दिल्ली विश्वविद्यालय चाणक्यपुरी, नई दिल्ली-110021 रा.मू.प्र.प. द्वारा ''ए+'' ग्रेड मान्यता प्राप्त



दूरभाष/Tel No. :

ईमेल/E-mail

: +(91)-(011)-26110041, 26875400

: admin@jmc.ac.in, info@jmc.ac.in

फैक्स नं/Fax No. : +(91)-(011)-24105466 वेबसाइट/Website : http://www.jmc.ac.in

principal@jmc.ac.in

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# JESUS AND MARY COLLEGE UNIVERSITY OF DELHI

**SUPPORTING DOCUMENT FOR 5.3.3.** 

Participation in Cultural and Sports Competitions and Events

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ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

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### PARTICIPATION IN SPORTS ACTIVITIES



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ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

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	RESULTS OF PRELIMS Heat	1					
1	RUTHIKA SARAVANAN 12.514	388	02/01/05	TAMIL NADU	-0.1 m/s	12.52	
2	SAKSHI CHAMPALA CHAVAN 12.518	276	18/01/05	MAHARASHTRA	$-0.1\mathrm{m/s}$	12.52	
3	CYNTHIA FRANCIS	119	06/04/03	DELHI	-0.1m/s	12.63	
4	HARITA BHADRA	275	06/06/03	MAHARASHTRA	-0.1 m/s	12.75	
5	ANKITHA ASHOK DEVADIGA	211	20/02/05	KARNATAKA	-0.1 m/s	13.14	
6	SANIYA MAHENDRA SAWANT	1285	05/07/05	MAHARASHTRA	-0.1m/s	13.27	
7	MUBASHIVA BASHEER	247	01/10/04	LAKSHADWEEP	-0.1 m/s	15.39	
	BHAWNA .	144	06/12/03	HARYANA		DNS	

### **GYMNASTICS FEDERATION OF INDIA** SENIOR NATIONAL ARTISTIC GYMNASTICS CHAMPIONSHIP 2022-23



26th to 29th November 2022.

ORGANIZED BY: Punjab Gymnastics Association (Regd.) Lovely Professional University, Phagwara (Punjab)



MS/MT PARIDI JAIN

State DELHI-GEI-1 Status PLAYER

Koushik Bidiwala

Sorabh Lakhanpal

Kulwinder Singh Thaira

Org. Secretary

Sr. Vice Chairman

Vice Chairman

Gymnastics Federation of India Org. Committee

Org. Committee

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### 36<sup>th</sup> National Games

Gujarat 2022 - 29 September - 12 October 2022

Participation Certificate

This Certificate of Participation is awarded to Mr./Ms Paridhi Jain

from\_ Delhi

for his/her contesting/participating in/as Gymnastics - Balancing Beam

I D Nanavati Secretary
Gujarat State Olympic Association

Ta. multa Rajeev Mehta Secretary General Indian Olympic Association

Ashwini Kumar, IAS Member Secretary National Games Organising Committee









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दूरभाष/Tel No. : +(91)-(011)-26110041, 26875400 फैक्स नं/ Fax No. : +(91)-(011)-24105466

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ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

principal@jmc.ac.in

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	aniversity of Dela:
To your and the second of the	दिल्ली विश्वविद्यालय खेल परिषद् Delhi University Sports Council अंतर विश्वविद्यालय प्रतियोगिता प्रमाण—पत्र Certificate of Inter University Competition
पिता का नाम हिद्यांग रि ने उत्तर क्षेत्र अंतर विश्वविद्या	य <i>फुटवर्गाल</i> वैषियनशिष/दूर्नामेंट स्थान जी रून डी यू. उनमूत सर, प्रजीव १ १८ १८ १८ १८ १८ १८ १८ १८ १८ १८ १८ १८ १८
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represented the University at G.N.D. (J. Am/s) Position and also represent	of Delhi in North Zone Inter University Foot ball Championship/ Tournament held say Punjab from 21-11-2022 to 27-11-2022 and secured XXX and the University of Delhi in All India Inter University XXX Championship/ Tournament from XXX to XXX
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दिल्ली विश्वविद्याल University of Dela दिल्ली विश्वविद्यालय खेल परिषद् Delhi University Sports Council अंतर विश्वविद्यालय प्रतियोगिता प्रमाण-पन Certificate of Inter University Competition	and consist speeds (consist speed speeds consist speeds consist speeds (consist speeds consist speeds (consist speeds consist
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फैक्स नं/ Fax No. : +(91)-(011)-24105466 वेबसाइट/Website : http://www.jmc.ac.in

ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

principal@jmc.ac.in





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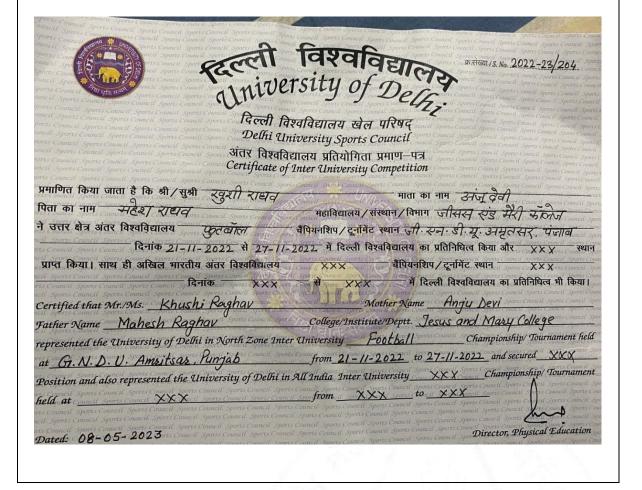
ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

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### Jesus and Mary College

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1	PRIYANKA SIKARWAR	684	AUPF110201	01/08/03	UTTAR PRADESH	-0.3m/s	11.88
2	JEEVANJI DEEPTHI	653	ATSF106951	27/09/03	TELANGANA	-0.3m/s	12.17
3	TAMANNA .	226	AHRF103936	29/09/04	HARYANA	-0.3m/s	12.18
4	SUDESHNA SHIVANKAR	457	AMHF104478	09/09/03	MAHARASHTRA	-0.3m/s	12.19
5	AVANTIKA NARALE	444	AMHF105458	11/07/03	MAHARASHTRA	-0.3m/s	12.31
6	CYNTHIA FRANCIS	129	ADLF122769	06/04/03	DELHI	-0.3m/s	12.47
7	NEOLE CORNELIO	332	AKAF105998	02/02/05	KARNATAKA	-0.3m/s	12.52
8	MAYAVATHI NAKIREKANTI	657	ATSF105412	26/01/04	TELANGANA	-0.3m/s	12.57



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# Jesus and Mary College

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The state of the s	ANNUAL TRAINING CAMP CERTIFICATE	A ACC
This is to certify that Regtl No	L2 SWA9 2057 Rank CDT	Name RITIKA SHARMA
Institution TMC	of 3 Delhi (G) BN NCC	C Delhi Directorate participated
in Annual Training Camp held at	GP HQ (C) NCC Safdarjung Enclave,	wef 17 July 2022 to 26 July 2022
Place : New Delhi Date : 26 July 2022	New Delhi ) 10 (10 (20)	Harminder Singh LT Col Camp Commandant

Sports Council Sports
हिल्ली विश्वविद्यालय क्रसंख्या/s. No. 2022-23/171
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Certified that Mr./Ms. Anushka Shah Mother Name Gizishma Shah
Father Name XXXX College/Institute/Deptt. Jesus and Mary College  Gather Name XXXX
represented the University of Delhi in North Zone Inter University XXX Championship/ Tournament held
represented the University of Deut in 10,1112 from XXX to XXX and secured XXX
at XXX
at XX X  Position and also represented the University of Delhi in All India Inter University February Championship/ Tournament
trom 20-12-2022 to 23-12-2022
held at University of Sammin, Samina Sports council
Dated: 12- Opens Council Sports Coun

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फैक्स नं/ Fax No. : +(91)-(011)-24105466 वेबसाइट/Website : http://www.jmc.ac.in

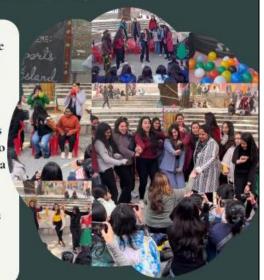
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principal@jmc.ac.in

### **NSO FRESHERS 23**

On 19th January, Freshers were conducted for the new batch of national sports organization 2023. Students were embraced by a heartwarming speech given by president Laavanya Ray. Followed by that an encouraging speech from Dr. Anuj Luthra Ma'am faculty of the national sports organization. Fun games were also conducted to make new members of society interact. One of them was bursting the maximum number of balloons by pair of two in the shortest period and the other one was performing a task written

in the chits. The open mic was also conducted for everyone to showcase their talents. A vote of thanks was given by the vice president of the national sports organization Ananya Gupta. At the end of the event, a snacks stall was put up for the new members.



# Sports Day 2023



The Department's Annual Sports Day was celebrated on March 2, 2023, which saw not only almost 500+ students engaging in a multitude of sports activities but also teachers displaying their love for sports by participating in races and other activities. The day also witnessed an inter-department march past, in which the Department of English bagged the first position while the Department of Psychology bagged the second position. The Sports Day was a great opportunity for the students to showcase their athletic prowess and make a mark in the Department's journey.

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# **HOBNOB'23**

The Department also flagged off its muchawaited Annual Sports Fest, HOBNOB '23 from April 18 to 20, 2023. The three-day event witnessed sports competitions in categories of football, basketball, table tennis and chess. Over 60 teams and 600+ athletes from numerous colleges and universities from all across the country took part in the event.



### Sports highlights of Hobnob'23

Football



Table Tennis



Basketball



Chess



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# Yoga Day 23

On the occasion of 9th International Yoga Day, The HoD, Faculty members of the Department of Physical Education, Faculty members of Jesus and Mary College

(Dr. Amrita Bhalla, Dr. Anupama Shrivastav, Dr.Sukham, Ms. Trisha, Ms.Jasmine Singh, Dr.Mahima Verma, Ms.Junita and Ms.Meenakshi Kumari), Core Team members, 1st year students, Noweb and JMC community members came together to celebrate the Yoga day.

Our Yoga Instructors for the day were Ms. Yashvi



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### PARTICIPATION IN CULTURAL ACTIVITIES





Mudra, the Western Dance Society at Rev-Up

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### **Sunny Mugs, The Poetry Society**

### Summary of All Events (2022-23)

The first session was held on 9<sup>th</sup> September 2022, an Open Mic for all students to perform regardless of their membership in the society. Eventually on 16<sup>th</sup> September 2023, another offline session on Dalit Literature was organized with discussions around Dalit poetry and other forms of Dalit literature. On 14<sup>th</sup> October, an informative online workshop on Literature and Politics was conducted by Dr. Sandhya Devesan Nambiar that unpacked the political nature of writing and the importance of preserving it. This was followed by a Creative Writing Competition: Political Outburst for all students at the University of Delhi, which allowed expression of pertinent thoughts and emotions regarding the current political happenings worldwide, through stories and poems.

On 11<sup>th</sup> November 2022, a short gathering of society members was held to share poetry pieces and write ups. Further, on 18<sup>th</sup> November, with the arrival of first years, an enthusiastic orientation commenced. An on the spot open mic followed with active participation from the first years.

On 22<sup>nd</sup> November, the film *Boxed* was screened in collaboration with the Queer Collective "Pehchaan". The selection of new society members took place after the commencement of the academic session for first-year students from 23<sup>rd</sup> November.

Welcoming the new year and rejuvenating the spirit of the society, a two day workshop titled "Decoding Heteronormativity: An Introduction to Literature and Desire in India" was conducted by Ms. Kashish Dua on 31<sup>st</sup> January 2023, online. On 10<sup>th</sup> February, a successful session of "Story tailing" was conducted with all new members of the society. Members randomly pieced together their write ups and created a beautiful chain of poetry. On 14<sup>th</sup> March 2023, an offline workshop 'In Verse' was organized with poets Sonnet Mondal and Sarabjeet Garcha in collaboration with the English magazine society- Cauldron. Thereafter, On 24 <sup>th</sup> March 2023, a fun offline session took place where members wrote anonymous letters to each other, pouring their hearts out. 18<sup>th</sup> March saw a creative writing competition titled "Mathematical Verses" in collaboration with Algorithm, the Newsletter of the Mathematics Department.

The theme for the society's annual events was announced via Instagram on 27<sup>th</sup> March. "Of Wings and Claws" welcomed entries on the bizarre, fantastic and criminal- the monsters within people. The first annual event "Lafzon ki Numaish: A Hindi & Urdu Slam Poetry Competition" was held on 12<sup>th</sup> April 2023, offline. Entries from all colleges were accepted and exciting cash prizes were given to the winners.

On 26<sup>th</sup> April, the English slam poetry competition 'Tailored Verses' was held with enthusiastic participants. Prizes in goods as well as cash were given away to the winners. Concluding the annual session, the annual creative writing competition "Words and Muses" accepted entries from all colleges, with cash prizes for winners. The last event of the session was the farewell for the graduating members.

दिल्ली विश्वविद्यालय चाणक्यपुरी, नई दिल्ली-110021 रा.मू.प्र.प. द्वारा ''ए+'' ग्रेड मान्यता प्राप्त

### Jesus and Mary College

University of Delhi Chanakyapuri, New Delhi - 110021 Accredited by NAAC with "A+" Grade



दूरभाष/Tel No. : +(91)-(011)-26110041, 26875400

फैक्स नं/ Fax No. : +(91)-(011)-24105466 वेबसाइट/Website : http://www.jmc.ac.in

ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

principal@jmc.ac.in



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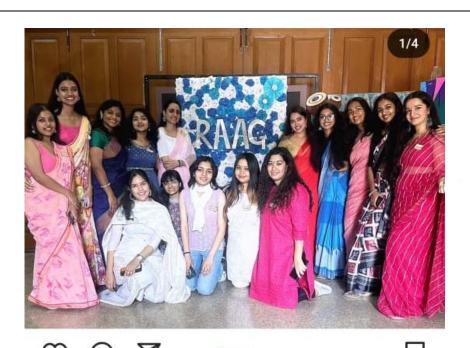
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### 278 likes

tarannum.jmc RAAG'23 🌌

We were elated to have so many talented teams that participated in Swarangan, the Indian Classical Choir Competition  $\Rightarrow$ 

Congratulations to @alankaarhindu and @kmcmusoc for securing the first and second position respectively Also a special mention to @knc.sangeetika for a wonderful performance!

Raag 2023 organized by Tarannum, Indian Music Society

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### 440 likes

kahkasha.jmc Our heartiest congratulations to all the winners for their splendid performances.

First Position- @manchtantra.sggscc Second Position- @sbsc\_natuve Third Position- @etc.dramsoc Best Script- @abhinay.agrasen Best Music- @cvs\_dramanomics Special mention - @anubhutisvc

Our most sincerest gratitude for our judges @whosumitarora and @ilakshayarora for having the utmost patience and supporting us throughout the event!

Aawaz 2023 organized by Kahkasha

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**kahkasha.jmc** Shyam Lal College, University of Delhi











### 260 likes

kahkasha.jmc Kahkasha is pleased to announce that the team got the opportunity to perform at Malang '23 organised by @aakrosh\_slc at Shyam Lal College today. Our team member Ramish Mushfiq was awarded the "Best Actress" title!

We thank the hosts for their hospitality and applaud all the winning and performing teams present there!

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Madrigal'23 organized by Echo, the Western Music Society

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# ANNUAL REPORTS FROM THE SOCIETIES



AWAAZ'23

Kahkasha hosted a grand Intercollegiate Drama Festival that proved to be an outstanding success. The event, held at purple wall on 20th April, brought together numerous colleges and drama enthusiasts from across the region, celebrating the magic of theater.

Months of meticulous planning and preparation led to a captivating event that showcased the diverse talent and creativity of the participating colleges. We extended warm invitations to drama clubs, theatrical societies, and performing arts departments of various colleges, ensuring a robust and diverse representation.

Throughout the festival, the audience was treated to a plethora of captivating performances, ranging from classic plays to contemporary productions. Each college's unique theatrical style left a profound impact on the spectators, who were enthralled by the passion and dedication displayed by the young artists.

The event culminated with the felicitation of outstanding performances through various awards and certificates, recognizing excellence in categories such as Best Play, Best Director, Best Actor, and Best Production Design.

The festival received an overwhelming response, with the venue brimming with enthusiastic theater aficionados and students from various colleges. The event's resounding success not only bolstered our college's reputation but also fostered a sense of creative camaraderie among participants.

We extend our heartfelt gratitude to the college authorities, faculty, and staff for their unwavering support in making this event a remarkable one.

With the resounding success of this event, we eagerly look forward to organizing more such vibrant and enriching gatherings in the future, keeping alive the spirit of theater and nurturing the artistic aspirations of our fellow drama enthusiasts.

# ALL INDIA CATHOLIC UNIVERSITY FEDERATION (AICUF) JESUS AND MARY COLLEGE, UNIVERSITY OF DELHI

### **ANNUAL REPORT 2022-23**

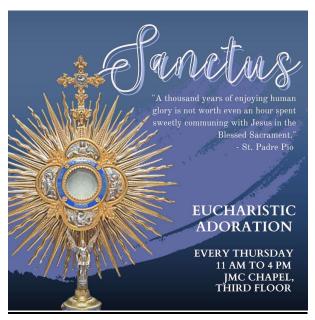
All India Catholic University Federation is a movement which stands for the service and liberation of all people, irrespective of caste, gender, language and belief.

The AICUF unit at Jesus and Mary College organizes various socially relevant and personality development-oriented programs with the aim of transformative education for its members. The society tries to achieve this through several outreach programs, by which the students get practical exposure to the day-to-day living of the underprivileged and the marginalized, they are sensitized about the socioeconomic realities of our country.

Motivated by these experiences, many of the students take up the challenging tasks of contributing towards the emancipation of women and the uplift of the deprived and needy sections of our society. AICUF programs organized within the college help students to develop organizational abilities and leadership skills as they are required to take charge and involve themselves with all the events/seminars and research conducted.

AICUF has initiated several activities and events in this session with the aim of encouraging holistic development of our members.

### **Eucharistic Adoration and the Holy Mass**



A special initiative of Eucharistic Adoration, on every Thursday from 11am - 4pm, has been incorporated with the help and guidance of Sr. Marina. The faculty and members of AICUF are actively participating in this initiative.



Holy Mass is celebrated on every Friday from 11:30am -12:30 pm in College. The members of AICUF have always been active participants of the Holy Mass. The choir and the liturgical distribution of Friday's Holy Mass is managed by AICUF core team members. Holy Mass was also celebrated on special occasions like St. Claudine Thévenet's and Blessed Dina Bélanger's Feast days.

### **Karam Event**

9th October 2022 09:00 am - 04:00 pm



The Karam Festival signifies love and dedication towards Mother Nature. It is an auspicious festival commemorated by various tribes for good harvest and health. AICUF in collaboration with the Ethnic Eight celebrated the Karam Event in the month of October. People of different tribes from around Delhi were invited to our College. Holy Mass was offered and various events took place thereafter.

Students of AICUF presented a dance performance for the occasion.

The Karam Festival was observed by AICUF JMC to promote Unity and Brotherhood among students and to help them inculcate values to respect cultures and traditions followed by different groups.

### **Buddy System**

### 11th October 2022

AICUF JMC initiated a Buddy System in which each AICUF core team member was allotted a few fellow members of the society to assist them in their needs. WhatsApp groups were formed to actively interact with fellow mates. A safe space was created where they can share their personal/academic issues. The aim being, creating a friendly and non-judgmental space while listening to their problems.

### **Christian Orientation**

12th November 2022 09:00 pm - 01:00 pm



All the 1st year Christian students who were selected through a complex screening that was conducted via the CUET + Interviews were called upon for the Orientation along with their Parents.

On the day of the Christian Orientation, various programmes were organized.

The day commemorated with a prayer initiated by the AICUF President subsequently, the AICUF choir sang melodious hymns to invoke the presence of God. This was followed by a ppt, presented by our principal Dr. Sandra Joseph, which encompassed a virtual tour of the Jesus and Mary College Campus to the parents and students. At the end, a vote of thanks was delivered by a Student Council member of Jesus and Mary College.

### **Help Desk Duty**

The office bearers of AICUF were handed a two-day Help Desk Duty in which they alternatively sat on the help desk to help and guide the 1st year students for verification work.

### **Orientation by AICUF**

22nd November 2022 11.30 am - 12:30 pm



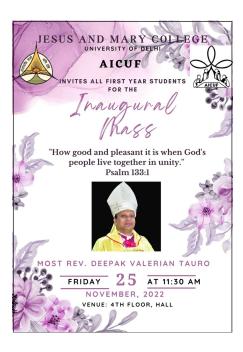
Another orientation was organized for the Christian students, this time by the faculty and Core Team members of the AICUF family. All the Christian students were encouraged to attend this orientation.

It was hosted by the faculty of AICUF.

Talks were provided by Dr. Sona, the AICUF convenor, Dr. Jessy and Mrs. Bipasha. The students were motivated to attend the weekly Catechism Classes organized for them and participate actively in the upcoming events of AICUF.

### **Inaugural Mass for 1st year students**

25th November 2022 11:30 am - 12:30 pm



On 25th November, the AICUF team organized an Inaugural Mass for all the 1st year Christian students of the year 2022-23. The Holy Mass was offered by Auxiliary Bishop Deepak Valerian Tauro. In his sermon, Bishop imparted warm messages of new beginnings and how to overcome overwhelming situations. All the students were heartily and enthusiastically welcomed by the AICUF family. The Holy Mass was attended by around 50 people including the staff of JMC.

### Praise and Worship for 1st years

6th December 2022 11.30 am - 12.30 pm



A 'Praise and Worship' session for the first year catechism students was organized and led by Sir Mark along with eight 2nd and 3rd year students of AICUF, JMC. Three devoted musicians were also invited to enhance the experience of students. The session was really effective, not because the number of students attending it were many but because after the worship, a grace of divinity was visible in the faces of the students. We praised the Lord through action songs as well.

A good number of students attended the session. The session was a great experience and it was helpful to stir the devotional spirit that was somewhere lost for some students.

### **Winter Chimes**

### 13th December 2022 10:00 am - 04:00 ppm



AICUF in collaboration with ECHO hosted its Christmas Fest - 'Winter Chimes' on 13th December 2022. The event consisted of various programmes like Inter-Departmental Choral Competitions, Festive stalls, Flashmob and Open Mic.

Members of AICUF worked hard by becoming part of the Decor Team, Curation Team and Publicity Team.

The inter-departmental competitions brought out the singers in them as we bore witness to the enthusiastic and fabulous performances put up by each department.

The choral teams from Christ University and Don Bosco Technical Institute boosted the festive spirit.

The open mic session held at the amphitheater helped students display their talents, further boosting their confidence. The first ever edition of Winter Chimes was definitely a huge success.

### Social/Outreach work (Chetanalaya and SOH)

### December 2022 - April 2023



Every year the students of AICUF are offered internship work at NGOs. This year we collaborated with Chetanalaya and Shades of Happiness. The students were required to teach underprivileged students or spend time with elderly people. Working with these NGOs have brought about a positive impact in the life of the interns as well as children and the elderly. Working at an NGO adds meaning to our lives because nothing can be greater than sharing love and happiness. The nonprofit world is one where we can truly say one made a lasting impact, even as an intern. In the past years we are glad to have received positive feedback from the interns and the organizations.

### Praise and Worship for 3rd years

19th January 2023 11:30 am - 12:30pm



A Praise and Worship session was organized for the 3rd year Catechism students that was led by Dr. Jessy along with seven 1st and 2nd year students of AICUF. This session was carefully curated for the 3rd year students as it was their last Praise and Worship session in the college.

Devotional hymns were sung, fun action songs were played and blessings were asked through prayers.

The third year students thoroughly enjoyed the session and were filled with spiritual joy post this session.

### **Merch Designing Competition**

### 2nd Feb - 11th Feb 2023



The AICUF Merch designing competition was held for the students of AICUF. The announcement for the competition was made on 2nd February 2023 and the deadline to submit their designs online was 11th February 2023.

The submission was to be made via Google forms.

The winners of the competition were:

T-shirt Front Design: Akshaya Ann Thomas (3rd yr)

T-shirt Back Design: Christeena Sabu (1st yr)

### Elysian - "Divinely inspired "

25th March 2023 09:00 am - 05:00 pm









AICUF in collaboration with team Focolare conducted a special event - "Elysian" for all its members. The event began with the game of Treasure Hunt in which all the members were divided into 4 groups.

The group that found the treasure, won. This game enabled students to become energetic and helped them to make bonds with fellow students.

After the game, a small act was performed by members of team Focolare. The act showcased the origin of the Focolare Movement. After the small play, we proceeded to an interesting part where each Focolare member was standing in front of 'Stations'. There were five stations in total and each station imparted different values that one needs to attain for a Holistic life.

At 01:00 pm lunch and dessert was served to all the participants.

Post lunch each student was required to attend a workshop. The workshops provided were - Singing Hymns, Dancing, Painting the Word of God, Poetry Writing and Craft making. The students were also asked to present the skills they learnt from these workshops.

After the displaying of the skills, an activity was conducted to receive Feedback from each participant. Participants were provided with tea and snacks after the completion of the event.

# **Feast of St. Claudine Thevenet**







AICUF society collaborated with AFJM organization and celebrated the feast of the foundress of Jesus and Mary congregation, St. Claudine Thevenet on 10<sup>th</sup> February,23 (friday) 11:30 a.m. -12:30 p.m. The Mass was offered by Fr. Alphonse Shah as the main celebrant. Vote of thanks was delivered Sylvia ma'am from AFJM. Sweets were distributed to everyone after the mass.

# Feast of Bl. Dina Belanger







AICUF society collaborated with AFJM organization and celebrated the feast of Bl. Dina Belanger on 29<sup>th</sup> September,22 (Friday) 11:30 a.m. - 12:30 p.m. Mass was offered by Fr. Francis Swaminathan as the main celebrant. Vote of thanks was delivered Sylvia ma'am from AFJM. Sweets were distributed to everyone after the mass.

# "Evlogia" - 3-day Stay Retreat

## 21st April - 23rd April 2023





Evlogia means "Blessing".

A 3-day stay retreat was conducted by AICUF JMC for its members which was scheduled inside the premises of the college.

The residential retreat was led by Mr. Matthew Anthony and team.

The meals and other basic necessities for the participants were arranged by the AICUF team.

AICUF faculty and core team volunteers were present, at all times, with the participants to ensure their well being.

## Day 1 (21/04/23 - Friday)

The first day of the retreat was an emotional roller coaster ride. It started in the evening at around 6pm with an introduction of the team members. The team consisted of Mr. Matthew Anthony, Ms.Bernadette Mable Morris, Mr. Ashish John,

Ms. Shweta, Mr. Subin Joy, Ms. Rachel Ramesh, Ms. Dania & Ms. Rachel Matthew, each one equally devoted and unique.

We started with a praise and worship session in which we learnt many beautiful and heartwarming hymns. It was followed by Testimony which took about two and a half hours. By the end of the testimony, all the participants became emotional. After the testimony, the team boosted the mood of the participants by praying and sharing the Word Of God. At around 10pm the first day's session was over. Night prayers were chanted and dinner was served to the students. Post dinner all the students were instructed to head straight to the rooms assigned to them.

## Day 2 (22/04/23 - Saturday)

The second day of the retreat was the main highlight of the event. The day began at around 7:00 am with another praise and worship session where we learnt action songs. This continued for about forty minutes and then we had a testimony given by Matthew Sir, who shared his life experiences and incidents which brought him and his family closer to God. Around 9:00 am, breakfast was served. After breakfast, we were accompanied by Matthew Sir, who brought clarity into the thought of 'what it feels like to be loved by the Almighty'. At 11:00 am, we were given a short tea break. Later, another person shared their testimony. The testimonies were really empowering and inspired most present. At 01:00 pm the lunch was served and students were given a little break. After lunch, the team prepared a session of Confession for all the students. For helping with the confessions we had Fr. Alberto, Fr. Maria Antony & Fr. Arnold. The confession helped the students to grow out from their sins and focus on their present. The confession session continued for about four hours. At 04:00 pm, we had a small tea break. After the tea break, Holy Mass was celebrated which was offered by Fr. Maria Anothy. After the Mass, we dived into the preparation for Adoration for which we had a small talk session with the team members. The Adoration was powerful as most of the people felt the presence of God and received blessings from the Almighty. After the Adoration, dinner was served and all were instructed to head back to their rooms post dinner.

# Day 3 (23/04/23 - Sunday)

The third day marked the end of the residential retreat. Before breakfast, the participants attended the Holy Mass which was offered by the Auxiliary Bishop Deepak Valerian Tauro. At 09:00 am, we began with our praise and worship session.

A talk session was provided after the Praise and Worship by one of the team members. It was a very heartwarming and delightful session which was followed by Adoration. At 01:00 pm lunch was served. Since it was the last meal of the retreat, a special meal was prepared for the participants. At 02:00 pm all the participants were instructed to gather in the Hall where the final session took place.

The final session was completed by 04:00 pm, thereafter everyone left for their home with heavy hearts and enriched souls.

# **Thanksgiving Mass and Farewell Lunch**

28th April 2023 11:30 am - 01:30 pm







"Behind you, all your memories. Before you, all your dreams. Around you, all who love you. Within you, all you need."

On 28th April, AICUF organized a Thanksgiving Mass for all the 3rd year Christian students of the year 2022-23. The Holy Mass was offered by Bishop Deepak Valerian Tauro.

Farewell memoirs, that were prepared by 2nd year AICUF core team, were handed over by Bishop Deepak and Dr. Sandra Joseph to all the 3rd year AICUF students present for the Holy Mass. Special farewell gifts were gifted to the 3rd year Core Team members of AICUF.

After the distribution of the farewell gifts, the 3rd year core team members were invited for a Farewell Lunch with the Bishop and AICUF faculty in the staff cafeteria.

It was a wholesome day as all sat down as a team one last time. The second-year core team members prepared farewell gifts for our outgoing team members Dona Raju (President), Akshaya Ann Thomas (Treasurer), Delphina G. Taiparambil, Diya Ann Thomas, Deepshikha Anthony, Natasha Thomas, Lincy Saji and L. Preethi. We winded up with a small sharing session, where the outgoing team shared their experience.

## **Cauldron Icebreaker Report**

## Date: 15th February 2023, Time: 3pm-4pm, Venue: Lawns near the new Canteen Kiosk

A mellow breeze enveloped the members of Cauldron as they met for an icebreaking session on 15<sup>th</sup> February 2023 at 3 pm with the backdrop of freshly bloomed flowers. The purpose of this gathering was to create a warm and welcoming environment for both the firstyear students and newcomers, ensuring they felt comfortable and embraced by the Cauldron community. As the attendees started to assemble, the anticipation and excitement were palpable, as everyone was eager to forge new connections and strengthen existing ones.

Spearheaded by the President, Shaoni Dutta, and the Vice President, Aditi Banerji, the event was attended by other members, representing a diverse range of talents and interests. Everybody introduced themselves, highlighting their areas of expertise and the unique contributions they brought to the society. The introductions showcased the vibrant mosaic of creativity, knowledge, and passion that Cauldron embodied.

Artists presented their creations displaying an amalgamation of emotions, visions, and artistic expressions, captivating the audience and igniting conversations. Writers stepped forward to read aloud from their blogs and the latest issue of Cauldron's magazine. The air was filled with the richness of poetic verses, engaging short stories, and thought-provoking essays. Each piece was like a portal, transporting the listeners to new realms of imagination and introspection.

The interactions between members were genuine, as they shared anecdotes, inspirations, and insights. The ice that separated the newcomers from the experienced members quickly melted away, replaced by bonds of friendship and mutual respect. After an hour, the members of Cauldron departed with a newfound sense of belonging and anticipation for the creative adventures that awaited them.

#### Attendance for the event:

(Total Count: 13)

- 1. Aditi Banerji, 2nd Year, B.A. English Honours
- 2. Amiya Sehgal, 2nd Year, B.A Programme (Elective English and French)
- 3. Astha Mary Varghese, 2nd Year, B.A. English Honours
- 4. Deepika Garg, 2nd Year, B.A. English Honours
- 5. Devaki S., 2nd Year, BA Program (English-French)
- 6. Dhwanee Goyal, 2nd Year, BA (Eng+His)
- 7. Nishita Singh, 2nd year, B.A Sociology Hons
- 8. Niveditha Ajay, 2nd Year, B.A. English Honours
- 9. Samriddhi Narayan, 2nd Year, B.A. English Honours

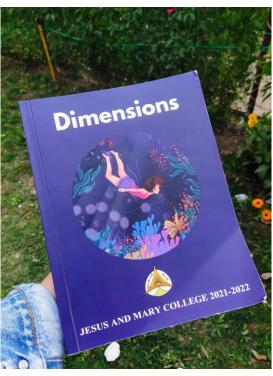
- 10. Shaoni Dutta, 3rd Year, B.A. English Honours
- 11. Sheema Mushtaq, 2nd Year, B.A programme
- 12. Soumyaa Somatra, 2nd year, B.A Sociology Hons
- 13. Triveni Goswami, 2nd Year, B.A. English Honours

# Some Photographs from the Session









#### **Cauldron – The English Magazine Society**

Cauldron: The English Magazine Society has been working towards curating and editing *Dimensions*, the annual magazine of JMC as well as providing a platform for creative writers, artists, and photographers.

The year started with the election for office bearers, wherein Shaoni Dutta (3rd Year, B.A. English Honours) and Aditi Banerji (2nd Year, B.A. English Honours) were elected President and Vice-President, respectively.

Screening of eligible candidates from the society for the formation of the Editorial Board and Design Team took place thereafter. The students selected for the Editorial Board were Adamya Raj, Vamika Agarwal, Pratishtha Jindal, Sheema Mushtaq, Shubhi Dubey, Zubaida Ifshan, Mishika Jane, Shruti Joseph, Samriddhi Narayan, and Tanishka Talwar. The Design Team was made up of Nashra Sehar, Prashasti Raj, Ananya, Ashley Ann Joy, Binti Anand, Devaki S., and Simran Tapparwal.

A mellow breeze enveloped the members of Cauldron as they met for an ice-breaking session on 15<sup>th</sup> February 2023 with the backdrop of freshly bloomed flowers. Colors, verses, tales, and the onset of spring, it was the place to be.

The society conducted one of its most awaited competitions, 'Wordcraft 2023', a creative writing, art, and photography competition wherein the students of JMC have been producing quality content for years. The prompts for this year were 'Revisiting Folklore' and 'Gen-Z Retellings'. The event was judged by Dr. Bipasha Rosy Lakra (Assistant Professor, Department of Political Science, JMC) and Ms. Sameera Mehta (Assistant Professor, Department of English, JMC). 'My Red Spirit' by Niveditha Ajay and Kamalakshi Singh bagged the first position,

'Melinoe' by Samriddhi Narayan and Meghdipa Roy Chowdhury came second, and 'Tista' by Diya Sharma and Angel Anna Jaimon came third. Urja Kaushik's and Mourvi Agarwal's 'Kulfiwala', and Ananya Rai's 'Oh Narcissus' were awarded with Honourable Mentions.

Cauldron, in collaboration with Sunny Mugs, hosted 'In Verse', a poetry appreciation session. It delved into the wonderful world of poetry, for there's truly nothing more sublime than words strung together in a verse. The poetic soiree was graced by two poets, Mr. Sarabjit Garcha and Mr. Sonnet Mondal, for whom poetry is a way of life. From 'An Afternoon in My Mind' by Mr. Mondal to 'Unending' by Mr. Garcha, the seminar hall basked in the glory of their spectacular poetic expressions.

Another major event that was conducted during this session was 'Word Weaves 2023' in collaboration with Clapingo Education Pvt. Ltd. A much-awaited intra-college competition with participants across courses at JMC, Word Weaves witnesses more than 50 responses per season and has a legacy surpassing 7 years. The event was judged by Dr. Anchala Paliwal and Dr. Chaandreyi Mukherjee of the Department of English, Vivekananda College. 'Restart' by Astha Mary Varghese came first, 'The Legs that Live on' by Triveni Goswami came second, and 'I've got the strangest feeling, this isn't our first time around...' by Samriddhi Narayan came third. Yohana Shikha Prasad's 'Leskis filseks skals misss bless' and Ashwika's 'Athia' were awarded with Honourable Mentions.

Cauldron bid adieu to its outgoing batch at a 'Casino Royale' themed farewell replete with James Bond quotes and Mafia games on 27th April 2023.

The society owes its heartfelt gratitude to the Principal Prof. Sandra Joseph for her constant support. This year would not have been a successful one without the unrelenting guidance and encouragement of Ms. Kashish Dua (Staff Editor) and Ms. Aneesha Puri (Staff Editor).

Report prepared by Shaoni Dutta and Aditi Banerji

## कॉल्ड्रॉन समिति हिंदी डेस्क

सर्जन नवीन रचनात्मकता से जुड़ी कला है। यह कला मानव मन के भीतर छुपे भावों, विचारों और अनुभवों को शब्दों में पिरो कर सांझा करती है। कॉलेज पत्रिका के माध्यम से विद्यार्थियों की ऐसी ही सृजनशीलता शब्दो का मूर्त रूप धारण करती है।



यह सृजनात्मकता उस रंग-बिरंगे वाटिका की सूचक है जिसमें विभिन्न प्रकार के प्राकृतिक दृश्य सामने आते है। इसमें विद्यार्थियों के भावों की अभिव्यक्ति की चमक है तो कहीं समसामयिक विसंगतियों पर प्रश्नों की लड़ी है तो कभी यह सृजनशीलता वास्तविक यथार्थ भूमि की कठोरता में जिंदगी की झलक प्रस्तुत करती है। ऐसी ही सृजनात्मकता को प्रोत्साहित करती कॉलेज मैगजीन छात्रों को निरंतर लेखन की ओर प्रेरित करती है।

सृजन के इस सफर में कॉल्ड्रॉन पत्रिका, हिंदी डेस्क द्वारा छात्राओं की रचनाएं वार्षिक स्तर पर सदैव आमंत्रित की जाती रही है। इस वर्ष समिति में मुख्य रूप से प्रथम वर्ष की छात्राओं के लिए 29 मार्च, 2023 को प्रतियोगिता आयोजित की गई। इस प्रतियोगिता के लिए प्रथम पुरस्कावर अनुष्का लोहिया को दिया गया।





12 अप्रैल, 2023 को सृजनात्मक लेखन की अंतर विभागीय प्रतियोगिता का आयोजन किया गया जिसमें कॉलेज की छात्राओं ने बढ़ चढ़कर हिस्सा लिया। इस प्रतियोगिता में प्रथम पुरस्कार अंजली शर्मा, द्वितीय पुरस्कार महिमा मींज और निधि ओझा, तृतीय पुरस्कार तनुश्री कुमारी और सांत्वना पुरस्कार अनुष्का लोहिया और एस्थर ने प्राप्त किया।







रचनात्मक सफर की सफलता में यह वर्ष समिति के लिए अत्यंत उत्साहवर्धक एवं ज्ञानवर्धक रहा। सर्वप्रथम मैं हमारे कॉलेज की प्राचार्या प्रो. डॉक्टर सैंड्रा जोसेफ़ मेम का धन्यवाद देना चाहूँगी जिनके निरंतर सहयोग से यह समिति सुचारू रूप से काम कर पायी। इसके साथ ही मैं डॉक्टर अर्चना त्रिपाठी (संयोजक) और डॉ मीनाक्षी कुमार(सह- संयोजक) मैम का धन्यवाद देना चाहती हूं। इन्होंने सम्पूर्ण वर्ष हमारा मार्गदर्शन किया। मैं मैम के प्रति अपना आभार व्यक्त करती हूं। इसके साथ ही मैं अपने सहयोगी छात्राओं का भी धन्यवाद करना चाहूंगी जिनकी कार्यक्षमता से हम इस समिति की सभी कार्यों को समय पर पूर्ण कर सके।। इन सब के सहयोग के बिना समिति का कार्य सुचारू रूप से हो पाना संभव नहीं था।

अंत में मैं इस समिति के उज्जवल भविष्य की कामना करती हूं।

महिमा (अध्यक्ष , कॉल्ड्रॉन हिंदी डेस्क)

आस्था पांडेय (उपाध्यक्ष, कॉल्ड्रॉन हिंदी डेस्क)

# CURIOSUS THE ENGLISH QUIZZING SOCIETY

# 2022-23 Office-Bearers

President- Sanya Pratap Singh (Third Year, Ba programme) Vice President- Ridhima Kapur (Third year, Ba programme) General Secretary- Charu Chauhan (Second Year, Political Science H)

# About Us

Since its establishment in 2014, *Curiosus*, the English Quiz Society of Jesus and Mary College, has worked to foster a quizzing culture within the institution. The society has gained recognition for being one of the **top all-female teams** in the Delhi University circuit.

In addition to regularly competing in quiz competitions, the society not only administers quizzes independently but also in collaboration with other societies for execution of intra- and inter-college quizzes. Quizzes are organised around a variety of themes such that any person is sure to find an area of their liking - be it cinema, sports, MELA, history, fandom, current affairs, or India.

The society is also active on social media platforms particularly Instagram, by regularly posting short quizzes, trivia, informational posts and fun reels.

# **Departments**

Curiosus is a family of **70 members**, headed by the President, Vice President and the General Secretary. There are various sub departments all of which work together for the smooth functioning of the society. Members of the society are frequently encouraged to come up with innovative ideas for quizzes in order to make the student population in JMC and outside realise the appeal of quizzing. Furthermore, many interactive, fun quizzes are organised to motivate and engage the members' interests.

# Core Team Members

The Society has 5 departments with two heads each. They ensure the smooth running of the department and the members.

## Organising Head:

Mriganka Singh Priyanka Sharma

## Public Relations Head :

Tanya Beniwal Tessa Binoj

Quizzing Head:

Britney Tims

Anushmita Mitra

Research Head :

Aleena Elizabeth

Mannat Lehal

Social Media Head :

Prisha Nagpal

Angelina Irene Laffrey

# Events

We offer a variety of inter-college events throughout the year. In all, in the tenure of 2022-23, Curiosus hosted 4 Inter College and Intra Society Quizzing events, namely: Quiztopia, MELA quiz, 'Dil Dil Mein Tiranga' Quiz and The Social Issues Quiz. We also organise weekly Instagram quizzes to increase our online interactions and outreach. In honour of St. Claudine Thevenet, the society organises a fun quiz competition to pique students' interest, increase their awareness of the founder and to get them thinking critically.

Apart from quiz conductions,

A seminar was also organised 'Demystifying the UPSC exam' on preparation for UPSC examination, open to all JMC students.

'Regional Histories of India' our annual newsletter was made possible with the efforts of our team and proved to be a big hit.

A **session** was organised by the President for the first year students/new quizzers to give them a glimpse of the circuit and explain the nuances of quizzing events.

## QUIZTOPIA

Date: 17 April, 2023

Our annual quiz festival, QUIZTOPIA, hosted four quizzes on a variety of topics, including sports, general current affairs, light-hearted filler quizzes on memes, and events in the year 2022. The participants in the quizzes came from various colleges throughout Delhi, ensuring a large turnout. Our Quizmasters Mr. Shubhankar Bahl, Mr. Mohd Fahad, Mr. Sumantra Sarathi Dutta are reputed personalities in the quizzing circuit. They have made questions for leading TV shows and carry years of experience with them. Along with this, we also held our fundraiser on the same day!

Quizzes:

- 1) The General Quiz (QM: Shubhankar Bahal)
- 2) The Sports Quiz (QM: Mohd. Fahad & Sumantra Sarathi Datta)
- 3) Meme Filler (QM: in-house)
- 4) 2022 Recap Filler (QM: in-house)

It was a memorable event made successful by our team's tremendous efforts.

# THE SOCIAL ISSUES QUIZ

Date: 9 November, 2022

A successful quiz competition was held in partnership with JMCEP: Jesus and Mary College Education Programme on the theme of Social Issues.

# MELA QUIZ

Date: 17 October, 2022

The Music, Entertainment, Literature and Arts Quiz welcomed contestants from different colleges throughout Delhi. A delightful and entertaining mode of testing participants' knowledge and providing amusement.

# DIL DIL MEIN TIRANGA

Date: 15 August, 2022

An intra-college quiz 'Dil Dil Mein Tiranga' was held to commemorate the glory of India's  $76^{th}$  Independence Day. Held online, it was exclusively open to all JMC students from all departments.

A fun-filled quiz, where teams participated to their best to emerge as the winner.

# INTRA SOCIETY QUIZZES

Several Quizzes were held on various topics such as Fandom, Current Affairs, Music, Entertainment, Literature and Arts for our society members in both offline and online mode. This has helped them interact and maintain a healthy competition with their fellow members.

# Conclusion

With a team of members full of passion, energy and commitment, session of 2022-23 was a great success. Through Curiosus, we learned a lot many new things and had some great experiences. Our members enthusiastically engaged in the quiz competitions at different Delhi colleges. And received a lot of honours. Some of the mentions are as follows:-

- Anushmita Mitra
  - o 2nd: Bolly Bonanza (Bhagat Singh College)
  - o Finalist: Saanp, seedhi aur Sinema (Motilal Nehru College)
  - o Finalist: Andaz Apna Apna Triathlon (Sri Venkateshwara College)
- Khushi Mongia
  - o 3<sup>rd</sup>: Dharohar Pratibha quiz (DCAC)
- Jeffy Sabu
  - o 3<sup>rd</sup>: Dharohar Pratibha quiz (DCAC)
- Dhwani Badia
  - o 3<sup>rd</sup> Indian Psychology quiz (LSR)
  - o Finals: History-Myth quiz (Deen Dayal Singh College)
- Kangan Goel
  - 3rd Indian Psychology quiz (LSR)
  - o Finals: History-Myth quiz (Deen Dayal Singh College)
- Sneha Soni
  - o 3rd Indian Psychology quiz (LSR)
- Darshika Kaushik
  - o 3rd Indian Psychology quiz (LSR)
- Juanita Mary Jose
  - o Semi finals- Bolly Bonanza quiz (Shaheed Bhagat Singh College)
- Khushi Shoeb
  - Semi finals- Bolly Bonanza quiz (Shaheed Bhagat Singh College)

#### **ECHO: The Western Music Society**

Echo, the Western Music Society of Jesus and Mary College, is filled with talented people who share their love for music. It is one big family and most importantly a safe space for all its members. Echo helps all its members grow and provides a platform to all the budding artists in the college.

The year started off with the elections for the new council members wherein Alina Vikram Singh (3rd Year BA Economics Hons.) and Adriana Carr (3rd Year BA Political Science - Sociology) were elected as President and Vice President respectively, along with Sharon George (3rd Year BA Political Science - Sociology) and Khushi Ahluwalia (2nd year BA Sociology Hons.) as the Treasurer and General Secretary respectively. The elections were followed by a recruitment drive of the second and third-year students.

Another round of selection for the society members took place after the commencement of the academic session for first-year students. The society conducted an orientation for the freshers and thereafter, held auditions in November 2022, and selected 12 talented singers and an instrumentalist.

The society worked on its annual piece for the session 2022-2023 which consisted of 3 songs: 'Exsultate, Jubilate' by Karl Jenkins (classical section) followed by 'Jealous' by Labrinth and 'Power' by Little Mix. Echo has tried to maintain its legacy in the year 2022-2023 and has brought laurels to the college by placing in 24 out of the 27 competitions held this fest season and secured the 1st position in 12 of them. Some significant wins include Lady Shri Ram College, Hansraj College, Sri Ram College of Commerce, Hindu College, and Delhi Technological Institute to name a few. Apart from the DU music circuit, Echo also qualified for the final round of Antaragni 2023, the annual fest of IIT Kanpur, and secured the 1st position in the same.

Moreover, some of the society members also bagged prizes in several Solo singing competitions. The winners include: Manya Srivastav (2nd at JDMC, KMC and 3rd at Hansraj College and KNC), Khushi Ahluwalia (1st at Miranda House) and, Aashriya Cherian (1st at KMC, 3rd at Miranda House). Echo hosted its Annual Western Music Competition 'Madrigal' on 18th April 2023, which was a highly successful event with 12 participating teams and 10 soloists from various DU colleges. The judges for this event were Vinayak Arora and Gurpreet Kaur, both talented musicians, highly renowned in the DU WMS Circuit.

Echo also participated in college events from time to time. The society co-hosted 'Winter Chimes', the carol singing competition in collaboration with AICUF and Ethnic Eight on 13th December 2022. Echo also contributed by performing for PTSA, Annual Sports Day and Farewell to name a few.

The society owes its heartfelt gratitude to the Principal Prof. Sandra Joseph for her constant support.

President: Alina Vikram Singh Vice President: Adriana Carr

Convenor: Ms. Sara H. Awungshi, Psychology Department





## **Jesus and Mary College**

## ANNUAL REPORT (2022 -2023): ENACTUS JMC

Enactus JMC strives to work towards empowering people from marginalised and deprived segments through creating livelihood opportunities. The team has been successful in organising several events and campaigns throughout the academic year of 2022-2023 which has helped make a significant impact in the society and the future entrepreneurs of the community.

The year started with election of office bearers, wherein Kavya Gupta (2nd year, B.com(H)) and Navya Joseph (2nd year, Economics Honours) were elected as President and Vice-President respectively through a rigorous recruitment process. During the year, two rounds of recruitment process took place making Enactus a team of 96 members in total.

Enactus JMC's first event of the academic year was 'Advitya', the second edition of the annual flagship event, on 26th September 2022. Along with 3 competitions including Vichaar, Udaan and Chakravyuh, there were a wide range of stalls, sponsors and performances for the event. The whole event had a footfall of over 5000 students with exciting cash prizes up to ₹45,000.

On 29th September, Project Dhara collaborated with Enactus Maitreyi to gain an understanding of the method used by them for producing manure, accompanied by. Project Dhara's Faculty In-charge, Dr. Anshi Goel. Project Dhara also conducted a recruitment drive for beneficiaries on 3rd March 2023 in order to recruit women who were willing to work from Bapu Dham and Sanjay Camp.

On 25th January 2023, Project Sugam members visited their ecobrick storage facility to conduct a quality check on the eco bricks made by one of their collaborators, Jaago Bharat. The second edition of Stash the Trash campaign was conducted from 20-24th March 2023, and 34.4 kgs of single use plastic was collected in 5 days. There were 4 hotspots around the college which were manned by Enactus members for collecting single use plastic waste. On 23rd February 2023, the President and Project Sugam heads met the MLA of Nangloi to garner his support for our project. On 24th April, Mr. Sanjay Kumar Sain, DCP Central District, provided us with a location for our pilot washroom. On the occasion of Earth Day, Project Sugam organised an awareness session on sustainability and taught around 100 school kids how to make eco bricks at Dayanand Model School.

On 3rd March 2023, Enactus members paid a visit to Burari, production site of Project Iffat, to meet the beneficiaries and host the future potential partner, Andaz Hotel's managers. After a month-long process, we successfully collaborated with Andaz by Hyatt, Aerocity for the procurement of used soaps.

Additionally, a Breast Cancer Awareness Seminar was conducted in collaboration with Win over Cancer providing a comprehensive overview of breast cancer, its treatment and the importance of early detection in January 2023. The guest speaker for the seminar was Dr. Richu Sharma, associate consultant of medical oncology at Artemis hospital, Gurugram.

The society owes its heartfelt gratitude to the Principal Prof. Sandra Joseph for her constant support. This year, Enactus JMC would not have been successful without the unrelenting guidance and encouragement by Dr. Savita Rastogi (Faculty Advisor), Ms. Ishita Singh (Project Sugam Incharge), Dr. Anshi Goel (Project Dhara Incharge) and Dr. Ruchi Bhalla (Project Iffat Incharge).



Breast Cancer Awareness workshop



Stash the Trash 2.0: Waste Collection Drive



Meeting with Mr. Sanjay Kumar Sain, DCP Central District for Project Sugam



Project Iffat Facility Visit with Andaz



Project Sugam Facility Inspection Visit





## **Jesus and Mary College**

## **ADVITYA '22: ENACTUS JMC**

**Topic:** Advitya '22

Date: 26th September 2022, Monday

Time: 09:00 am onwards

Enactus Jesus and Mary College organised the second edition of its flagship event "ADVITYA" on 26th September 2022. It was a day for young, like-minded, and zealous students to come together and use their innovation and creativity to bring about change, create impact, and transform the world.

The event started at 9 am with great pomp and show. Students from all over Delhi University enthusiastically participated in the event.

Along with the 3 competitions, Vichaar, Udaan, and Chakravyu, there was a wide range of stalls, sponsors, and performances for the event. The stalls included small businesses, startups, and non-profit organisations/ societies selling accessories, food items, baked goods, thrifted clothes, scented candles, paintings, etc.

#### These entailed-

- Ellity beauty
- The oven girl, by Prisha Nagpal
- Trendy fashion jewellery, by Sanaaya Dutt
- Bake sale, with Akriti khanna
- Scented with love
- Terracotta and Paintings, by Geetika
- Rosemary Candles
- The Rainbow Ridge
- The Witchy Shop
- Wishwind Jewellery
- Kiiroitsuki Store
- Mind Diaries
- Nazar Na Lage, by Hunnar
- Brie, by Sabrina Paul
- Enchanted intarsia
- Be Desi,

• Pet Accessories by Enactus MLNC

Apart from these, An Open Mic comprising around 15 solo and group performances was also organised from 12-2 pm. It included spectacular performances by-

- Hello.girlcrush
- Mixdupp
- Shivam and Daniel das
- Fia sabu
- The event was concluded by a vote of thanks where Enactus JMC expressed its gratitude towards the Sponsors and Businesses partners including
- Vinzberry,
- Desserted Love by Isha,
- DU Today and
- Career Launcher.

The whole event was planned and curated to cater to the audience in the best way possible, to which Enactus JMC stayed true till the very end. Students turned up in huge numbers, reaching an average footfall of 5000 and the feedback received was overwhelming

## **Udaan: A Flight Towards Sustainability**

Advitya'22, which took place on the 26th of September, consisted of three competitions:

- Udaan
- Chakravyuh
- Vichaar.

Udaan was a highly comprehensive competition with three rounds, which tested the participants' head for the business and heart for the world. This competition was headed and organised by Project Iffat and the Public Relations Department. Participations were called upon from all colleges of Delhi NCR as a team of 2.

Judges for the competition were: Ms. Mathangi Ramakrishnan, a professional with 15 years of experience in the corporate and development sector ecosystem, and Ms. Joanna Dawson, who's involved in developing strategies, publications, and partnerships for the Balipara Foundation.

We received a total of 81 responses to the Google Form we circulated for Udaan.

Three rounds were held as a part of Udaan:

The preliminary round, 'What's Your Future City?' was held online a few days before the day of Advitya. It allowed the participants to get their creative juices flowing and fashion their very own dream city. They were required to imagine a scenario where they were in charge of curating, designing, and planning a brand-new city in the hopes of solving some of the most prominent sustainability issues. As responsible citizens and innovative thinkers, they needed to devise a plan for their sustainable city, keeping in mind at least 5 of the 17 Sustainable Development Goals.

This round consisted of submissions in two formats: a Powerpoint Presentation, giving us a theoretical blueprint of how their city plans to fulfil the chosen SDGs, and a poster advertising the same.

10 teams were shortlisted out of the entries received.

The first round, 'Shark City', was held offline in Jesus and Mary College, Chanakyapuri, New Delhi (University of Delhi). The 10 finalists were instructed to come prepared with their city plans from the preliminary round. They were posed with a problem statement on the spot and were asked to come up with a solution. The teams were given 1 hour to prepare a PowerPoint Presentation for the same.

The case at hand mentioned the problem of overpopulation in their perfectly designed cities. All the sustainable development goals they neglected had now become a major issue. Even the ones they planned to fulfil were under threat resulting in their city plan to crumble.

The task at hand was to prepare a budget-specific solution for the same, the budget being in the multiples of 50 crores. The team with the highest budget was required to present first. They were asked to include other intricacies such as changes they plan to implement, views about banning further migration to their city, and problems like hunger management, inequality, etc. After the preparation of the PowerPoint Presentations of 10-12 slides, they were required to pitch them in front of the judges in under 4 minutes. The teams were judged based on the following parameters - innovative thinking skills, relevance, presentation skills, and code of conduct.

The third and final round, 'Mission Possible', was held after a short break after conducting the second round.

In this round, the participants were presented with two lists, where List A contained a few waste items, and List B included some of the Sustainable Development Goals. Each team was required to bid for one item from each list to get a combination of one waste product along with an SDG to work with. Auctions for both lists were conducted by the organisers.

The task at hand: The participants were required to come up with a product that used the waste item as a raw material and ensure that their product aligned with their SDGs.

Each team had Rs. 100 crore to begin with. The participants had to use this amount only for both lists. Marks were deducted for all those participants who exceed their budget.

The participants had to pitch their product in front of the judges in under 3 minutes, by creating a Powerpoint Presentation of 10-12 slides in 1 hour.

The teams were judged based on the following parameters - innovative thinking skills, relevance, presentation skills, and code of conduct.

The cumulative scores of both rounds were considered to determine the winners of Udaan. The winners of the competition were as follows:

First prize: Team 180 Degrees Consulting JMI

Abia Fazeelat Fakhri Mouid Danyal

Runners Up: Team LSR

Pipyana Parijat Biswas Khushi Khemka

The First Prize winners were also awarded a cash prize of Rs. 10,000. The Runners Up received a cash prize of Rs. 5,000.

## **Vichaar**

Enactus JMC organised its annual flagship event, 'Advitya' on 26th September 2022 at the campus of Jesus and Mary College, Delhi University.

The event witnessed an enthusiastic crowd of around 4000+ students from various colleges across Delhi.

It hosted three competitions 'Vichaar', 'Udaan', and 'Chakravyuh' with the participation of 60+ students from colleges across Delhi.

Vichaar was organised by Project Sugam and the Research & Development department. Vichaar received 90+ registrations and comprised 3 rounds: one being the preliminary online round- 'Case Clues' and the other two offline rounds- 'Sustainable Tank' and 'Into the Unknown'.

The preliminary round was a case study round testing the participants' creative and analytical skills. The top 10 qualifying teams from Round 1 were invited to compete offline on the campus. In the second round, the participants were required to come up with innovative solutions to tackle a case along the lines of sustainability. This round started at 9 AM and

went on till 11:30 AM. The final round was a business plan round. Teams were made to compete against one another to present the most well-thought-out business model developed to overcome different social challenges faced by society at present, presented to them on the spot. The final round began at 1 PM and went on till 3:30 PM.

Both the offline rounds were thoroughly and unbiasedly judged by two very competent and qualified judges.

The first offline round was judged by: Ms. Drishti Makhijani who is the founder of Project Qadira and is currently building 'Qadira Hygiene'. Project Qadira is a youth-led community that addresses menstruation-related issues and manufactures menstrual products produced by women.

Our judge for the second offline round was: Ms. Ishika Nirula, the founder and CEO of womeninbusinessnet, which is the world's first community-driven professional network for young women entrepreneurs.

The competition concluded at 4 PM with the announcement of the winning teams from Lady Shri Ram College and Jamia Millia Islamia.

#### Chakravyuh

Enactus JMC held the second edition of its annual flagship event **Advitya '22** on 26th September, 2022. It comprised three competitions namely Chakravyuh, Udaan and Vichaar. Chakravyuh was an intriguing competition involving three rounds. The competition was organised and headed by Project Dhara and the Marketing Department. Participations were called upon from all colleges of Delhi NCR as teams of two.

The judges of the competition were: Ms. Divya Gaur, a professional with over 7 years of experience in development economics and environmental sustainability and Ms. Kunika Rathore, who is the founder and CEO of The Unknowns Agency, a digital and business transformation company. Chakravyuh received 120 registrations in total.

Three rounds held as a part of Chakravyuh were:

Eco-Leagues: A preliminary round which was held online. It was a quiz competition which tested the participants' business acumen and social entrepreneurship knowledge. The round was held on the Google Forms platform. The quiz was graded out of 300 and received around 67 entries. 11 teams were shortlisted out of the entries received.

Case Study Round: This round was held offline at Jesus and Mary College. The top 11 finalists were given a case study on the spot. They were allocated an hour to derive solutions from the given problem statement. The participants made their PowerPoint Presentations in the designated time slot. The task at hand was to design a PR Roadmap as to how to handle a crisis and what steps they would be following in order to restore and revamp the image of a company within the eyes of the public. After the preparation of the PowerPoint Slides, they were required to support their arguments and present their views in front of the judge in 5 minutes. They were judged on the basis of various predefined parameters.

Treasure Plan: This round was held offline at Jesus and Mary College. It was divided into two phases. In the first phase, 10 puzzles depicting 10 different Sustainable Development Goals were produced by the Enactus JMC team, and puzzle pieces for each of them were placed in a total of 15 locations around the campus. Each of the top 10 finalists were allotted a different Sustainable Development Goal, and were given the first piece of the puzzle, the clue for the next piece as well as a treasure map depicting the 15 possible locations where the clues could have been hidden. The 10 finalists had to locate all the pieces and report back to the team. There was a preferential marking system, where whoever reported back first were marked in a chronological order.

In the second phase, each team had to formulate and present a hypothetical Enactus project, aiming to achieve the Sustainable Development Goal allotted to them. They were marked on their innovation, the feasibility of the project as well as their presentation.

The cumulative scores of both the offline rounds were considered to determine the winners of Chakravyuh. The winning teams were as follows:

1st Prize: Team Titans - Hridya Gandhi, Palak Yadav

2nd Prize: Enactus MSIT - Sreyash Pratap Singh, Vaibhav Rawat

The 1st prize winners were awarded with a cash prize of Rs. 10,000. The 2nd prize winners received a cash prize of Rs. 5,000.





## **Jesus and Mary College**

## **COLLABORATION WITH ENACTUS MAITREYI: PROJECT DHARA**

### **Enactus**

**Topic:** Collaboration with Enactus Maitreyi

Date: 29th September, 2022

Members Present: Dr. Anshi Goel, Kavya Gupta, Navya Joseph, Snigdhaa Anand,

Yashasvini Beri

No. of Participants: 4

Enactus JMC - Project Dhara collaborated with Enactus Maitreyi in September 2022. The objective was to learn the method followed by them for the production of the manure. The team looked over the pits at Maitreyi and were accompanied by JMC's gardener to see the same. Student coordinators of Enactus Maitreyi elaborated on the procedure -

- Microbial inoculate used to make the manure. It also keeps the manure fresh and it does not stale for around 1 year. Whereas vermicomposting is time-consuming and the shelf life of manure made using vermicomposting is just 3 months.
- Inoculate is also cheaper compared to vermicomposting.
- Bottom layer biodegradable vegetable waste, middle layer cow dung and garden waste, top layer dried leaves to absorb extra moisture.
- Manure is sundried at first and later put in the shade so that it retains a bit of moisture.
- Watering is required at frequent intervals.

The JMC gardener was asked whether he wanted any queries addressed. General doubts were also asked by the Dhara Heads, and the student team at Enactus Maitreyi addressed the same. Project Dhara's teacher coordinator, Dr. Anshi Goel, was present to ensure that the whole procedure was carried out seamlessly.





## **Jesus and Mary College**

## **RECRUITMENT SESSION: ENACTUS JMC**

**Topic:** Recruitment session

Date: 29th November, 2022 - 16th January, 2023

Venue: Audio-Visual room

**No. of Participants: 200+** 

On 29th and 30th November, Enactus JMC welcomed the first years by hosting an orientation in the Audio- Visual room of Jesus and Mary College. The orientation was held with the purpose of acquainting the first years with the functioning of Enactus JMC and more than 200 students registered to be a part of it. They were briefed by all the heads about the various projects undertaken by Enactus JMC and workings of all the departments. All this was accompanied by a presentation which entailed all the details in depth for a better understanding. Furthermore, the first years were familiarised with the recruitment process.

The recruitment consisted of three rounds.

The first round, the application round, involved filling of a detailed google form which let the core team know the motivations, experiences, strengths & weaknesses of the candidates in order to evaluate them and give them a green signal to the second round of recruitment which was a Task Round. We received an overwhelming response of 100+ entries.

In the Task Round, different departments and projects had different tasks for the candidates which were specific case studies related to the regular functioning of respective projects and departments of Enactus JMC.

The tasks are mentioned below:

**Project Iffat:** Look for organic products that align with the ideology of Iffat and draft a detailed plan for the same which includes the ingredients used and its recipe.

**Project Sugam:** Draft a document mentioning multiple unconventional sources from where single-use plastic waste can be sourced & diversification ideas.

**Project Dhara:** Draft how you would establish well-defined distribution channels within Delhi for our existing product and diversification ideas.

**Research & Development Department:** Draft an innovative and original project idea that is backed up by thorough research and that Enactus JMC can implement considering some parameters like cost, feasibility, beneficiaries, etc.

**Public Relations Department:** Choose any of our projects (Sugam/ Sahaay/ Iffat/ Sugam) and ideate and curate a 1-2 week-long offline and online campaign for it.

**Marketing Department:** Ideate an online campaign related to any one project (Sugam, Iffat, Dhara).

Post the task round, the shortlisted candidates moved on to the group discussion. The group discussion challenged the candidate's spontaneity, problem solving and communication skills where the topics were related to sustainability, entrepreneurship and so on and so forth.

We received a lot of innovative entries, but we decided to go on with only the best ones. The next and the final round was the Personal Interview Round. Enactus JMC took over 55+ interviews in a span of 3-4 days in order to select first years who were capable of being a part of the society.

The excel link below contains the details of all the members of Enactus for the year 2022-2023.

https://docs.google.com/spreadsheets/d/1mUG0Zjs7\_qgEiEszad7h9hUd0f7N4x5GCq4w4CPw9qw/edit?usp=share\_link





### **BREAST CANCER AWARENESS SEMINAR**

### **Enactus**

**Topic:** Breast Cancer Awareness Seminar

**Date:** 17th January 2023, Tuesday

**Time:** 12:30 pm - 02:00 pm

**Room number:** 3<sup>rd</sup> floor hall

No. of Participants: 55+

On January 17th, 2023, Enactus, JMC organised a seminar to raise awareness about breast cancer in collaboration with Win Over Cancer. The seminar was attended by members of all departments of Enactus, JMC. The seminar was held within the college campus.

The seminar began with a brief introduction about The Win Over Cancer organisation and the guest Speaker. The guest Speaker for the seminar was Dr Ruchi Sharma, Associate Consultant of Medical Oncology at Artemis Hospital, Gurugram.

Dr Ruchi began the seminar with an introduction to breast cancer and its prevalence. The Speaker discussed the various types of breast cancer and the importance of early detection. She also discussed the importance of self-exams, regular mammograms, and other screenings that can help detect breast cancer in its early stages.

The Speaker then briefly explained the various treatments for breast cancer, including surgery, radiation therapy, chemotherapy, and hormone therapy. She elaborated the risks and benefits associated with each treatment and the importance of finding the right treatment for each individual. The Speaker also addressed various ways to prevent cancer.

The Speaker highlighted the importance of knowing how to evaluate being at risk of this cancer for every individual keeping in mind various causes of it such as, family history, inherited genes, alcohol consumption, stress, etc. The Speaker also talked about the various myths associated with cancer.

The seminar concluded with a Question-and-Answer session, where the Speaker took up various questions posed by students. The Speaker encouraged everyone to act and make a difference in the fight against breast cancer.

The seminar provided a comprehensive overview of breast cancer, its treatments, and importance of early detection. It also highlighted the importance of knowing the risk factors and ways to prevent it. The seminar was well-received by the attendees and will hopefully help to raise awareness about the importance of early detection and the right treatment.

The seminar was attended by the following members of the Enactus, Jesus and Mary College:

### **PROJECT IFFAT**

- 1. Jigyasa Hissaria
- 2. Snehal Jain
- 3. Shreya borah
- 4. Sehaj Grover
- 5. Liya Jomon
- 6. Sneha gupta
- 7. Yashika arora
- 8. Mahek Vanjani
- 9. Yukti Suri
- 10. Laxmi Dubey

### **PROJECT SUGAM:**

- 1. Sourya
- 2. Rhea
- 3. Lavanya
- 4. Shreya
- 5. Shireen
- 6. Lavanya
- 7. Kavya
- 8. Ishita
- 9 Sakshi
- 10. Aastha
- 11. Aditee
- 12. Vartika
- 13. Raina

### **PROJECT DHARA:**

- 1. Janhvi Aggarwal
- 2. Shreya singh
- 3. Anushka soni
- 4. Vigas Kaur
- 5. Pratibha Sharma
- 6. Girishaa
- 7. Gargi
- 8. Ananya Bhatia

### RESEARCH AND DEVELOPMENT DEPARTMENT:

- 1. Mallika Lakhanpal
- 2. Shilpa Ann
- 3. Anya Gamaliel
- 4. Istuti

### **MARKETING:**

- 1. Shriya
- 2. Vanshika
- 3. Keyah

### **PUBLIC RELATIONS DEPARTMENT:**

- 1. Aashi
- 2. Yashvi
- 3. Sneha
- 4. Aarushi
- 5. Tanya
- 6. Ragini Kocchar
- 7. Damini
- 8. Aliza
- 9. Navya Jain











### PROJECT SUGAM: ECO-BRICK STORAGE FACILITY VISIT

### Enactus

**Topic:** Ecobrick Storage Facility Visit

Date: 25th January 2023, Wednesday

**Time:** 11:30 am - 02:00 pm

**Venue:** Artisaans Innovations Pvt. Ltd.

No. of Participants: 10

On 25 January 2023, Wednesday Project Sugam visited the Eco-Brick Storage Facility in Artisaans Innovations Private Limited, 654, 2/2, Rohtak road, Saini Vihar, Swaran Park, Mundka, New Delhi, Delhi-110041, India from 11:30 am to 2:00 pm.

Various members of Project Sugam including Sakshi Bansal, Shreya Pandey, Shireen Peter, Prapti Kabra visited the facility and were accompanied by Marketing Department member Jozy Fatima. The visit was supervised by the following Core Team members:

President - Kavya Gupta

Vice President - Navya Joseph

General Secretary - Sania Gupta

Project Sugam Heads - Vasudha Chanana and Navya Anand

The members began by going through all the eco-bricks kept in cardboard boxes and quality-checking each eco-brick made by Jaago Bharat Trust. Quality checks were also conducted by the heads, and they guided and helped the members in case of any problems. The quality check was based on appropriate weight and density.

The quality eco-bricks were stacked together in boxes and the number of eco-bricks were counted and a note was made of the same. The eco-bricks that were not up to the mark were kept in another box for some alternative future use. All the eco-bricks were checked manually, and all members worked in teams.

The visit was a success and in total, 617 eco-bricks were checked and put in 8 boxes to be delivered and used for building the washroom. The work concluded within 3 hours. The day was documented through videos and photographs and a story and post was also uploaded covering the visit on Project Sugam's official Instagram handle.





### **SITE VISIT: PROJECT IFFAT**

### **Enactus**

**Topic:** Production Site Visit

Date: 3rd March, 2023

**Time:** 12:00pm - 5:00pm

Location: Burari

No. of Participants: 6

On 3rd March 2023, Enactus members paid a visit to Burari, North Delhi, which is the production site of Project Iffat, to have a meeting with the HR Manager, and the Hygiene Manager of Andaz by Hyatt, Delhi, along with the beneficiaries of Project Iffat.

The beneficiary was provided with the raw material for the soap production, and the site was decorated with previous works of Project Iffat by the members. A standee of the same was also put in place for the HR manager of Andaz to see. People from Andaz greeted us by 4 pm. Our beneficiary briefed them about how the soaps are made by showing them the process in action, our members reassured Andaz about the soaps being clinically tested, and further discussed the paperwork left for the collaboration to kick start officially. The day ended with small gestures of gratitude by both the parties through acts of gift exchange.









### **DHARA BENEFICIARY RECRUITMENT**

### Enactus

**Topic:** Dhara Beneficiary Recruitment

Date: 3rd March 2023, Friday

Venue: Bapu Dham and Sanjay Camp

No. of Participants: 5

On 3rd March, 2023 the Dhara Heads along with a few core team members visited Bapu Dham and Sanjay Camp in order to recruit beneficiaries to restart Project Dhara. The team chose the following locations as they are in close proximity to Jesus and Mary College, Chanakyapuri. Since, the beneficiaries are expected to visit the college, these locations were an ideal fit as the travelling time and effort of the beneficiaries could be cut down.

The team visited Bapu Dham first in order to begin their search. They were approached by a number of females ranging from age 20-40 years who were eager to be a part of the project. Furthermore, the team explained the various responsibilities and workload they would have to borne as a beneficiary.

In addition to Bapu Dham, the team visited Sanjay Camp as well in order to search for the most suitable candidate. Many women therein were too interested to be a part of the project. The contact information from all the prospective candidates were taken by the core team.

It was a successful visit and a decision for the beneficiary was taken after. It was a really insightful experience for the core team and they had an opportunity to converse with a number of motivated and hardworking women.

# THE FOLLOWING MEMBERS OF THE CORE TEAM WERE PRESENT FOR THE VISIT:

- 1. Sania Gupta
- 2. Samiha Juneja
- 3. Yashasvini Beri
- 4. Snigdhaa Anand
- 5. Khushi





### PROJECT SUGAM & DHARA: STASH THE TRASH 2.0

### Enactus

**Topic:** Stash the Trash Event

Date: 20th - 24th March, 2023

**Venue:** JMC Campus

Project Sugam and Project Dhara collaborated to tackle the challenges of open defecation, poor sanitation, and plastic waste. Their joint efforts aimed at producing Eco-bricks and constructing a washroom, while also organising a week-long waste collection drive known as 'Stash The Trash 2.0'.

Project Sugam aims to tackle the problem of open-defecation, poor sanitation and plastic waste by the production of Eco-bricks and utilising these to construct a washroom. While upholding these ideals, Enactus JMC organised the second edition of its campaign 'Stash The Trash'. The first edition of Stash The Trash was a week-long offline campaign organised on the campus of Jesus and Mary College, in March 2022. It was a plastic bottle collection drive.

In the second edition, Project Sugam and Project Dhara collaborated to launch 'Stash The Trash 2.0' which was a week-long, offline, single-use plastic and organic food waste collection drive. Throughout the course of the campaign, the entire team actively participated by volunteering there to maintain the hotspots. Half- hour duty slots were assigned and volunteers were rotated every half- hour.

The drive was conducted on college premises, daily for a week, from 8:30 AM to 3:30 PM. The collection boxes were placed at 4 hotspots which were the Main Gate, Bhelpuri CR, Amphitheatre, and Canteen.

The drive commenced with an opening ceremony on  $20^{st}$  March in the amphitheater. Ms. Vanshika Arora, a stand-up comedian, was present for a comedy show and Rhea Anand, a member of Project Sugam, entertained the crowd with a melodious singing performance. More than 150+ students attended the opening ceremony.

Eco-bricks, the plastic bottle densely packed with used plastic to create a reusable block is one of the most important raw materials for Project Sugam. To make the newly recruited members aware of how Eco-bricks are made, an Eco-brick Training Workshop was conducted on 21<sup>st</sup> March by Project Sugam Heads- Vasudha Chanana and Navya Anand.

On 22<sup>nd</sup> March and 23<sup>rd</sup> March awareness was made across the college to increase the engagement for the drive.

On the last day of the campaign, 24<sup>th</sup> March, a 'paint-by-numbers' painting activity was organized. A huge banner with the campaign logo was hung and students were invited to grab paintbrushes and collectively paint the banner, which made for an engaging and fun exercise to mark the end of the campaign.

To conclude the event measurement of the collection boxes took place. The drive was a huge success collecting 34.4 kgs of single-use plastic in 5 days.

The drive became a medium for those who wanted to give back and work for society. With additional events on the horizon, the crew celebrates each victory and works hard to plan similar events in the future

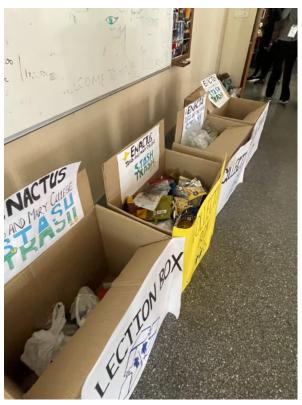
Project Dhara, in conjunction with 'Stash The Trash 2.0', introduced an innovative approach to waste management. The project focused on collecting biodegradable waste, such as fruit and vegetable peels, leaves, and flowers. This organic waste was earmarked for use as raw materials in Dhara's manure production.

Students were encouraged to collect the biodegradable waste generated at their houses and dump the waste into the collection boxes kept at 4 different hotspots in the college. Volunteers were present at each hotspot to ensure that the right kind of waste was being collected. Posters were put up to spread awareness about what to donate and what not to donate, various announcements were made to spread the word and fun activities were organized to increase involvement. Fruit and vegetable peels were also collected from the college canteen.

Once collected, the biodegradable waste for each day was discarded into the pits by the members of project dhara. Along with the collected waste, our college gardener was asked to discard fallen dry leaves into the pits.

The waste collection drive for project dhara is still in continuation. Food waste is collected from the college canteen to be discarded into the pits along with dry leaves and flowers. This shall be continued until the pits are full so that the beneficiaries can start working with all the raw materials in place.













### **ECOBRICK MAKING SESSION: PROJECT SUGAM**

### **Enactus**

**Topic:** Ecobrick Session

Date: 21st March 2023, Tuesday

Time: 10:30am - 11:30am

Room number: 3<sup>rd</sup> floor hall

No. of Participants: 55+

On March 21, 2023, Enactus JMC organised an insightful session on how to make an ecobrick, which was delivered by the heads of Project Sugam: Vasudha and Navya Anand. The workshop introduced the concept of utilising plastic bottles filled with non-biodegradable waste materials as building blocks for various structures.

The session covered the necessary steps to make eco-bricks, starting with gathering non-biodegradable waste materials such as plastic wrappers, candy wrappers, and plastic bags. Participants were advised to select a clean and dry plastic bottle of any size depending on their requirements. Using scissors, they were shown how to cut the waste materials into small pieces that could fit inside the bottle and use a stick to compress the materials tightly in the bottle, leaving no empty space. Weighing the ecobrick with a weighing scale was deemed crucial, and the minimum weight of the ecobrick should be 0.33 of the volume of the bottle. Participants were also advised on the different types of materials that could be used or avoided while creating ecobricks, such as single-use plastic and pen caps being acceptable, while anything that can contaminate should be avoided. A video was also shown highlighting how plastic items used in daily lives could be repurposed to create ecobricks. This was followed by the Project Heads showcasing actual ecobricks, and some volunteers were even asked to make an ecobrick for demonstration. The participants had the opportunity to ask any doubts they had, and the session concluded with a small quiz to check their comprehension.

Overall, the workshop was an informative experience, and creating eco bricks is an excellent method of managing non-biodegradable waste materials. This simple and effective process can be used to construct various structures, such as garden walls, benches, and even houses. By making eco bricks, individuals can contribute to a sustainable future and decrease the amount of plastic waste in the environment.





### **COLLABORATION WITH ANDAZ: PROJECT IFFAT**

### **Enactus**

**Topic:** Collaboration with Andaz

Date: 5th April, 2023

Location: Andaz by Hyatt, Aerocity

Members Present: Kavya Gupta, Navya Joseph, Sania Gupta, Riana Singh, Sabhya Gupta

No. of Participants: 5

### **Introduction:**

Project Iffat is an innovative initiative focusing on enhancing sanitation through the upcycling of lightly used hotel soap bars. These soap bars are transformed into new soap cakes by women affected by HIV and AIDS, subsequently being sold at affordable rates in sanitation-challenged areas. This report provides an overview of the crucial stages and activities that led to a successful collaboration between Enactus JMC and Andaz.

### **Key Phases:**

### 1. Project Pitch (8th February 2023):

Enactus JMC presented the proposal to Ms. Ranjana, HR Director, and Mr. Sachin Sharma, Assistant Hygiene Manager at Andaz. The proposal aimed to repurpose unused hotel soap bars, contributing to sustainability and community hygiene.

### 2. Positive Response and Verbal Confirmation:

The Andaz team displayed enthusiasm for the concept during the presentation, resulting in a verbal agreement for collaboration. This signified the potential for a valuable partnership.

### 3. Detailed Email Correspondence:

Enactus JMC sent a comprehensive email to Ms. Ranjana outlining the project's scope, objectives, and collaboration structure. The Andaz team responded promptly, expressing their interest and scheduling a follow-up meeting.

### 4. Meeting for Official Document Exchange:

A meeting was convened for the formal exchange of necessary documents to establish the collaboration. This step highlighted the dedication of both parties to the project's success.

### 5. Multiple Meetings and Discussions:

Iterative discussions and meetings were conducted to finalize collaboration terms and conditions. Enactus JMC and Andaz collaborated closely to resolve details and ensure alignment.

### 6. Signing of MoU (5th April 2023):

After extensive deliberations, an official Memorandum of Understanding (MoU) was signed between Enactus JMC and Andaz. This significant step solidified the partnership, paving the way for project execution.

### **Conclusion:**

The journey of Project Iffat, spanning from its initial pitch to the formal MoU signing, underscores the commitment of both parties toward sustainable practices and community involvement. This collaboration holds the potential to reduce waste, improve hygiene, and underscores the importance of fostering impactful relationships for a more promising future.



April 5, 2023

#### Letter of Memorandum of Understanding

### Between Enactus Jesus and Mary College and Andaz Delhi, by Hyatt

This memorandum of understanding was made on April 5, 2023 between Enactus Jesus and Mary College and Andaz Delhi, by Hyatt . The MOU is witnessed as follows:

PARTY 1- Enactus Jesus and Mary College, an international non-profit organization, having its place of work at, Jesus and Mary College, Saint Martin Marg, Bapu Dham, Chanakyapuri, New Delhi 110021

PARTY 2- Andaz Delhi, by Hyatt having its registered officer at Gate No. 1, Asset No.1, Hospitality District Delhi, Aerocity, New Delhi, Delhi 110037

In this MOU, Andaz Delhi, By Hyatt & Enactus Jesus and Mary College are hereinafter individually referred to as the "Party" and collectively as the "Parties".

General notes in connection with this MoU and the Proposed purpose (defined below):

- i. This MoU sets forth the broad understanding between the Parties who intend to enter into a mutual agreement to transform lives, to help those in need and to shape a better and more sustainable world thereby empowering the marginalized.
- ii. This MoU does not address all issues and matters that may arise over the course of completion of the purpose (defined below) and is intended to outline the material understanding between the Parties with respect to enhancing the objectives of managing waste, improving hygiene and sanitation and fighting the stigmatization against HIV/AIDS.
- iii. This MoU as outlined in this document is not intended to be legally binding document, rather it is meant to describe the nature of cooperative interaction and understanding of the Parties to suggest guidelines for cooperation. Nothing, therefore, shall diminish the full autonomy of either Party, nor any constraints be imposed by either Party upon each other and nothing in this Agreement shall be deemed to create a partnership, joint venture, or agency relationship between the Parties.

TERMS AND CONDITIONS:

- Party 2 will give all used soaps to Party 1. The used soaps will be on a safe to consume status at the time of delivery to Party 1. It will be the responsibility of Party 1 to ensure the safety during the transportation. No claims of any sort with respect to health hazards shall be directed towards the hotel.
- 2) Party 1 shall collect used soaps from the Hotel premises and shall transport and distribute use the same at their own cost. Party 1 shall arrange the transport and manpower to collect the used soaps and take it to the place of reconstruction.
- Party 1 can utilize the used soap as per their company ethos.
- 4) Party 1 shall ensure all the utensils used for distribution of used soaps are of good quality, cleaned and hygienically fit for storage and packaging.
- 5) All actions necessary must be taken to ensure that information remains strictly confidential, and no name disclosure is done in case of any accidental mishap related to health hazard.
- 6) All the volunteers, representatives, employees etc. of Party 1 shall have no relationship whatsoever with the company. This arrangement is on principal-to-principal basis and there would be no fiduciary, or other relationship between the Party 2 and Party 1.
- 7) Party 1 shall provide the name and contact number of their authorized volunteers who may be contacted by the Party 2 for collection of used soaps. These volunteers may also contact the Party 2 representative specified to coordinate with for the same. Party 2 shall not entertain any person not officially authorized by Party 1 for the purpose. Such authorization may be provided over the phone, message or email.
- 8) Party 2 may put the details of this arrangement on its website and also document the same as its Corporate Social Responsibility initiative.

# STATEMENT OF PURPOSE BETWEEN ENACTUS JESUS AND MARY COLLEGE AND ANDAZ DELHI AEROCITY:

The broad process for distribution shall include the below mentioned steps:

- The collection of soaps from Party 2 will take place in the last week of every month or subject to the availability of used soaps from Party 2.
- On the day of collection, Party 1 POC will get in touch with the Party 2 POC and enquire
  about the quantity and availability of used soaps. Based on the same, Party 1 will make
  arrangements for distribution, collection of the used soaps provided by the party 2. Party
  arrangements for distribution, collection of the used soaps provided by the party 2. Party
  1 POC will also coordinate with the Party 2 POC for a time for "pick-up"/ "collection" of
  the used soaps from the hotel premises.
- Upon picking up the used soaps from the Hotel premises, Party 1 shall ensure that the used soaps are reconstructed and distributed/sold.

### a. Party 1's Obligations:

- Party 1 shall provide the transportation from the Hotel premises for the collection of used soaps.
- Party 1 POC shall create a Whatsapp group comprising of two party 1 volunteers and two party 2 representatives to coordinate the distribution drives. Any change in the members of this group will be notified to the other members.
- Upon pick-up the Party 1 POC shall, for recording purposes, drop a message on the above said Whatsapp group that the used soaps have been picked up from the Hotel premises.
- Upon the completion of the distribution the Party 1 POC shall drop a message on the above said Whatsapp group, for recording purposes that the used soaps have been distributed. Some pictures of the distribution may also be included.
- Seek permission from Party 2 to use Hotel Logo for presentation, competitions, Official Instagram, Facebook, LinkedIn Ids, Media Coverage, Annual Report and any competition videos such as World Cup.

### b. Party 2's Obligations:

- Party 2 shall provide basic packaging for used soaps.
- Party 2 shall notify party 1 that the used soaps are in good quality.

### APPOINTMENT OF PERSONNEL:

- i. The initial appointees who shall be representing each party are as follows:
  - For Andaz Delhi, By Hyatt Sachin Sharma
  - For Enactus Jesus and Mary College Kavya Gupta
- ii. Personnel of Contact who shall be coordinating the delivery and collection for each party are as follows:
  - For Andaz Delhi, By Hyatt Sachin Sharma
  - For Enactus Jesus and Mary College Navya Joseph

### **TENURE & TERMINATION:**

- i. This MoU will take effect from the date of signing of the representatives (mentioned below) of each Party.
- ii. This MoU shall be valid for a period of one year from the date of execution of this Agreement or until terminated as per the Agreement.
- iii. The MOU under conditions of mutual benefits can be extended forward with requisite consents from both parties in writing.

iv. Either Party may terminate the said MoU by giving 30 (Thirty) days prior written notice to the other Party.

### MODIFICATIONS/AMENDMENTS:

The MOU can always be reviewed & modified in writing by the mutual assent of the Signatories and signature of a duly authorized personnel of each Party hereto, in case of any discrepancy or otherwise.

PARTY 1

ENACTUS JESUS AND MARY COLLEGE

KAVYA GUPTA

PRESIDENT, ENACTUS JMC

PARTY 2

ANDAZ, DELHI BY HYATT





### ECOBRICK SESSION: PROJECT SUGAM Enactus JMC

**Topic:** Ecobrick session

Delivered by: Navya Anand and Anushka Soni

Date: 21st April, 2023

**Time:** 11:00am - 1:00pm

Venue: Dayanand Model School, Patel Nagar, New Delhi

No. of Participants: 200+

On April 21 2023, Enactus JMC organised an ecobrick session to teach the students from classes 6 to 8 about eco-bricks and recycling on the occasion of 'Earth Day'. The heads of Project Sugam: Vasudha and Navya Anand delivered the session.

The session began with a discussion on the importance of Earth Day, rising plastic waste and its adverse effects on health and nature. The speakers introduced the term "social entrepreneurship" to the students, discussed how it can benefit society, and briefed them about eco-bricks.

The students were then taught how to make eco-bricks. They instructed the students that clean and dry plastic bottles and waste should be used and informed them about the minimum and maximum density an eco brick should have. They also told the students about the plastic items which were not acceptable to make an eco brick in order to avoid confusion and mistakes. They showed them an actual ecobrick in order to describe their idea more clearly. Each student made an ecobrick with the help of teachers and speakers.

The session concluded with the speakers sharing pro tips with the students to make ecobricks. They encouraged the children to make more ecobricks at home and submit those ecobricks to them through school authorities.

Overall, it was a profoundly interactive and successful session which reminded the students of the harmful effects of plastic and inculcated in them a spirit to save the earth on the occasion of 'Earth Day'.













### PROJECT SUGAM: COLLABORATION WITH DELHI POLICE

### Enactus

**Topic:** Collaboration with Delhi Police

Date: 24th April 2023, Monday

### Land Permission Letter

To the Deputy Commissioner of Police Kamla Market Police Station Near Kamla Market, Kamla Market Ajmeri Gate, New Delhi Delhi 110002

Subject: Request for the Permission to Build a Washroom in the Kamla Market Police Station Compound.

Dear Sir,

We, Project Sugam from Enactus, Jesus & Mary College, hereby, address this letter to you to request you for your permission to build a publicly accessible washroom made out of eco-bricks in the compound of Kamla Market Police Station. As we approached Sub-Inspector Kiran Sethi with our idea, she suggested to us that we partner up for the welfare and needs of the society. We already have sufficient funds for the construction of the washroom which we crowdfunded through Milaap. We seek your permission for land, electricity, and water supply needed for the same.

Enactus is an international not-for-profit organization set up in over 2000+ universities worldwide. Enactus JMC was established in 2007 and works towards helping the marginalized sections of the society by creating livelihood opportunities and improving their standards of living through our projects which target sustainable development.

Project Sugam, one of the projects of Enactus JMC, revolves around tackling plastic waste and open defecation by building eco brick public washrooms. The washroom will be made out of eco-bricks which are plastic bottles (chosen in uniform size and shape) that are tightly packed with carefully cut pieces of clean, dry, and soft single-use plastic waste. These eco-bricks are arranged tightly together in structures called modules which will then be used to build the washroom. We ensure that they are adequately heavy and don't have air pockets. Additionally, our eco-bricks are filled with plastic items to its maximum capacity to eliminate gaps of oxygen which thereby makes it impossible for the eco-bricks to light on fire. Hence, they are sturdy and non-inflammable. We also have been employing marginalized women for the construction of eco-bricks.

peen employing marginalized women for the construction of eco-bricks.

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We are equipped with both a practical blueprint for the set-up of this washroom and a diligent team who will work tirelessly to make this happen, and all we need is your support for the same. We are happy to furnish you with more details if required. We are hoping for a positive response from your side so that we can start the construction as soon as possible.

Thanking you, Yours Sincerely,

Project Sugam Enactus, Jesus & Mary College, Chanakyapuri, New Delhi

For further details, please contact Kavya Gupta (President, Enactus JMC): 9899310812





### PROJECT IFFAT: ANDAZ SOAP COLLECTION

### **Enactus**

**Topic:** Andaz Soap Collection

**Date:** 10th May 2023

**Time:** 1:45 - 4:35pm

Location: Andaz, Aerocity

No. Of Participants: 2

On May 10th, project Iffat's members embarked on a visit to Andaz, Delhi by Hyatt, departing from their college by 1:45-2:00 pm and reaching the destination by 2:30 pm via metro. Following ID verification, they were granted access with passes and accompanied by Sachin. Notably, a contract was mutually signed, permitting Hyatt to showcase the soap collection created by the members. After collecting and packaging the soaps into cartons, the group departed the hotel by 4:00 pm, returning to the college by 4:20 pm to store the soaps in the DoC room before leaving the campus by 4:35 pm.





### PROJECT IFFAT: FIELD VISIT

### Enactus

**Topic:** Field Visit

Date: 4th June, 2023'

**Location:** Burari

No. of Participants: 10

On 4th June, Sunday, a field visit was conducted by the Project Iffat, Enactus JMC to Burari. Project Iffat aims at improving sanitation and tackling waste management by up-cycling barely used soap bars from hotels and turning them into new soap cakes. These soap bars are produced by women affected by HIV/AIDS and are sold at minimal prices in areas facing sanitation issues.

The field visit was conducted under the supervision of President- Kavya gupta, Vice President- Navya Joseph, General secretary- Sania Gupta along with the Project Head, Riana Singh.

The purpose of the visit was to meet the beneficiaries of the project, provide them with a soap training session and conduct the testing of the soaps produced.

During the visit, we had the opportunity to meet and interact with the following beneficiaries-Mariam didi, Aruna didi, Durga didi and Bimla didi. The following members of Enactus JMC were also present during the field visit- Yukti Suri, Laxmi Dubey, Aditee Khandelwal, Shreya Pandey, Anushka Soni and Diya Makker.

The soap-making training session was conducted by Mr.Vinay Singh Kumar, a production manager in Abeers Gramodyog(Khadi). The Training session started with a brief description about the history of soaps followed by making the beneficiaries familiar with the process of soap making, including the necessary ingredients, techniques, and safety measures.

The production of soaps was carried out concurrently with the training session. The beneficiaries actively participated in the session, displaying enthusiasm and eagerness to learn. Thereafter, We also engaged in an interactive session with the beneficiaries to understand their experiences and gather feedback regarding the project. The beneficiaries shared their stories, expressing gratitude for the opportunities provided by Project Iffat. After

the training session, we collected the soaps produced by the beneficiaries for testing at Economy Testing and Research Laboratory, Sonia Vihar, Delhi. The soaps were tested for quality, including factors such as fragrance, texture, and durability.

The field visit to Burari for Project Iffat was a productive and insightful experience. The soap training session conducted by the qualified training personnel empowered the beneficiaries with soap-making skills. The interactive session strengthened the bond between the project team and the beneficiaries. It further strengthened the project's commitment to empowering underprivileged individuals.









### FIELD VISIT: PROJECT IFFAT

### **Enactus**

**Topic:** Field Visit

**Date:** 17th June, 2023

**Location:** Burari

No. of Participants: 3

### **Overview:**

On the 17th of June 2023, project co-head Riana, along with two members from project Iffat conducted a field visit to Mariam didi's house, which serves as the production site for Project Iffat in Burari. The purpose of the visit was to create a new batch of soaps and test their pH level. Additionally, the team sought guidance from ITL Labs to explore methods to reduce the pH level of the soaps.

### Tasks undertaken:

- 1) **Soap Production:** During the field visit, the team focused on creating a new batch of soaps. The existing ingredients were supplemented with coconut oil and water to enhance the soap formulation and bring down the pH level.
- 2) **pH Testing:** After producing the new batch of soaps, the team conducted pH level testing to determine the acidity or alkalinity of the soaps.
- 3) **Recording Observations:** The team then recorded their observations during the pH testing. The collected data provided valuable insights into the current pH level of the soaps that will help in making necessary adjustments to meet quality standards.
- 4) **Contacting ITL Labs:** To gain a deeper understanding of methods to reduce the pH level of the soaps, the team reached out to ITL Labs.

### **Conclusion:**

The field visit to Mariam didi's house for the Iffat project on 17th June 2023 was productive. The team successfully produced a new batch of soaps by incorporating additional ingredients and conducted pH testing to assess their acidity levels. The recorded observations will help us refine the soap formulation for optimal quality.

### ETHNIC EIGHT- THE NORTH EAST SOCIETY

The Ethnic Eight North East Society of Jesus and Mary College is one of the compulsory societies of Jesus and Mary College which is solely formed to empower the North East young women of the college. It is an active society which is led by our respected convenor *Dr. Gurmeet Bakshi*. This society aims at promoting the socio-cultural diversity of north east India and its population so as to integrate and include them with the rest of India/Indians and amongst the JMC students. The student members are only from the *North eastern states of India, Ladakh and Nepal*. This society currently consists of student members, the convenor, Dr. Gurmeet Bakshi and the faculty advisor, *Dr.Bipasha Rosy Lakra, Dr. Sabiha Mazid and Dr. Tanu Parashar*.

No. of members: 87

Convenor: Dr. Gurmeet Bakshi

Faculty advisor: Dr. Bipasha Rosy Lakra, Dr. Sabiha Maszid, Dr. Tanu Parashar

President: Meggeeny Niangneihoi Simte

Vice President: Shobha Gaire

### Core team:

- 1.Sophia Ngayam
- 2. Cherry Lalngaizual
- 3. Nagi Nunzir Hauzel
- 4. Mawi Susan Kim Shoute
- 5.Meenu
- 6.Shreyashi Paul
- 7. Moasangla Jmsong
- 8. Ching Biak Hoih Manlun
- 9. Sneha Chakravarty
- 10.Aimss
- 11.Angelina moyon
- 12. Anouska Gogoi
- 13.Bugi Sangma
- 14.Esther v lalhmangaihi ralte
- 15.Imkumnaro lemtur
- 16.Jennifer Lalsangliani Sinate
- 17.Katayun Negahban
- 18.Kimbiakmawi

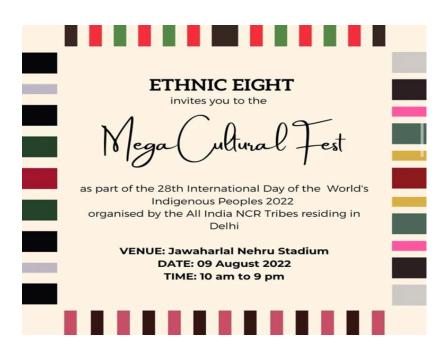
- 19.Lalfakawmi
- 20.Lalrempuii
- 21. Neiya chongloi
- 22.Nirala almah rai
- 23.Regina
- 24.Rhea anand
- 25.Stefi singha teronpi
- 26. Werite u Lohe General Secretary
- 27. Yashisola jami

### **ETHNIC EIGHT EVENTS: 2022-23**

### 1. INDIGENOUS DAY

Date - 9th August 2022 Venue - JawaharLal Nehru Stadium

On the occasion of the 28th International Day of the *World's Indigenous Peoples 2022* organized by the All India NCR Tribes residing in Delhi, Ethnic Eight society enthusiastically participated in the mega cultural fest. The students put up food stalls selling many authentic dishes including Wai Wai chat, Momo, Sharbat and a lot more of mouthwatering northeastern delicacies. They showcased the ethnic jewelleries and ornaments of the north east. The show ended with a splendid ethnic ramp walk wherein members of the society partook in culminating in the great success of the event.











### 2. INDEPENDENCE DAY

Date - 12th August,2022 Venue- Thevenet Hall

On the occasion of 75th Independence the Third year students of Ethnic Eight participated. To represent Ethnic Eight's culture the students presented a tribal folk dance of Nagaland called the NAGA DANCE. The performance was praised and loved by the audience thoroughly.





### 3. OPEN MIC: COLLABORATION WITH ENGLISH DEBATING SOCIETY

Date - 30th September,2022

Venue - Jesus and Mary college, Room 304

On the occasion of the 116th birth anniversary of Shaheed Bhagat Singh and the 127th Birth Anniversary of Revolutionary Hijam Irabot, Ethnic Eight Society collaborated with the English Debating Society of Jesus and Mary College to present an Open Mic - Music/Poetry/Stories/Stand Up. The open mic revolved around the topic - Continuing Legacies of the Revolutionary Freedom Movement: From the North East to the North West, From Hijam Irabot to Bhagat Singh.

The event received more than 25+ registrations, followed by active discussions about the work of *Shaheed Bhagat Singh and the hidden gem Hijam Irabot of Manipur*.







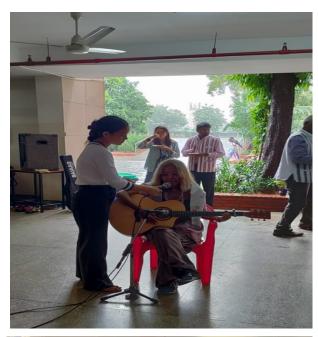


# 4. ETHNIC EIGHT COLLABORATION WITH AICUF AND INDIAN SOCIAL INSTITUTE, NEW DELHI FOR CELEBRATION OF KARAM FESTIVAL

Date - 9th October,2022

Venue - Jesus and Mary College, Common Room

Ethnic Eight Society collaborated with AICUF for the . The event was attended by Shri John Barla, the Union Minister of State for Minority Affairs alongside other esteemed guests. Bugi A Sangma, Second Year History hons student presented a Garo song that was accompanied by soulful melodies. She wrote a heartfelt song describing her hometown, how beautiful her hometown is and invited everybody to visit once in a lifetime. The crowd was very happy with her soulful voice and the ministers and chief guest praised her for composing the song all by herself.





### 5. HINDI DIWAS COMPETITION: FOLK DANCE COMPETITION

Date - 14th September,2022

Venue - Jesus AndMary College, Thevenet hall

Ethnic Eight society, participated in the intra folk dance competition organized by the *Hindi Department of Jesus And Mary College on the occasion of Hindi Diwas*. The students represented 5 diverse indigenous tribes of Assam beautifully through their dance performance and received FIRST PRIZE. They were facilitated with a cash prize of 1400/- and certificates of appreciation.





## 6. DIWALI MELA COLLABORATION WITH NSS UNIT : SHOWCASING THE CULTURE OF NORTH EAST

Date - 4th November, 2022

Team Ethnic Eight participated in the annually conducted NSS diwali mela brimming with enthusiasm as the students made mouth watering Waiwai chaat, lemon mojito and momos and sold them in their respective stalls. The entire team showcased their undying dedication towards the society by taking active participation in the process of preparation of food items. The event was a huge success as the society accumulated huge profits thanks to the entire team. Alongside the society members presented a beautiful bamboo dance, indeed the highlight of the event. The loud bamboo beats and the attractive music got the crowd all praising. The beautiful girls gracefully presented the <a href="Hmar fahrel tak lam dance">Hmar fahrel tak lam dance</a> representing the ethnic eight society.





### 7. TALK BY DR. NATALIE DIENGDOH

Date - 12th November, 2022 Venue - google meet

The society held its final event for the semester on the 12th of november, 2022 at 11:00 am onwards. The event was held online through Google meet. Our speaker was Dr Natalie Diengdoh who is a researcher and filmmaker from Meghalaya who spoke on the topic: Oral discourses of the Khasis of Meghalaya.

The event was a success and was well received by both professors and students alike. The session made us understand the importance of oral discourses especially for marginalized communities like the Khasis. It was a great informative session followed by the doubts and queries of the students and the teachers patiently answered by Dr. Natalie Diengdoh. It was a great session.



#### 8. Manipur Student's Association Delhi (MSAD)

Event Report: Ethnic Eight's Zou Tribal Fusion Dance and Traditional Fashion Walk

Date: January 21, 2023

Location: MSAD (Manipur Student's Association Delhi)

On January 21st, MSAD came alive with a colorful celebration of Northeast Indian culture. The event featured a mesmerizing Zou tribal fusion dance and a captivating traditional fashion walk. The Ethnic Eight girls performed an enchanting Zou tribal fusion dance, blending traditional Zou elements with contemporary moves. Their graceful performance left the audience enthralled and showcased the rich cultural heritage of Northeast India. Meggeeny N. Simte and Cherry Lalngaizual participated in the traditional fashion walk. Meggeeny represented the Simte tribe, while Cherry showcased Vaiphei tribe attire. Their outfits showcased the intricate craftsmanship and vibrant colors of Northeastern fashion.



#### 9. Freshers '23

Event report: Freshers for 22-23 batch

Date:25th January, 2023 Venue: Seminar Hall

Ethnic Eight hosted a freshers day for the upcoming batch of 2022-23 at the seminar hall. The program was graced by an amazing plethora of performances from the seniors followed by encouraging words of advice from the faculty advisors. The Ms fresher award was given to Rody Laltanpuii from Psychology Hons while the runners up went to Susma Dada from English Hons.





#### 10. Open House: "Academic Opportunities and Career Prospects in Public Policy"

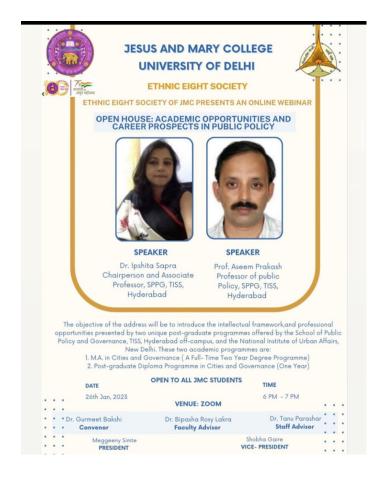
**Date:** January 26, 2023 **Time:** 06:00 - 07:00 pm **Venue:** Zoom call online

**Host:** Ethnic Eight, North-East Society of Jesus and Mary College, University of Delhi **Guest Speakers**: <u>Prof. Aseem Prakash</u>, Professor of Public Policy, SPPG, TISS Hyderabad.

Dr. Ipsita Sapra, Chairperson and Associate Professor, SPPG, TISS Hyderabad

#### **Overview:**

On January 26, 2023, Ethnic Eight, the North-East Society of Jesus and Mary College, hosted an insightful Open House event titled "Academic Opportunities and Career Prospects in Public Policy" in collaboration with the School of Public Policy and Governance (SPPG) at TISS Hyderabad. This virtual event aimed to shed light on the academic pathways and career prospects within the field of public policy.



#### 11. SANGAI 2023

Event Report: Ethnic Eight's Impressive Run as Runner-Ups in SANGAI'23 Football

Tournament

**Dates:** January 24th and 25th, 2023 **Organiser:** Northeast Society Satyawati

**Result:** Ethnic Eight - Runner-Ups

#### Overview:

Ethnic Eight, a dedicated group representing the Northeast Society of Satyawati College, showcased their sporting prowess at the SANGAI 2023 Football Tournament held on January 24th and 25th, 2023. Their remarkable performance led them to secure the runner-up position in this prestigious competition.

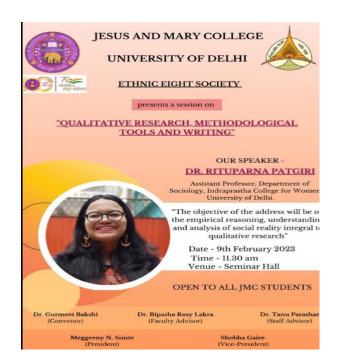


#### 12.Dr Rituparna Patgiri Talk Session

Event Report: Ethnic Eight's Insightful Talk Session with Dr. Rituparna Patgiri on Qualitative

Research Methodology
Date: February 9, 2023

Overview: On February 9th, 2023, the Ethnic Eight Society hosted a highly informative and engaging talk session featuring Dr. Rituparna Patgiri. The topic of discussion was "Qualitative Research, Methodological Tools, and Writing." This event proved to be both delightful and enlightening for the attendees. The talk session delved into the intricacies of qualitative research, shedding light on the methodological tools and techniques used in this approach. Dr. Rituparna Patgiri provided valuable insights into the philosophical underpinnings that guide qualitative research, allowing the students to gain a deeper understanding of its complexities. The talk session with Dr. Rituparna Patgiri was a resounding success. It provided students with a rare opportunity to explore the nuances of qualitative research, methodological tools, and the art of effective academic writing.





#### 13.Khathansa

Event Report: NESSDU Freshers' Cum Social Gathering - A Night of Talent and Tradition

Date: February 10, 2023

Organiser: North East Students Society, Delhi University (NESSDU)

#### Overview:

On February 10, 2023, the North East Students Society, Delhi University (NESSDU), hosted a captivating Freshers' Cum Social Gathering program. This event was a vibrant showcase of talent and tradition, uniting students from diverse backgrounds. The evening kicked off with a mesmerizing array of musical performances that included breathtaking dances and beautiful

singing gigs. These performances underlined the immense talent within the NESSDU community.

NESSDU President, Meggeeny N. Simte, took the stage to anchor the event and delivered a phenomenal speech that inspired and connected with the audience. Her presence added depth to the event, and she received a memento from Shri Hibu Tamang in recognition of her outstanding leadership. Representing Jesus and Mary College (JMC), Jennifer Sinate graced the Freshers' event with her melodious voice, leaving a lasting impression on the audience. The traditional fashion walk was a highlight of the evening, featuring Lumaren and Aimee, who showcased the exquisite attire of the Naga and Paite tribes, respectively. This segment celebrated the rich cultural diversity of the Northeast.









#### **15. YMCA**

Venue: YMCA tourist hostel, Jai Singh Road, New Delhi, 11001

Date: 12th February,2023

On 12th February 2023, the Ethnic Eight Society participated in the <u>Tribal Festival</u> hosted by New Delhi YMCA and represented Jesus and Mary College. Our girls showcased an elegant

fusion dance consisting of *Naga*, *Meitei*, *and Bihu*. We are really grateful to the organizers of New Delhi YMCA for allowing us to be a part of such a mesmerizing event amongst so many other Tribal communities!

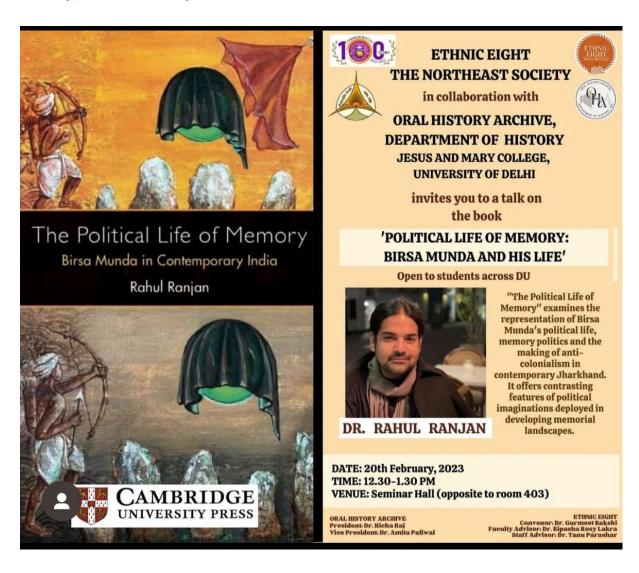


### 14. DR. RAHUL RANJAN TALK IN COLLABORATION WITH ORAL HISTORY ARCHIVE, DEPARTMENT OF HISTORY

DATE: 20th February 2023.

#### **VENUE:** Seminar hall

The Oral History Archive collaborated with Ethnic Eight, the North East Society of JMC for the Book discussion on "POLITICAL LIFE OF MEMORY: BIRSA MUNDA AND HIS LIFE" by Dr. Rahul Ranjan (Postdoctoral Research Fellow/OsloMet University,Oslo/Norway) on 20th February 2023.



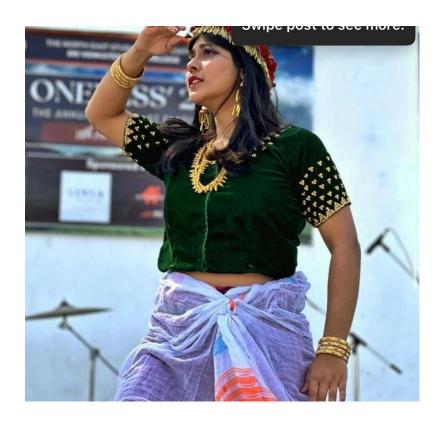
#### **16. ONENESS'23**

Event: Venkateswara College North East Fest

Date:13th February, 2023

Venue: Sri Venkateswara College

On 13 February 2023, the Ethnic Eight Society participated in the annual fest ONENESS 23 hosted by the North-Eastern Students Association of Sri Venkateswara College. Shreyashi, a third year student, represented our society and showcased an elegant and graceful *Meitei* solo dance performance.



#### **17. RAINBOW '23**

Event: ARA FEST ARSD COLLEGE

VENUE: ARSD COLLEGE, DHAULA KUAN

DATE:14TH FEBRUARY, 2023

Overview: On 14 February 2023, ARA - the North East Society of Atma Ram Sanatan Dharma College organized their annual fest' RAINBOW 2023. Among the various competitions ARA had organized, the Ethnic Eight Society participated in the group folk dance competition and our society volunteers performed a fusion dance of Naga, Meitei, Bihu and Cheraw bamboo dance. We are very happy to announce that our girls bagged the 3rd place in the competition!



#### **18.** International Conference (JMC)

Event Report: Ethnic Eight's Enchanting Bihu Dance at International Conference

Date: February 23, 2023

Organizer: Department of BA Program

#### Overview:

On February 23, 2023, a group of talented girls from the Ethnic Eight Society participated in the International Conference organised by the Department of BA Program. Their performance was a mesmerizing *Bihu dance*, which added a delightful cultural touch to the conference proceedings. Ethnic Eight's Bihu dance performance was a highlight of the International Conference, offering a unique blend of tradition and entertainment. It contributed to the conference's success by adding a cultural dimension and fostering appreciation for the cultural diversity of India.



#### 19.OCTET' 23

Ethnic8 – the northeast society of Jesus and Mary College organised its annual fest "OCTET-2023" on 29<sup>th</sup> March,2023.

The event aimed at bringing the culture of all the northeastern states and show the diversity and richness of Northeast. The day was marked by chief guest Naorem Banita Devi and our principle Prof. Sandra Joseph. The society arranged various competitions and events ranging from a debate competition to various dancing and singing competitions. The event also had an enriching panel discussion by some great academic scholars like Dr. Chinamyi Sharma, Dr. Thongkholal Haokip and Dr. Lamneivah Sitlhou. Ethnic8 also released its maiden magazine LAIZOM which encapsulates the concept of 'brotherhood' in Zomi language. Lastly the event ended with some great performances by our own society members and teachers.













#### 20. North East Students Society, Delhi University (NESSDU) Sports'23 Meet

Event Report: Ethnic Eight's Impressive Performance at NESSDU Annual Sports Meet'23

Dates: April 3rd to 5th, 2023

Overview: The NESSDU Annual Sports Meet 23, held from April 3rd to 5th, 2023, witnessed outstanding participation and achievements by the Ethnic Eight girls, representing the Northeastern Society of Jesus and Mary College.

#### **Multi-Sport Participation:**

Ethnic Eight girls demonstrated their versatility and sportsmanship by actively participating in various sporting events throughout the meet. Their dedication to sports was evident in their remarkable performances.

#### **Volleyball Victory:**

A moment of great pride came when the JMC girls, in collaboration with KNC Northeast Cell, clinched the championship trophy in volleyball. Their teamwork, determination, and skill on the court showcased their commitment to excellence.

#### Tug of War Triumph:

Ethnic Eight added another feather to their cap by securing the first position in the tug of war competition. This victory highlighted their strength, unity, and competitive spirit.

#### **Sprint to Success:**

In track and field events, the team secured second place in the relay race, 100m running race, and basketball. Their speed and agility demonstrated their prowess in athletics. The Ethnic Eight's performance at the NESSDU Annual Sports Meet'23 was nothing short of remarkable. Their achievements in volleyball and tug of war, along with their strong finishes in track and basketball, reflect their dedication to both team and individual sports. These successes underscore the importance of sportsmanship, teamwork, and determination in achieving excellence. The Northeastern Society of Jesus and Mary College takes great pride in these accomplishments and looks forward to more sporting triumphs in the future.







#### **21.CULTURAL CONNECT**

Ethnic 8 also participated in Cultural Connect on **21st April,2023.** The society showed different dance forms of all the north-eastern states, ranging from Manipuri dance to Bihu. The society also put up a stall with traditional attires and jewellery to click photos in.





#### 22.FAREWELL

Date: 27th April 2023

Overview:

On April 27th, the ethnic eight's batch of 2023 was bid away with a heartfelt farewell. Members addressed their goodbyes with a mixture of excitement and grief, with performances ranging from juniors to fun games and activities to heartbreaking parting statements from individual members.







#### Thank You!

## Finance and Investment Cell Jesus and Mary College

#### **Annual Report 2022-23**

The Finance and Investment Cell, Jesus and Mary College aims to establish a forum to exchange information about theoretical and practical elements of global finance and investment scenarios. The cell's mission is to empower women with the financial knowledge and independence necessary to assume leadership roles in the corporate world of the future while maintaining moral and socially conscious attitudes. We organize presentations and competitive events to improve people's understanding of financial matters and pique the interest of finance enthusiasts.

The 2022-2023 session began with the election of office bearers, wherein Ms. Tushita Gupta (3rd Year, B.Com (Hons.)) was elected as President, Ms. Devika Chawla (2nd Year, B.Com Hons.) as Vice President, and Ms. Hunnar Kaushal (2nd Year, Economics Hons.) as General Secretary.

On September 20, 2022, the Finance and Investment Cell held its first event which was a career expo in collaboration with Clever Champs Pvt Ltd. on the college campus. Participants received guidance on various career routes and the best courses and universities to enrol in for postgraduate courses that provided students with insightful information about their future careers.

The second event was an **offline speaker session on "Infrastructure Finance" on November 29, 2022**, for its members on the college campus. Mr. Amit Sengupta served as the session's resource person and spoke on a variety of subjects. Overall, the session was quite successful and gave all participants useful insights and knowledge.

The Cell planned a **pre-event for Fintellect 2023 on January 25, 2023,** wherein a fun game of financial Pictionary was played to raise interest and promote participation which saw participation from the professors as well making it even more exciting.

The Finance and Investment Cell hosted the fifth edition of its flagship annual event, FINTELLECT, on February 6, 2023. The event began with an opening ceremony featuring three competitions curated by the members of FIC under the guidance of Dr. Ameeta Motwani (convenor) and Dr. Anshi Goel (faculty advisor). The three events were Lights, Camera,

Budget; Cash or Crash, and Munafa 3.0. Fintellect 2023 saw participation from over 20+

University of Delhi's colleges and other colleges from Delhi NCR, making it one of the most

popular events in recent memory. During the competitions, cash prizes totalling INR 25,000

were up for grabs. Numerous stalls had been set up by the event's sponsors in the amphitheatre.

Overall, Fintellect 2023 was a huge success because it gave finance enthusiasts a great place

to showcase their skills and learn from each other.

A career guidance webinar was hosted on March 13, 2023, in collaboration with 1FIN. Mr.

Sriram Somayajula served as the resource person and explained the importance of CFA and

how it could help students seeking a lifelong career in finance. Participants were also given a

free, guaranteed Microsoft Succeed course instructed by CA Suraj Lakhotia.

On 24th March 2023, the Cell collaborated with the Amrut Mody School of Management

(AMSOM) to organize a seminar on the Role of Quantitative Analysis in Finance and

Economics which highlighted the increasing demand for quantitative analysts in the corporate

world and the importance of quantitative analysis in the economic field. It was a great success

and bridged the knowledge gap.

FIC JMC is indebted to the Principal, Prof. Sandra Joseph for her unstinted support and

encouragement. The year would not have been a successful one without the constant guidance

and motivation of Dr. Ameeta Motwani (convenor) and Dr. Anshi Goel (Faculty Advisor).

Ms. Tushita Gupta (President)

Ms. Devika Chawla (Vice President)

Ms. Hunnar Kaushal (General Secretary)







Glimpses from Finance & Investment Cell Annual Event – FINTELLECT' 2023 held on  $6^{\rm th}$  February, 2023.



A Seminar by Prof. Sankarshan Basu on the Role of Quantitative Analysis in Finance and Economics was held on 24th March 2023.

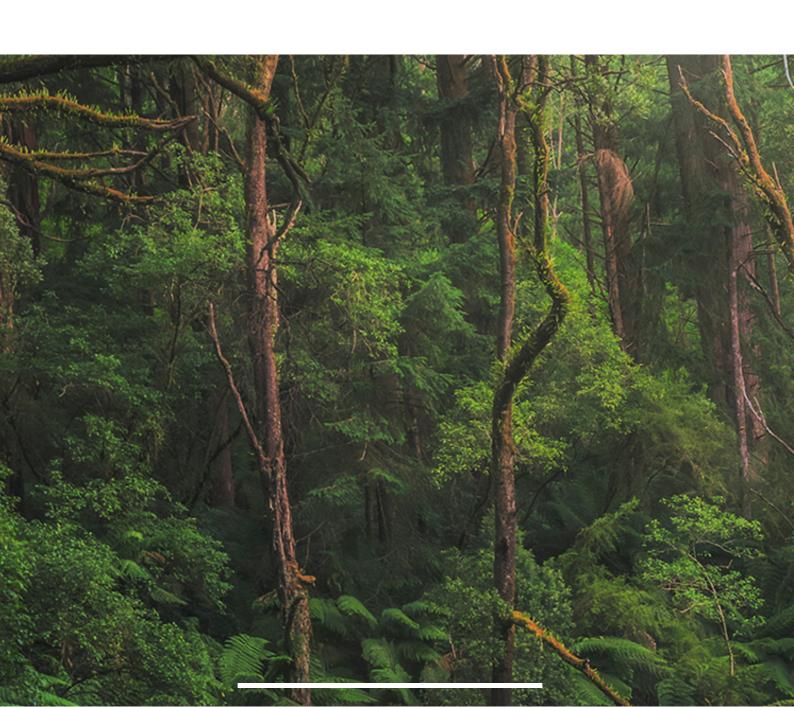
Career Fair was organised in collaboration with CleverChamps Pvt. Ltd. on 20<sup>th</sup> September 2022.





A Webinar was organised on "**Is CFA right for you?**" on 13<sup>th</sup> March 2023.

## JESUS AND MARY COLLEGE



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#### Workshops, Seminars and Educational Sessions

- Seminar On Biodiversity Conservation
- Workshop on Green Businesses
- Workshop and Pledge on Eco-friendly Diwali
- Plantation Drive (In Collaboration with NSS)
- Webinar on Noise Pollution
- Survey on E-waste Management and Recycling
- Animal Shelter Visit and Workshop on Welfare of Strays
- Documentary Screening on Water Pollution in the Ganges
- Workshop with Tripsero on Environmental Awareness
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## Introduction

Green Society JMC is a compulsory society of Jesus and Mary College, with more than 200 active members.

The Green Society functions to aid in the protection and preservation of our world, and hopes to encourage and equip young voices to understand, participate, and pioneer in the effort towards environmental healing. The society believes that it is important to take the initiative to spread awareness about various environmental issues too begin the effort to tackle them. Green Society aims to introduce these issues and nurture a sense environmental responsibility amongst its members in a holistic manner.

To aid in accomplishing the society's objectives, the society organises a variety of interactive and informative events for its members. They include competitions, seminars, workshops, and activities such as nukkad nataks and documentary screenings.

The society also places n importance on community building and community identity, as the community is more impactful than an individual in the fight for environmental protection and preservation.

# Workshops Seminars, and Educational Sessions

# Plantation Drive and Biodiversity Conservation Seminar

#### Details of Seminar -

- Date 20 July 2022
- Time 12:30 pm till 2:00 pm
- Venue Hall, 4th Floor

#### Resource person/people involved -

- Guest of Honor Dr. Sandra Joseph
- Guest Speaker Mr. Ishtiyak Ahmed
- Teacher Incharge Dr. Divya Agarwal

#### Summary of the event -

A plantation drive was conducted on 20th July, 2022 for the 1st and 3rd year students of Green Society, Jesus and Mary College. The Guest of Honor for the event was our esteemed Principal, Dr. Sandra Joseph. The eminent ecologist, Mr. Ishtiyak Ahmed was invited to conduct the drive, which was followed by a seminar on the importance of biodiversity conservation. Mr. Ahmed brought 15 saplings for the drive, which were planted along the outskirts of the basketball court. The saplings included varieties of Banyan, Jamun, Neem, etc.

Following the planting of the saplings, an seminar was organised on the topic 'Biodiversity Conservation'. Mr. Ahmed focused on the various examples of biodiversity that can be found around us, and introduced a variety of interesting facts about them.

#### Summary of the event (Continued) -

Attending the event were the society convenor and faculty advisors, Prof. Smita Gupta, Prof. Amita Tiwari, Prof. Divya Agarwal, Prof. Prabjyot Kaur, Prof. Priya Dahiya and Prof. Ruchi Mishra, as well as the members of Green Society. The event concluded at 2 pm with a token of appreciation being handed over to Mr. Ahmed and his team by our head convenor, Ms. Smita Gupta.

#### Photos -







### Workshop on Green Businesses

#### Details of Seminar -

- Date 14th September, 2022
- Time 03:00 pm till 04:00 pm
- Venue AV Room, 3rd Floor, L-Building

#### Resource person/people involved -

- Guest Speaker Sonal Shukla, Co-founder of Econscious
- Participants Members of Green Society and Mercatus

#### Summary of the event -

A Workshop on Green Businesses was organised with the aim of helping members learn about eco-friendly business models and the importance of adopting environment friendly business practices. The event was hosted by Sonal Shukla, the co-founder of Econscious, a brand that focuses on creating lifestyle and home decor products through recycling plastic waste. Through the workshop, Ms. Shukla focused on the need of recycling in the business sector. She put emphasis on the the 3Rs - Reduce, Reuse and Recycle. She also emphasised that to set-up a successful green business, one must focus on the 3Is - Identification, Innovation and Interpretation.

She concluded the workshop with the message that no matter how small or unrefined the idea, to begin a business, one must start off, even if the time doesn't feel right.

#### Summary of the event (Continued) -

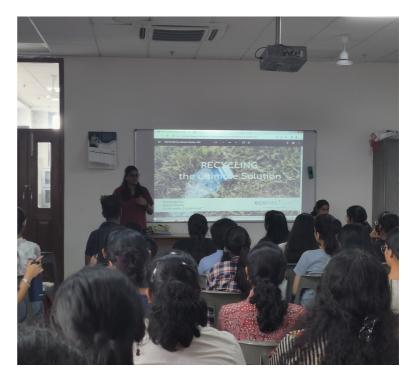
The workshop was organised in collaboration with Mercatus, the Marketing society of JMC, and attended by members of both societies.

#### Photos -









#### CCO I Heridiy Diwan

#### Details of Seminar -

- Date 23rd October, 2022
- Time 12:00 pm till 01:00 pm
- Venue Google Meet

#### Resource person/people involved -

- Guest Speaker Ms. Inika Makhija and Mr. Harshvardhan Sharma
- Participants Members of Green Society

#### Summary of the event -

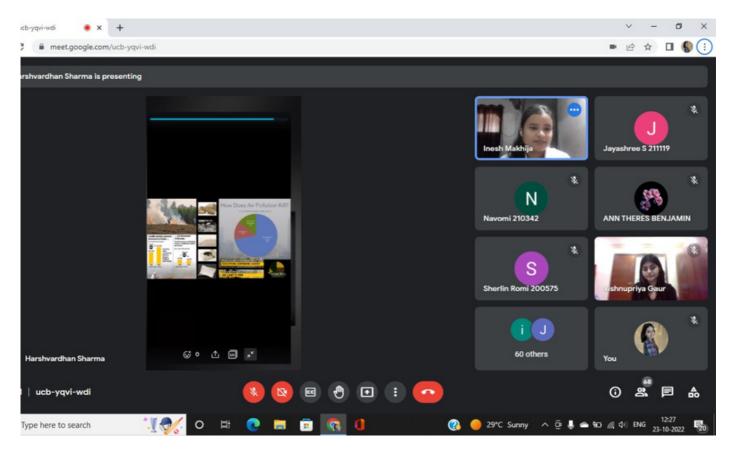
A Workshop on Eco-Friendly Diwali was arranged by the Green Society on 23rd October, 2022. With the season of Diwali only days away, this workshop was organised to spread awareness and create a sense of responsibility amongst the members of Green Society. The festive season of Diwali, in the months of October and November, causes a rise in air pollution levels across India. However, the Northern States are faced by alarmingly bad air quality, due to the added burden of stubble burning.

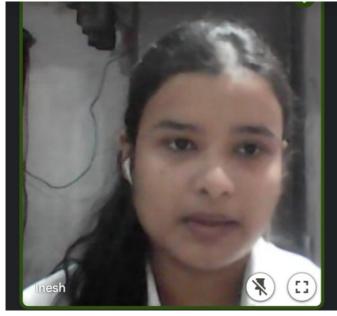
To talk about these issues, with a special focus on the external issue of stubble burning, the workshop was hosted by members of Enactus Shivaji. The guest speakers invited to host the workshop were Ms Inika Makhija and Mr. Harshvardhan Sharma. The speakers also introduced a new method to curb stubble burning, which was a part of their latest initiative called 'Project M'.

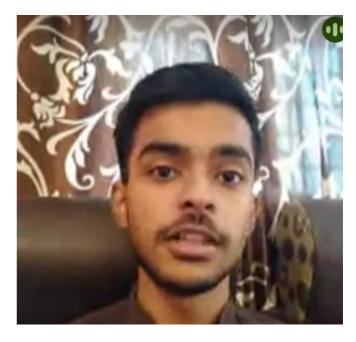
#### Summary of the event -

The workshop was attended by the members of Green Society. The session concluded with a question and Answer round, as well as pledge-taking ceremony led by the society's Vice-president, Devaki. S.

#### Photos -







# Plantation Drive (Alongside NSS)

#### Details of Seminar -

- Date 7th December, 2022
- Time 12:30 pm to 1 pm
- Venue Campus Grounds, Jesus and Mary College

#### Resource person/people involved -

• Participants - Members of Green Society and NSS

#### Summary of the event -

In celebration of World Soil Day 2023, Green Society JMC in collaboration with NSS JMC, organised a plantation drive on 7th December, 2022. Through the drive, members of both societies were introduced to household gardening skills, and were able to experience the process first-hand.

The drive aimed to introduce concepts of reforestation, gardening, and soil preservation through interactive work and first-hand gardening experience.

The plantation drive served to cultivate awareness and responsibility amongst the members, as well as the student body. The drive also aimed to promote active participation and interaction among members, to further the community building initiative undertaken by the society this session.

The drive was conducted during lunch break. A total of 17 pattarchatta saplings were procured for the drive. Members dug, planted and watered the saplings themselves. A few saplings were sent home along with interested members to further promote household gardening.







### Webinar on Noise Pollution

#### Details of Seminar -

- Date 29th December, 2022
- Time 5:30 pm to 6:30 pm
- Venue Online, Google Meet

#### Resource person/people involved -

- Guest Speaker Guest Speaker Dr. Uzma Nadeem
- Participants Members, Green Society

#### Summary of the event -

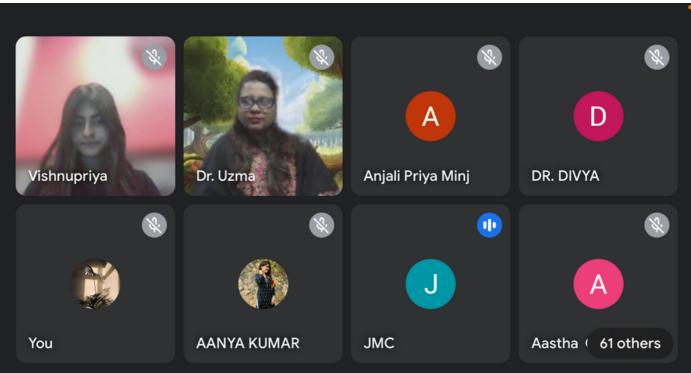
On 29th December 2022, the Green Society at Jesus and Mary College hosted an online webinar on the topic of noise pollution. The event was aimed at educating members of the society about the ill-effects of noise pollution on the environment, our lives, and our health.

The guest speaker invited to the webinar was Dr. Uzma Nadeem, who delivered an informative presentation on the topic. The presentation covered various aspects of noise pollution, including its sources, effects, and measures to control it. After the presentation, a question and answer session was held, where the attendees were given the opportunity to clear any doubts they had regarding the topic. The session was interactive, and attendees actively participated by asking questions and sharing their experiences.

The event ended with a vote of thanks to the guest speaker and the attendees for their participation. Overall, the webinar was a great initiative by the Green Society to create awareness about the harmful effects of noise pollution and encourage individuals to take steps to reduce it.







### Survey on E-Waste Management

#### Details of Seminar -

- Date 11th January to 15th January, 2023
- Format Online, Google forms

#### Resource person/people involved -

Participants - Students, Jesus and Mary College

#### Summary of the event -

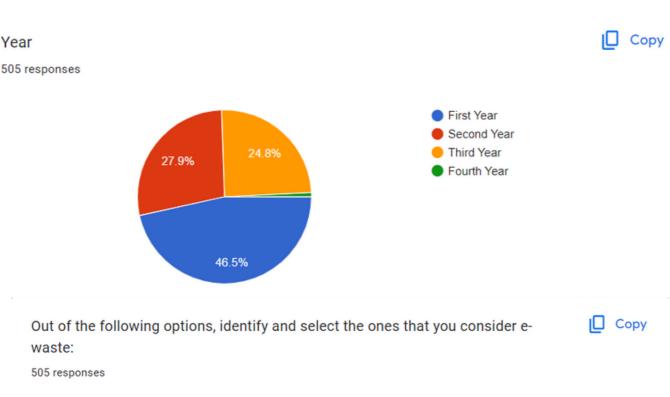
The Green Society at Jesus and Mary College conducted an online survey on the topic of E-waste Generation and Management. The survey ran from 11th January to 15th January, 2023, and was conducted online through a Google form. The survey aimed to create awareness among the student body about E-waste and to gauge their understanding of the issue.

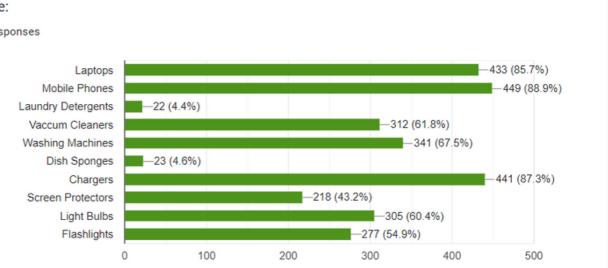
The survey consisted of questions related to E-waste generation, management, and disposal. The questions were designed to identify the student body's knowledge and awareness of the issue and to determine the need for further education and awareness campaigns.

A total of 250 responses were received, and a report was written based on the findings of the survey. The report highlighted that while the majority of the student body was aware of the issue of E-waste, there was a lack of understanding about the severity of the issue as well as proper management and disposal methods.

The report also identified the need for further education and awareness campaigns to increase knowledge and understanding of E-waste generation and management.

Overall, the survey was an effective tool for creating awareness and identifying areas for improvement in E-waste management. The Green Society hopes to continue conducting such surveys to gather information and create effective solutions for environmental issues.





# Animal Shelter Visit and Workshop on Welfare of Strays

#### Details of Seminar -

- Date Date 28th January
- Time 10:00 am to 1:00 pm
- Venue Sanjay Gandhi Animal Care Center

#### Resource person/people involved -

Participants - Members of Green Society

#### Summary of the event -

On January 28th, 2023, members of the Green Society at Jesus and Mary College visited the Sanjay Gandhi Animal Care Center in Delhi for an animal shelter visit. The purpose of the visit was to learn about animal welfare and gain hands-on experience.

Upon arriving at the shelter in the morning, the members were given a tour of the facility. They were shown the different types of animals that the shelter takes care of, including dogs, cats, birds, and other small animals. The tour also included a visit to the shelter kitchen. After the tour, the members were given the opportunity to learn how to walk dogs on a leash. Additionally, the members also got to learn how to help paralyzed dogs exercise, which can aid in their recovery and improve their quality of life.

Overall, the visit was a great learning experience for the members of the Green Society. They gained a deeper understanding of animal welfare and how to take care of animals in need.

The visit also provided a wonderful opportunity for the members to give back to the community and make a positive impact on the lives of animals in need.







# Documentary Screening on Water Pollution in the Ganges

#### Details of Seminar -

- Date 20th March, 2023
- Time 6:30 pm to 8:00 pm
- Venue Online, Google Meets

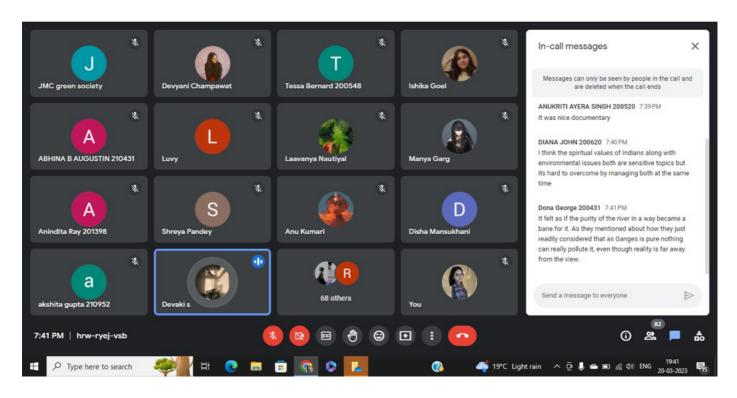
#### Resource person/people involved -

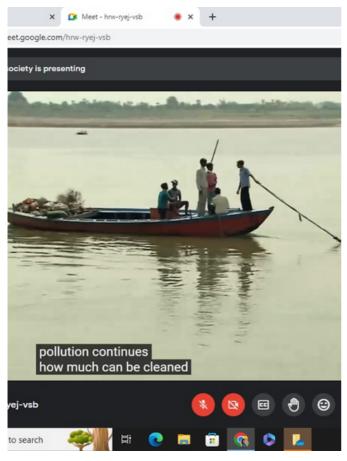
• Participants - Members of Green Society

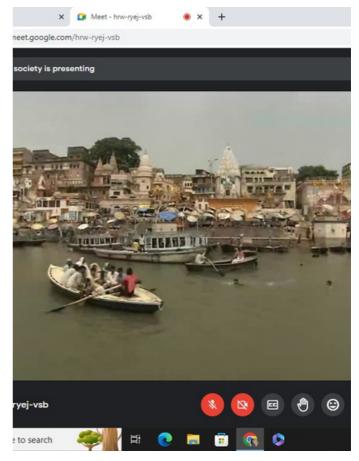
#### Summary of the event -

On 20th March 2023, the Green Society at Jesus and Mary College organized a documentary screening on the topic of 'Water Pollution in the Ganges'. The aim of the screening was to educate the members of the society about the pollution of fresh water bodies in the country and the possible precautions that can be taken.

The documentary titled 'Ganges: Life on the World's Most Polluted was screened online through a Google Meet. documentary showcased the impact of pollution on the Ganges river and the consequences of the pollution on the lives of people and animals living in the area. The screening received a great response from the members of the society, who found the informative documentary to be and eye-opening. The documentary helped to raise awareness about the urgent need to take action to address the issue of water pollution in the country.







### Workshop with Tripsero on Environmental Awareness

#### Details of Seminar -

- Date 20th April, 2023
- Time 11:30 am to 12:30 pm
- Venue Room 308, Main Building, Jesus and Mary College

#### Resource person/people involved -

- Guest Speaker Tripsero
- Participants Members of Green Society

#### Summary of the event -

The Green Society of JMC collaborated with Tripsero, a green business working to make travel an eco-friendly experience, to organize a fun and educative session. The event aimed to educate and engage students in the best green practices while having fun. The hour-long event began with an informative session on sustainability, followed by engaging activities and games. As a lifestyle technology platform that leverages the power of AI in lifestyle recommendations, the session, activities, and games chosen were designed to educate and entertain students while encouraging them to adopt sustainable practices in their daily lives.

Team Tripsero presented on 'AI for a Greener Future: How Artificial Intelligence is Driving Sustainable Lifestyle' for 10 minutes. Based on the presentation, a Sustainability Quiz was organized to engage students and urge them to increase their awareness around green practices for 10 minutes.

Next, the Beg, Borrow, Steal Challenge was conducted, which lasted for 20 minutes. It was a team game with a team size of 4-5 members, where each team was given a list of items/actions to be completed within a given time. The team that accomplished the most items/actions in the shortest amount of time won the challenge.







### Seminar on E-waste Management and Recycling

#### Details of Seminar -

- Date 20th April, 2023
- Time 1:00 pm to 2:00 pm
- Venue 3rd Floor Hall, Jesus and Mary College

#### Resource person/people involved -

- Guest Speaker Ms. Shreya Sharma
- Participants Green Society students and B.A. Programme students

#### Summary of the event -

Green Society in collaboration with Internal Quality Assurance Cell (IQAC), Jesus & Mary College, University Of Delhi and the Producer Responsibility Organisation (PRO) "KaroSambhav" organised an interactive session on "Hazards & Management Of E-Waste" followed by a 2 weeks E-waste Collection Drive from April 17, 2023 to May 1, 2023 which was a call to the students, teachers, non-teaching staff and the public to bring their useless earphones, mobile phones, cables and other electronic wastes.

The seminar began with a brief introduction on E-Waste, and covered topics such as sources of e-waste, and it's implications on human society with further attention. E-waste recycling is the process of extracting valuable materials after shredding the e-waste into tiny pieces that could be reused in a new electronic appliance.

Overall, the session concluded successfully to create awareness amongst the student body and the faculty about the rising threat offelectronic waste, and helped inform them about responsible methods for its disposal. The following e-waste collection drive was also successfull, and a large number of electronic waste was gathered.









## Youth Speak Forum (Alongside IITD)

#### Details of Seminar -

- Date 30th April
- Time 11:00 am onwards
- Venue IIT Delhi

#### Resource person/people involved -

• Participants - Members of Green Society

#### Summary of the event -

IIT Delhi had organised a Youth Speak Forum for different colleges and their societies. Green Society had a social media collaboration with IIT Delhi. 10 students were a part of this session. Speakers talked about the current scenario of workplace and how as youth we can be the changing tools for this world.



# Webinar on Water Harvesting and Reclamation

#### Details of Seminar -

- Date 4th May, 2023
- Time 5:30 pm to 6:30 pm
- Venue Online, Google Meet

#### Resource person/people involved -

- Speakers Ms. Vishnupriya Gaur and Ms. Ananya Rai
- Participants Members, Green Society JMC

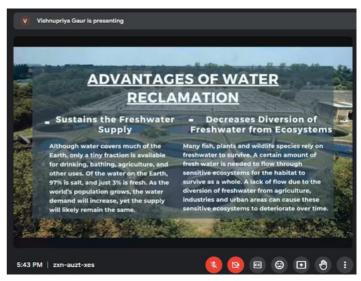
#### Summary of the event -

On May 4th, 2023, the Green Society at Jesus and Mary College organized a webinar on "Water Harvesting and Reclamation." The aim of the event was to educate the members of the society about the importance and benefits of rainwater harvesting and reclamation. The speakers for the event were Vishnupriya Gaur and Ananya Rai, both of whom are members of the Green Society.

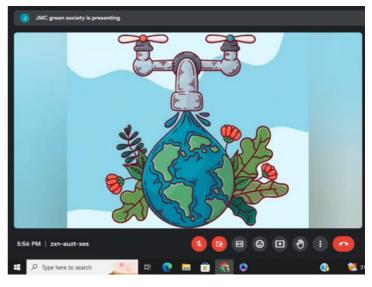
The event started with a welcome speech and an introduction to the topic, followed by an informative presentation by the core team. The presentation covered various aspects of water harvesting and reclamation, including techniques, benefits, and its impact on the environment. The core team highlighted the importance of rainwater harvesting and how it can be a simple solution to water scarcity.

After the presentation, the audience was invited to ask questions and clear any doubts they had about the topic. The question and answer session provided a platform for the members to engage with the speakers and discuss their concerns. Overall, the webinar was a success and provided valuable insights into the importance of water harvesting and reclamation.









## Competitions

## Entrepreneurial Competition on Green Business Models

#### Details of Competition -

- Date 28th September, 2022
- Time 03:00 pm till 04:00 pm
- Venue AV Room, 3rd Floor, L-Building

#### Resource person/people involved -

- Judges Dr. Divya Agarwal and Prof. Ruchi Mishra
- Participants Students of Jesus and Mary College

#### Summary of the event -

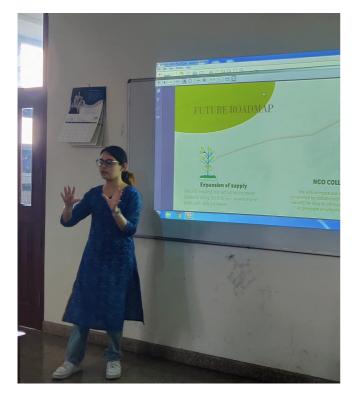
An Entrepreneurial Competition was held as a part of our 'Green Business' initiative, which began with a workshop on Green Businesses held earlier in the month. Industrial activities are a source of pressure on the environment in many ways, such as in the form of emissions to the atmosphere and water systems, waste generation, as well as resource consumption. Therefore, to reduce such a strain on the environment, green thinking and responsibility must be cultivated amongst entrepreneurs and business owners. It is with this hope that the competition was organised.

A total of 5 competitors took part in the event, with three group participants and two individual participants. They each came up with relevant business ideas that promote green thinking and have a positive impact on the environment. Their ideas ranged from environmental museums, to campus compost pits, and even collection and selling of plastic waste to recyclers.

The participants pitched their ideas through presentations to the audience and the judges. Judges for the event were Prof. Divya Aggarwal and Prof. Ruchi Mishra. The event ended with the judges feedback, and the announcement of results. The prize distribution was held on 14th October, 2022.









## Poster-Making Competition on Eco-Friendly Diwali

#### Details of Competition -

- Date 7th to 17th October, 2022
- Mode Online Submission

#### Resource person/people involved -

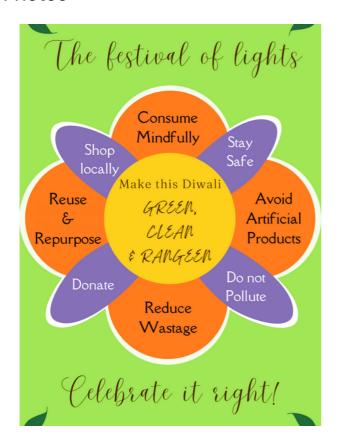
- Judges Prof. Prabhjyot Kaur and Prof. Ruchi Mishra
- Participants Students of Jesus and Mary College

#### Summary of the event -

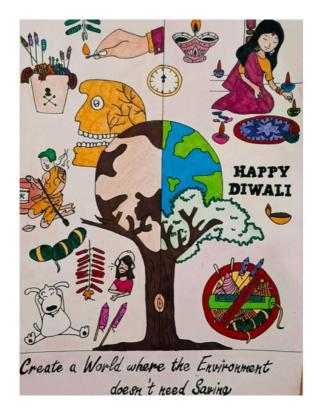
A Poster Making Competition was organised by the Green Society in the month of October, on the theme of 'Eco-Friendly Diwali'. The winter months of October, November and December see an unchecked rise in air-pollution across India, largely due to the seasoon of Diwali. However, festive seasons throughout the year can be seen creating other environmentally averse issues, such as increased consumption of goods and resources, as well as increased waste generation. Through this competition, the society aimed to create awareness amongst the student body about these issues.

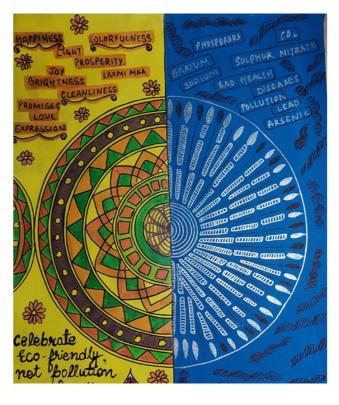
The competition was open to all students of Jesus and Mary College. Participants were asked to submit either digital or handmade posters through a digital format. The submissions were collected using a Google form. A total of 27 submissions were recieved. The criteria for judgement were slogans used, information included, and design, colour, creativity, and relevance to theme.

Judges for the competition were Prof. Prabhjyot Kaur and Prof. Ruchi Mishra. Participants recieved scores out of 10. The prize distribution is yet to take place.









## Essay Writing Competition on Noise Pollution

#### Details of Competition -

- Date 27th December, 2022 to 5th January, 2023
- Format Online, Google forms

#### Resource person/people involved -

- Judge Dr. Ishita Singh
- Participants Students, Jesus and Mary College

#### Summary of the event -

As a part of their campaign to create awareness on 'Noise Pollution', the Green Society at Jesus and Mary College organized an essay writing competition on the same. The competition was held online and ran from 27th December, 2022 to 5th January, 2023. Participants submitted their essays through a Google form. The submissions were judged by Ms. Ishita Singh on the basis of format, style, and creativity.

The aim of the competition was to encourage students to express their opinions on the issue of noise pollution and generate awareness about the negative impacts it has on the environment and human health. Through this competition, Green Society sought to provide solutions to reduce and control noise pollution.

The first prize was awarded to Vanshika Kaushik, while Ritika Dixit and Reeya Joshi secured the second and third prizes respectively. The winners demonstrated a strong understanding of the problem of noise pollution and presented creative solutions to reduce it.

Overall, the essay writing competition was a success and served as an effective tool for raising awareness on the issue of noise pollution. Green Society hopes to continue holding such events to encourage discussions and create solutions for environmental issues.



### Blog-post Competition on E-waste Generation and Management

#### Details of Competition -

- Date 24th January to 31st January, 2023
- Format Online, Google forms
- People Involved -

#### Resource person/people involved -

- Judge Ms. Sameera
- Participants Students, Jesus and Mary College

#### Summary of the event -

The Green Society at Jesus and Mary College organized a blog post writing competition on the topic 'Reduce, Reuse, and Recycle - E-waste Generation and Management. The competition was held online through a Google form and ran from 24th January to 31st January, 2023. The entries were judged by Ms. Sameera on the basis of their format, style, and creativity.

The competition aimed to generate awareness on the issue of E-waste management and the importance of reducing, reusing, and recycling electronic waste. Students were encouraged to participate and express their opinions on the subject.

The first prize was awarded to Vanshika Kaushik, while Ritika Dixit and Reeya Joshi secured the second and third prizes, respectively. Their blog posts showed a deep understanding of the subject and presented practical solutions to manage E-waste.

Overall, the blog post writing competition was a success and served as an effective tool for promoting awareness and encouraging practical solutions to reduce electronic waste. The Green Society hopes to continue organizing such events to encourage discussions and create solutions for environmental issues.



## Reel Making Competition on Campus Ecosystems

#### Details of Competition -

- Date 6th February to 12th February, 2023
- Format Online, Google forms

#### Resource person/people involved -

Participants - Students, Jesus and Mary College

#### Summary of the event -

From 6th February to 12th February 2023, the Green Society at Jesus and Mary College organized a reel-making competition on the topic of 'Campus Ecosystems'. The aim of the competition was to encourage students to explore the biodiversity of the campus grounds and the multiple circular eco-systems existing on campus.

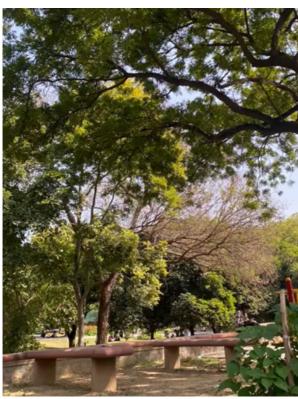
The competition required students to film 30-second reels in the Instagram format and submit them via Google forms. The criteria for judging the reels included the number of species filmed and the explanation given about the symbiotic relationships between them.

The competition was a great way to raise awareness about the importance of preserving the biodiversity of the campus and the role that each individual can play in protecting it. It also provided an opportunity for students to showcase their creativity and filmmaking skills.

Overall, the competition was a success and helped to inspire students to explore and appreciate the campus ecosystems.









## Zine Making Competition on Oceanic Pollution

#### Details of Competition -

- Date 20th February to 8th March, 2023
- Format Online, Google forms

#### Resource person/people involved -

- Judge Dr. Ruchi BHALLA
- Participants Students, Jesus and Mary College

#### Summary of the event -

The Green Society at Jesus and Mary College organized a zine-making competition on the topic of 'Oceanic Pollution' from 20th February to 8th March 2023. The competition aimed to create a platform for artists and fine arts enthusiasts to explore the topic of oceanic pollution using multimedia.

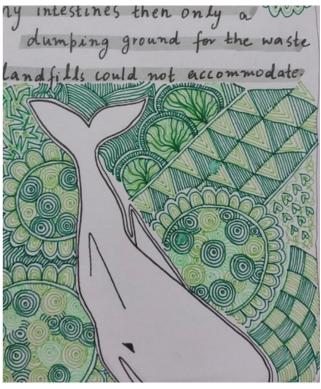
Participants were required to create zines of 4-5 pages that included artworks, texts, logos, abstract designs, and more. The zines had to be submitted via Google forms. The zines covered a wide range of topics related to oceanic pollution, including the impact of plastic waste on marine life, the effects of climate change on the oceans, and the role of human activity in causing pollution. The zines also showcased the creativity and artistic skills of the participants. The competition was a great success and helped to raise awareness about the issue of oceanic pollution.

It also provided an opportunity for students to showcase their artistic talents and use their creativity to promote environmental awareness. Overall, the zine-making competition was a valuable addition to the efforts of the Green Society to promote sustainable living and raise awareness about environmental issues.









## Speech Competition on Sustainable Development

#### Details of Competition -

- Date 22nd March, 2023
- Time 3:00 pm to 4:00 pm
- Venue Audio Visual Room, L-building

#### Resource person/people involved -

- Judges Dr. Divya Agarwal, Dr. Ruchi Mishra
- Participants Students, Jesus and Mary College

#### Summary of the event -

On 22nd March 2023, the Green Society at Jesus and Mary College organized a speech competition on the topic of 'Sustainable Development'. The aim of the competition was to encourage students to explore sustainable development through their own words and opinions, and to give them a platform to present solutions and suggestions to promote and adopt sustainable development.

The participants were required to present a prepared speech on the topic of 'Sustainable Development', and each participant was given 5 minutes to present their speech. The competition was judged by Dr. Divya Agarwal and Dr. Ruchi Mishra. The competition helped to raise awareness about the urgent need to adopt sustainable development practices and to promote environmentally conscious behavior among individuals and organizations.

The first place was bagged by Akriti Kalikotay, and Yati Rajpurohit bagged the runner-up position. Overall, the speech competition was a valuable addition to the efforts of the Green Society to promote sustainable living and raise awareness about sustainable development goals.









### Clean Campus Drives

### Clean Campus Drive 1

#### Details of Drive -

- Date 31st August, 2022
- Time 03:00 pm till 04:00 pm
- Venue Campus Grounds, Jesus and Mary College

#### Resource person/people involved -

- Teacher Incharge Dr. Prabhjyot Kaur, Dr. Sanghamitra Rai Verman
- Participants Students of Jesus and Mary College

#### Summary of the event -

The Clean Campus Drive was organised with the aim of creating an opportunity for the members to learn about waste management and segregation through interactive work. The society also hoped to help spread awareness amongst the student body about keeping the campus clean and litter-free through this initiative. It was mandatory for all members attending the event to wear a face mask, to ensure that the appropriate health measures were taken in light of the ongoing Covid-19 pandemic.

Members were called to assemble at the amphitheater, where they were split into six groups of 15 to members, and assigned zones to clean. The zones included the L-park and adjoining gardens, the amphitheater, the common room and adjoining spaces, the stairs of Thevenet Hall, the parking lot, and the rock garden in front of the book shop. The Clean Campus Drive was the first-step taken to kick-start our Community Initiatives, which aim to recreate community identity and space in the society after a two-year break due to the pandemic.

At the end of the drive, 7 large garbage bags had been filled with litter found around campus, with nearly 70 members having actively and enthusiastically participated in the event.









### Clean Campus Drive 2

#### Details of Drive -

- Date 26th October, 2022
- Time 03:00 pm till 04:00 pm
- Venue Campus Grounds, Jesus and Mary College

#### Resource person/people involved -

- Teacher Incharge-Dr. Prabhjyot Kaur, Dr. Sanghamitra Rai Verman
- Participants Students of Jesus and Mary College

#### Summary of the event -

Students of the green society were called for the second cleanliness drive for this semester. They were divided into 4 groups and assigned different areas of the college like, Amphitheatre, Common Room, L Park and Open Gym. They were provided with garbage bags and were told to collect the waste in that. After 30 minutes, all the students accumulated in the Amphitheatre. All the waste collected was then kept for disposal by the core team members of the society.



### Clean Campus Drive 3

#### Details of Drive -

- Date 15th March, 2023
- Time 03:00 pm till 04:00 pm
- Venue Campus Grounds, Jesus and Mary College

#### Resource person/people involved -

- Faculty InCharge: Dr. Sanghamitra Rai Verman
- Participants Students of Jesus and Mary College

#### Summary of the event -

On 15th March 2023, the Green Society at Jesus and Mary College organized its third clean campus drive. The drive aimed to encourage students to work towards a cleaner environment by helping keep the campus free of litter.

Students were called to the amphitheater during the activity period and were split into four groups. Each group was assigned an area of the campus, such as the football field, the amphitheater, the L-park, etc. The students were given large garbage bags and were asked to collect littered bottles, plates, etc. from their assigned areas.

The drive was a great way to raise awareness about the importance of maintaining a clean environment and the role that each individual can play in achieving this goal.

Overall, the clean campus drive was a success and helped to promote the values of environmental conservation and sustainability.

# Summary of the event (Continued) -

It also provided an opportunity for students to work together and contribute towards a common goal of creating a cleaner and healthier environment for everyone.





# Clean Campus Drive 4

#### Details of Drive -

- Date 24th April, 2023
- Time 11:30 am to 12:30 pm
- Venue Campus Grounds, Jesus and Mary College

## Resource person/people involved -

Teacher In-charge: Dr. Sanghamitra Rai Verman

• Participants - Students of Jesus and Mary College

#### Summary of the event -

This was the last Clean Campus Drive that was conducted for this academic session. This day, along with the clean campus drive, students were also asked to get their E-Wastes from their homes and nearby areas, for the Initiative started by Dr. Divya Agarwal. A lot of E-Waste items were collected. Amphitheater, L-Park, Open Gym area, common room and the Thevent Hall were areas that were cleaned by the members as well.



# Cultural Fest

# Greenween Carnival

#### Details of Drive -

- Date 11th November, 2022
- Time 09:00 am till 04:00 pm
- Venue Campus Grounds, Jesus and Mary College

## Resource person/people involved -

- Teacher Incharge: Dr. Divya Agarwal
- Finance Handling: Dr. Ruchi Bhalla
- Teacher ADVISERS: Dr. Ruchi Mishra. Dr. Sanghamitra
- Participants Students of Jesus and Mary College

#### Summary of the event -

On 11th November, Green Society JMC organised a Greenween Carnival. It was the society's largest event for the semester and involved almost all the members in different teams and areas, such as decor, organising, anchor teams, etc.

The Greenween Carnival was organised on college campus, in the amphitheatre, common room and adjoining spaces. As a part of the event, an open mic, and a costume contest were organised. Other attractions included carnival games, am escape room, and a photobooth. The event was open to all students of JMC. The event began at 9:00 am in the morning and went on until 4:00 pm in the evening. A large number of vendors were invited to showcase their wares at the event. Some of the vendors include Econscious (a green business that creates and sells home decor pieces made from recycled plastic) and Project Tawaqqo (a student run NPO that helps Afghani refugees sell handicraft items). The Greenween Carnival came to a spectacular conclusion with a few rounds of musical chairs, which was thoroughly enjoyed by students.

## Summary of the event (Continued) -

After the event ended, the set-up team held remove all decorations, and gather borrowed items such as chairs and tables. All the props, banners, etc. were collected and stored in the Economics Department Room.







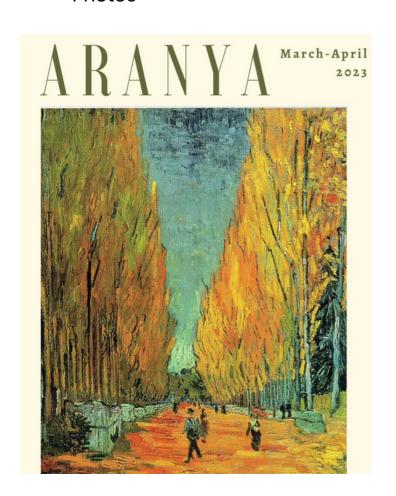


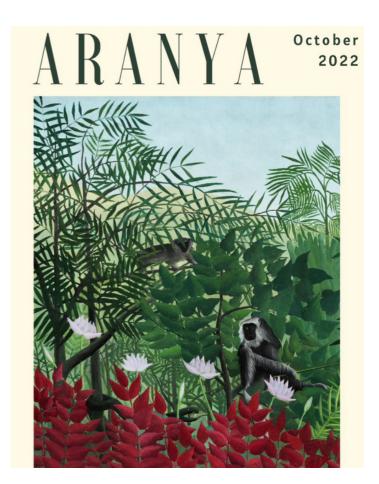
# Social Media Awareness Initiative

# Aranya - E-magazine

#### Introduction -

Aranya, the monthly e-magazine, successfully completed its first session under green society with 5 editions being released. The magazine featured well-written UGWC content as well as fresh topics eco-friendly businesses pieces on such as environmental literature. The magazine team of Green Society, headed by Maria Catherine Kurian, curated and designed each issue with the aim of creating a meaningful platform for members to showcase their works. Through the magazine, the society aimed create more professional platform to recognize contributions of ours members.

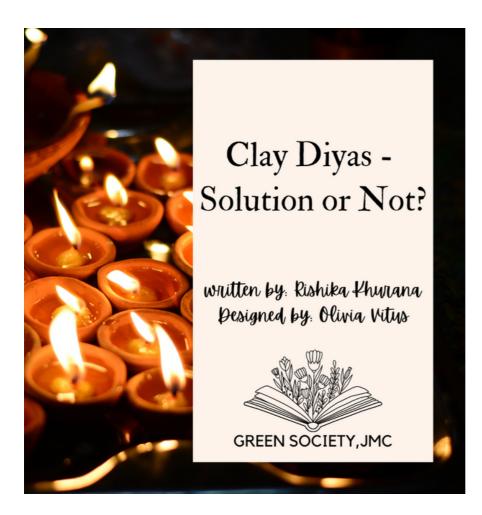


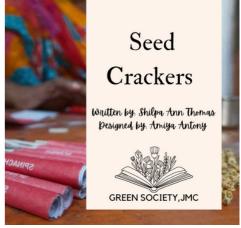


# UGWC

#### Introduction -

UGWC stands for 'User-Generated Written Content'. This is a part of Green Society's Social Media Awareness Initiative. Through UGWC, the society creates an opportunity for members to research and write small articles on important topics related to environmentalism and environmental protection. These articles were featured on the society's Instagram, Facebook and LinkedIn accounts, creating awareness and outreach on our social media handles.









#### Introduction -

UGVC stands for 'User-Generated Video Content'. This is a part of Green Society's Social Media Awareness Initiative. Through UGVC, the society creates an opportunity for members to feature in short informative videos. These videos aim at creating awareness about issues in environmentalism and environmental protection. These videos were featured on the society's Instagram and Youtube accounts, creating awareness and outreach on our social media handles. Video content is a new addition to the society's 'User-Generated Content' Initiative.





# Teacher-led Initiatives

## Vertical Garden (Horticulture)-

This initiative aimed to engage members with hands-on gardening work and experience, while also introducing them to the concept of compact kitchen gardens in urban spaces. This initiative was led by Dr. Divya Agarwal.

### Vertical Organic Kitchen Garden

Brinjals, chillies and mint plants were organically grown on the vertical garden area. Its a step towards sustainable agriculture. The initiative is led by Dr Divya Agarwal.

#### ndoor Air Purifiers -

This initiative aimed to improve the air quality within the main-buildings and teach members about the use and importance of house plants in maintaining indoor air quality. This initiative was led by Dr. Ruchi Mishra.

# Teacher-led Initiatives

#### National E-waste Collection Drive -

This initiative aimed to involve students directly in the collection, recycling and management of electronic waste, while simultaneously making them aware about their own e-waste generation. This initiative was led by Green Society in collaboration with IQAC. TOTAL 160 Kgs waste was collected from different colleges, schools and residential societies across different states including Greater Noida, Bulandshar, Gurugram and Delhi.









# Thank You

### हिंदी वाद विवाद समिति

'मंथन' हिन्दी वाद विवाद समिति के द्वारा 3 मई, 2023 को समिति द्वारा एक अंतरमहाविद्यालय भाषण प्रतियोगिता का आयोजन किया गया जिसका विषय था- "G-20 में भारत की भूमिका"। इसमें दिल्ली विश्वविद्यालय के अनेक कॉलेजों के विद्यार्थियों (25) ने भाग लिया। इस प्रतियोगिता में निर्णायक की भूमिका डॉ एंजल जॉसी लकरा (प्राध्यापिका, वाणिज्य विभाग, श्री वेंकटेश्वरा कॉलेज) और डॉ संघमित्रा रॉय वर्मन (प्राध्यापिका, इतिहास विभाग, जीसस एण्ड मेरी कॉलेज) ने निभाई। इस भाषण प्रतियोगिता में प्रथम स्थान एलिजान अली (ए. आर. एस. डी कॉलेज) द्वितीय स्थान रजनीश शुक्ला (पी. जी. डी. ए. वि कॉलेज) तथा तृतीय स्थान गार्गी शुक्ला (जीसस एंड मेरी कॉलेज) ने प्राप्त किया। कुल मिला कर यह वर्ष 'मंथन' हिन्दी वाद विवाद समिति के लिए उत्साहवर्धक एवं ज्ञानवर्धक रहा।







### हिंदी वाद विवाद समिति

'मंथन' हिन्दी वाद विवाद समिति के द्वारा पहली प्रतियोगिता 16 फरवरी, 2023 को आयोजित की गई। यह अंतरविभागीय वाद विवाद प्रतियोगिता थी जिसका विषय था "संचार माध्यम के रूप में उभरे सोशल मीडिया के फायदे और नुकसान"। इस प्रतियोगिता में निर्णायक मंडल की भूमिका जीसस एण्ड मेरी कॉलेज की प्राध्यापिका अनु सिंह देसवाल (अर्थशास्त्र विभाग) और ज्योति चौहान (हिन्दी विभाग) ने निभाई। यह प्रतियोगिता केवल प्रथम वर्ष की छात्राओं के लिए आयोजित की गई थी जिसमें जीसस एंड मेरी कॉलेज के सभी विभागों के प्रतिभागियों ने बढ़-चढ़कर भाग लिया। इस प्रतियोगिता में प्रथम स्थान ध्वनि (बी.ए. प्रोग्राम), द्वितीय स्थान खुशबू (हिंदी आनर्स) और तृतीय स्थान महिमा (बी.ए. प्रोग्राम) ने प्राप्त किया।

## 'प्रतिभा' हिन्दी प्रश्नोत्तरी समिति वार्षिक

हिन्दी प्रश्नोत्तरी सिमिति छात्राओं की तार्किक और बौधिक क्षमता को विकसित करने वाली महत्वपूर्ण सिमितियों में गिनी जाती है। प्रत्येक वर्ष की तरह 2022-2023 का प्रारंभ सिमिति के कार्याकारिणी सदस्यों के चुनाव से हुआ, जिसमें सर्वसम्मित से अंकिता आनंद (हिन्दी विशेष, तृतीय वर्ष) को अध्यक्ष और अलेकता टोपनो (हिन्दी विशेष, द्वितीया वर्ष) को उपाध्यक्ष चुना गया।

समिति द्वारा 19 अप्रैल, 2023 को अंतर्विभागीय प्रश्नोत्तरी प्रतियोगिता (केवल प्रथम वर्ष के छात्राओं) का आयोजन किया गया। इस प्रतियोगिता का विषय "सामान्य ज्ञान" था। जीसस एंड मेरी कॉलेज के अधिकतर सभी विभागो की प्रथम वर्ष की छात्राओं ने इस प्रतियोगिता में बढ़ चढ़कर भाग लिया गया। इस प्रतियोगिता में प्रथम पुरस्कार तुषिता राज (हिन्दी विशेष, प्रथम वर्ष),द्वितीय पुरस्कार प्रिय कौशिक (हिन्दी विशेष, प्रथम वर्ष) और तृतीय पुरस्कार महिमा मिंज (हिन्दी विशेष, प्रथम वर्ष) ने प्राप्त किया।

इसके पश्चात 26 अप्रैल, 2023 को समिति ने अन्तर्महाविद्यालय प्रश्नोत्तरी प्रतियोगिता का आयोजन किया। इस प्रतियोगिता का विषय "हिन्दी साहित्य का भिक्तकाल (गद्य और पद्य)" था। प्रतियोगिता में अनेक अन्तर्महाविद्यालयों के 14 प्रतिभागियों ने बढ़ चढ़कर भाग लिया। प्रतियोगिता में 3 राउंड रखें गए। पहला राउंड दृश्यात्मक,दूसरा राउंड पद्य रचना पर आधारित और तीसरा राउंड गद्य रचना पर आधारित था। इस प्रतियोगिता के परिणाम इस प्रकार है:

प्रथम पुरस्कार: पायल बगदी और सृष्टि (लेडी श्री राम कालेज)

द्वितीय पुरस्कार: आदेश कुमार यादव और शिवम सिंह (पीजीडीएवी कालेज) तृतीय पुरस्कार: फूखा राम और अदिति कुमारी (हिन्दू कालेज एवं मुखर्जी कालेज)

यह वर्ष समिति के लिए अत्यंत उत्साहवर्धक एवं ज्ञानवर्धक रहा। समिति को सफल बनाने का श्रेय मैं डॉ मीनाक्षी कुमार मैम को देना चाहती हूं। इन्होंने पुरे वर्ष हमारा मार्गदर्शन किया। मैं मैम के प्रति अपना आभार व्यक्त करती हूं। इसके अतिरिक्त मैं अपने सहयोगी छात्राओं का भी धन्यवाद करना चाहूंगी। इन सब के सहयोग के बिना समिति का कार्य सुचारू रूप से हो पाना संभव नहीं था। अंत में मैं इस समिति के उज्जवल भविष्य की कामना करती हूं।

अंकिता आनंद अध्यक्ष, हिन्दी प्रश्नोत्तरी समिति अलेकता टोपनो उपाध्यक्ष, हिन्दी प्रश्नोत्तरी समिति

# प्रथम वर्ष प्रश्नोत्तरी प्रतियोगिता





































#### **DRAWING COMPETITION**

### Date of Event – 15th February 2023

A drawing activity was held for the students to come out of their daily classwork and explore their artistic side. The theme of the drawing was 'Holi Celebrations'. All the students were provided with various colors and sheets. The students explored their way through ideas with the help of their volunteers and painted various things they associated with Holi. The volunteers and core team members joined the kids in drawing various things related to the theme and developing an atmosphere of creativity. The children thoroughly enjoyed drawing and filling their sheets with different colors and coming up to the volunteers to showcase their art. Towards the end, some students voluntarily came forward to explain the idea behind their drawing and shared what they do to celebrate the festival of colours.

# Finance and Investment Cell Jesus and Mary College Lights, Camera & Budget

Date: February 6, 2023 Time: 9:30 am - 2:30 pm

Venue: Audio & Visual Room, JMC

The Finance and Investment Cell, JMC conducted its annual event. Lights, Camera & Budget was one of the events under the flagship event. This event combined finance and Bollywood in three rounds. The first round was an online finance quiz. The quiz was held online on the Unstop platform. In the second round, shortlisted participants managed a portfolio with a fixed amount with the answers they provided for the finance and Bollywood-related questions. For every right answer, money was added to their portfolio and for every wrong answer, money was deducted.

The final buzzer round focused on movie investment. Participants were given the opportunity to choose the movies they would like to invest in followed by fun questions. The winner was declared based on quick and accurate responses.







#### **MADRIGAL 2023**

#### **Summary Report**

ECHO, the Western Music Society of Jesus and Mary College, hosted its Annual Western Music Competition- 'Madrigal' on 18th April 2023. It had two competitions under it, a) Rhapsody, the Acapella Competition- and b) Vibrato, the Solo Singing Competition. The event was a huge success, with 12 participating teams and 10 soloists from various Delhi University colleges. The judges for this event were Vinayak Arora and Gurpreet Kaur, both talented musicians who are highly renowned in the DU WMS Circuit. The event went very smoothly and was a grand success!



#### **Mercatus Report July 2022-June 23**

- 1. Name of the Society Mercatus, The Marketing Society
- 2. Name of the Teacher Convenor and other members –

Dr. Gurmeet Bakshi (Convenor)

Ms. Vrinda Moda (Teacher in Charge),

Ms. Priya Dahiya (Teacher in Charge)

- 3. No. of students enrolled in the Society 121
- 4. Names of Student President/Vice-President and other Office Bearers Ria Malik (President), Cidra Humayun (Vice President), Renee Surana (General Secretary), Riddhi Sehgal (General Secretary), Titiksha Mittal (Joint Secretary), Kopal Garg (Finance Secretary) and Hiya Bashambu (Student Co-ordinator)
- **5.** Events /Talks by eminent personnel/ organized/ attended in the academic year (in the chronological order with date, time, reports, number of participants with signatures)

Name of the Event/Talk/Seminar	Date of the Event (DD-MM- YYYY)	Number of students participated	Number of Faculty Members participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.
Orientation (2 <sup>nd</sup> & 3 <sup>rd</sup> years)	29th August 2022	45	Dr. Gurmeet Bakshi, Ms. Vrinda Moda, Ms Priya Dahiya	ORIENTATION FOR SECOND AND THIRD YEARS
Recruitment	12th-14th September 2022	128	Dr. Gurmeet Bakshi, Ms. Vrinda Moda, Ms Priya Dahiya	INTERVIEWS (FOR 2ND AND 3RD YEARS)
Amusement Day- The Fund Raiser	17th Oct 2022	60	Dr. Gurmeet Bakshi, Ms. Vrinda Moda, Ms Priya Dahiya	Amusement Day
Orientation (1st years)	24th Nov 2022	90	Dr. Gurmeet Bakshi, Ms. Vrinda Moda, Ms Priya Dahiya	FIRST YEARS- ORIENTATION 2022.docx
Zion- The Annual Marketing Conclave	21st March 2023	150	Dr. Gurmeet Bakshi, Ms. Vrinda Moda, Ms Priya Dahiya	Zion Report
Seminar on Prepare for Master's in India and Abroad by Ednet consultants	11 April 2023	63	Dr. Gurmeet Bakshi, Ms. Vrinda Moda, Ms Priya Dahiya	ednet consultants seminar 2023.docx

**6.** Attach Minutes of the meetings held during the year-

#### https://drive.google.com/drive/folders/1-5aXR4FCRKz8P Dvl99CfB7JCJXqUixP

**7.** Record of attendance of participation by students during the year:

Percentage	Number of students
0% - 25%	-
25% - 50%	4
50% - 75%	-
75% - 90%	-

ſ	Above 90%	118
- 1		

8.

Extension and outreach Programmes conducted by the society, (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs (if applicable)

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
Thrift Store			2020-Present	22
Crockery Bank			2020- Present	16

9.

Awards and rec	cognitions received for extension activities	from government /government recogni-	sed bodies (if applicable)
Name of the activity	Name of the Award/ recognition for Institution	Name of the Awarding government/ government recognised bodies	Year of award

10

Capacity building and skills enhancement initiatives taken by the society including the following:

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementati on (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultan ts involved with contact details (if any)	Report
Seminar with Ednet Consultants	11 April 2023	63	Ms Niharika Sondhi	ednet consultants seminar 2023.docx

11.

Year	Name of the Activity conducted by the society to offer guidance for competitive examinations		
	Name of the Activity	Number of students attended / participated	Short report containing details of names of students/staff, resource persons, geotagged photos, attendance sheets, etc.

12.

 $Awards/medals\ for\ outstanding\ performance\ in\ sports/cultural\ activities\ at\ university/state/national\ /\ international\ level\ (award\ for\ a\ team\ event\ should\ be\ counted\ as\ one)$ 

	Name of					Certificate/Geo-
	the				Name of	Tagged
	award/	Team /	University/State/National/	Sports/	the	Photographs
Year	medal	Individual	International	Cultural	Student	

13.  Sports and cultural activities/events in which students of the society participated organised by the institution/other							
institutions	ir ur ucu vivies/c v cires ir	a when statemes of the	ne society parties	ipuicu orga	insect by the		
Date of			Name of the	Certificat	te/Geo-Tagge	ed Photographs	
event/activity	Name of the event	:/activity	Name of the student	Certificat	te/Geo-Tagge	ed Photographs	
Date of event/activity (DD-MM- YYYY)	Name of the event	:/activity		Certificat	te/Geo-Tagge	ed Photographs	



#### **JESUS AND MARY COLLEGE**



### MERCATUS, THE MARKETING SOCIETY

#### **DETAILS OF REPORT FOR THE YEAR 2022-23**

#### **INDEX**

Name of the Event/Talk/Seminar	Date of the Event (DD-MM- YYYY)	Number of students participated	<b>Event Page Numbers</b>
Orientation (2nd and 3rd year students)	15 September 2022	45	5
Interviews (2nd and 3rd year students)	12-14 September 2022	110	7
Amusement Day 2022	17 October, 2022	120	10
Orientation ( First Year Students)	24 November 2022	90	13
ZION 2023	23 March, 2023	150	15
Ednet consultants Seminar	11 April 2023	63	18

#### **Extension and outreach Programmes**

Name of the activity	Organizing unit/ agency/ collaborating agency	Number of students participated in such activities
Thrift Store	Amusement day, Zion	22
Crockery Bank	Amusement day, Zion	16

#### ORIENTATION FOR SECOND AND THIRD YEARS

Date: 15<sup>th</sup> September 2022 No. of Participants: 45

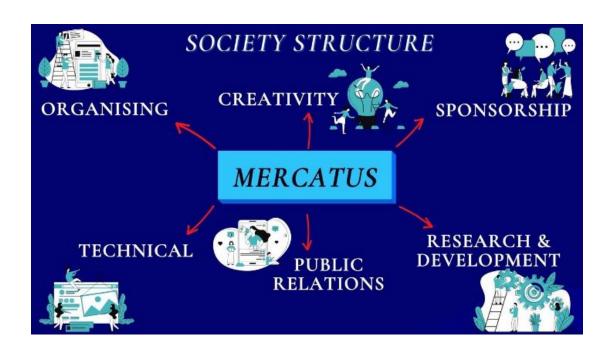


An online session was conducted via Google Meet for second and third-years. A total of 45 students participated, who were invited to this interactive session to help comprehend the activities and functioning of the society.

The society comprises 6 departments including Organising, Sponsorship, Public Relations, Technical, Creativity and Research and Development Department. Subsequently the Editorial Department was also introduced in the session 2022-23

The President, Vice President, General Secretary, Finance Secretary, Joint Secretary, Project Head and Student Coordinator along with the Department Heads introduced themselves, and described the objectives, vision and future plans of society. They also gave a glimpse of the activities performed by them, which are as follows-

- 1) Organizing: Heading the organizing department and organizing all events.
- 2) Sponsorship: Approaching and bringing sponsors and looking after the deliverables. Maintaining long lasting relationships with sponsors.
- 3) Public Relations: Managing and handling social media and MoUs with other societies.
- 4) Technical: Overall technical support to the society, creating templates for social media, looking after online events.
- 5) Creativity: Managing decorations, designing posters, and thrift store.
- 6) Research and Development: Working towards new projects and collaborations, implementing initiatives, and giving back to society.
- 7) Editorial Department- to work on publishing the annual magazine of the society, as well as publish relevant information to promote a passion for content writing among students.



# **INCEPTION**

- The idea of forming such a society was given by final year
   B.Com(Hons) Students Sakshi Tripathi and Arunima Dewan.
- The name, Mercatus was suggested by Karishma Ahuja and the logo of the society was designed by Soumya Augustina.
- Mercatus a fully student initiated society celebrated its euphoric inception in a ceremony attended by a large number of likeminded students and faculty members. Mr. Amitabh Mudgal, President, Marketing and Corporate Affairs, Monnet Ispat and Energy Itd inaugurated the society on 28th October.

#### **INTERVIEWS (FOR 2ND AND 3RD YEARS)**

Date: 12th-14th September 2022

No. of Participants: 110 No. of Recruitments: 31

With the orientation occurring, Mercatus opened recruitment opportunities for the second and third year students. The session 2022-23 also introduced the newest addition to the team with the launch of its Editorial Department.

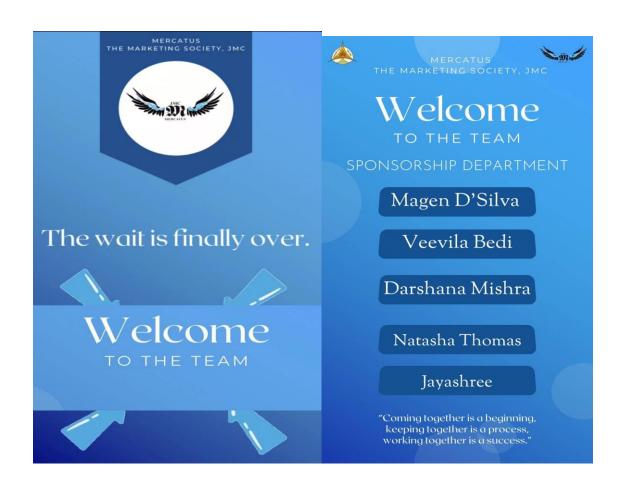
It was an online session conducted via Google Meet.

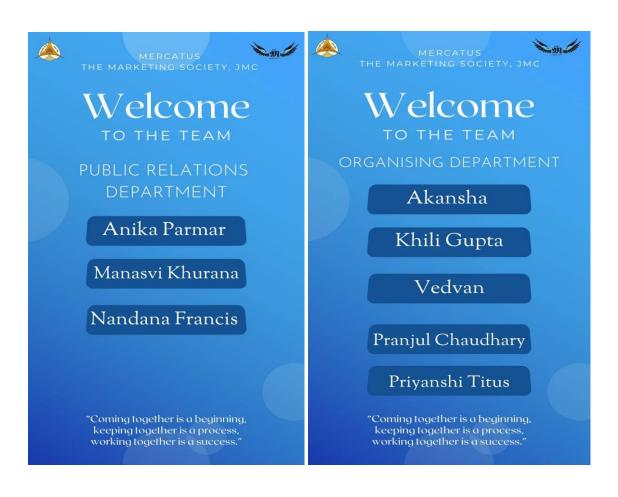
A total of 110 students were interviewed, out of which 31 were recruited.

The following are the number of people selected for each department:

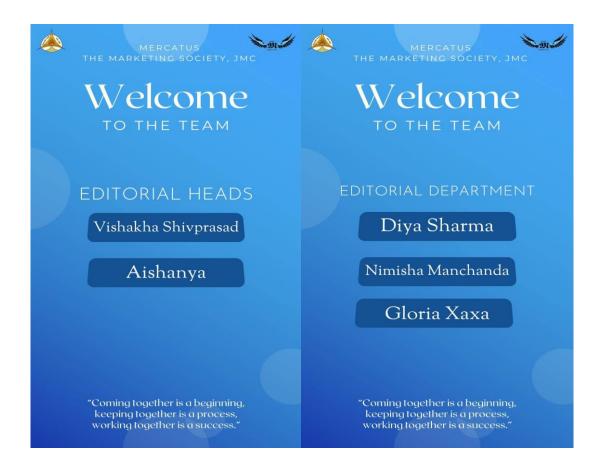
- 1.Organising- 5
- 2. Sponsorship- 5
- 3. Public relations- 3
- 4. Technical-7
- 5. Creativity- 2
- 6. Research and Development- 4
- 7. Editorial Department 5

It was a long process of recruitment of new members for the second and the third years.









The Editorial Department was introduced to undertake tasks to promote a passion for content writing as well as blog writing among the students. The team successfully worked on launching the society's first edition of the e-magazine, namely, "MARKETRIX"



#### **Amusement Day**

Date: 17th October 2022

The first event conducted by Mercatus this year was the **7th edition of its annual event** 'Amusement Day'. It was held on 17th October 2022 and was based on the theme of Halloween. There were several exciting stalls and fun games that were put up by the members. A thrilling open mic was also hosted where participants were given an opportunity to flaunt their flair.

The event witnessed various students showcase their talents both on and off the stage. Numerous stalls were put up including bakery stalls by teammates Sabrina Paul, Rashi Gupta.



"Mercatus Food Stall", was one of the most successful fundraising stalls selling snacks headed by the Finance secretary, Kopal Garg.

Team members conducted various games like Marc-Pictionary, Guess the Movie, Lucky Draw Games, along with 'Mercatus Photo Booth'.

The event was themed "Halloween" since it was conducted in the last week of october. The decor and Game themes were carefully curated keeping in mind the theme.

The event concluded with an eye-catching open mic event, conducted at the amphitheater which



gathered a surprising number of participants and an even bigger number of attendees.

Students from all over the college participated in showcasing their talents such assinging, dancing- western hip hop and traditional dance forms along with various students performing 'acapella' form of music.





#### **OUR TEAM**

#### **ORIENTATION FOR FIRST YEARS**

Date: 24<sup>th</sup> November 2022 No. of Participants: 90





An offline session was conducted for first year marketing enthusiasts. A total of 90 students participated, who were invited to this interactive session to help comprehend the activities and functioning of the society.

The society comprises 7 departments including Organising, Sponsorship, Public Relations, Technical, Creativity and Research and Development Department and Editorial Department.

The President, Vice President, General Secretary, Finance Secretary, Joint Secretary, Project Head and Student Coordinator along with the Department Heads introduced themselves, and described the objectives, vision and future plans of society. They also gave a glimpse of the activities performed by them, which are as follows-

- 1) Organizing: Heading the organizing department and organizing all events.
- 2) Sponsorship: Approaching and bringing sponsors and looking after the deliverables. Maintaining long lasting relationships with sponsors.
- 3) Public Relations: Managing and handling social media and MoUs with other societies.
- 4) Technical: Overall technical support to the society, creating templates for social media, looking after online events.
- 5) Creativity: Managing decorations, designing posters, and thrift stores.
- 6) Research and Development: Working towards new projects and collaborations, implementing initiatives, and giving back to society.
- 7) Editorial: Writing, editing, proofreading content for Mercatus. Launching and editing of Marketrix, the annual magazine.

The session ended with a 'Direct Entry Competition', where participants were shown pictures of peculiar objects, and were then asked to come up with taglines for the same within 5 minutes. Members with the best taglines won and could directly join the society without having to give the interview.

Winners of direct entry round:

- 1. Sehaj Grover
- 2. Mauli Aggarwal





#### **ZION 2023**

Date: 21<sup>st</sup> March 2023 No. of Events: 4





The much-awaited **annual marketing conclave 'Zion 2023'** which was held on 21st March 2023. The theme presented for the flagship event was 'DIGIRISE: Marketing's Ascent into Digital

Media'. It was a spectacular event with thrilling competitions, engaging panel discussions, vibrant stalls, and more.

Following are the events that were conducted:

1. **Zion 2023 DIGI-Rise:** Marketing Ascents into Digital Media proved to be a resounding success, particularly due to its engaging **panel discussion** featuring esteemed and talented panelists. We were honored to have Amrita Thapar, CMO of Microsoft; Aakriti Vinayak, Assistant Director at FICCI; Akshansh Gupta, Marketing Manager at Swiggy; and Aishini Sapra, Marketing Head of House of Chikankari on board with us. The panel discussion at our



Annual Marketing Event provided valuable insights and expertise from industry leaders from different sectors addressing key topics and trends in the digital media landscape. Through interactive dialogues and in-depth analyses, the panelists shared their knowledge, experiences, and strategies, inspiring attendees to elevate their marketing approaches in the digital realm.

2. **Zion 23** comprised of three games:

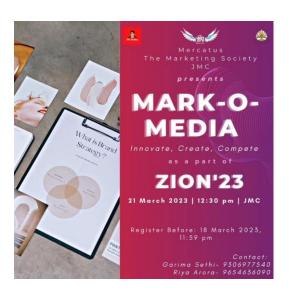
a)INSTA by CHANCE - An opportunity to become a social media manager and marketer for any favorite sitcom character. The event was mainly held online and turned out to be a huge success, attracting numerous registrations from creative

marketers.





b) **MARK-o-MEDIA-** This event consisted of two rounds. Round 1 involved a case study analysis of failed marketing campaigns of companies, while Round 2 focused on rebranding a company through an interactive marketing campaign followed by a presentation. This event was conducted offline on the college premises.

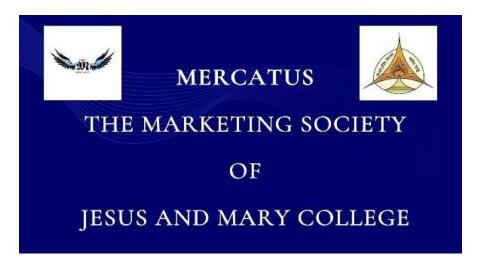




c) **TAKE YOUR BID** - This event welcomed all auctioneers, providing them with a chance to bid, advertise, and win exciting prizes. It also consisted of 2 rounds with a mixture of auctioning and pitch perfect.



All three events were remarkably successful, showcasing the power of marketing and attracting enthusiastic participants.



#### **OUR TEAM**



**Educative Session with Ms Niharika Sondhi** 

#### DATE- 11th April 2023, 1:00 PM

Mercatus organized a much-needed and highly informative **guest lecture by Ms Niharika Sondhi**, a leading education counselor. The session was aimed at offering students insight into the various emerging fields like AI, Environmental Studies, Blockchain Technology, etc. It also gave them information to resolve the conflict between a master's and an MBA. The process and possibilities of switching from a non-design to a design career and from a non-tech to a technology-based career were also discussed.

Ms Niharika Sondhi along with her team of experts presented an extensive and detailed analysis of the opportunities and potentials for college graduates to pursue in their respective field of choice.







The session attracted a delightful number of participants, including attendees who were not a part of team Mercatus. The seminar concluded with a one- on-one question- answer round with Ms Sondhi. Students of various courses had discussions and gained advice from their team with regards to the right pathway to success in their careers.

#### **OUR SPONSORS**

#### Title sponsor

Ednet

#### **Education partners**

Edubound, Career Launcher, Pehchaan

#### Media partners

DU today

#### **Food partners**

Chef grill, Dev Bombay pav bhaji, Cafe Wasabi, Momja Cafe, Moments de Fonte, Rises Bake

#### **Gifting partners**

La Bella Torta, Lumiere, Cupalicious





### Finance and Investment Cell Jesus and Mary College Munafa 3.0

Date: February 6, 2023 Time: 9:30 am - 2:30 pm

Venue: Hall, JMC

This event consisted of three rounds. The first round was an online quiz on the Unstop platform, leading to the selection of shortlisted teams. In round two, teams participated in a mock stock stimulation, testing their stock market analysis skills and quick decision making skills. During the event, teams were presented with news and rumors on a screen and tasked with differentiating between genuine and fake ones. Based on their assessments, portfolios were calculated considering the impact of these news items on fluctuations. The event also aimed to evaluate participants' decision-making skills, critical thinking, financial knowledge, and risk analysis in a dynamic setting.

The final round, called "Bidding Wars," was an innovative trading competition among the teams. The winner was the team with the highest valued portfolio. The event also aimed to assess participants' knowledge of finance, their ability to strategize and trade in the stock market, and their innovative trading techniques during the competition.





#### NRITYANJALI - ANNUAL REPORT 2022-23

Nrityanjali, the Indian Dance Society of Jesus and Mary College is an Indian Cultural Society which has deep roots in the regional and indigenous cultures of India. This involves the understanding, learning and practising of the various dance forms of different regions that range from Indian classical dance forms to folk; from Bollywood to Tollywood. Over the past years, the society has actively been involved in various cultural programmes and competitions held in-station and out-station, especially at the National level.

Being an active society, Nrityanjali has participated in Independence Day, Parent Teacher Student Association (PTSA) and National Service Scheme (NSS) Diwali Fest. In the past, it had also performed in Womanite - BetiBachaoBetiPadhao, International Film and Fashion Festival, Balak times Film Premiere - National Girl Child Day Celebration, Eros Hotel and had participated in competitions held by IIT Bombay, IIT Delhi, IIT Kanpur, Delhi University and other private colleges. It has also participated and presented a semi-classical piece in Festivscape as a part of the European Union National Institutes for Culture (EUNIC) India 'The Way Forward' EULAT 4 Culture Project on October 15, 2022. The society had also conducted its orientation which received immense positive responses from the first and second years alike.

Recently, Nrityanjali participated in the National Level Competition held by Springfest, IIT Kharagpur in the Solo Classical Competition 'Nrityakala' and Group Dance Competition 'Centrifuge' and bagged the first position in Centrifuge. Following are the achievements of the society in the past (one or two years):

#### **ACHIEVEMENTS**

- 1. Performed at the International Women's Day Celebration 2023 held by SUEZ India, Delhi
- 2. Performed at the Annual Sports Day Event 2023 and the Convocation Ceremony held by Jesus and Mary College
- 3. Best Performer, Pradarshini The Classical Dance Showcase, SPIC MACAY IIT Delhi (2023)
- 4. First Position, Centrifuge Group Dance Competition, Springfest, IIT Kharagpur (2023)
- 5. First Position, Tarangini Group Folk Dance Competition, Miranda House (2023)
- 6. First Position, Group Folk Dance Competition, Hindi Department, Jesus and Mary College (2023)

- 7. First Position, Aangikam Solo Classical Dance Competition, Atma Ram Sanatan Dharma College (2023)
- 8. First Position, Nazakat Solo Classical Dance Competition, Deshbandhu College (2023)
- 9. First Position, Solo Classical Dance Competition, Ram Lal Anand College (2023)
- 10. Second Position Group Folk Dance Competition, Gargi College (2023)
- 11. Second Position, Tarangini Solo Classical Dance Competition, Miranda House (2023)
- 12. Second Position, Group Folk Dance Competition, Kalindi College (2023)
- 13. Third Position, Group Folk Dance Competition, Mata Sundri College for Women (2023)
- 14. Third Position, Group Folk Dance Competition, Sri Aurobindo College (Evening) (2023)
- 15. Third Position, Nazakat Solo Classical Dance Competition, Deshbandhu College (2023)
- 16. Special Mention, Group Folk Dance Competition, Sri Guru Tegh Bahadur Khalsa College (2023)
- 17. First Position, Malang Dance Competition, FIC Aryabhatta College (2022)
- 18. Performed at the EULAT 4 Culture Project organised by EUNIC, Delhi Cluster and Jesus and Mary College (2022)
- 19. First Position, Group Folk Dance Competition, Acharya Narendra Dev College (2022)
- 20. Second Position, Group Folk Dance Competition, Dharohar, Maharaja Agrasen College (2022)
- 21. Second Position, Group Folk Dance Competition, Ruhaniyat, Deshbandhu College (2022)
- 22. Second Position, Group Folk Dance Competition, Virsa, Swami Shraddhanand College (2022)
- 23. Second Position, Group Folk Dance Competition, Nrityanand, Kamala Nehru College (2022)
- 24. Special Mention, Group Folk Dance Competition, Satrang, Kalindi College (2022)
- 25. First Position, Group Folk Dance Competition, Udaan Utsav (2019)
- 26. Second Position, Group Classical Dance Competition, IIT Delhi (2019)
- 27. Second Position, Group Folk Dance Competition, St. Stephen's College (2019)
- 28. Second Position, Group Classical Competition, AIIMS (2019)
- 29. Second Position, Group Folk Dance Competition, Shyama Prasad Mukherjee (2019)
- 30. Third Position, Classical Competition, AIIMS (2020)
- 31. Third Position, Group Folk Dance Competition, Hindi Department, Jesus and Mary College (2019)

Participation in the programmes and competitions has helped develop the members of the society as disciplined dancers and choreographers who are able to manage their academics with extra-curricular

activities throughout the year. A zeal for discovering and learning the dance forms of India is present in each and every member of Nrityanjali which requires the active cooperation and coordination amongst the members. Regular workouts and dance practices help in keeping the mind and body fit and continuous work on the annual productions of folk dance, semi-classical, classical, bollywood and tollywood is also progressing. The opportunities received by the society are endless and Nrityanjali aims to participate in the upcoming fests held by Delhi University colleges as well as outside Delhi.

















Dr. Shruti Tohan

(Convener)

Michelle Scaria

(President)

Jayashree Nandi

(Vice President)



### NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



Programme Officer Principal

Dr. Sugandha Sehgal Sandra Joseph Prof.

The National Service Scheme of Jesus and Mary College, Delhi University, celebrated Aadi Mahotsav on 18 February 2023 in collaboration with the Ministry of Youth Affairs and Sports and Delhi Police. They signed a Memorandum of Understanding (MoU) for imparting self defence training for girl volunteers. Ten volunteers from the NSS JMC Unit attended the session.

Aadi Mahotsav was a tribal festival which was organized by the Tribal Cooperative Marketing Development Federation (TRIFED) to honor the spirit of tribal traditions like art, culture, crafts, gastronomy, and trade. This year, the festival began on 16th February 2023 and ended on 27th February 2023.

The session was held at the **Police Headquarters in Sansad Marg New Delhi** from 4:00pm to 6:00pm. They signed a **Memorandum of Understanding (MoU)** between the Special Police Unit for Women and Children (SPUWAC), Delhi Police and the directorate of National Service Scheme (NSS). They signed the paper which stated that Delhi Police would **teach self-defense to the girl volunteers at NSS across Delhi**.



Glimpses of the session

This was followed by speeches from the directorate of NSS and the Delhi Police. Then, a few coaches conducted **a representation of self-defense techniques** which included **basic techniques** that could be used to free oneself from the attacker. They also shared the importance of remaining calm and not panicking in such situations. This was followed by an award ceremony. All the volunteers were provided refreshments towards the end of the event.



NSS JMC at the session

The team is thankful to **Prof. Sandra Joseph**, the principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R**, **Ms. Betina Abraham and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the session and made the event a success.

Regards,

National Service Scheme

Jesus and Mary College



## NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

Dr. Sugandha Sehgal

Principal

Prof. Sandra Joseph

The Ministry of Tribal Affairs, in conjunction with the Ministry of Defence, with the Indian Coast Guard as the coordinating agency, organised a Military Tattoo and Tribal Dance Festival 'Aadi Shaurya - Parv Parakram Ka, on the special occasion of Amrit Mahotsav and to mark the 126th birth anniversary of Netaji Subhash Chandra Bose (Parakram Diwas) on 23rd and 24th January 2023 National Service Scheme of Jesus and Mary College, University of Delhi, at the Jawahar Lal Nehru Stadium in New Delhi.

The festival was set to exhibit the prowess of the Armed Forces in a Military Tattoo and feature various power-packed dance performances by tribal communities showcasing the beauty of India's diverse tribal culture from across India. Tribal dance troupes had arrived at the venue from states like Chhattisgarh, Kerala, Rajasthan, Jharkhand, Ladakh, Madhya Pradesh and more. Spectators witnessed exquisite dances such as Gaddi Nati from Himachal Pradesh, Siddhi Dhamal from Gujarat, Purulia Chhau from West Bengal, and many more.

Over 1200 performers refined their art forms and were set to enthral the city with their mesmerising performances. The venue was decorated with tribal art inside the premises and outside the stadium complex to attract the visitors.

The grand finale showcased a performance by famous playback singer, Shri Kailash Kher along with a coming together of the performers of both themilitary tattoo and the tribal dances in a final spectacular display. A footfall of over 40,000 people was observed at the venue.

Here are few glimpses of the event!



















The team is thankful to Prof. Sandra Joseph, the principal, Dr. Sugandha Sehgal, the Programme Officer of NSS JMC, and staff advisors Ms. Sumangali R, Ms. Betina Abraham and Ms. Anu for their constant guidance and support in our every endeavour. A special thanks to all the volunteers who participated in the activity and made it into a success.

Regards,

National Service Scheme,

Jesus and Mary College



# JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

**Prof. Sandra Joseph** 

The National Service Scheme of Jesus and Mary College, Delhi University, celebrated the World AIDS Day which is observed on 1st December every year since 1988 through a series of events that helped to spread awareness about AIDS and HIV. Around 25 volunteers enthusiastically came forward to participate in the Video Making Event and Essay Writing Competition.

AIDS is a **chronic immune system disease** caused by HIV which damages the body's ability to fight infections and diseases naturally and can spread through sexual contract, breastfeeding and transfer of infected blood. However it doesn't spread through hugging or touching the infected person. A **lot of stigmas** are present around AIDS which need to be broken.

The first event was the Video-Making Event which was held on 30th November 2022 where 8-10 volunteers searched for facts,myths and causes of AIDS and made a video wearing white clothes and awareness ribbons to create awareness about HIV-AIDS.



NSS JMC Volunteers participating in video making event to spread awareness about AIDS

The second event was the **Essay Writing Competition**, which was held on **4th December**, **2022**. The topic for the essay was **800-1000 words on the causes and prevention of AIDS**. In this activity, around **15-20 volunteers** participated with utmost dedication and let their thoughts and research run azure on the paper. The essays were further mailed.





NSS JMC Volunteers spreading awareness to break stigma around AIDS

All the volunteers participated in both the events with complete enthusiasm and zeal. These two activities were conducted to educate society on the facts, causes, myths, and ways to prevent AIDS. The programme aimed to instill awareness about HIV and AIDS and to break the fear factors or myths surrounding the former.

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R and Ms. Betina Abraham** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards,

National Service Scheme

Jesus and Mary College



# NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



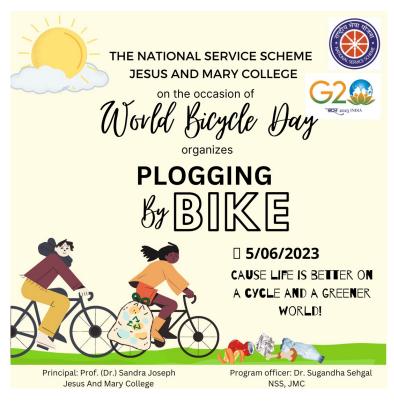
**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. (Dr.) Sandra Joseph

The National Service Scheme, Jesus and Mary College, University of Delhi conducted a '*Plogging by Bike*' and a '*Debate Competition*', on the occasion of 'World Bicycle Day' celebrated on 3rd June 2023. The events were organized to spread awareness about the use of bicycles as an affordable, clean, and sustainable mode of transport.



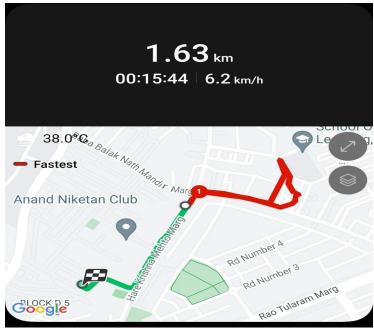
Poster of the Event - Plogging by Bike

The event on 'Plogging by Bike' required the students to pick litter on their cycling routes. The event was organized to promote the use of bicycles, and to encourage the students to be active agents in keeping their surroundings clean. Picking litter while on one's cycle route, not only enhanced personal responsibility towards the environment, but also led to the facilitation of physical fitness and choosing to opt for environment-friendly transportation. NSS volunteers participated in the event with considerable excitement. Some of the pictures from the event are given below.









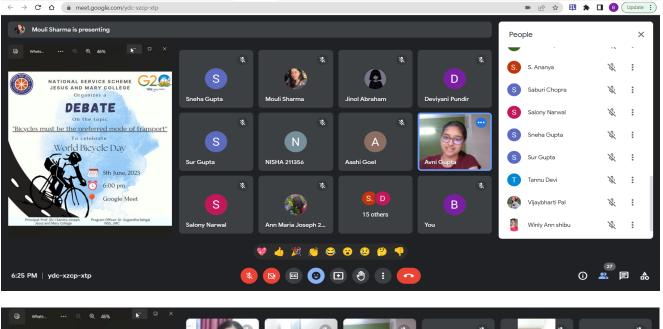
NSS JMC Volunteers participating in the Plogging Drive on Bicycle

No change can happen in a linear fashion, people must grapple with different aspects of the required change. In order to develop critical thinking and informed decision-making, a 'Debate Competition' was organized on 5th June 2023 at 6 PM on Google Meet, on the topic, "Bicycle must be the preferred mode of transport". The competition saw active participation from the volunteers, who provided insightful arguments regarding the topic.

The participants shared their diverse thoughts which made the debate competition an interactional and learning experience for all. While the benefits of using bicycles received considerable consensus, it also allowed the participants to recognize the challenges that could be faced in this regard. The debate ended with the judges reiterating how knowledge of challenges can facilitate development of solutions required for effective change in habits.



Poster of the Debate Competition





Stills from the Online Debate Competition

The team is thankful to **Prof. (Dr.) Sandra Joseph**, Principal, Jesus and Mary College, **Dr. Sugandha Sehgal**, the Programme Officer of NSS, JMC, and staff advisors **Ms. Sumangali R, Dr. Bhumika Kapoor, Ms. Betina Abraham, and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the events and made them a success.

Regards,
National Service Scheme
Jesus and Mary College



### NATIONAL SERVICE SCHEME

### JESUS AND MARY COLLEGE

### UNIVERSITY OF DELHI

**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, with the aim of producing a hygienic environment conducted a three-day cleanliness drive in the JMC campus from 15th February 2023 to 17th February 2023. The drive was assisted by more than 40 NSS volunteers, enthusiastically.

The drive was divided into 3 major parts: collection of the waste lying around the campus, creating awareness about the management and disposal of waste, connecting with floor managers and the concerned staff for cleanliness and ensuring a clean campus. For the first part the NSS volunteers were assigned duties at different hotspots throughout the campus where they were asked to keep the area clean and remove any waste that is lying there. A team of few NSS volunteers also took in charge of meeting with the floor managers and helping them to ensure hygienic classrooms and corridors.





To create and awareness the volunteers of NSS JMC throughout these 3 days of cleanliness drive made it their mission to go into all the classes and explain the students, staffs and the teachers about the categorization of waste into wet, dry, biodegradable, non-biodegradable, and e-waste and its proper disposal, we also expressed the consequences that an unhygienic campus and society in the greater scope can bring. In order for our awareness campaign to reach every passing inhabitant of the college we put up posters regarding waste collection, disposal categorization and harmful effects across the campus and the hotspots.



Even the volunteers who were not on duty or during class kept in check the areas around them and if any littering or waste was found, they sent a picture to the concerned team and got it resolved. The major success of the three-day cleanliness drive was also because of the fact that to replace plastic dustbins and create more access for students to throw the waste in our volunteers made cardboard dustbins decorated with posters of our aim.

We are proud to say that we managed to keep the entire campus a lot cleaner in our 3-day drive and were able to imbibe the importance of waste segregation and its disposal. We also managed to create a wave of awareness throughout the campus. Our volunteers participated in the even wholeheartedly and made it not only a success on paper but also a left a long term on all, even the NSS volunteers confessed of learning more in this cleanliness drive.

The team is thankful to Prof. Sandra Joseph, the principal, Dr. Sugandha Sehgal, the Programme Officer of NSS JMC, and staff advisors Ms. Sumangali R, Ms. Betina Abraham and Ms. Anu for their constant guidance and support in our every endeavour. A special thanks to all the volunteers who participated in the activity and made it into a success.







Regards,

National Service Scheme

### NATIONAL SERVICE SCHEME



### JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



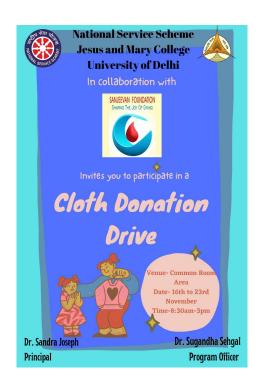
**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, organised a Cloth Donation Drive from 16<sup>th</sup> November 2022 - 23<sup>rd</sup> November 2022. Around 30 volunteers participated with great zeal and enthusiasm in the Cloth Donation Drive to help the underprivileged in times of heavy winters and bring a smile on their face.



Poster of Cloth Donation Drive at NSS JMC

With the hashtag **#KeepThemWarm** the aim of this activity was to provide comfort and protection from winters to the needy. The donation drive taught the volunteers the **importance of sharing and caring**. The volunteers also learnt valuable lessons on how **love grows by loving others**.







NSS JMC Volunteers participating in Cloth Donation Drive

Volunteers participated in the activity enthusiastically and donated several things like **warm blankets**, **clothes**, **sweaters**, **shoes etc.** The initiative helped to bring happiness to the underprivileged people and also gave a chance to the volunteers to make a slight change in the lives of the needy. The avid participation by the volunteers as well as their desire to make this winter season bearable for all helped to make this event a huge success.



NSS JMC Volunteers donated several things like shoes, warm blankets, sweaters etc.

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R, Ms. Betina Abraham and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activity and made the event a success.

Regards, National Service Scheme Jesus and Mary College





### NATIONAL SERVICE SCHEME

### **JESUS AND MARY COLLEGE**

### **UNIVERSITY OF DELHI**

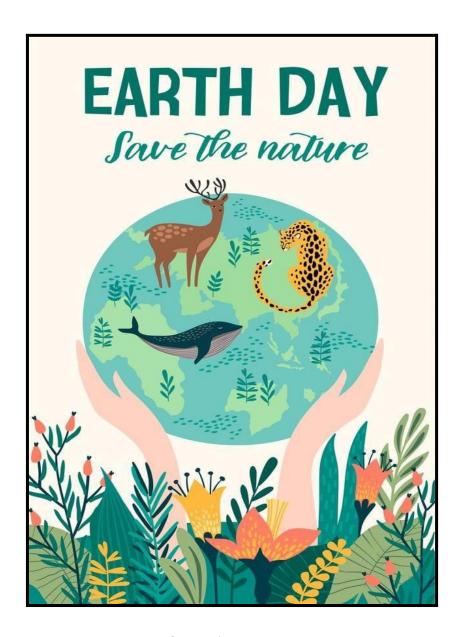
Programme Officer Dr. Sugandha Sehgal Principal Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, celebrated Earth Day on 22nd April 2023 with great enthusiasm and dedication. The event was organised to create awareness about environmental issues and to promote the importance of taking care of our planet.



Poster of Earth Day at NSS JMC

A **poster making competition** was organised, where students were encouraged to **showcase their creativity** by designing posters that promote environmental conservation. The posters highlighted the need to reduce plastic usage, conserve water, and plant more trees to combat climate change.



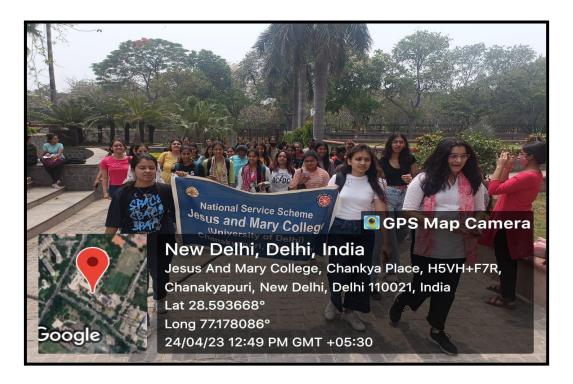
Poster for Earth Day at NSS JMC

The celebration started with a **pledge taking ceremony**, where students took an **oath to protect and preserve the environment**. The pledge highlighted the importance of reducing carbon emissions, **conserving water and energy**, and adopting sustainable practices in our daily lives.

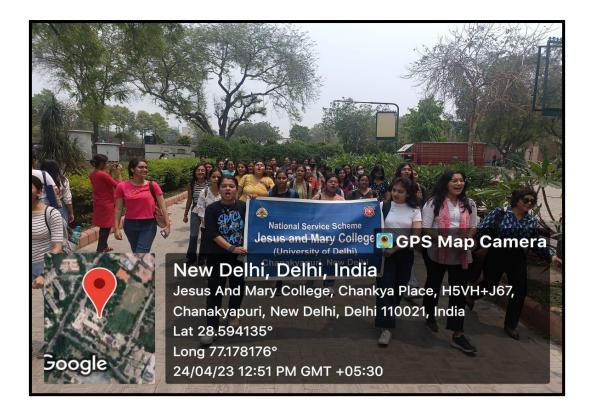




After the pledge taking ceremony, an **awareness rally** was conducted on the college campus, where students **marched carrying placards and banners** with messages promoting **environmental sustainability**. The rally aimed to **spread awareness** among students and faculty members about the importance of protecting our planet and promoting eco-friendly practices.







The NSS unit also launched a 'Save Environment Initiative', which aimed to encourage students to adopt eco-friendly practices in their daily lives. The initiative included activities such as recycling waste, conserving water, and promoting sustainable practices in the community.

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R and Ms. Betina Abraham** for their constant guidance and support in our every endeavour. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards,

National Service Scheme

## NATIONAL SERVICES

### NATIONAL SERVICE SCHEME

### **JESUS AND MARY COLLEGE**

### UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University in collaboration with Petroleum Conservation Research Association conducted a webinar on Energy Conservation with Mr. Naveen Gulati on 18th January 2023.

Mr. Naveen Gulati is a B.Tech Chemical Engineer from IT BHU in 1984 & MBA in Petroleum Management in 2001 from Ljubljana, Slovenia. He has rich and diversified experience of handling Lubricants marketing, Conservation & as energy auditor and is currently providing mentorship on Conservation.



Screenshot of the webinar with Mr. Naveen Gulati

Throughout the webinar, Mr. Naveen Gulati raised awareness about the importance of conserving energy and promoting sustainable energy practices. Not only this, he also reminded us about the importance of reducing our energy consumption and promoting sustainable energy practices to address climate change and reduce our carbon footprint. By conserving energy, we can not only reduce our environmental impact, but also save money on energy bills and promote a more sustainable future.



The webinar was followed by a **group discussion** in which all the volunteers shared their thoughts and ideas of how to save energy. The group discussion was successfully done with some impactful ideas and suggestions on conserving energy.

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R**, **Ms. Betina Abraham and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activity and the event which was a success.

Regards,

National Service Scheme



## NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, acknowledged the Government of India's initiative of Fit India by participating in a run and oath-taking ceremony on 19th October 2022. Around 15 volunteers participated with great zeal and enthusiasm in the run from Jesus and Mary College to the Embassy of Palestine.



NSS JMC participating in Fit India Movement

FIT INDIA Movement was launched on 29th August, 2019 by the Honourable Prime Minister with a view to **make fitness an integral part of our daily lives**. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle. Towards achieving this mission, Fit India proposes to undertake various initiatives and conduct events.

The main objective of the programme was to spread awareness among the volunteers to promote fitness as easy, fun and free and to spread awareness on fitness and various physical activities that promote it. The event also aimed to encourage indigenous sports among the volunteers in the college.

The first activity of the event was the **Oath-taking ceremony** conducted on 19th October, 2022 where 15 NSS volunteers and faculty members **pledged to keep themselves fit and spread awareness about fitness.** The ceremony was held in the campus of Jesus and Mary College, Delhi University. The session began with an **introduction to the Fit India Movement, its importance and the role of citizens in moving towards a fit country.** The following oath was taken by all the participants: "I promise to myself that I will devote time for physical activity and sports every day and I will encourage my family members and neighbours to be physically fit and make India a fit nation."



NSS JMC Volunteers participating in Fit India run

These initiatives will encourage the volunteers to **develop a sense of responsibility** in making themselves fit and spread awareness among others about fitness for the betterment of the society.

The volunteers started the run from the campus of Jesus and Mary College, Delhi University to the Embassy of Palestine. One could see and feel the enthusiasm that the students had within themselves.

All the volunteers took part in the activities with great zeal and created awareness about fitness in and around the campus. These events were conducted towards spreading awareness against the unhealthy lifestyle people are living. The campaign reaffirmed and reinstated the importance of fitness and healthy surroundings and motivated all to work towards making "India" a "Fit India".

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R and Ms. Betina Abraham** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards,

National Service Scheme

# NATIONAL SERVICES

## NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, in collaboration with Dastaan - The Art and Architecture Society of Jesus and Mary College organised a heritage walk to Mehrauli Archaeological Park to commemorate World Tourism Day. The walk was conducted on 1st October 2022 and around 45 NSS volunteers participated in it. Volunteers gained insights on the Mughal rule and Islamic architecture.



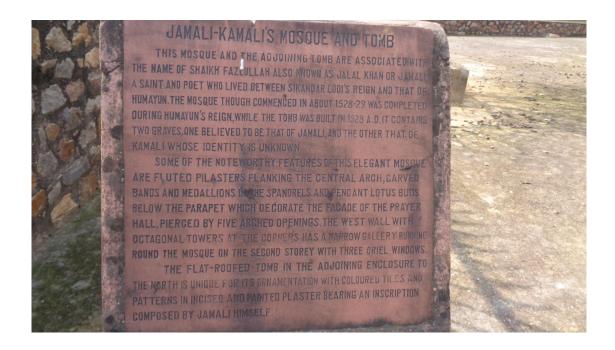
Poster of Heritage Walk by NSS JMC

27th September is observed as World Tourism Day every year. It was designated by the World Tourism Organization (UNWTO) in September 1979, with the commemoration to commence in 1980. This day was chosen to coincide with the anniversary of the adoption of the UNWTO Statutes on September 27, 1970, which was a significant turning point in international tourism. The purpose of this day is to raise public awareness about the social, cultural, political, and economic benefits of tourism as well as the potential contribution this industry can make towards the achievement of the Sustainable Development Goals.



NSS JMC at Mehrauli Archaeological Park

The NSS JMC volunteers assembled at the Qutub Minar metro station at 9 am from where they, along with the members of **Dastaan**, walked together to **Mehrauli Archaeological Park**. Upon arrival, the volunteers were shown a recently excavated tomb, which was hidden under sand mounds until a few years back. They were first taken to the **Jamali Kamali Mosque and Tomb**. The members of Dastaan explained the story behind the peculiar name given to the mosque and tomb. The volunteers also saw **various storage structures that were built by Iltumish**. They were given the opportunity to observe the wall carvings that portrayed the works of the Sufi saint Jamali and various verses from the Quran. **Volunteers also came to know more about Islamic architecture and the influence of Hinduism on Islamic architecture**. The members of Dastaan also gave an insight about the **'Kangura structures'** which are typical to the Indian style of architecture. The volunteers then moved on to the next site.



Stone at Jamali Kamali Mosque and Tomb

The next destination was **Rajon ki Baoli**, which was built by Daulat Khan, a minister in the court of Sikander Lodi. This place is named after the rajmistries or masons who inhabited the place. The volunteers saw the baoli which was four storeys deep and the surrounding corridors where the masons used to dwell. The members of Dastaan explained to the volunteers about the **significance of these baolis and how these were used in creating an illusion of a water body.** The volunteers climbed up high, antique steps to enter into the mosque that was above the baoli. They observed the walls of the mosque which were beautifully decorated with carvings of geometric symbols and quranic verses. The members of Dastaan explained the significance of the domes which are prevalent in the Islamic architecture. This was then followed by a **discussion on the influence of 'lotus' in Islamic architecture.** 



Members of Dastaan explaining the significance of Islamic Architecture to NSS JMC volunteers

The third and the last site was the **Tomb of Quli Khan**, who was the first Nawab of Bengal. Before stepping into the tomb, the volunteers had a discussion with the members of Dastaan regarding the Mughal dynasty and about how the British have treated Indian culture and heritage. The team beautifully explained how this tomb had been converted into the **residence of Sir Thomas Theophilus Metcalf**, who was an agent of the Governor General of India. They also explained how the last Mughal ruler, Bahadur Shah Zafar, took initiative in protecting this residence during the Sepoy Mutiny of 1857. The volunteers then entered inside the tomb and got the opportunity to admire the marvelous ceilings of the tomb. They also saw the **bird house** and the **boat house** built by Sir Thomas Metacalf. The program ended at 12 noon with a concluding address by the **President of Dastan**, **Jeseentha Anne Joji**, and by **Ananya Rana**, the **President of NSS JMC**.

The walk provided the volunteers with a great opportunity to explore the cultural richness of the city of Delhi. It enabled the volunteers to understand the significance of Mehrauli Archeological Park, which is a comparatively lesser known site. The walk provided insights into the art and architectural heritage of many dynasties including the Khilji dynasty, Slave dynasty, Tughlaq dynasty, Lodhi dynasty, Mughal dynasty and the British Raj. The members of Dastan also explained about Islamic and Indo- islamic architectural styles. They explained various

aspects of Indian architecture and the influence Hinduism had on these architectural styles. **The volunteers participated actively in the discussions.** The members also answered the doubts raised by the volunteers. In short, the walk turned out to be fun and informative at the same time.



NSS JMC and Dastaan at Mehrauli Archaeological Park

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R, Ms. Betina Abraham and Ms. Anu Singh Deswal** for their constant guidance and support in our every endeavor. We extend our heartfelt gratitude to **Dastaan - The Art and Architecture Society of JMC** for providing the volunteers with deep insights on architecture and history of the Mehrauli Archaeological Park. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards,

National Service Scheme



### NATIONAL SERVICE SCHEME

### **JESUS AND MARY COLLEGE**



### **UNIVERSITY OF DELHI**

Programme Officer Dr.Sugandha Sehgal

Principal Prof.Sandra Joseph

The National Service Scheme of Jesus and Mary College ,Delhi university,celebrated National Voters Day on 25 January 2023. There were 3 activities on board: Taking a heartfelt pledge with Slogan writing competition and Poster making competition. Around 25 volunteers participated enthusiastically.

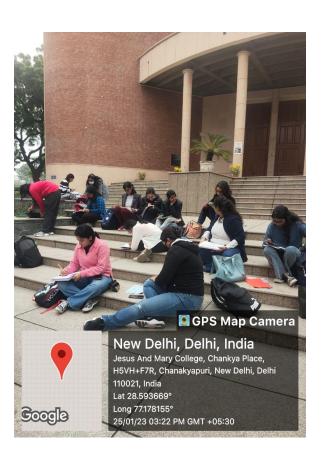


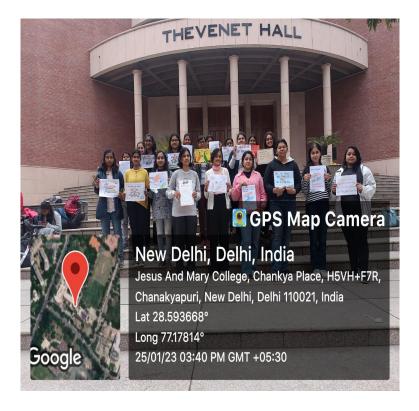
We started our event with the pledge taking where we asked volunteers to stand in rows and take a heartfelt pledge on the occasion of National voters day where the main motive was to guide our youth towards upholding the democratic traditions of our country and cast their "valuable vote" without being influenced by considerations of religion, caste, or any inducive. The words of the pledge were "we the citizens of India, having abiding faith in democracy, hereby pledge to uphold the democratic traditions of our country and the dignity of free, fair and peaceful elections and to quote in every election, we without being influenced by the considerations of race, caste, language etc.



Then comes the competition of poster making and slogan writing. The theme of poster making was republic day. The volunteers beautifully illustrated the power of a republic nation where

citizens have the supreme say. Moreover following this we have slogan writing competition on the theme voters day itself in which many creative expressions were seen by the core team members on the basis of that we had announced our winners of both events.our talented volunteers Meghdipa,Anns,Nandhanna in poster making and Avni,Nandini in slogan writing were the winners in the competitions but the fact that each and everyone have made their efforts very well and turned the event into a success.







The team is thankful to Prof.Sandra Joseph,the principal,Dr Sugandha Sehgal,the Programme officer of NSS JMC,and the staff Sumangali R and Ms.Betina Abraham for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards, National Service Scheme Jesus and Mary College

# NATIONAL SERVICES

### NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, celebrated NSS Day on 24th September 2022. Around 30 volunteers participated with great zeal and enthusiasm in the merchandise designing competition and a group discussion on the topic "Your Experiences and Expectations from NSS."



Poster of NSS Day at NSS JMC

Every year, NSS day is observed on **September 24th** across India. The National Service Scheme was launched in 1969, the Birth Centenary year of Mahatma Gandhi in 37 Universities involving 40,000 students. It has now been extended to all the states and Universities of the country. In the year 1952, the government emphasized the requirement of social and labour service by Indian students for a year.

The first event was the Merchandise Designing Competition where volunteers picked up their creative pens and designed T-shirts as official NSS merchandise. A total of 14 volunteers put forth their ideas. A T-shirt designed by Nishtha Kaushik, 2nd year NSS Volunteer was chosen as the winner. The creativity and vivacity shown by the volunteers was unparalleled.



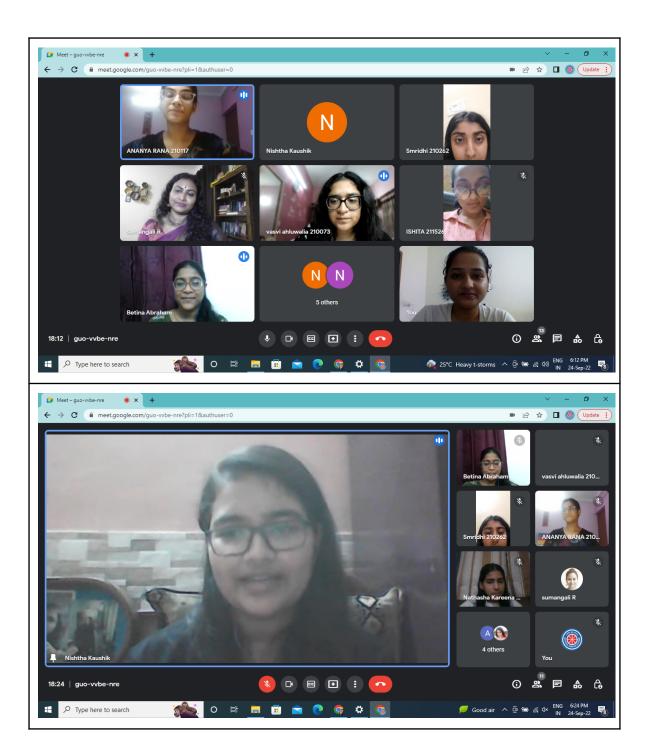
Poster of Merchandise Designing Competition at NSS JMC

A Group Discussion on the topic "Your Experience and Expectations from NSS" was also organised. It began with briefing the volunteers about the history of NSS, its motto of "Not me but you" and the importance of the NSS logo. Further, the volunteers took an oath to commit to the service. The following oath was taken by all the participants: "I solemnly pledge to work with dedication to serve and strengthen freedom and integrity of the Nation. I further affirm that I shall never resort to violence and that all differences and disputes relating the religion, language, region or political or economic grievances should be settled by peaceful and constitutional means."



Poster of Group Discussion at NSS JMC

Beginning with the Group Discussion, 13 volunteers presented their views on how they can contribute more to NSS and serve more and more people. Volunteers shared their ideas on how NSS can work towards promoting mental health, working with old age homes, orphanages and acid attack survivors. Proposals to conduct more nukkad nataks and plantation drives were welcomed. Volunteers also discussed conducting heritage walks and informative sessions on socially pressing issues.



Group Discussion on "Your Experience and Expectations from NSS"

All the volunteers took part in the activities with enthusiasm and shared their thoughts and views. These events were conducted to know the expectations of the volunteers from NSS and how they can work on improving it. The programme aimed to **instill the idea of social welfare** in students and to **provide service to society without bias.** 

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R and Ms. Betina Abraham** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activities and made the event a success.

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National Service Scheme





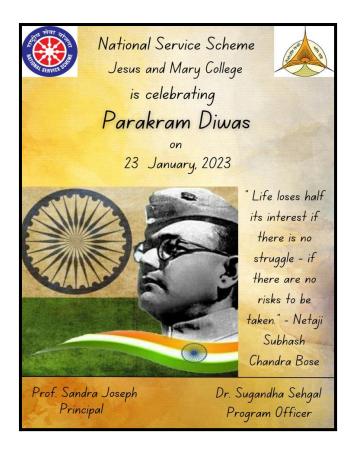
#### NATIONAL SERVICE SCHEME

### **JESUS AND MARY COLLEGE**

### UNIVERSITY OF DELHI

Programme Officer Dr. Sugandha Sehgal Principal Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, celebrated Parakram Diwas on 23rd January, 2023 by organising a Poem Writing Competition to commemorate the birth anniversary of Netaji Subhash Chandra Bose.



Poster of Parakram Diwas at NSS JMC

The competition aimed to provide a platform for participants to express their admiration for **Netaji's life and achievements**, with the theme inspired by the values of **"unity, selflessness, and sacrifice"** critical to the Indian freedom movement's success. The event received a great response from students, showcasing their literary talents in Hindi and English. The poems were judged based on their relevance to the theme, creativity, and originality.

### NSS-JMC Parakaram Diwas

January 23

It is very difficult to get another Netaji Subhash Chandra Bose took the shape of Netaji During the hardest of situations During the freedom struggle of India.

He had a dream
He had a mission
To make India free
And bring total freedom.
Lot of sacrifices he had to give
This helped others to have faith in him.

He said "Give me blood and I'll give you freedom" and believed "The difference between what we do and are capable of doing would suffice to solve most of the world's problems"

It is difficult to get another Netaji Who can show such great valour And inspire generation after generation

A very happy and prosperous "Parakaram Diwas" to all.

Submitted By Nishtha Kaushik B.Sc.(Hons) Mathematics

Poem featured on the NSS JMC's official Instagram page

Following a thorough evaluation process, the winners of the competition were announced, and **certificates were awarded** to recognize their literary talent and contribution to Parakram Diwas celebrations. The best entries were featured on NSS JMC's official Instagram page, providing participants with an opportunity to showcase their **creative expressions** to a broader audience.

#### **PARAKARAM DIWAS**

In India January 23rd is famous for Parakrma Diwas, It is the birthday of Netaji Subhas Chandra Bose.

In India this day is called as "Brave Day"
It is celebrated to honor Netaji as formal national day.

In 2021 the Government of India declared Brave Day, It is a wise statement brave's fame forever must stay.

Important that today our Netaji's 126 birth anniversary Indians celebrate it with core's honor on 23rd January.

Indian nationalist Subhas defied British colonial rule Internationally inclusive of India his heroism was full.

It is blood alone that can pay the price of freedom.

Give me blood and I will give you freedom.

It is our duty to pay for our liberty with our own blood.

It does not matter who among us will live to see India free In Katak city on 23 rd January,1897 Subhas got birth, In Taipan city,Taipei,Tawiwan on 18th Aug.1945 death.

Indian people of independent India honor him as hero, In his brave leadership as Netaji Subhas we all honor.

In the interest of mother land India he left I.C.S post, In spite of Cambridge based education an Indian best.

In this auspicious day poet's salute for Subhas Bose, It is our brave day or Parakrama Day nationally pious.

"Freedom is not given. It is taken."

WINLY ANN SHIBU

**BA HONS ECONOMICS** 

Poem featured on NSS JMC's official Instagram page

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R and Ms. Betina Abraham** for their constant guidance and support in our every endeavour. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards,

National Service Scheme



## NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

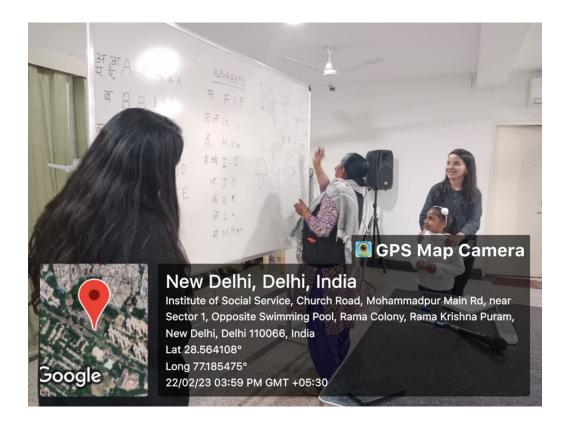
The National Service Scheme of Jesus and Mary College, Delhi University, in collaboration with Prabhat Tara Hostel is working on a Spoken English Program. This project was started from 15th February 2023 with an aim to provide basic English language knowledge to middle aged women who are majorly housewives or domestic helpers, their ages ranging from 17-50 years.



NSS volunteers teaching at Prabhat Tara

A group of **8 NSS volunteers** visit Prabhat Tara Hostel **twice a week** (Wednesdays and Fridays) for these classes. There are **25+ enthusiastic females** who willingly attend these classes after their other skill classes to equip themselves to better understand things around them and interact with others.

The Volunteers taught them **basic English** which includes- **articles**, **prepositions**, **nouns**, **sentence making and some English phrases**. All of these were done with drawings and live examples to help them visualize the sentences.



This program has truly widened their spectrum and has made them **self reliant**. We have been receiving a positive response from their side and the change in their personalities can be clearly seen.



The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R, Ms. Betina Abraham and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activity and made the program a success.

Regards,

National Service Scheme

Jesus and Mary College



# NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

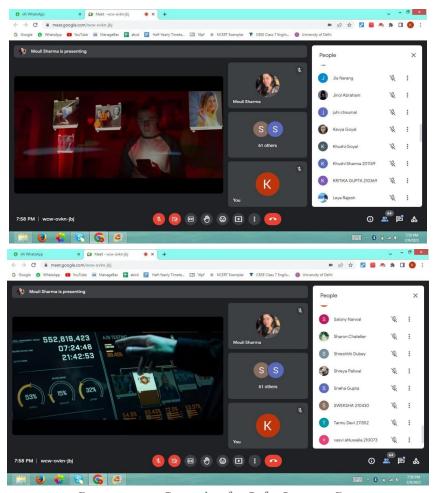
**Prof. Sandra Joseph** 

The National Service Scheme of Jesus and Mary College, Delhi University, screened "The Social Dilemma" documentary on Safer Internet Day on 7 February 2023. Around 70 volunteers watched the documentary with great zeal and participated in group discussion on the topic "Internet Safety" and discussed the learnings from the video.

Safer Internet Day (SID) is a worldwide annual campaign promoting a **safe digital environment for children and young people**. This year marked the 20th anniversary of Safer Internet Day. The campaign's slogan **'Together for a better internet'** encourages everyone to actively participate and engage in internet safety activities.

Safer Internet Day aims to create both a safer and a better internet, where children and young people are empowered to use digital technology responsibly, respectfully, critically and creatively. Playing games online can not only be a fun and engaging experience but also bring many opportunities to children and young people.

Volunteers saw a film that was presented during the online meeting during the documentary screening of The Social Dilemma. A **highly insightful discussion** concerning the observations made regarding the subject from the watched film followed. The participants' discussions on their understanding were unmatched.



Documentary Screening for Safer Internet Day

A Group Discussion on the topic-Internet Safety was also organised. It began with briefing the volunteers about the history of this day, it's motto and importance. Further, the volunteers took an oath to use the internet responsibly. All the volunteers took part in the activities with enthusiasm and shared their thoughts and views. The programme aimed to instill the idea of cyber security and responsible use of the internet and the facilities available.

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R, Ms. Betina Abraham and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the session and made the event a success.

Regards, National Service Scheme Jesus and Mary College



### NATIONAL SERVICE SCHEME

### JESUS AND MARY COLLEGE

### UNIVERSITY OF DELHI

**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, conducted a self defence training session in collaboration with Rotaract Club of Delhi Pegasus on 21st March 2023, In JMC campus. The event was joined by around 20 NSS volunteers, where the well-trained team on the scope of self defence and measures took the volunteers on a step by step course of defence in different places and circumstances.

The session was primarily taken by one of the members well known for her accomplishments and journey in the art of Judo, she along with her partner tackled **the complex challenges and situations girls faced in the present day society**, where the major part is violence against women on the raise. Before the actual defence training the team urged the volunteers to be on alert always and take care of their fitness by coming nutritious food and cultivating healthy exercise regimen.



The instructors captivated the volunteers by demonstrating how easily one can take down their assaulter or attacker but a **few tricks up their sleeve**. They **performed common scenarios where one can get attacked** and demonstrated how to get out of the situation as easily as possible. This session was not just a workshop of sorts but the team encouraged the volunteers to try the techniques and removed the errors of postures and movements. The volunteers showed immense respect and awe towards the session as they themselves felt the power in situations of threat. The **students eagerly participated in the training by making pairs and performing every one of the defence positions.** 





The team very well included the defence mechanisms any and every person can perform without having a prior knowledge in any of the defence art forms, they were patient and even took up the scenarios given by the volunteers and demonstrated a harmless defence and escape. The **volunteers felt empowered when they saw a girl like them taking down a person** much more physically build up then her, and it evaporated the myth of brute strength from the minds of our volunteers.





The session was concluded by a round of Q/A followed by a refreshment distribution of fruits and juice promoting a sense of healthy diet in all. This session promoted a sense of bravery and confidence in all the volunteers.

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R, Ms. Betina Abraham and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activity and made it into a success.

Regards,

National Service Scheme

Jesus and Mary College

# NATION AND SERVICES

# NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, celebrated the Government of India's initiative of Swachh Bharat Abhiyaan by participating in cleanliness drive and plog run on 29th October 2022 in Satya Niketan, Chanakyapuri. Around 20 volunteers participated with great zeal and enthusiasm and collected waste weighing more than 30 kgs.



Poster of Cleanliness Drive at NSS JMC

To accelerate the efforts to achieve **universal sanitation coverage** and to put the focus on sanitation, the Prime Minister of India had launched the Swachh Bharat Mission on 2nd October 2014. Under the mission, all villages, Gram Panchayats, Districts, States and Union Territories in India declared themselves "**open-defecation free**" **(ODF)** by 2 October 2019, the 150th birth anniversary of Mahatma Gandhi, by constructing over 100 million toilets in rural India.



Cleanliness Drive at NSS JMC

Under the cleanliness drive organized by NSS JMC, the volunteers collected waste from various parts of Satya Park. The waste included plastic wrappers, disposable plastic material and other similar material. There were approximately 25-30 volunteers and there was active participation from all the volunteers. There was an oath taking ceremony as well. The volunteers gained a lot of ethical values from this activity and learned the importance of cleanliness and fitness.



NSS JMC participating in the cleanliness drive

The volunteers were taught about cleanliness being a very essential component of human life. It is essential to lead a healthy and well life. In fact, health and cleanliness are related to each other. To get good health, one must practice hygiene. It is essential to practice maintaining good health and prevent diseases. Moreover, equally important is the cleanliness of our environment. When you maintain cleanliness, you can prevent disease and lead a healthy life. Health professionals advocate hygienic practices to prolong the lives of individuals.

The volunteers also learnt the importance of fitness. Being physically active can improve your brain health, help manage weight, reduce the risk of disease, strengthen bones and muscles, and improve your ability to do everyday activities.

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R and Ms. Betina Abraham** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards,

National Service Scheme

Jesus and Mary College

# NATION RIVERSION SERVICE SS

### NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE

UNIVERSITY OF DELHI



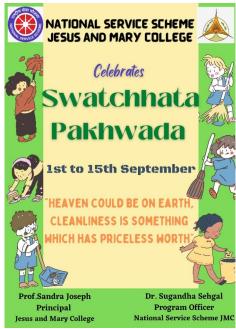
**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

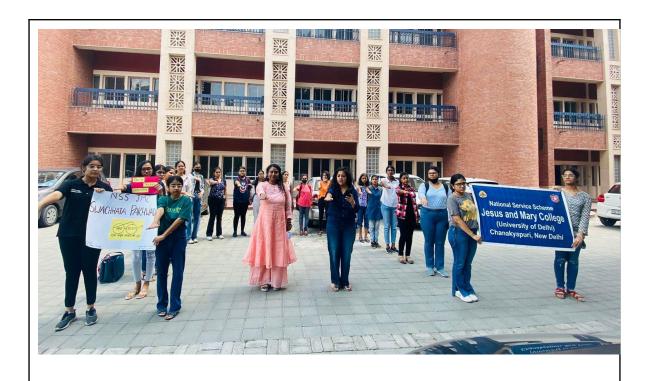
Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, celebrated Swachhta Pakhwada from 1st September 2022 to 15th September 2022. Around 30 NSS volunteers participated in various activities like oath-taking ceremony, poster making event, 'say no to plastic' rally, NSS board decoration and reel-making event during the time period. The main objective of the programme was to create awareness about plastic waste, its long-term impacts and the need for cleanliness in and around the campus. Swachhta Pakhwada was aimed at connecting people to nature and encouraging those actions that make our country a better place. The volunteers and members participated with great zeal and energy throughout the fortnight.



Poster of Swachhta Pakhwada at NSS JMC

The first activity of the event was the Oath-taking ceremony conducted on 6th September 2022 where 26 NSS volunteers and faculty members pledged to keep their environment clean and devote 100 hours a year to cleanliness. The ceremony held in the campus of Jesus and Mary College, Delhi University educated people to neither litter nor let others litter. The session began with an introduction to Swachhta pakhwada, its importance and the role of citizens in moving towards a clean country. The following oath was taken by all the participants: "I take the pledge that I will remain committed towards cleanliness and devote time for this. I will devote 100 hours per year to work for cleanliness. I will neither litter nor let others litter. I will initiate the quest for cleanliness with myself, my family, my location, my village and my workplace." These initiatives will encourage the participants to develop a sense of responsibility in cleaning and protecting the environment for the betterment of society.







Oath Taking Ceremony under Swachhta Pakhwada at NSS JMC

Volunteers also participated in the **Poster Making Event** held on **7th September 2022.** The theme of the event was 'Mera Bharat Swachh Bharat." The volunteers made handmade posters on topics of plastic pollution and promoting menstrual hygiene which aimed to spread awareness about single-use plastic and educate volunteers about menstrual hygiene and how to achieve it. Around **24 volunteers** from NSS JMC participated in the event with full zeal and enthusiasm. The volunteers expressed their views and thoughts about how to curb plastic pollution and promote menstrual hygiene through drawing, writing slogans and quotes. One could see and feel the enthusiasm that the students had in their presentation. Glimpses from the event have been shared below.



Poster Making Event under Swachhta Pakhwada at NSS JMC

The **NSS Board** was decorated on the themes of Swachhta Pakhwada i.e. *Say no to Plastic*. This activity kept the volunteers engaged and it was organized to explore and encourage creativity in them and offer them a platform to showcase their skills. It inspired them to think and work creatively in order to promote artistic excellence.



NSS JMC Board on the theme of Swachhta Pakhwada

On 12th September 2022, the volunteers participated in the NO to Plastic Campaign to spread awareness against single use plastic. A rally was organised across the JMC campus to educate people about plastic pollution and how to control it. Student volunteers also distributed paper bags to passerbys. The aim was to raise awareness, collect plastic waste and make the surroundings plastic free. 'Plastic Ko Hatao – Dharti Ko Bachao' slogan was coined for this event. 26 passionate volunteers of NSS JMC joined the drive against single use plastic under the initiative of Swachhta Pakhwada.







No to Plastic Campaign under Swachhta Pakhwada at NSS JMC

As the last event of Swachhta Pakhwada, **14 volunteers** participated in a **Reel making event.** They made short videos educating about the ill-effects of single use plastic and how it can be avoided by switching to more sustainable alternatives. The volunteers used the medium of social media to spread awareness about how we can protect the environment and make it plastic-free.



Video Making against use of Single Use Plastic

All the volunteers took part in the activities with enthusiasm and created awareness about cleanliness in and around the campus. These events were conducted towards spreading awareness against the ill-effects of plastics on the environment and to give up the use of plastic including carrying bags, plastic cutlery and plastic water bottles. Swachhta Pakhwada was indeed enlightening for all the stakeholders- students, teachers and the staff. The campaign reaffirmed and reinstated the importance of cleanliness and healthy surroundings and motivated all to work towards making "India" a "Clean India".

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R** and **Ms. Betina Abraham** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activities and made the event a success.

Regards, National Service Scheme Jesus and Mary College



## NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. Sandra Joseph

The National Service Scheme of Jesus and Mary College, Delhi University, donated essentials to the Turkish and Syrian Embassies on 14th February 2023 as a relief aid from the earthquake. Around 40 volunteers participated with great generosity and an empathetic heart to carry out the Turkey-Syria Donation Drive which was organized to help out the people during such difficult times.

NSS JMC planned a **three day collection drive** to provide aid in whatever way possible, and it would not be an exaggeration to say that the response received was more than enough. We got supplies of every category from **packaged baby food to sanitary napkins**. Students went as far as actually buying new baby clothes. We managed to collect huge bags of **sanitary napkins**, **diapers**, **woollen Shawls**, **baby clothes**, **packaged food**, **clothes for both men and women etc.** 

Some NSS volunteers on **14th February** went to the **Turkish Embassy** and donated all the supplies that fit into their necessity list while other volunteers took several bags to the **Syrian Embassy**. It made us proud to see that so many people willingly donated and were more than eager to help for the cause. We at NSS JMC believe in standing shoulder by shoulder not just with our society and country but whoever has the needs. Our volunteers learned the **value of empathy** and in a way **understood the kind of havoc these natural disasters bring**.



Poster for Turkey-Syria Donation Drive by NSS JMC

The team is thankful to **Prof. Sandra Joseph**, the Principal, **Dr. Sugandha Sehgal**, the Programme Officer of NSS JMC, and staff advisors **Ms. Sumangali R**, **Ms. Betina Abraham and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the activity and made the event a success.

Regards,

National Service Scheme

Jesus and Mary College



# NATIONAL SERVICE SCHEME JESUS AND MARY COLLEGE UNIVERSITY OF DELHI



**Programme Officer** 

**Principal** 

Dr. Sugandha Sehgal

Prof. (Dr.) Sandra Joseph

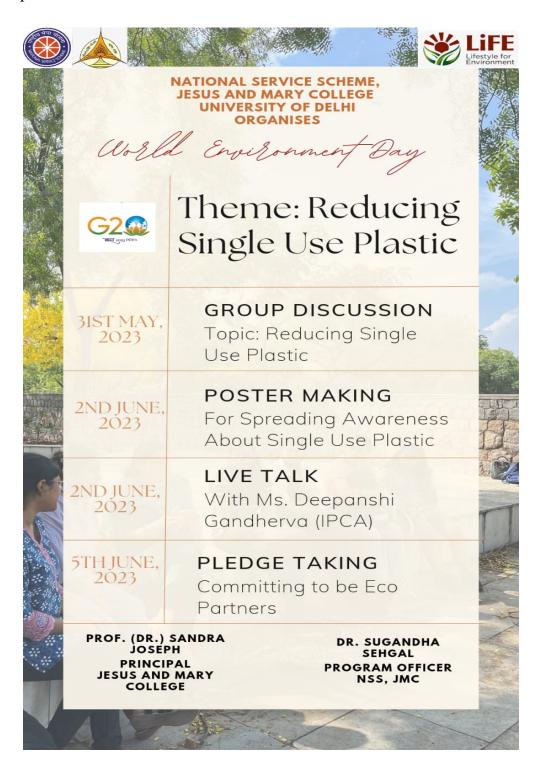
The World Environment Day is celebrated annually on 5th June and encourages awareness and action for the protection of the environment. The occasion is supported by many non-governmental organizations, businesses, government entities, and represents the primary United Nations outreach day supporting the environment.

For this year's celebration of the World Environment Day, the theme of **Say No to Single Use Plastic** was chosen from the list of themes given under Mission LiFE.

Single-use plastics, or disposable plastics, are used only once before they are thrown away or recycled. These include items like plastic bags, straws, coffee stirrers, soda and water bottles, and most food packaging. Up to 50% of plastics that we use are single-use. It is one of the major concerning issues for the environment today, because of its fast growing consumption and usage. We produce roughly 380 million tons of plastic each year and only half of it is disposable.

To address the issue of Single Use Plastic, the **National Service Scheme** of **Jesus and Mary College**, University of Delhi, organized a series of events including a group discussion, a poster-making event, an online talk by an expert on pollution control,

pledge-taking, and a social-media awareness campaign. The detailed reports of each event are provided below.



### **Group Discussion on Reducing Single Use Plastic**

The National Service Scheme Unit of Jesus and Mary College conducted a Group Discussion on the topic, Reducing Single Use Plastic on 31st May 2023, as a part of its celebration of the World Environment Day. A group discussion was planned to initiate a dialogue around our awareness of single-use plastic. Nine volunteers participated in the discussion and presented their ideas and suggestions.



Volunteers had a highly insightful discussion on the issue of single-use plastic, which began with talking about the harmful consequences of using plastic (especially, single-use plastic). This was followed by a discussion on its alternate solutions like, using cloth or paper bags instead of polythenes, using steel straws and cups, carrying water bottles, etc.





### **List of Participants:**

Diya Srivastava

Sur Gupta

Sneha Gupta

Ananya Harjai

Salony Narwal

Avni

Pradhanaya

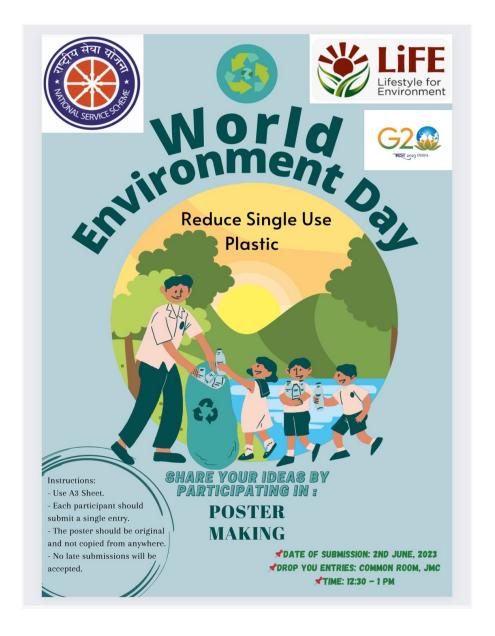
Himani Chaudhary

Jess Tressa Joseph

### **Poster Making Competition**

The second event organized under World Environment Day included a **poster-making** competition themed, 'Reducing Single Use Plastic' on 2nd June, 2023.

The aim of the event was to raise awareness about the detrimental effects of single-use plastics on the environment and to promote sustainable alternatives. The competition sought to engage the community, particularly the youth, in spreading the message of reducing plastic waste and encouraging positive behavioral change.



The competition saw a participation of around four students, who gave it a life by drawing **colourful posters** related to the theme. The event succeeded in **raising awareness about the issue of single use plastic waste** along with **encouraging creativity** of students at the same time.





### **List of Participants:**

Diya Srivastava Salony Narwal Sur Gupta

Avni

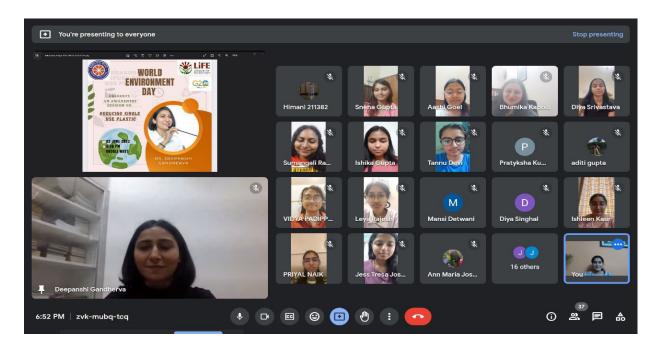
### **Online Session on Reducing Single Use Plastic**

The third event under this series of events included an **Online Session on Reducing Single Use Plastic**, on **2nd June 2023**, with **Ms. Deepanshi Gandherva**, Assistant
Manager at Indian Pollution Control Association (IPCA).



The session was conducted online using Google Meet and was joined by 35 enthusiastic volunteers who keenly took part in the enlightening presentation by the speaker regarding the various hazards of using single-use plastics.

Ms. Gandherva began the talk with defining single-use plastics (SUPs). Single-use plastics are non-durable consumer items that are meant for a mere one-time use before disposal. They are arguably one of the most proliferated types of plastics consumed by households around the world. Significantly, a total plastic packaging of 2.26 million tonnes was generated in the year 2022-23. In the face of ever-burgeoning environmental concerns, the inefficiency of the plastic waste management system poses great risks.



Using her expert knowledge, the speaker made the students aware about the implications of using single-use plastic. Various strategies and techniques for reducing the carbon footprint of plastic products were enumerated in fascinating depth and detail by Ms. Gandherva and were met with a reception of questions from the volunteers, such as the role of educational institutions in bringing about a change in the world and what steps can be taken by them, as students, to contribute towards the environment.

### **List of Participants:**

Sur Gupta

Diya Srivastava Aarohi Trivedi Aashi Goel Aastha Goel Aditi Gupta Ananya Harhai Ananya Rana Ann Mariya Diya Singhal Himani Ishika Gupta Ishleen Kaur Jesna Elza Jia Narang Kavneet Kaur Kavya Goel Khushi Goyal Mansi Detwani Mouli Sharma Nisha Singh Pradhanaya Pratyksha Kumari Riya Roy Salony Narwal Sneha Gupta

Sweksha

Tannu Devi

Vartika

Vidya

Vijaybharti

Winly Ann

Yukti Suri

### **Pledge Taking: Committing to be Eco Partners**

As part of the conclusion of the programs under World Environment Day, NSS, JMC also organized a pledge-taking event. In order to identify eco-partners who will commit to changing their consumption of single-use plastic, volunteers assembled for making a public commitment in the form of a pledge.



### The pledge was as follow:

"I pledge to make all possible changes in my daily life to protect the environment. I also commit to continuously motivate my family, friends and others about the importance of environmentally friendly habits."

While some participants assembled in the college premises for the pledge, other volunteers joined online for the same. At the end of the activity, volunteers reported being excited about adopting pro-environmental behaviors, specifically in reducing consumption of single-use plastic.

### **List of Participants:**

Present in the College Premises:

- 1. Sur Gupta
- 2. Sneha Gupta
- 3. Ananya Harjai
- 4. Avni
- 5. Salony Narwal
- 6. Jayshree
- 7. Himani
- 8. Diya Srivastava
- 9. Aditee
- 10. Yukti
- 11. Shreshthi
- 12. S. Ananya
- 13. Shreya
- 14. Pradhanaya
- 15. Leya

### Participants who Joined Online:

- 1. Aashi Goel
- 2. Aashta Arora
- 3. Aditi Gupta

- 4. Ann Maria
- 5. Deviyani Pundir
- 6. Himani
- 7. Japhia Thomas
- 8. Jayshree Rawat
- 9. Jesna Elza
- 10. Jess Tresa
- 11. Jia Narang
- 12. Kavya Goyal
- 13. Mouli Sharma
- 14. Nisha
- 15. Palak Jain
- 16. Priyal Naik
- 17. Saburi
- 18. Tanu Devi
- 19. Vartika
- 20. Vijaybharti

### **Awareness Generation on Social Media**

As part of the activities organized for World Environment Day, the National Service Scheme Unit of Jesus and Mary College also created various posts on social media to spread awareness about the need for adopting pro-environmental behaviors. Since the chosen theme for this year was **Say No to Single Use Plastic**, posts around the same were created, as well as the information about the different activities conducted for the occasion were also shared online for wider reach. Some of the posts shared online are given below:











The team is thankful to **Prof. (Dr.) Sandra Joseph**, Principal, Jesus and Mary College, **Dr. Sugandha Sehgal**, the Programme Officer of NSS, JMC, and staff advisors **Ms. Sumangali R, Dr. Bhumika Kapoor, Ms. Betina Abraham, and Ms. Anu** for their constant guidance and support in our every endeavor. A special thanks to all the volunteers who participated in the session and made the event a success.

Regards,
National Service Scheme
Jesus and Mary College

**Start-o-Sphere**- 'Never Too Young To Start' Date- 27th March 2023

The next event organized by E-Cell JMC was its annual event Start-o-Sphere 2023 on 27th March 2023 with much furore and enthusiasm

The event was built around the theme "Never too young to start", a perennial message that applies to all generations and all times. The event was marked by a mesmerizing and one-of-a-kind showcase of stalls

Start-o-sphere is an event aimed at promoting the student-owned small businesses of JMC.

It provides a platform for young entrepreneurs to exhibit their businesses. In addition to showcasing the various stalls of JMC entrepreneurs, the event also included Shark Tank's loved 'Birds of Paradyes', the star attraction of our event, giving free hair makeovers to students.

The event also featured exciting retro-gaming mini-arcade stalls, captivating music performances as well as scrumptious food stalls

#### **Circulated Message:**

The clock is ticking and the wait is now over 🔀 🎉

The Entrepreneurship Cell of Jesus and Mary College is elated to bring to you its annual event - START-O-SPHERE 2023 - an event you would not want to miss.

What E-Cell has in store for you this time: 🎁

Stalls by JMC start-ups \*: We are delighted to welcome you to an exciting line up of stalls that will be set up by our own JMC's young entrepreneurs!

Hair makeover by Paradyes of: \*A rare chance to get hair makeovers done by Shark Tank's loved Bird of Paradyes for FREE!\*

Arcade (A): Get ready for an enthralling day filled with exciting games such as Mario cart, Pac-Man and many more!

Music Performances **!**: Do not forget to sing and groove for we will also be having some live music to add to your fun!

Time: 10 am onwards

Venue: Purple wall area, JMC

The event is open to ALL so make sure to get yourself as well as your friends to register on time.

#### Registration Link:

https://docs.google.com/forms/d/e/1FAIpQLSfn2wxKMAgZn8npP6aGRA8tIOTjvx26SknTo5Ec1L VHeygzOg/viewform?usp=send\_form

So what are you waiting for? Join us on 27th March as we look forward to an amazing day filled with fun games, exciting stalls, live music, food & much more.  $\Rightarrow$ 



## THE ENTREPRENEURSHIP CELL, JMC Presents

# START-D-SPHERE'23

JMC STUDENT OWNED



STUDENT OWNED BUSINESSES

LIVE SINGING PERFORMANCES, FOOD & MORE!

27 MARCH 2023 MONDAY

10 AM - 2 PM

JESUS AND MARY COLLEGE (Purple Wall Area)



Scan & Register

(NON-JMC STUDENTS)

For further details contact: ecelljmc@gmail,com

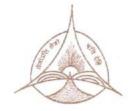
Prof. (Dr.) Sandra Joseph Principal, JMC Prof. (Dr.) Vibha Mathur Convenor, E-Cell JMC

#### जीसस एंड मेरी कॉलेज

दिल्ली विश्वविद्यालय चाणक्यपुरी, नई दिल्ली-110021 रा.मू.प्र.प. द्वारा ''ए+'' ग्रेड मान्यता प्राप्त



University of Delhi Chanakyapuri, New Delhi - 110021 Accredited by NAAC with "A+" Grade



दूरभाष/Tel No.

: +(91)-(011)-26110041, 26875400

फैक्स नं/ Fax No. : +(91)-(011)-24105466 वेबसाइट/Website : http://www.jmc.ac.in

ईमेल/E-mail

: admin@jmc.ac.in, info@jmc.ac.in

principal@jmc.ac.in

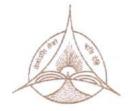
# REPORTS FROM VARIOUS DEPARTMENTS

#### जीसस एंड मेरी कॉलेज

दिल्ली विश्वविद्यालय चाणक्यपुरी, नई दिल्ली-110021 रा.मू.प्र.प. द्वारा ''ए+'' ग्रेड मान्यता प्राप्त

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फैक्स नं/ Fax No. : +(91)-(011)-24105466 वेबसाइट/Website : http://www.jmc.ac.in

ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

principal@jmc.ac.in

# 2ND RUNNER PRIZE AT THE NATIONAL DRAMA COMPETITION FOR AN ADAPTATION OF SHAKESPEARE'S THE MERCHANT OF VENICE

Date: 3rd February 2023



#### जीसस एंड मेरी कॉलेज

दिल्ली विश्वविद्यालय चाणक्यपुरी, नई दिल्ली-110021 रा.मृ.प्र.प. द्वारा ''ए+'' ग्रेड मान्यता प्राप्त

#### Jesus and Mary College

University of Delhi Chanakyapuri, New Delhi - 110021 Accredited by NAAC with "A+" Grade

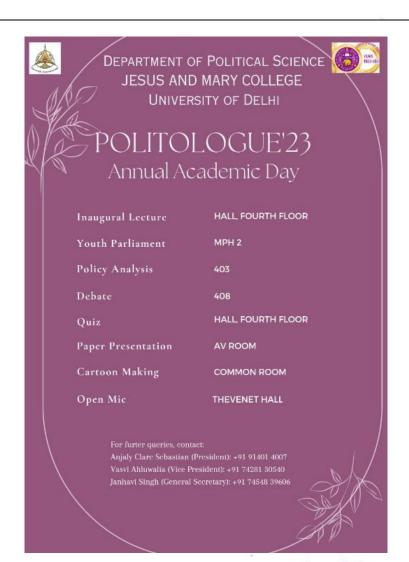


दूरभाष/Tel No. : +(91)-(011)-26110041, 26875400

फैक्स नं/Fax No. : +(91)-(011)-24105466 वेबसाइट/Website : http://www.jmc.ac.in

ईमेल/E-mail : admin@jmc.ac.in, info@jmc.ac.in

principal@jmc.ac.in



### **Department of Commerce Jesus and Mary College**

# Event Report COMQUEST' 22

Date: 16<sup>th</sup> September 2022 Time: 9:30 AM to 3:00 PM Venue: Thevenet Hall, JMC

"Competition is the best form of motivation."-Cordae

The Department of Commerce, Jesus and Mary College, in collaboration with Jagannath International Management School, Kalkaji organised the 6th edition of the Innovative business management quiz ComQuest '22, with great zeal and enthusiasm. With registrations from highly accredited universities and colleges from all across the country, the event witnessed the participation of prestigious guests and the faculty of JMC and JIMS.

The event commenced shortly after 9:30 am with the emcees Ms. Sabrina Paul and Ms. Riana Singh introducing Ms. Charu Sarin Arora, Assistant Professor, Jesus and Mary College to extend a warm welcome to all the esteemed guests, participants and students. Ms. Arora invited the guests for the auspicious ceremony of lighting the lamp, which was followed by a heartening classical performance by Tayleen and Anushka.

The audience was briefed about the history of ComQuest and how it has been a successful event since 2015. The esteemed guests were invited to preside on the dais by Ms. Saloni Arora, Assistant Professor, Jesus and Mary College and were felicitated with a planter and memento. Prof Sandra Joseph, Principal, JMC extended a warm welcome to all the delegates present. She explained how JMC focused on excellence and how students had "multiple options for taking in information and expressing what they learn". Dr. Satish Seth, advisor to the chairman, JIMS Kalkaji complimented the environment that JMC brings and thanked the principal for inviting him to the event. Dr. Anuj Verma, Director, JIMS Kalkaji thanked everyone for inviting him and commended the efforts of the students and the teachers for organising the event.

Ms. Ashita Singhal, Founder of Paiwand Studios, the guest of honour introduced her brand to everyone and explained how being a JMC alumni has impacted her life. Dr. G Jawahar, Executive Director, Power and Finance Corporation, the Chief Guest for the event, gave the inaugural address and emphasised the importance of "moving from a competitive to a collaborative mindset". Finally, Dr. Preeti Singh, the quiz coordinator, delivered the vote of thanks. Dr. Verma presented the mementoes to Dr. G Jawahar, Ms. Ashita Singhal and Dr. Sandra Joseph and the audience was requested to stand for the national anthem. Afterwards, the dignitaries were invited for a coffee break while the quiz master, Mr. Vikram Achanta proceeded with the preliminary round of the quiz competition.

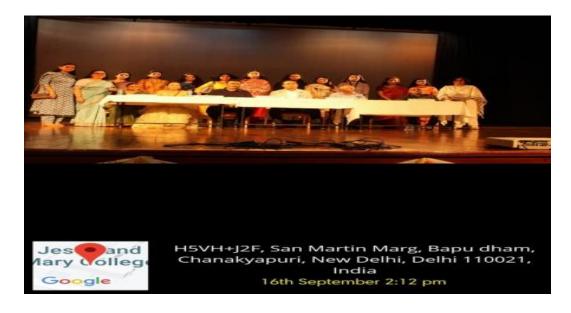
Mr. Achanata, briefly highlighted the rules of the competition, stating that it was divided into two significant parts. The first part of the quiz consisted of a total of 25 questions which were worth 10 points each. In this part, all 80 teams were expected to answer the questions on the answer sheet which had been provided. Out of all the teams, 8 teams made it to the second round of this competition which was also the final round. While the answer sheets of the preliminary rounds were being corrected, Ms. Gopika, the marketer of JIMS Kalkaji, promoted the various advanced courses offered by the JIMS institute.

The 8 teams which made it to the final round were Team Omega, Team Quizbank, Team Peaky Blinders, Team Trouble Makers, Team Intergalactic Hanuman Sena, Team Quizbul Mujaidin, Team Ramjas and Hansraj College and Team We are going through a Fazz. The final round consisted of a total of 32 questions of 10 points each. With quizzing veteran's dexterity, Mr. Achanta also ensured that the audience also felt included by posing simple questions to them in between the rounds.

Finally, the most awaited part of the event came and the results were announced. The second runner-up was **Team Intergalactic Hanuman Sena** (**Shivansh and Hriday**), who claimed the cash prize of Rs. 7000. **Team Quizbul Mujaidin** secured the 2nd position (**Mayank and Nikhil**) and claimed a cash prize of Rs.10000. And finally, **Team We are going through a Fazz** (**Shashank and Sachin**) was announced as the winner of ComQuest '22 and was awarded the grand prize of Rs. 20000.

Mr. Amit Gupta concluded the event with his speech congratulating all the winners and the 8 finalists for their splendid performance. Dr. Savita Rastogi appreciated the faculty members for their hard work and dedication in organising the event. She also expressed her appreciation to the council members and all the volunteers for making ComQuest' 22 a grand success.

As everyone departed with exhilaration and more knowledge on the questions posed in the quiz, the teachers along with the students were grateful and overjoyed to be a witness to such an outstanding event. With their help, we conclude the end of this magnificent occasion.







Jes and lary vollege Google H5VH+j2F, San Martin Marg, Bapu dham, Chanakyapuri, New Delhi, Delhi 110021, India

16th September 09:45 am



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16th September 9:57 om







H5VH+J2F, San Martin Marg, Bapu dham, Chanakyapuri, New Delhi, Delhi 110021, India

16th September 10:06 am



H5VH+J2F, San Martin Marg, Bapu dham, Chanakyapuri, New Delhi, Delhi 110021, India

16th September 10:30 am





#### DEPARTMENT ANNUAL FEST LITERATI 2023- MERRY-GO-ROUND: A CHILDREN'S LITERATURE FEST

Date: 20th April 2023

Time: Full Day

Venue: Thevenet Hall



LITERATI POSTER



PERFORMANCE BY DAAHAB CHISHTI, COMEDIAN



PERFORMANCE BY AMAN SAGAR, MUSICIAN





DANCE PERFORMANCE BY MIXDUP



ELIZABETH REJI, BEATBOXER



**92K QUIZ: MILLENIAL MELTDOWN** 



AWARD CEREMONY





**GLIMPSES FROM OPEN-MIC** 







**FLASH MOB PERFORMANCE** 

#### **CLAY TOY MAKING WORKSOP**

**AS PART OF** 

LITERATI 2023- MERRY-GO-ROUND: A CHILDREN'S LITERATURE FEST IN COLLABORATION WITH JMCEP

Date: 20th April 2023

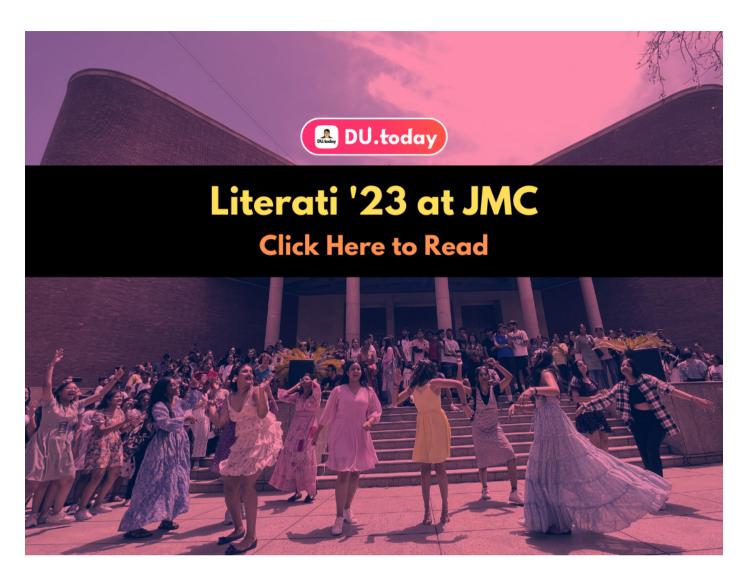
Time: 3-4 pm

Venue: Room no. 105









#### Literati'23 at JMC

- Srishti Singh (https://dutoday.in/author/srishtisingh/) // U April 23, 2023 //
  - Delhi University News (https://dutoday.in/category/dunews/) //
    - O Comments (https://dutoday.in/literati23-at-jmc/#respond)

The annual literary fest of the English Department of JMC, **Literati '23**, kicked off with a bang on the sunny morning of 20th April 2023. The campus was buzzing with excitement as students and faculty members gathered for a day packed with fun-filled activities and competitions and the day started with the opening of various stalls selling food items, merch, and accessories.

The competitions began at 10.00 am. The first competition of the day was the Millennial Meltdown: Y2K quiz, which took place in MPH 2, judged by Dr. Susan George and Ms. Sameera Mehta. The second competition was Poem Palooza: A Limericks Competition, which took place in Thevenet Hall and was judged by Ms. Amrita Bhalla and Ms. Aneesha Puri. The third competition was Twice Upon a Time: Improv Showdown, which took place in the Amphitheater and was judged by Dr. Jessy Philip and Ms. Reshma Jose. The fourth competition was the Pages to Panels: Comic Strip Making Competition, which took place in MPH 1 and was judged by Dr.

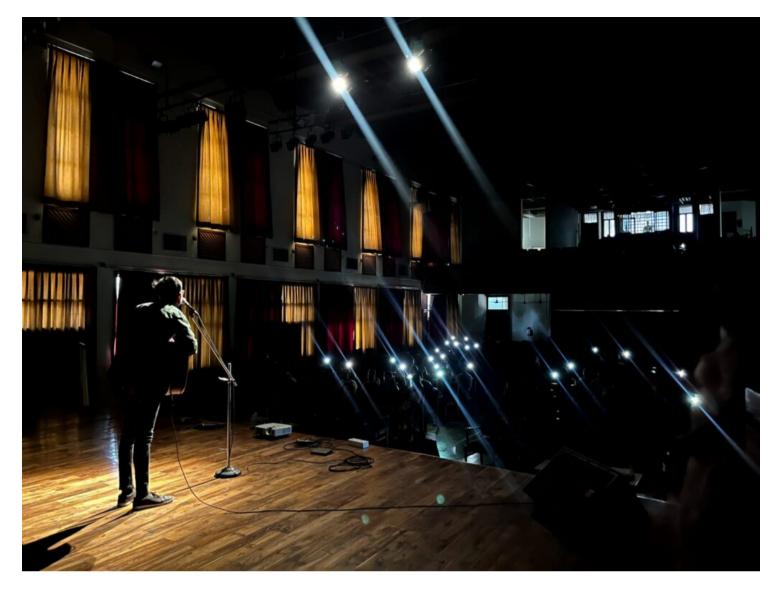
Jennifer Monteiro. The last competition of the day was **Through the Looking Glass: A Photography Competition**, which took place in the Foyer and was judged by Dr. Sandhya Devesan. There was also an online competition "**Childhood Meme-mories**" which showcased participants' meme-making skills.

After the competitions, the students put up a **flash mob** before Thevenet Hall. Seeing the crowd of students perform in unison and bring the campus to life was a delightful sight. The Prize Distribution Ceremony took place afterwards. The winners of the various competitions were announced, and they received their cash prizes, awards, and certificates.

The event continued with guest performances by **Elizabeth Reji**, **Daahab Chishti**, **Aman Sagar**, **and Mixdup**. Elizabeth Reji pumped up the audience with his amazing beatboxing. Daahab Chishti's rib-tickling standup refreshed the audience. Aman Sagar's performance was so high on energy that the crowd couldn't stop themselves from dancing. And Mixdup's classical performance left the audience wanting more.



The **Open Mic** session was a huge hit among the students. They showcased their talents in singing, dancing, and poetry recitation. The event ended with the **Vote of Thanks** at 4.00 pm, and the students left with memories to cherish for a lifetime.



Overall, it was a fantastic day filled with various activities, competitions, and performances. The fest was a huge success, and it was only possible with the hard work and dedication of the organizing committee and the participants. The event provided a platform for students to showcase their talents and learn from each other.

#### Gijubhai Memorial Lecture

- Conducted on March 20,2023.
- B.El.Ed faculty members, the Students' Council and department volunteers organised the Gijubhai memorial Lecture.
- Prof. Edward Vickers was the Keynote Speaker.

The keynote speech of this year's Gijubhai Memorial Lecture was on Education or Psychological Manipulation? Reasons for Mixed Feelings About 'Social and Emotional Learning' was delivered by Prof. Edward Vickers, Professor of Education at Kyushu University, Japan. Dr. Latika Gupta, our department alumna was the chair for the session. Prof. Vickers addressed the importance of social and emotional learning. He talked about learning about emotions, social security and socio-political context of education. The event was successful in the overall sense that

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apuri, New Delhi, Delhi 110021, India

it invoked in us the aspect of cultural podagogy,

learning.





#### हिंदी दिवस वक्तव्य (भारतीय चिंतन परंपरा में भाषा)

हिंदी दिवस के उपलक्ष्य में आयोजित कार्यक्रम में हमारे बीच मुख्य अतिथि के रूप में प्रो. सत्यपाल सिंह जी उपस्थित थें,जो संस्कृत विभाग, दिल्ली विश्वविद्यालय में प्रो. के पद पर कार्यरत हैं। प्रोफेसर सत्यपाल सिंह जी ने संस्कृत के श्लोक से अपना वक्तव्य प्रारंभ किया। उन्होंने भारतीय चिंतन परंपरा में भाषा का महत्व हमारे समक्ष रखा।

उन्होंने हिंदी के महत्व पर विशेष रूप से प्रकाश डाला एवं हमारे समाज में हिंदी की क्या आवश्यकता है और हमारी मातृभाषा हिंदी कितनी व्यक्तित्व निर्माण में सहायक है उस से रूबरू करवाया है। आगे वह बताते हैं कि किस प्रकार हिंदी का महत्व धीरे-धीरे हिंदी भाषा का प्रचलन बढ़ा रही है, और इस भाषा ने राष्ट्रभाषा का रूप ले लिया अब हमारी राष्ट्रीय भाषा अंतरराष्ट्रीय स्तर पर भी बहुत पसंद की जाती है, इसका एक कारण यह है कि हमारी भाषा हमारे देश की संस्कृति और संस्कारों का प्रतिबिंब है।

#### **MATHARENA'23**

#### **Opening Ceremony**

The event was inaugurated at 9:30 am with a lamp-lighting ceremony in the presence of all the teachers present along with the chief guest Prof. Swarn Singh.

#### **SPEAKER SESSION**

Date: 23rd March 2023

Venue: Thevent Hall, Jesus and Mary College

Speaker: Prof. Swarn Singh

**Topic: Mathematical Modelling and Applications of Mathematics** 

Attendees: 100+

**Teachers who attended the event**: Dr Alka Marwaha, Ms Rama Saxena, Dr Indrakshi Dutta, Dr Rashmi Sehgal Thukral, Dr Shruti Tohan, Dr Monica Rani, Dr Shikha Mittal, Dr. Shiva Kapoor

The Math Department organized a speaker session on 23<sup>rd</sup> March 2023, as a part of Matharena 23' featuring Professor Swarn Singh as the esteemed speaker. The session aimed to explore the fascinating world of mathematical modelling and the wideranging applications of mathematics in various fields. The event took place at Thevenet Hall, Jesus and Mary College, and was attended by students, faculty members, and math enthusiasts.

Professor Swarn Singh began the session by emphasizing the fundamental role mathematics plays in understanding and solving real-world problems. He explained that mathematical modelling is the process of using mathematical techniques to represent, analyse, and predict complex phenomena and scenarios.

The talk was followed by an interactive session where attendees actively engaged with the professor, asking question and seeking clarifications on specific topics.

Professor Singh patiently addressed each query, encouraging students to explore the beauty and practicality of mathematics beyond textbooks.

#### **Conclusion:**

The speaker session conducted by the Math Department, featuring Professor Swarn Singh, was a resounding success. It provided attendees with a comprehensive understanding of mathematical modelling and how mathematics finds applications in diverse fields. The session inspired students to explore the vast opportunities presented by mathematical concepts and their potential to drive innovation and progress across various industries.

The Math Department expresses its heartfelt gratitude to Professor Swarn Singh for his enlightening and thought-provoking presentation. We look forward to hosting more such sessions to foster a deeper appreciation and understanding of mathematics in the academic community.

#### **Paper Presentation:**

#### **Ubiquitous maths**

Date: 23<sup>rd</sup>March, 2023

**Duration**: 2 hours 30 mins

Judges: Prof. Swarn Singh and Prof. Alka Marwaha

Venue: Thevenet Hall

**Teachers who attended the event**: Dr Alka Marwaha, Ms. Rama Saxena, Dr. Indrakshi Dutta, Dr. Rashmi Sehgal Thukral, Dr. Shruti Tohan, Dr. Monica Rani, Dr. Shikha Mittal, Dr. Shiva Kapoor

About the Judge: Prof Swarn Singh is from the Department of Mathematics at Sri Venkateswara College, University of Delhi. His areas of specialization include Computational Methods for Differential Equations, Numerical Analysis Sir teaches subjects like Calculus, Differential Equations and Mathematical Modelling, Probability and Mathematical Statistics, Numerical Analysis, Real Analysis, Coordinate Geometry, Mechanics, and Algebra at the undergraduate level subjects. He also teaches Differential Equations, Mechanics, Fluid Dynamics, Biostatistics, Statistics at the postgraduate level. He also has numerous publications in international and national journals.

#### **About the event:**

On 23<sup>rd</sup>March, 2023, Matharena'23 was conducted for the first time after the online phase, by the Core Team of the Mathematics Department. The commencement of the event was marked by welcoming the judge, Prof. Swarn Singh, from the Department of Mathematics, Sri Venkateswara College, University of Delhi, at 9:30 am in the morning. He was felicitated with a token of appreciation.

To connect with everyone and to take them together, he began to talk about the art of discovering the connection of Mathematics in everything such as the Black-Scholes model, the Kargil War and Russia and Ukraine War. The participants started presenting their respective research papers on the stage and after every presentation, questions were entertained from the audience and the judges. Special awards were awarded to the best interjector. There were 11 participants and the duration of the presentation was 6 minutes, following 2 minutes of interjection. The winners were awarded with cash prizes, certificates and gift hampers.

#### Winners are as follows:

1st prize - Mukhar

2nd prize - Kapil

**3rd prize** - Aruni

**Best Interjector** - Anurag -Jeffy Sabu and Nandini Rawat Members of Event and Research Department, Core Team

#### **Quiz Competition**

**Date**: 23<sup>rd</sup>March, 2023

**Duration**: 1 hour

Venue: Thevenet Hall

**Teachers who attended the event**: Prof. Alka Marwaha, Ms. Rama Saxena, Dr. Indrakshi Dutta, Dr. Rashmi Sehgal Thukral, Dr. Shruti Tohan, Dr. Monica Rani, Dr. Shikha Mittal, Dr. Shiva Kapoor

#### **About the event:**

An online event was conducted to shortlist the first 20 teams out of the registered 180 teams, who could compete in the offline event. The event showcased the enthusiastic participation of all the shortlisted 20 teams, as a lone wolf or as a team of 2-3 people. Two rounds were conducted in the offline event out of which the first round was an mcq round in which an mcq paper was given to all the teams with 15 questions and 20 mins were given to solve the same. Afterwards, 6 teams were selected for the second round which was the rapid-fire round conducted on the stage. There were in total 6 questions from which each team had to solve the question within a limited time.

At the end of this round the scores were calculated and the first three teams were declared as the winners. The winners were awarded with cash prizes, certificates and gift hampers.

#### Winners are as follows:

First - Anjali, Aditi

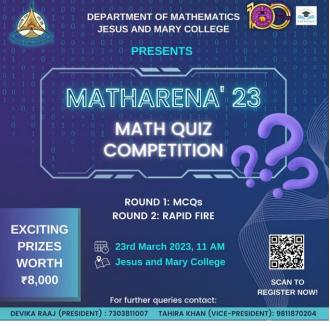
**Second -** Nitin Mangla

Third - Anshika Gupta, Sanjana, Kavya Chaturvedi

- Jeffy Sabu and Nandini Rawat

Members of Event and Research Department, Core Team



















#### DR.MEENAKSHI MEHTA MEMORIAL LECTURE

TOPIC: "Journey of Social Psychologist: Emerging Opportunities and Challenges."

**RESOURCE PERSON: Prof. Purnima Singh (IIT Delhi)** 

**NUMBER OF ATTENDEES: 133** 

**MODE: Offline** 

**DATE: 1/02/2023 (Wednesday)** 

The Dr Meenakshi Mehta Memorial Lecture has been conceptualized as an annual departmental event to be organized as a lecture in the areas of either social or organizational psychology, courses taught by Dr Mehta. In 2022, the Department hosted the first lecture on the topic of "The Estrangement of Social Psychology from 'Social': Sociological Imagination as an Antidote" with Dr Arvind Kumar Mishra, Associate Professor, Jawaharlal Nehru University (JNU), India as our honourable speaker. On 1st Feb 2023, as part of this year's annual memorial lecture, the Department of Psychology was delighted to have renowned Social Psychologist, Prof. Purnima Singh (IIT Delhi). This lecture was held in the Thevenet Hall and was attended by over 80 students, alumni of the department, current and former faculty members and Meenakshi ma'am's family.

After the welcome note given by Ms. Sumangali Radhakrishnan, Dr Sneh Kapoor, a student and a colleague of Meenakshi ma'am spoke a few words in her memory. This was followed by the opening of the stage for Prof Purnima Singh.

Prof Singh took a lecture on the topic of "Journey of Social Psychologist: Emerging Opportunities and Challenges." She started her talk with a small anecdote of when she was arriving at the hall, she narrated that when she asked the two students escorting her what would they pursue after their bachelor's, the responses were Human resources and clinical psychology. She went ahead to say such was the case for most students she came across and that she seldom heard someone say "I want to be a social psychologist". The lack of knowledge and the low societal impact of the field in India, she says has lowered the chances of attracting young talent.

There is a growing need to fill the gap between practical solutions and theorised concepts and an even bigger need to have indigenous findings, findings that match the context and culture of India based on the present zeitgeist. The social psychological paradigm is context-based and our understanding of context is impeded by a large number of factors. The first and foremost challenge she talks about is the continual use of convenience sampling in the urban sector. She termed it as the Indian version of studying the WEIRD population (western, educated, industrialised rich and democratic). This repeated neglect of the rest of the population, according to her, has only led to greater skewness of our data. India's diverse culture is both an opportunity and a challenge, as Durganand Sinha aptly conceptualised the uniqueness of the Indian diaspora

"we are an individualistic culture inside a collectivistic framework". Hence studying privileged sections of the Indian population will hardly ever reveal the truth. She rightly claimed that better and more meaningful findings can only come from sampling diverse groups within the Indian milieu, and she hopes coming scholars pay heed to the same and move towards making use of a true sample of the Indian population.

The next challenge she identifies is the lack of indigenous methodology. Do results from measures developed in western nations, for western populations and from the western sample stand relevant? Our methodology lacks awareness of our context. She points out how most researchers in India use measures developed outside blindly and little focus is given to developing indigenous measures. There is a dire need for exploring different methodologies and employing triangulation as a part of social psychological research. She warns us to not be bound by scientism and to feel free to integrate Qualitative methods with Quantitative methods. Additionally, most research done in India is replication studies, which put forth the requirement for understanding and researching experiences that uniquely exist within our own society, experiences that stand untouched as long as we try to find ourselves in western constructs. The need for research in India to represent and reflect on our own culture can only be fulfilled as we move beyond the traditional methods of conducting research based on western standards.

Subsequently, she posits that the field of social psychology has to look at multiple levels of a phenomenon. The over-concentration of macro-level analysis brush over important nuances which need to be addressed through individual and group-level analysis. Micro-level concepts such as beliefs, attitudes etc. are as important as structural variables influencing human behaviour. To understand the social in social psychology, one needs to understand that psychology doesn't exist in isolation, it is aided by other social sciences. She puts forth that till the time we don't move past the bounds of psychology and make use of multiple other fields of study, the social in social psychology will always paint an imperfect picture.

Together these manifest in the inability of social psychology in India to be utilised for policy building. The practical gap based on the terrible lack of relevance stays true even today. But this is both a challenge and an opportunity, as students of psychology start filling the cracks, they are left with ample space to research. This research in turn can be used by policymakers and thus opening up more avenues for future social psychologists.

As she approached the end of the talk, she reminisced about her days as a student of Dr Durganand Sinha, a revolutionary in the field of Indian psychology. She quoted his studies and other work by prominent psychologists such as Jamuna Prasad to put forth examples of exemplary work relevant to the Indian context.

She concludes by quoting Herman Hesse, "We are not going in circles, we are going upwards. The path is a spiral; we have already climbed many steps." to instil hope regarding the future and growth of social psychology in India.

With this, the floor was opened for questions. Students from all three years put forth their doubts and thoughts which were patiently answered by Prof Singh.

#### Glimpses from the event





JESUS & MARY COLLEGE
DEPARTMENT OF PSYCHOLOGY
&

PSYCHOLOGY ALUMNI ASSOCIATION

CORDIALLY

INVITES YOU TO

THE SECOND ANNUAL

#### DR. MEENAKSHI MEHTA MEMORIAL LECTURE



on



Journey of a Social Psychologist:

Emerging opportunities and challenges

by

Prof. Purnima Singh

Institute Chair & Faculty, Department of Humanities & Social Sciences,
IIT Delhi

JOIN US ON
FEBRUARY 1, 2023
3:00 - 4:00 PM
CLAUDINE THEVENET HALL, JMC

For queries contact Simran Swaika: 9560366789 Kshitija Rawat: 8296758416





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# Faculty Attendance (Heenekshi Melhte Nemoniel lecture 1.02.2025)

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PRESENTING PROBLEMS: REPRESENTING UNCONSCIOUS DYNAMICS IN

PSYCHOANALYTIC PSYCHOTHERAPY

**TOPIC:** "Presenting Problems: Representing Unconscious Dynamics in Psychoanalytic

Psychotherapy"

**RESOURCE PERSON:** Dr. Garrick Duckler

**NUMBER OF ATTENDEES: 68** 

**MODE:** Online (Google Meet)

**DATE:** 15/02/2023 (Wednesday)

The Department of Psychology, Jesus and Mary College had the pleasure of organizing a

webinar on "Presenting Problems: Representing Unconscious Dynamics in Psychoanalytic

Psychotherapy" by Dr. Garrick Duckler- A Psychoanalyst, Filmmaker and faculty member at the

Oregon Psychoanalytic Center in Portland. The webinar commenced with Dr. Garrick Duckler

sharing his experiences around psychotherapy along with steering the conversation in a new

direction by asserting that the presenting problem is rarely the actual problem.

The aim of the session was to introduce the audience to the intricacies of psychoanalytic

psychotherapy and instill a deeper understanding through the means of two short films. Dr.

Duckler navigated the session by screening two of his famous short films, "On Being a Patient"

and "At the Movies", post which he encouraged the audience to share their understanding,

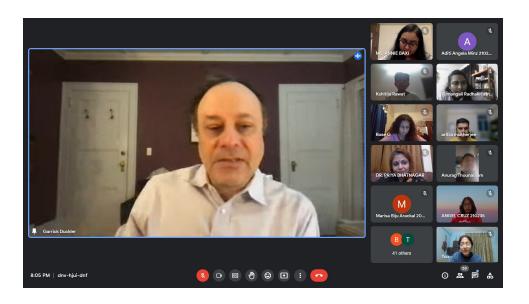
opinions and queries. The interactive session was indeed a memorable experience since the

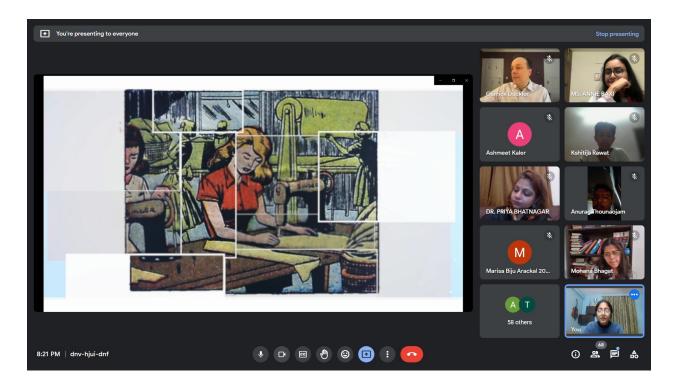
students and the faculty wholeheartedly engaged in healthy discussions.

The webinar concluded with Ms. Annie Baxi and Ms. Priya Bhatnagar expressing their gratitude

to Dr. Garrick Duckler for the fulfilling discussion and insights.

Glimpses from the event





#### **CLOSING CEREMONY OF THE MENTAL HEALTH WEEK (EXHIBITION)**

TOPIC: "Reimagining mental health in the post-pandemic world"

RESOURCE PERSON: Department of Psychology, JMC

**MODE: Offline** 

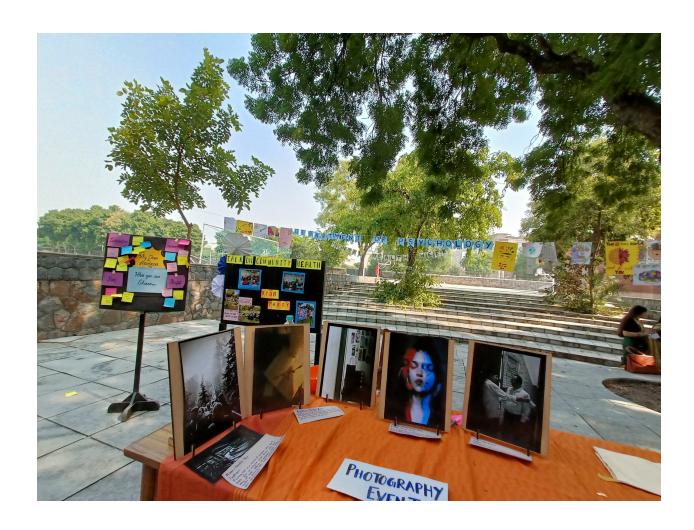
**DATE: 17/10/2023 (Monday)** 

From diving into the world of books, expressing thoughts into flamboyant posters, to making enjoyable reels and journeying different stories through poetry, the mental health week from 12<sup>th</sup> to 15<sup>th</sup> October was both reflective and exciting. With our last Photography event marking the end of such a jolly week in the Psychology department, what better way to be able relive the memories of the same than through exhibition! The Department organized an Exhibition of the photographs from the Mental Health Week celebrations, on 17<sup>th</sup> October 2022, thereby giving this week a poignant end. Photographs from different events, colourful posters from the Poster-making event, snaps from the Mental Health workshop, and a plethora of stunning and thought-provoking photographs from the Photography event, were all presented to the students of JMC. The exhibition also consisted of a number of boards decorated by the students of the department themselves on the themes of "Apartment of Acceptance" and "Mental Health should not be used as adjectives", which reflected their efforts and engrossment in making Mental Health a priority for everyone, thereby, uplifting the very spirit of the celebrations. Students were also offered affirmation boxes, where they could pick out the chits of their choice, from the affirmation box they most resonated with. Thus, the Mental Health week from the year 2022 was not just a reminder that we have finally transitioned out of the muddle of the pandemic, but also look forward to many more cheerful and exciting events in the future.

## GLIMPSES FROM THE EVENT







# DEPARTMENT OF SOCIOLOGY JESUS AND MARY COLLEGE EVENT REPORT ETHNOGRAPHIC FILM SCREENING

Name of the Event - Ethnographic Film Screening

Time - 09:30 a.m. onwards

Date - **3rd May 2023** Venue - **Hall, 4th Floor** 

The Department of Sociology conducted the annual Ethnographic Film Screening on May 3, 2023 as part of the 'Techniques of Ethnographic Filmmaking' paper. This Skill Enhancement Course, expanded beyond the four walls of a classroom, since it required regular field visits from the very first class.

The course structure was organised systematically, starting with the fundamentals of camera operation, including how to take pictures under various lighting conditions and vantage points. Using the fundamentals of filmmaking—light, angle, and sound—students were divided into groups of 5–6 and given four assignments, including process films and interview films.

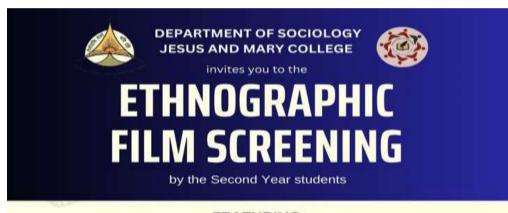
Ethnographic Filmmaking has been one of the most significant tools for documenting the nuanced reality of society. So, this year, the department's second-year students made ethnographic films on a variety of topics, delving into a wide range of sociological concepts and institutions. These films covered a variety of topics, including the institutionalisation of care, alternative medical procedures like medical clowning, the caste composition of handicraft marketplaces among others. The students conducted recces, subsequently filmed and edited their final films after several adjustments and trips to the field for reshoots.

On the day of the screening, 8 films were presented to the audience. Each movie has its own specific theme/s. The movie "Safar," from the first group, attempted to depict the metro as a socioeconomic intersection of classes. The next movie showcased the well-known pottery of the Hauz Rani market and was titled "Kumhar Ka Chak." Next, "Beyond Human," focused on the need to treat animals with compassion. 'Aasra' demonstrated the concept of care-giving in an old-age home in New Delhi. The film 'Clownselors' demonstrated how the titular group of volunteers employed clowning as a method of amusing patients in hospitals and how this line of work is growing in popularity today. Different sexual identities that individuals are proud of were presented in "Kaleidoscope." The next movie, "Yeh Dilli Hai Mere Yaar," focused on

Delhi's cuisine and culture as well as its inhabitants. The historic marketplaces of both New and historic Delhi were prominently displayed in this movie. Finally, 'Tracing Class Footprints' demonstrated the issue of carbon footprints.

Following the screening of each film, the floor was open to questions by the audience – both students and teachers. It was an engaging session since the professors asked the team members direct, one-on-one questions about their films. The professors pointed out both the shortcomings and the highlights of each movie, providing the students with an excellent learning opportunity.

Our professor for this course, Dr. Anuragini Shreeya, then gave a summary of the event and offered a vote of appreciation. She acknowledged the efforts made by the whole class to make this a successful event. Overall, the screening of the ethnographic films was an interesting, engaging, and memorable way to conclude the fourth semester.



#### FEATURING:

#### SAFAR

by Khushi Bhardwaj, Myra Phakey, Shruti Negi, Trisha Anand, Vishnupriya Gaur, Vrinda Bansal

#### कुम्हार का चाक

by Lakshmi Pallela, Nishita Singh, Shrishti Gupta, Akshina Ghosh, Ann Joseph, Jesna Sunny, Anastasia Gomes

#### BEYOND HUMAN

by Cristy Elsa Jacob, K. Biaknunpuii, Rebecca Ramakrishna, Rosemerin Joby, Seena Mathew, Stanzin Tsela, Teesa Sabu

#### AASRA

by Aanya Sharma, Anouska Gogoi, Nikhita Gollapinni, Saanvi Pani, Sourya Chandan, Sneha Chakravarty

#### CLOWNSELORS

by Aditi Mishra, Anushmita Mitra, Ashmita Shukla, Mehak Bansal, Shreya Mishra

#### KALEIDOSCOPE

by Apoorva Jha, Christi Shaji, Femy Biju, Khushi Alhuwalia, Soumyaa Somatra, Zuha Ahmed

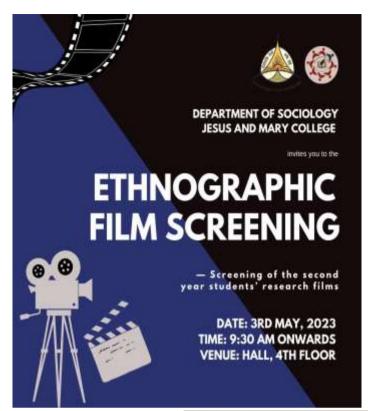
#### YEH DILLI HAI MERE YAAR

by Kimberly Samantha Cardoza, Amanda Bernard, Angel Rean George, Annika Parmar, Maria Jacob, Regina Lepcha

#### TRACING CLASS FOOTPRINTS

By Ishita Pandey, Prisha Nagpal, Riya Malhotra, Sharin Niangmuansiem Sitlhou

3RD MAY, 2023 | HALL, 4TH FLOOR | 9:30 AM ONWARDS











EVENT REPORT

DEPARTMENT OF SOCIOLOGY

JESUS AND MARY COLLEGE

The Department of Sociology, Jesus and Mary College, University of Delhi organized an Essay

writing competition under the C20 Campus Ambassador Program of G20. The participants got an

hour to complete their essays and the details were as follows:-

Date: - 3rd March 2023

Venue:- Room number 408

Time:- 9:30 a.m.- 10:30 a.m.

The event commenced as Hadia, a volunteer read out the instructions and familiarized the

participants with topics and prizes. The aim of the contest was to encourage the youth to come

together and bring their valuable sociological insights on some of the current global, political and

environmental issues. Dr. Amrita Sastry, a professor, coordinated the event along with seven

volunteers of the department. It was open to the students of the Sociology Department.

The topics for the competition were -

1. Human Right and Human Value

2. Seva, sense of service and Volunteerism

3. The idea of LIFE - Lifestyle for environment

Participants had to choose any one topic from those mentioned with a word limit of 1000-1200

words. They were allowed to submit their entries either through typed format or it could be

handwritten.

The prizes include certificate along with-

1st prize- Rs.5000

2nd prize- Rs. 3000

3rd prize- Rs. 2000

Five consolation prizes of Rs. 1000 each

The event was a huge success and was greatly enjoyed by all. It helped the participants to pen

down their perspective on these issues pertaining on a huge scale. Many appreciated it as it

provided them with a platform for expressing their critical and analytical views.

### **ATTENDANCE LIST**

S.no	Organizers
1	Mitasha Sharma
2	Hadia Rehman
3	Thresia Varunny
4	Aparna R Nair
5	Surbhi Nagpal
6	Shreya Mishra
7	Mehak Bansal

S.no	Participants
1	Vishnupriya Gaur
2	Soumya Somantra
3	Teesta Dayal
4	Trisha Anand
5	Ngai Nunzir Hauzel
6	Triparna Das
7	Saanya Sodhi
8	Sudhamani Tokas
9	Avni Tokas
10	Anoushka Sharma
11	Adya Manchanda
12	Soumya Chandok
13	Ishita Dhawan

14	Shivangi Jaiswal
15	Aditi Mishra
16	Akshina Ghosh
17	Mitasha Sharma
18	Hadia Rehman
19	Thresia Varunny
20	Aparna R Nair
21	Surbhi Nagpal
22	Shreya



