name of the award/ medal	Team / Individual	University/State/National/International	Sports/Cultural	Name of the Student	Certificate/Geo-Tagged Photographs

13.

Sports and cultural activities/events in which students of the society participated organised by the institution/other institutions			
Date of event/activity(DD-MM-YYYY)	Name of the event/activity	Name of the Student participated	Name of the Student participated
No records found.			

## Annual Report

- [Annual Report 2021-22](#)



**Proforma for the Compulsory and Cultural Societies/Sports Department/Student Council Report  
Year 2021-22**

**(Information should be compiled for the period starting from 1<sup>st</sup> July 2021 to 30<sup>th</sup> June 2022)**

1. Name of the Society- National Service Scheme
2. Name of the Teacher Convenor and other members- Convenor- Dr. Mahima Varma  
Teacher Advisors- Dr. Ruhi Ghai, Ms. Saloni Arora
3. No. of students enrolled in the Society- 86
4. Names of Student President/Vice-President and other Office Bearers- President-Monisha Shrimal  
Vice-President- Ananya Wadhwa  
General Secretary- Simran Arora
5. Events /Talks by eminent personnel/ organized/ attended in the academic year (in the chronological order with date, time, reports, number of participants with signatures)

<b>Name of the Event/Talk/Seminar</b>	<b>Date of the Event (DD-MM-YYYY)</b>	<b>Number of students participated</b>	<b>Number of Faculty Members participated</b>	<b>Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.</b>
<b>Freedom Run 2.0</b>	28 August 2021	9		<a href="#">Freedom Run Report</a>
<b>National Nutrition Week</b> <ul style="list-style-type: none"> <li>● Detox Challenge (Reels or pictures)</li> <li>● Quiz on Nutrition</li> <li>● Poster (Old eating habits vs new eating habits)</li> <li>● Webinar by Humane Society International/India (Fighting Climate Change with Diet)</li> </ul>	1 Sept to 8 Sept 2021			<a href="#">National Nutrition Week Report</a>

<b>Teacher's Day</b> Video Making, Pictures with white plain paper	5 Sept 2021			<a href="#">Teacher's Day Report.docx</a>
<b>International Literacy Day</b> Quiz	8 Sept 2021	26		<a href="#">International Literacy Day report</a>
<b>Azadi Ka Amrit Mahotsav</b> <ul style="list-style-type: none"> <li>● Quiz Competition</li> <li>● Essay Writing Competition (Meaning of Freedom for India Today)</li> <li>● Webinar with Prachi Tehlan (Sports and Fitness : Changes and Challenges in India Since Freedom)</li> </ul>	20 Sept- 23 Sept 2021			<a href="#">Azadi ka Amrit Mahotsav Report</a>
<b>NSS Day</b> <ul style="list-style-type: none"> <li>● Video of Make in India Product and its benefit\ Video of</li> <li>● Volunteers describing their experience of doing the household chores</li> </ul>	25 Sept 2021			<a href="#">NSS Day Report.docx</a>
<b>World Mental Health Day</b> Video making (Online Classes: Its Challenges and Impacts)	10 Oct 2021	19		 World Mental Health Day Rep...

<b>International Day of Girl Child</b> Video making (Information on Schemes related to Girl Child)	11 Oct 2021	13		<a href="#">International Day of Girl Child Report.docx</a>
<b>Breast Cancer Awareness Month</b> Webinar in collaboration with WSC and Canfem	20 Oct 2021	100+		<a href="#">Report of Webinar with Canfem and WSC</a>
<b>Webinar on cancer awareness by Sanjeevani</b> Topic- "Cancer Prevention and Healthy Lifestyle"	27 Oct 2021	62		<a href="#">Cancer Awareness and Prevention Webinar Report</a>
<b>NAAC Related Work</b>				
<b>Rashtriya Ekta Diwas</b> <ul style="list-style-type: none"> <li>● Inter-College Handmade Poster making competition in collaboration with Student Council</li> <li>● Informative PPTs by NSS JMC Volunteers making</li> </ul>	31 Oct-2 Nov 2021			<a href="#">Rashtriya Ekta Diwas Report</a>
<b>Vigilance Awareness Week</b> <ul style="list-style-type: none"> <li>● Essay-writing (Vigilance Against Corruption: A Challenge to Self-Reliant India)</li> </ul>	26 Oct- 1 Nov 2021			

<ul style="list-style-type: none"> <li>• Slogan-writing (Fight Against Corruption)</li> </ul>				
<b>Diwali Donation Drive</b> Donation of dry ration/groceries to at least two domestic workers or needy person/family	2 Nov- 6 Nov 2021			
<b>National Education Day</b> Essay on "Pros and Cons of the New Education Policy"	11 Nov 2021			
<b>International Men's Day</b> Poster Making	19 Nov 2021			
<b>NSS Collaboration with AICUF for visit to CASA and PrabhaTara</b>	24 Nov 2021			
<b>World Day of Remembrance for Road Traffic Victims</b> Poster Making	21 Nov 2021			
<b>Constitution Day</b> <ul style="list-style-type: none"> <li>• Online Quiz by Government of India on Constitutional Democracy</li> <li>• Preamble Reading by President</li> </ul>	25 Nov- 26 Nov 2021			<a href="#">w NSS- Constitution Day.docx</a>

<ul style="list-style-type: none"> <li>• Inter-College Handmade Poster Making Competition</li> </ul>				
<b>World AIDS Day</b> Poster Making	1 Dec 2021			
<b>World Day of the Handicapped or International Day of Persons with Disabilities</b> Submission of informative PPT by NSS JMC Volunteers	3 Dec 2021			
<b>International Anti-Corruption Day</b> Essay on "Impact of Corruption on Education, Health, Justice, Democracy and Development	9 Dec 2021			
<b>Human Rights Day</b> Poster Making	10 Dec 2021			
<b>Vijay Diwas</b> Ppt Making	16 Dec 2021			
<b>Voter Helpline Application</b> Google Meet to promote this amongst students	30 Dec 2021			
<b>150 Years of Sri Aurobindo</b> Video on famous quotes by Sri Aurobindo	3 January - 10 January 2022			



<b>NSS Orientation for first and second year students</b>	17 <sup>th</sup> January 2022			
<b>NSS in collaboration with Green Society, JMC: "Air Pollution Awareness Campaign" termed "Your Toxic Neighbour"</b>	22-24 January 2022	25		
<b>National Girl Child Day:</b> <ul style="list-style-type: none"> <li>● Poster making on "Menstruation Taboo or discrimination in education/nutrition"</li> <li>● poem writing on "Vulnerability of the Girl Child or Strength of the Girl Child"</li> <li>● Slogan Writing on "Saving the Girl Child"</li> <li>● Video Screening and Discussion - Virtual Event (Tedx Talk)</li> <li>● Selfie with Daughter event</li> </ul>	24 January 2022	45		
<b>Voter's Day</b> <ul style="list-style-type: none"> <li>● Essay Writing Competition on "The Role of the Voter in Initiating Change" (open to all colleges)</li> </ul>	25 <sup>th</sup> January 2022	36		

<ul style="list-style-type: none"> <li>● Pledge Taking Ceremony</li> </ul>				
<p><b>Republic Day</b></p> <ul style="list-style-type: none"> <li>● Handmade Poster with Slogan</li> <li>● Video of National Anthem or any other Patriotic Song</li> </ul>	26 <sup>th</sup> January 2022	40		
<p><b>Safer Internet Day</b></p> <ul style="list-style-type: none"> <li>● Poster Making on 'Perils Internet/Safety measures while using the internet'</li> <li>● Video Screening and Quiz</li> </ul>	9 February- 11 February 2022	45		
<p><b>International Women's Day</b></p> <ul style="list-style-type: none"> <li>● Poster Making on a quote or poem relevant to Women's Day</li> <li>● a Campus Rally to mark the Women's Day</li> <li>● Self Defence Session</li> </ul>	8 <sup>th</sup> March 2022	62		
<p><b>Consumer Rights Day</b></p> <p>Video on creating awareness on the rights enjoyed by consumers</p>	15 <sup>th</sup> March 2022	30		

<p><b>National Vaccination Day:</b></p> <p>Poster Making to appreciate the Indian Government' COVID-19 vaccination drive</p>	16 <sup>th</sup> March 2022	33		
<p><b>Donation Drive for Menstrual Hygiene Products in adopted Slum Ambedkar Basti :</b> Donating menstrual pads to the underpriveleged</p>	23 <sup>rd</sup> March 2022	20		
<p><b>Poshan Pakhwada</b></p> <p>Online Inter-College Quiz Competition for creating awareness for a Suposhit Bharat</p>	29 <sup>th</sup> March 2022	41		
<p><b>Visits to Adopted slum for awareness on menstrual hygiene, classes on mobile phone literacy, nutrition through economical foods.</b></p>	9 <sup>th</sup> , 11 <sup>th</sup> , 30 <sup>th</sup> March 2022 6 <sup>th</sup> , 8 <sup>th</sup> , 13 <sup>th</sup> April 2022	20		
<p><b>Awareness on Blood Donation:</b></p> <p>An offline session on blood donation in collaboration with Blood Connect and speaker Mr. Jivesh Kesar</p>	13 <sup>th</sup> April 2022	46		
<p><b>Ambedkar Jayanti:</b></p>	14 <sup>th</sup> April 2022			

Documentary screening to mark Dr. B.R Ambedkar's birth anniversary				
<b>NSS in collaboration with Green Society, JMC on World Earth Day:</b> Handmade Cardboard Dustbins, Best out of Waste, Participation in Flea Bazaar by Green Society	22 <sup>nd</sup> April 2022	34		
<b>World Heritage Day</b> Crossword	22 <sup>nd</sup> April 2022	33		
<b>Malaria Day</b> <ul style="list-style-type: none"> <li>● Handmade Poster Making Competition</li> <li>● Donation Drive of Mosquito repellent cream</li> <li>● Video Making</li> </ul>	25 <sup>th</sup> April 2022	35		
<b>DU Centenary Celebration</b> Visit to Rugby Indoor Stadium, North Campus, DU	1 <sup>st</sup> May 2022	6		
<b>World Red Cross Day</b>	8 <sup>th</sup> May 2022	24		

PPT Making on "Promotion of Health for Various Sections of the Society"				
<b>NSS Centre, DU in collaboration with 'We Plant'</b> Online Orientation session	12 <sup>th</sup> May 2022	2		
<b>Buddha Purnima</b> Video highlighting the core values and beliefs of Lord Buddha and how we incorporate them in our lives	16 <sup>th</sup> May 2022	10		
<b>National Anti-Terrorism Day</b> Quiz, Essay Writing on "Contribution of Youth Towards Anti-Terrorism"	21 <sup>st</sup> May 2022	44		
<b>NSS in collaboration with Department of Physical Education on 8th International Yoga Day</b> Webinar on Yoga	4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> and 21 <sup>st</sup> June 2022	40		
<b>World Environment Day</b> ● Tree Plantation at home	5 <sup>th</sup> June 2022	63		

<ul style="list-style-type: none"> <li>• Slogans on "Safeguarding Natural Resources"</li> <li>• Poster on "Only One Earth"</li> </ul>				
<b>World Day against Child Labour</b> <ul style="list-style-type: none"> <li>• Poster Making on "Stop Child Labour"</li> <li>• Video Making on ways to combat child labour</li> </ul>	12 <sup>th</sup> June 2022	40		
<b>World Zoonosis Day:</b> Webinar on "Animal Agriculture could spark the next Pandemic" by Humane Society International/India	6 <sup>th</sup> July 2022	36		
<b>World Population Day</b> Presentation on consequences of increased population of India and relevant government schemes that helps to alleviate population crisis and aims at family planning	11 July 2022	22		
<b>World Paper Day</b> Make four handmade paper bags, give 2 handmade paper bags for donation in the slum	12 <sup>th</sup> July 2022	18		

<p><b>World Youth Skills Day</b></p> <ul style="list-style-type: none"> <li>● Poster Making on "How to make skillset of the youth of today"</li> <li>● Video Making on "Learning skills for life, work and sustainable development"</li> </ul>	<p>15<sup>th</sup> July 2022</p>	<p>34</p>		
<p><b>Har Ghar Tiranga</b></p> <ul style="list-style-type: none"> <li>● Handmade/ e-Poster Making Event</li> <li>● Selfie with Flag to be uploaded on the website <a href="http://harghartiranga.com">http://harghartiranga.com</a></li> <li>● Har Ghar Tiranga Abhiyan Awareness Drive</li> </ul>	<p>8-9<sup>th</sup> August 2022</p>	<p>15</p>		

6. Attach Minutes of the meetings held during the year

**National Service Scheme**

**Minutes of Meetings**

**Session: 2021-2022**

**Meeting 1**

**Date: 2nd July 2021**

**Agenda:**

1. NSS Society report to be sent to IQAC
2. Calculation of NSS hours for yoga day videos and posters and hours for Covid Helpdesks
3. work Diaries—printing new diaries and continuation of old diaries
4. NSS information on JMC website completed.
5. upcoming events of July 2021
  - a) 1-7<sup>th</sup> July '21: Van Mahotsav
    - 7<sup>th</sup> July '21- Tree Plantation and send one picture
    - 8<sup>th</sup> July '21: Essay topic: Deforestation and Climate Change: Challenges and Solutions (800-1000 words)
  - b) 11<sup>th</sup> July '21: World Population Day
    - posters with write-ups on the following topics—Impact of pressure of reproduction on women/ Contradiction between Population crisis and Surrogacy/ Impact of High Population on Economic Well-being
  - c) 17<sup>th</sup> July '21: World Day for International Justice
  - d) 7<sup>th</sup> July '21: Webinar on Mental Health by Somya Narang
  - e) 12<sup>th</sup> July '21: Paper Bag Day
  - f) 15<sup>th</sup> July '21: World youth Skills Day (importance of technical, vocational training and development skills—local and global)
  - g) 26<sup>th</sup> July '21: Kargil Vijay Diwas—video to commemorate, slogan in poster form
  - h) 28<sup>th</sup> July '21: World Nature Conservation Day—best out of waste, handmade posters

## **Meeting 2**

**Date:16<sup>th</sup> July 2021**

### **Agenda: Collating NSS data and all information**

1. 19 column volunteer data-- Bhavya, Vasundhara, Anaswara
2. Reports of all events—Khushboo and Prabhleen. Ankita, Khushi
3. photographs- Prabhleen, Farha
4. Different folders for separate years—2018-2020
5. Verify link to facebook and instagram pages
6. Verify NSS email and password—Saloni
7. PPTs- Prabhleen
8. Format of NSS hours
9. Filling work diaries—order already placed, should receive soon
10. Recordings of webinars—Saloni
11. Accounts- Saloni. Mahima
12. Orientation program
13. Website information on community outreach—sent
14. work diaries of previous year—collect from Prabhleen of 2019-2020—She will get them signed from Dr. Amita Tiwari, previous PO in 2018-2020 and hand over to Mahima after completion.
15. PPT for NAAC—modify

16. email drive- store all documentation of NSS—year-wise folders. list of events, volunteer data, all reports—word and PDF, PPTs, photographs, recording of webinars, accounts,—Saloni overseeing

17. list of events—Prabhleen

18. society report- Mahima- 1<sup>st</sup> June 2020- 30<sup>th</sup> June 2021-10-30 Social Media links to be mailed to Mahima, Ruhi and Saloni. Facebook- Prabhleen will assign 2 volunteers from first year, Instagram – password

19. NAAC PPT- 2015-2017—Monisha, Simran—coordinate final with Mahima

**23<sup>rd</sup> July—India at Olympics—video compilation shared on social media and PO group**

**29<sup>th</sup> July—Volunteers attended a webcast of PM Modi Speech on NEP 2020—celebrating one year of completion of the policy.**

### **Meeting 3**

**Date: 4<sup>th</sup> August 2021**

**Agenda: NSS hours**

1. NSS 2020-21—till Yoga Day '21. rest activities to be included in session for 2021-22—3<sup>rd</sup> August whatsapp message
2. Swachhta Pakhwada—1-15<sup>th</sup> August 2021—cleanliness drive in neighbourhood, posters on pollution, informative video
3. webcast- 4<sup>th</sup> August – 4:00 pm
4. NSS diaries- NSS centre to collect certificates

### **Meeting 4**

**Date: 16th August '21**

## **Agenda: Freedom Run**

1. 28<sup>th</sup> August 2021-10-30
2. 11<sup>th</sup> September 2021
3. outstation—in front of a monument, Delhi—district wise
4. geo-tagged photos with maximum people—friends, neighbours, family
5. specify district and number of kilometres
6. carry banners, flags prominently
7. label submitted picture with name, place/ district
8. social media
9. all Covid rules to be followed, even in pictures
10. responsibilities—national anthem video certificates—Anushka and Shraddha,report compilation—Simran, posters- Khushi and Shraddha, Social media- Saloni, Photographs and videos- Ananya , Vasundhara, Ankita, Monisha, Khushi Jain

## **Meeting 5**

**Date: 18<sup>th</sup> August 2021**

### **Agenda: selection of office bearers**

1. President: Monisha Shrimal
2. VP- Ananya Wadhwa
3. GS- Simran Arora

- Discuss list of core team who deserve certificates with Office Bearers and teachers

- hand over records to new OBS and explain the details to them
- Prabhleen – fill work diaries
- include Ruhi and Saloni in OB whatsapp group

## **Meeting 6**

**Date: 31<sup>st</sup> August 2021**

### **Agenda:**

- Teachers day – 1 common poster on behalf of NSS JMC, video compilation with messages
- Azadi ka Amrit Mahotsav-- essay, instagram quiz, paralympian webinar, freedom run
- National Nutrition week

Add 6 volunteers just included after clarification from NSS DU to technical team and report writing team

## **Meeting 7**

**Date: 17<sup>th</sup> September 2021**

**Agenda: Outreach Program with AICUF: CASA NGO and Prabhat Tara and Youth Voter Festival**

### **Outreach Program with AICUF: CASA NGO and Prabhat Tara**

- 80 families – 2 options—Rs. 6000 cash or dry ration
- Need ID proof
- Target group—slums in R.K. Puram, AMbedkar Colony—rag pickers, self help women's group who work as domestic help
- Volunteers- PPTs, videos, awareness about Covid, sanitation, hygiene

- Date- last week of October
- Suggestions—bank transfer—how to spend money, hygiene, skit made into a video—ask Kahkasha, 12 students in Delhi, story telling—B.El.Ed

### **Youth Voter Festival**

- campus ambassadors- Monisha and Simran
- focus: increase voter registration among 18-20 age group, outreach to teachers and non-teaching staff, their family and friends
- suggestions- webinar – Bipasha political Sc. Dept., poster with information about registration as voters, documents, correction, covid protocol , importance of voting,
- create SVEEP core team
- survey/ download form
- report- number of registrations, videos—send by 5<sup>th</sup> October 2021

### **Meeting 8 and 9**

**Dates: 3<sup>rd</sup> and 4<sup>th</sup> January 2022- 5-7 pm**

**Agenda:** Interviews of first years students wanting to join NSS

### **Meeting 10**

**Date: 17<sup>th</sup> January 2022**

**Time: 5-6 pm**

## **Agenda: NSS Orientation Program**

### **Meeting 11**

**Date: 23<sup>rd</sup> February 2022**

#### **Agenda:**

- Visit and work at Adopted Slum-- weekly visits – Wednesday activity period and Friday mass period,
- Pilot survey of slum in 4<sup>th</sup> period on Friday (Mass Period), awareness programs every Wednesday in activity period on topics of hygiene, nutrition, banking, govt. schemes, women's empowerment
- cleanliness drives/ rally,
- *Khel* – sports for children in slums
- NSS Work diaries
- NSS funds
- Selection of First year core team
- printing of NSS JMC banner
- Volunteer hours- 5 for visit, 10 for presentation
- road safety rally
- self defence training

### **Meeting 12**

**Date: 4<sup>th</sup> April 2022**

Prabhatara Visit- once a week. Attendance for presenters—speaking, PPT, answer queries, games, plantation drive. cleanliness—7/ 8 hours, PPT but no visit – 5hours

events on April- Prabhatara—6<sup>th</sup>- Mobile literacy, 8<sup>th</sup> – Women’s legal rights, 13<sup>th</sup>- Ambedkar PPT, 20<sup>th</sup> –street play—child marriage/ dowry/ casteism

18<sup>th</sup>- Heritage day—crossword

22<sup>nd</sup>- Earth day- plantation drive

27<sup>th</sup>-dengue, malaria

29<sup>th</sup>- breast and cervical cancer

7. Record of attendance of participation by students during the year:

Percentage	Number of students
0% - 25%	15
25% - 50%	12
50% - 75%	7
75% - 90%	-
Above 90%	52

8.

Extension and outreach Programmes conducted by the society, (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs (if applicable))				
Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities

<b>Donation drives</b>	<b>NSS unit of JMC</b>	<ol style="list-style-type: none"> <li>1. Gandhi Jayanti Cleanliness Drive</li> <li>2. Diwali Donation Drive</li> <li>3. Donation on Lohri</li> <li>4. Menstrual Pads Donation Drive</li> <li>5. Malaria Day Donation Drive</li> </ol>	<b>2021-2022</b>	<ol style="list-style-type: none"> <li>1. 12</li> <li>2. 8</li> <li>3. 19</li> <li>4. 22</li> <li>5. 19</li> </ol>
<b>Informative videos</b>	<b>NSS unit of JMC</b>	<ol style="list-style-type: none"> <li>1. Teacher's Day Video Making</li> <li>2. Voter Festival Awareness Drive</li> <li>3. Mental Health Day Video</li> <li>4. Video on International Girl Child Day</li> <li>5. Nss Day Made In India</li> <li>6. NSS Day Video on Experience After Household Chores</li> <li>7. Video on Sri Aurobindo</li> <li>8. Video Making on National Youth Festival</li> <li>9. Video Omicron Awareness</li> <li>10. Your Toxic Neighbour Campaign</li> <li>11. Video On consumer Rights Day</li> <li>12. Republic Day Video</li> <li>13. Malaria Day Video Making</li> <li>14. Child Labour Day Video</li> </ol>	<b>2021-2022</b>	<ol style="list-style-type: none"> <li>1. 17</li> <li>2. 21</li> <li>3. 16</li> <li>4. 13</li> <li>5. 13</li> <li>6. 38</li> <li>7. 13</li> <li>8. 43</li> <li>9. 26</li> <li>10. 30</li> <li>11. 27</li> <li>12. 27</li> <li>13. 24</li> </ol>

Tree plantation	NSS unit of JMC	1. World Environment Day Tree Plantation	2021-2022	1. 17
		1. Nutrition Week poster		26
		2. Voter Festival poster		27
		3. Voter Festival slogan		21
		4. Vigilance Awareness Week slogan		23
		5. Rashtriya Ekta Diwas poster		11
		6. International Men's Day poster		21
		7. Poster on World Day of Remembrance for Road Traffic Victims		16
		8. Constitution Day Handmade Poster Making		08
		9. World AIDS Day poster		26
		10. Poster on Human Rights Day		17
		11. Slogans on 75 years of Independence		18
		12. Omicron Awareness Poster		58
		13. National Girl Child Day Poster		54
		14. National Girl Child Day slogan		48
		15. Republic Day (slogan on poster)		25
		16. Safer Internet Day- Poster Making on 'Perils of Internet'/'Safety Measures while using the Internet'		42
		17. Women's Day Handmade Poster Making		36
<b>Posters/slogans</b>	<b>NSS unit of JMC</b>		<b>2021-22</b>	<b>44</b>

		18. Posters on National Vaccination Day 19. “Our Planet Our Earth” Offline Poster-Making 20. Malaria Day- Handmade Poster Making 21. World Bicycle Day - Poster 22. Environment Day- Slogan 23. Environment Day - Poster 24. Child Labour Day- Poster		<b>23</b>  <b>23</b>  <b>19</b>  <b>22</b>  <b>21</b>
<b>Webinars and talks</b>	<b>NSS unit of JMC in collaboration with-</b> <ul style="list-style-type: none"> <li>● SVEEP</li> <li>● e-junkie</li> <li>● CAN FEM</li> <li>● Sanjeevani</li> <li>● Department of Physical Education</li> <li>● Humane Society International/ India</li> </ul>	1. Webinar with Ms. Prachi Tehlan on ‘Sports and Fitness: Challenges in India since freedom’ <hr/> 2. Webinar with SVEEP <hr/> 3. Webinar on E-Waste Management <hr/> 4. Webinar on Breast Cancer Awareness <hr/> 5. Webinar on Cancer Prevention and Healthy Lifestyle <hr/> 6. Webinar on Surya Namaskar <hr/> 7. Webinar on Social-Emotional Learning <hr/>	<b>2021-2022</b>	<b>1. 27 volunteers</b> <hr/> <b>2. 26 volunteers</b> <hr/> <b>3. 26 volunteers</b> <hr/> <b>4. 29 volunteers</b> <hr/> <b>5. 27 volunteers</b> <hr/> <b>6. 48 volunteers</b> <hr/> <b>7. 67 volunteers</b> <hr/> <b>8. 26 volunteers</b> <hr/> <b>9.</b>

		8. Webinar on Ride the Cycle, Save the Environment		
		9. Webinar on 'Animal agriculture could spark the next pandemic'		

**Extension and outreach Programmes conducted by the society, (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs (if applicable))**

<b>Name of the activity</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Name of the scheme</b>	<b>Year of the activity</b>	<b>Number of students participated in such activities</b>
<b>Mobile Literacy</b>	<b>Prabhatara Hostel</b>	<b>Adopted Slum (Mohammadpur slum community)</b>	<b>2022</b>	
<b>Documentary screening and discussion on Ambedkar Jayanti</b>		<b>Adopted Slum (Mohammadpur slum community)</b>	<b>2022</b>	
<b>Play on Women empowerment</b>		<b>Adopted Slum (Mohammadpur slum community)</b>	<b>2022</b>	
<b>Poshan Pakhwada</b>	<b>Prabhatara Hostel</b>	<b>Adopted Slum (Mohammadpur slum community)</b>	<b>2022</b>	
<b>Menstrual Hygiene</b>		<b>Adopted Slum (Mohammadpur slum community)</b>	<b>2022</b>	
<b>Awareness about Ujjwala Scheme</b>		<b>Adopted Slum (Mohammadpur slum community)</b>	<b>2022</b>	

9.

Awards and recognitions received for extension activities from government /government recognised bodies (if applicable)

Name of the activity	Name of the Award/ recognition for Institution	Name of the Awarding government/ government recognised bodies	Year of award

10.

Capacity building and skills enhancement initiatives taken by the society including the following:

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Freedom Run	28-08-2021	9	As part of Azadi Ka Amrit Mahotsav
Changes in Dietary habits during Covid-19 -Nutrition Week	08-09-2021	30	
Nutrition week - Detox Challenge	08-09-2021	12	
Nutrition week Quiz	08-09-2021	27	
Nutrition Week Webinar- Fighting Climate Change with Diet	08-09-2021	29	By Humane Society
Webinar on Your Vote is Your Voice- Importance of voting	16-09-2021	26	Speaker- Ms. Bipasha Roy
Webinar on Sports & Fitness: Changes and Challenges in India	22-09-2021	29	Speaker- Ms Prachi Tehlan
Webinar on E-waste Management	29-09-2021	26	By E-junki
Video making on 'Online classes; Its challenges and impacts), as part of world mental health day	10-10-2021	21	
Webinar on 'Breast Cancer and its prevention'	20-10-2021	29	In collaboration with WSC and Canfem
Webinar on 'Cancer Prevention and Healthy Lifestyle'	27-10-2021	27	By Sanjeevani
Poster on World AIDS Day	01-12-2021	27	
Poster on Human Rights Day	10-12-2021	17	
Webinar on Surya Namaskar	14-01-2022	55	
Webinar on 'Social Emotional Learning'	19-01-2022	69	Speaker- Ms Devangana Poddar

Safer Internet Day -Poster Making on 'Perils of Internet/'Safety measures while using the internet'	11-02-22	44	
Self Defence Session	09-03-2022	39	
Seminar on 'Blood Donation'	13-04-2022	46	BloodConnect , Speaker- Mr Jivesh Kesar
Cycle Rally	03-06-2022	3	University Of Delhi
Webinar on 'International Yoga Day'	04-06-2022, 11-06-2022, 18-06-2022, 21-06-2022	28	In collaboration with Department of Physical Education , Jesus & Mary College
Tree Plantation on Environment Day	05-06-2022	19	
Webinar on 'Ride the Cycle, Save the Environment'	03-06-2022	30	Speaker- Gursimran Kaur
Yoga Asanas	21-06-2022	12	
Nukkad Natak on Women Empowerment	07-07-2022	20	
Har Ghar Tiranga Abhiyaan- Awareness Drive	10-08-2022	5	

11.

Year	Name of the Activity conducted by the society to offer guidance for competitive examinations		Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
	Name of the Activity	Number of students attended / participated	

12.

Awards/medals for outstanding performance in sports/cultural activities at university/state/national / international level (award for a team event should be counted as one)						
Year	Name of the award/ medal	Team / Individual	University/State/National/ International	Sports/ Cultural	Name of the Student	Certificate/Geo-Tagged Photographs

13.

**Sports and cultural activities/events in which students of the society participated organised by the institution/other institutions**

<b>Date of event/activity (DD-MM-YYYY)</b>	<b>Name of the event/activity</b>	<b>Name of the student participated</b>	<b>Certificate/Geo-Tagged Photographs</b>



Dr. Mahima Varma  
Programme Officer  
National Service Scheme  
Jesus and Mary College  
(2021-22)